

Nutrition Facts

Serving Size 1/2 cup (124g)

Servings Per Container about 24

Amount Per Serving

Calories 50 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Potassium 180mg **5%**

Total Carbohydrate 12g **4%**

Dietary Fiber 0g **0%**

Sugars 10g

Protein 0g

Vitamin A 6% • Vitamin C 2%

Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PEACHES, WATER, AND PEAR JUICE CONCENTRATE.

Distributed by CODE
Atlanta, GA 30339 U.S.A.

NET WT.

Dice

Choice Yellow
Clingstone

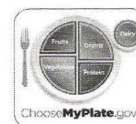


United States Department of Agriculture



**USDA Foods
in Schools**

100241 - Peaches, Diced, Cups, Frozen
Category: Fruit



Product Description

- This item is U.S. Grade B (Grade A for defects) diced peaches. This item is packed in an extra light syrup and is delivered frozen in cases containing 96 4.4-ounce cups.

Crediting/Yield

- One case of peach cups provides 96 ½-cup servings of fruit.
- CN Crediting: One 4.4-ounce cup of peaches credits as ½ cup fruit.

Culinary Tips and Recipes

- Peach cups are individually portioned and are ready to thaw and serve for breakfast, lunch or snack.
- Individually portioned fruit cups are a convenient option for breakfast in the classroom, field trips, or grab-and-go lunches.
- To find culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 4.4 ounce (125g) diced peach cup

Amount Per Serving

Calories 90

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 0mg

Total Carbohydrate 21g

Dietary Fiber 2g

Sugars 19g

Protein 1g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

February 2020

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ET WT. 105 OZ. (6 LBS. 9 OZ.) 2.98 kg

Nutrition Facts

Serving Size 1/2 cup (122g)
Servings Per Container About 24

Amount Per Serving

Calories 50 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**
Saturated Fat 0g **0%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Potassium 180mg **5%**

Total Carbohydrate 12g **4%**

Dietary Fiber 0g **0%**

Sugars 10g

Protein 0g

Vitamin A 6% • Vitamin C 2%

Calcium 0% • Iron 0%

Folate (Folic Acid) 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Peaches,
Water, Pear Juice From
Concentrate.

Distributed By:
Pacific Coast Products
P.O. Box 1600, Lodi, CA



United States Department of Agriculture



**USDA Foods
in Schools**

100239– Peaches, Sliced, Frozen
Category: Fruit



Product Description

- This item is U.S. Grade A frozen sliced peaches. The peaches are packed in syrup or puree and delivered frozen in a 20-pound case.

Crediting/Yield

- One case yields about 55 ½-cup servings of thawed, drained peaches.
- CN Crediting: ½ cup peaches credit as ½ cup fruit.

Culinary Tips and Recipes

- Thawed, drained peaches can be added to fruit salads, salad bars, or used as an ingredient in baking.
- Cook peaches and use as a topping for whole grain pancakes, waffles, or yogurt.
- To find culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1/2 cup (125g) peaches, sliced, sweetened, frozen

Amount Per Serving

Calories 84

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 0mg

Total Carbohydrate 21g

Dietary Fiber 2g

Sugars 19g

Protein 1g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

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PEACHES
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Serving
Suggestion

Nutrition Facts	
Datos de Nutrición	
24 servings per container/Raciones por Envase	
Serving size	1/2 Cup (124g)
Tamaño por Ración	1/2 Taza (124g)
Amount per serving/Cantidad por porción	
Calories/Calorías	50
% Daily Value / % Valor Diario*	
Total Fat/Grasa Total 0g	0%
Saturated Fat/Grasa Saturada 0g	0%
Trans Fat/Grasa Trans 0g	0%
Cholesterol/Colesterol 0mg	0%
Sodium/Sodio 0mg	0%
Total Carbohydrate/Carbohidratos Total 12g	4%
Dietary Fiber/Fibra Dietética 1g	4%
Total Sugars/Total Azúcares 10g	0%
Includes 0g Added Sugars	0%
Incluye 0g Azúcares Añadidos	
Protein/Proteínas 1g	
Vitamin D/Vitamina D 0mcg	0%
Calcium/Calcio 9mg	0%
Iron/Hierro 0mg	0%
Potassium/Potasio 205mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
*El % de Valor Diario (DV) le indica la cantidad de nutrientes. Una porción de comida contribuye a una dieta diaria. 2,000 calorías. Un día se utiliza para el consejo general de la nutrición.	

INGREDIENTS: PEACHES, WATER, PEAR JUICE
CONCENTRATE.

INGREDIENTES: DURAZNOS, AGUA, CONCENTRADO
DE JUGO DE PERA.

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