

ODYSSEY OF ONSLAUGHT



Today's Missions & Strategic Steps To Success 
(Tackle each mission, step by step, and track your progress.)



Wake up and sleep 

1. 

 **MISSION:** Wake up 6:00 AM

 **Strategic Steps:**

2. 

 **MISSION:** Sleep 22:30 AM

 **Strategic Steps:**



Health and training 

3. 

 **MISSION:** Eat daily 3280 cals

 **Strategic Steps:** Do 2 big meals, one lunch and one dinner

4. 

 **MISSION:** Drink 3L of water

 **Strategic Steps:**


5. 

 **MISSION:** Boxing




























 **Strategic Steps:**

6. 









 **MISSION:** Do 175 push ups

 **Strategic Steps:** Do 2 sets of 40, 2 sets of 30, 1 set of 20 and one set of 15

<div> <div>✓</div> <div>✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
<div>7. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Do 300 burpees</div> </div> <div> <div>🕒 Strategic Steps:</div> <div>Do them in the least amount of time</div> </div>
<div>8. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Stretch for 15 minutes</div> </div> <div> <div>🕒 Strategic Steps:</div> <div>Do them in the least amount of time</div> </div>
<div> <div>💰</div> <div>The path to financial conquest</div> <div>🔪</div> </div>	
<div>9. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Write 1 piece of copy</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>10. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Sending 10 outreaches.</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>11. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Search prospects</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>12. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Review FV (20 min) ✗ and outreach ✓ and find ways to improve them</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>13. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Watch PUC</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>14. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Review successful copy for 15 minutes</div> </div>

	<div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div>
	<div>  Strategic Steps: </div>
15. 	<div>  MISSION: Help students for 10 minutes </div> <div>  Strategic Steps: </div>
16. 	<div>  MISSION: Review and take new notes on step 3 and the empathy course Share the notes and at the end of the work sessions and of the day review them. </div> <div>  Strategic Steps: </div>
17. 	<div>  MISSION: </div> <div>  Strategic Steps: </div>
18. 	<div>  MISSION: </div> <div>  Strategic Steps: </div>
19. 	<div>  MISSION: Watch social media fame lessons </div> <div>  Strategic Steps: </div>
20. 	<div>  MISSION: Do get client challenge #1 and #2 </div> <div>  Strategic Steps: </div>
21. 	<div>  MISSION: Do perspicacity walk mission </div> <div>  Strategic Steps: </div>


<div> <div>✓</div> <div>✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
<div>22. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Do final day mission</div> </div> <div> <div>🧭 Strategic Steps:</div> </div>
<div>23. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Do testing assumptions mission</div> </div> <div> <div>🧭 Strategic Steps:</div> </div>
<div>24. ✓/✗</div>	<div> <div>🎯 MISSION:</div> </div> <div> <div>🧭 Strategic Steps:</div> </div>
<div> <div>🔪</div> <div>Review of the day's conquest and new battle plans</div> <div>🗺️</div> </div>	
<div>25. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Plan the next day</div> </div> <div> <div>🧭 Strategic Steps:</div> </div>
<div>26. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Review the work did in a day and come up with new ideas</div> </div> <div> <div>🧭 Strategic Steps:</div> </div>
<div>27. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Carefully measure how you you spend your time</div> </div> <div> <div>🧭 Strategic Steps:</div> <div> <div>1-Measure how you spend every second of your life.</div> <div>2-Measure how much time you spend on garbage and remove it.</div> <div>3-At the end of the day review the time you spent and how you spent it</div> <div>4-Hold yourself accountable and maximize the time you spend on tasks that move you forward with your goals.</div> </div> </div>
<div>28. ✗</div>	<div> <div>🎯 MISSION:</div> <div>Review conquest plan</div> </div> <div> <div>🧭 Strategic Steps:</div> <div> <div>1-Review metrics.</div> <div>2-Review assumptions and unknowns and find ways to solve and test them.</div> </div> </div>

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
29. ✓	 MISSION: Read yesterday's improvements in yesterday's daily planner and act on them.  Strategic Steps:
Knowledge 	
30. ✓	 MISSION: Practice German for 15 minutes  Strategic Steps:
✓/✗	Extra tasks - rewards for conquering the day  (do only after a G work sessions or if you have spare time)
1. ✗	Playing 3 chess games
2. ✗	Reading 10 pages
3. ✓/✗	
4. ✓/✗	
5. ✓/✗	
6.	

✓/✗	
7. ✓/✗	

 Weekly goals- conquests for the week		
1. ✓/✗	State of completion: 27/70	Write 70 outreaches
2. ✓/✗	State of completion: 3/7	Sleep at least 7 hours everyday except for Tuesday and Wednesday where the goal is 6 hours
3. ✓/✗	State of completion: 0/7	Write 7 pieces of copy
4. ✓/✗	State of completion: start level 3	Review the level 3 lessons from the bootcamp and the empathy course
5. ✓/✗	State of completion: 6/7	Complete daily checklist everyday

	Rewards for conquering the work of the week 
1	

	<div> <div>July</div> <div>17</div> </div> Date of Determination <div> <div>July</div> <div>17</div> </div>
Date:	17/02

<div> <div>🔥</div> <div>Igniting Your Flame - Outshine Yesterday's Blaze</div> <div>🔥</div> </div>
Yesterday's Overall Benchmark Score to Surpass Today = 13/16

