

Cafeteria Information

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Students are required to use their student ID to purchase food

Payments: Online Payments must be made by 10am. Access the Webstore through the link at the top of the WACOHI.net web page.

Cash and checks can be placed in the **Orange** box located in the cafeteria/ MPR room for deposit before lunch. *(Envelopes are provided, the student's name needs to be clearly written on the memo line of the check.)*

Paid Lunch:	\$1.95 Breakfast	\$3.40 Lunch
Reduced Lunch:	\$.30 Breakfast	\$.40 Lunch

We are an **Offer VS Serve** facility- this means we offer all 5 of the USDA required food groups rather than serving a single meal pre-selected.

It is up to the "STUDENT" to select the **FREE OR REDUCED** meal requirements as indicated below. The food service staff will do all that we can to guide student to selections that are required for a free or reduced meal price.

We have extensive ala carte menu items that are labeled. Look for them through the cafeteria. More information on the Food Service web page

A full "FREE or REDUCED" reimbursable lunch meal consists of 3 of the 5 following food groups:

- Meat or Protein (2oz portion)
- Bread (2 grain)
- Fruit or Fruit Juice (1 cup) **
- Vegetables (1 cup) **
- Milk (1 cup)

• **1/2 cup (1 serving) of a fruit or a vegetable **must be included** as one of the food groups taken, however, the student can take item from all 5 food groups if they choose. Only 1/2cup of the fruit can be from Juice.

A full "FREE or REDUCED" reimbursable breakfast includes 3 of the 5 following food groups:

- Fruit or Fruit Juice (1 cup) **
- Milk (1 cup)
- Meat or Protein (2oz)
- Vegetable (if on the menu) **
- Bread (2 grain)

• **1/2 cup (1 serving) of a fruit or a vegetable **must be included** as one of the food groups taken, however, the student can take items from all 5 food groups if they choose. Only 1/2 cup of the fruit can be from Juice.

If a Free or Reduced qualifying student chooses to take a **second** Lunch or Breakfast, they will be charged at the following rate:

Paid:	\$1.95 Breakfast	\$3.40 Lunch
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