

Glenn Conley

Founder, Mindshiftr | Clinical RTT Therapist & Keynote Speaker

"You cannot think your way out of a pattern that was never formed by thinking."



ABOUT GLENN

Glenn Conley spent much of his career in the corporate world before a life-changing personal experience forced him to confront a question that would ultimately redirect his life: why can we understand exactly what is happening to us and still be unable to change it?

That question led Glenn into hypnotherapy, neuroscience and subconscious change, and ultimately to founding Mindshiftr. Today, he is on a mission to challenge traditional approaches to therapy and help prevent 1,000 men from ending their lives.

Drawing on more than 1,000 clinical hours, Glenn now works with leaders, executives and high-performing teams at the intersection of neuroscience, subconscious reprogramming and human performance. His approach brings together Neuroleadership, Rapid Transformational Therapy and the somatic grounding of Vipassana meditation and mindfulness—a rare combination that allows him to work across the neurological, subconscious and embodied layers of change.

On stage, Glenn brings the science to life through a deeply personal story of guilt, identity and the patterns we carry long after the original event has passed. Rather than simply explaining subconscious change, he allows audiences to experience it. His keynote culminates in a live hypnosis experience that demonstrates, in real time, the difference between intellectually understanding something and actually shifting it.

SIGNATURE KEYNOTE

The Mind Behind the Chair

Why the people who look like they have it together are often the ones carrying the most — and what actually changes that

Every room has people who perform competence while quietly unravelling underneath it. Glenn opens with his own story: the sister he loved, the moment he watched her hit by a car, and the decades he spent trying to think his way out of guilt that logic could never touch. From there he introduces the Mindshiftr Code: the small set of subconscious rules that explain why insight alone doesn't create change, why the RAS filters reality to match belief, and why the subconscious mind's positive intent can quietly sabotage conscious goals. The keynote closes with a live hypnosis demonstration, **he hypnotises the audience**, and the room feels, in real time, the difference between knowing something and actually shifting it.

Audiences leave with:

- A clear model for why emotions override knowledge and how to work with it
- Understanding of the subconscious mechanics behind performance blocks, conflict, and disengagement
- A first-hand experience of hypnosis and subconscious reframing, not just a concept explained
- A reframe of leadership presence as a trainable subconscious state, not a fixed personality trait

Format: 45–60 minutes keynote + Q&A **Audience:** Leaders, executives, HR/People teams, all-staff, industry conferences

WHY GLENN

Not a wellness add-on — a performance upgrade. Glenn positions the internal operating system of your leaders as a strategic asset, not a wellbeing initiative.

Science and story in one room. Subconscious science meets clinical hypnotherapy meets lived experience. Audiences trust him because he has been through it himself.

A distinctive three-layer approach. The Mindshiftr Method combines neurological, subconscious, and somatic layers. A rare combination.

Outcomes that compound. Glenn does not teach coping strategies. He creates subconscious change that carries past the event and into team culture.

ENGAGEMENTS & INVESTMENT

Engagement	Description	Investment
Executive Keynote	Signature keynote for conferences, leadership summits, and all-staff events — 45–60 mins	BY NEGOTIATION
Corporate Workshop	Half or full-day immersive session for leadership teams — subconscious tools applied to your context	\$7,500 / \$15,000
Executive Sessions	One-to-one performance partnership for executives — 6-session programme	\$12,500
Leadership Retreat	Facilitated retreat experience for leadership teams — somatic, subconscious, and strategic integration	\$7,500

Note: all pricing is in NZD ex GST. Negotiable.

CREDENTIALS & BACKGROUND

RTT Therapist	Marisa Peer — Rapid Transformational Therapy
Neuroleadership Coach	David Rock — Neuroleadership Group (since 2011)
Academic	Master of Environmental Management · BSc (Hons) Biological
Clinical Hours	1,000+ clinical hours — significant proportion with leaders and enterprises
Sector Expertise	Energy, infrastructure, professional services, health and wellness
Professional	Committee Member, NZ Association of Professional Hypnotherapists (NZAPH)

Book Glenn · <https://www.mindshiftr.co/organisations/keynotes>