<div> <div>🙌</div> <div> <div>🌅</div> <div>3 Blessings I Cherish This Morning</div> <div>🙌</div> </div> </div>	
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

<div> <div>🎩</div> <div> <div>🎩</div> <div>Magic Trio: 3 Priority Missions</div> <div>🎩</div> </div> </div> <div>(These are non-negotiable tasks and must be conquered today!)</div>	
1.	Outreach
2.	Research for prospect
3.	Training

🕒

Hourly Commitments & Reflections

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(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection 🖋️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good

4 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

5 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

6 AM: Mission 🏆	Wake up, shower and study
Strategy 🔍	
Reflection 🖋️	no, I didn't study because I slept in till 6:27 AM
Score 🏆	0/10

7 AM: Mission 🏆	Finish studying and go to school
Strategy 🔍	While going to school help students
Reflection ✍️	no, I didn't help students as I red the new identity doc and messages where I was tagged in TRW
Score 🏆	9/10

8 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

9 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

10 AM: Mission 🏆	School
Strategy 🔍	
Reflection ✍️	accomplished

Score 🏆	9/10
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11 AM: Mission 🏆 ★	School
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

12 PM: Mission 🏆 ★	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

1 PM: Mission 🏆 ★	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

2 PM: Mission 🏆 ★	Get home and do 300 burpees
Strategy 🔍	
Reflection ✍️	no, I didn't do the burpees because I bitch out of doing them right after training because I said to

	myself that I didn't want to disturb my mother who was doing a live course near where I had to do the burpees and that I wanted to crush the burpees so I should let my muscles rest till the evening. Instead I finished reviewing copy.
Score 🏆	8/10

3 PM: Mission 🏆	Shower, cook and eat
Strategy 🔍	While cooking practice German
Reflection ✍️	no, I didn't cook and eat because I got to shower and get grooming done.
Score 🏆	8/10

4 PM: Mission 🏆	Finish eating and write outreach
Strategy 🔍	
Reflection ✍️	no, I didn't write outreach and finish eating as I started cooking and consequently eating later
Score 🏆	9/10

5 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

6 PM: Mission 🏆	Write outreach and copy
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Strategy 🔍	Write outreach till 6:30 PM and then start writing copy
Reflection ✍️	no, I didn't write copy as I continued writing outreach as I started writing it later
Score 🏆	9/10

7 PM: Mission 🏆	Write copy
Strategy 🔍	
Reflection ✍️	no, I continued writing outreach
Score 🏆	9/10

8 PM: Mission 🏆	Eat
Strategy 🔍	
Reflection ✍️	no, I finished writing outreach and did the burpees
Score 🏆	9/10

9 PM: Mission 🏆	Finish last task, review work did in a day, pray, get ready to go to sleep and go to sleep
Strategy 🔍	
Reflection ✍️	no, I showered and cooked while listening and taking notes on the PUC
Score 🏆	9/10

10 PM: Mission 🏆	
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Strategy 🔍	
Reflection ✍️	
Score 🏆	



Twilight's Review



📖 Today's Learnings: Wisdom or lessons learned from the day

- EXTRA GETS YOU EXTRA

1 - WHAT IS THE CONCEPT? → THE HARDER YOU WORK THE MORE MONEY YOU MAKE

EVERY HOUR, EXTRA MINUTE, EXTRA AMOUNT OF EFFORT MAKES YOU MORE MONEY

↓

DO THE MOST YOU CAN WHEN IN BR WITH YOURSELF

2 - WHY IS IT IMPORTANT? → TO WORK AS MUCH AS YOU CAN AS HARD AS YOU CAN SO YOU MAKE MORE MONEY

3 - EXAMPLE → BOXING → THE MORE YOU PRACTICE A PUNCH/COMBO THE MORE YOU DO IT WELL AND EFFECTIVELY

4 - STEPS → 1 - WORK AS MUCH AS YOU CAN
2 - PUT AS MUCH EFFORT AS YOU CAN

EFFORT AND TIME

MONEY

WORK A LOT AND PUT IN EXTRA EFFORT

EFFORT AND TIME

MONEY

WORK A BIT AND PUT IN LITTLE EFFORT



Victories Celebrated: Accomplishments and successes of the day

Sent 6 outreaches

Stumbles Along the Way: Points of difficulty or mistakes made.

Tomorrow's Illuminations: Plan how to improve and progress the next day.

- **Get up on time** -> try changing the alarm sound.
- Put more effort when reviewing copy even if you have low energy. Create conqueror energy to keep attacking at max power.
- Give more during boxing training even if you feel tired and low energy. Use mental techniques to create energy.
- **Don't waste time checking TRW for 15 minutes only because you don't feel like you're in the mood to do the burpees. Attack them with indomable power.**
- If you're really feel tired and while you're writing outreach you're eyes are closing by themselves because of this, try to get in a 10 minute Power Nap on the table where you're working.

Consistencies to Keep: Recognize what worked well and should be repeated.

Copy work and training

Communications: Identifying individuals to connect with.

Pending Missions: Tasks that remain uncompleted

Waking up and going to sleep on time, writing copy, sending 10 outreaches, reviewing personal copy, reviewing lessons,

sharing and reviewing them, doing missions, doing get client challenges #1 and #2 (didn't make the message short enough), watching social media lessons, reviewing conquest plan, stretching, reading and playing chess games y



Day's Overall Score: A final assessment of the day's productivity

14/16