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Erasmus+ Programme
of the European Union

Protocol for limb trauma with a person with INTELLECTUAL DISABILITY

You and your colleague are the first response for a trauma case in the local swimming hall. A person with intellectual disability has fallen and injured his left leg. The person is lying next to the pool and he is in a lot of pain. You notice that there is dislocation in his left ankle.

Protocol

- 1) If there are a lot of bystanders, ask them out of the scene.
- 2) Calm down the assistant and make it clear that the assistant has an important role in communication.
- 3) Speak slowly and calmly, using simple words. Talk to the injured person directly but give the assistant time to explain it again.
- 4) Use the picture cards (if on hand) to explain that you have to touch the person's sore foot.
- 5) When taking care and touching the injured person, do it slowly and let the assistant explain all the time.

GRAPHIC - Intellectual disability



- 1) I am a firefighter, I will help you together with you own assistant
- 2) First we make some examinations – Blood Pressure and saturation
- 3) We give you painkiller
- 4) We set your twisted ankle in right position and inside the splint