



Herbs and Arrows™ offers expert instruction regarding the identification and consumption of plants and fungi, among other things.

Participants agree to participate in any Herbs and Arrows™ events at their own risk.

While attending wilderness walks with Herbs and Arrows, participants agree to harvest and consume **ONLY** those plants/fungi that the instructor has personally observed and confirmed to be safe.

Participants agree to check in with the instructor before handling any unknown and potentially harmful plants/fungi.

Herbs and Arrows™ and its instructor/s are not liable for improper identification and consumption of any harmful plants/fungi that were not harvested and confirmed safe by the instructor.

Herbs and Arrows™ and its instructor/s are not liable for harm inflicted by any plants/fungi that are wrongly identified, harvested, and/or consumed outside of a scheduled Herbs and Arrows™ event.

This waiver is governed by Vermont law.

By signing this waiver, participants affirm their understanding of the above statements, and agree to release Herbs and Arrows™, its instructors, and the property owner of all liability.

Name of participant:

Phone number:

Parent or Guardian signature, if applicable:

Date: