

Beginner Colorguard

Weekly Plan

11/4-11/8

11/4 - Monday: No School!

11/5 - Tuesday: NMS with Sub, LMS in Band Hall

11/6 - Wednesday: Review and continue learning Christmas Show

11/7 - Thursday: Christmas Show Routine

11/8 - Friday: Christmas Show Routine

10/28-11/1

10/28 - Monday: No School!

10/29 - Tuesday: Drop Spins, Carves, Learn Christmas Show Routine

10/30 - Wednesday: Drop Spins, Carves, Learn Christmas Show Routine

10/31 - Thursday: Drop Spins, Carves, Learn Christmas Show Routine

11/1 - Friday: Drop Spins, Carves, Learn Christmas Show Routine

10/21-10/25

10/21 - Monday: No School!

10/22 - Tuesday: Drop Spins, Carves, Review Money Hand

10/23 - Wednesday: Drop Spins, Carves, Learn Horizontal

10/24 - Thursday: Drop Spins, Carves, Review All Choreo Moves

10/25 - Friday: Drop Spins, Carves, Review All Tosses

10/14-10/18

10/14 - Monday: No School!

10/15 - Tuesday: Study Hall with Mrs. Fleming

10/16 - Wednesday: Drop Spins, Carves, Review Grandfather Clock - New Spots Assigned

10/17 - Thursday: Drop Spins, Carves, Learn Money Hand Toss

10/18 - Friday: Drop Spins, Carves, Review Money Hand Toss

10/7-10/11

10/7 - Monday: No School!

10/8 - Tuesday: Drop Spins Performance Test

10/9 - Wednesday: No Class due to Testing Schedule

10/10 - Thursday: No Class due to Testing Schedule

10/11 - Friday: Carves Performance Test

9/30-10/4

9/30 - Monday: No School!

10/1 - Tuesday: Drop Spins, Carves, Learn Back Scratcher

10/2 - Wednesday: Drop Spins, Carves, Review Tosses

10/3 - Thursday: Drop Spins, Carves, Review Choreo Moves

10/4 - Friday: Work in Testing Groups

9/23-9/27

9/23 - Monday: No School!

9/24 - Tuesday: Review Flag Basics

9/25 - Wednesday: Learn Grandfather Clock

9/26 - Thursday: Study Hall with Mrs. Fleming

9/27 - Friday: Review Grandfather Clock and other flag basics

9/16-9/20

9/16 - Monday: No School!

9/17 - Tuesday: Review Day of Tosses

9/18 - Wednesday: Learn to Tape Flag

9/19 - Thursday: Taping Flag

9/20 - Friday: Finish taping or review

9/9-9/13

9/9 - Monday: No School!

9/10 - Tuesday: Drop Spins, Carves, Review of last week and Tosses

9/11 - Wednesday: Drop Spins, Carves, Begin learning a routine

9/12 - Thursday: Drop Spins, Carves, Continue learning a routine

9/13 - Friday: Drop Spins, Carves, Continue learning a routine

9/2-9/6

9/2 - Monday: No School!

9/3 - Tuesday: Drop Spins/Carves, Tuck and Back Stroke

9/4 - Wednesday: Drop Spins/Carves, Cradle and Sunshine/Regrab

9/5 - Thursday: Drop Spins/Carves, Prayer Toss, Begin Pop Toss

9/6 - Friday: Study hall with Mrs. Fleming

8/26-8/30

8/26 - Monday: Study hall with Mrs. Fleming

8/27 - Tuesday: Study hall with Mrs. Fleming
8/28 - Wednesday: Review Drop Spins and Carves, Let go exercise
8/29 - Thursday: Review Drop Spins and Carves, Begin Prayer Toss
8/30 - Friday: Review Drop Spins and Carves, Continue Prayer Toss

8/19-8/23

8/19 - Monday: Review from last week, learn a drop spin
8/20 - Tuesday: Continue Drop Spins, tuck/craddle/sunshine
8/21 - Wednesday: Continue drop spins, Start learning carves
8/22 - Thursday: Drops Spins, carves
8/23 - Friday: Review Day

8/12-8/16

8/12 - Monday: Colorguard Goals Sheet
8/13 - Tuesday: Policies and Procedures Quiz & Assign Lockers
8/14 - Wednesday: Introduction of flag - How To Hold
8/15 - Thursday: Right Flat/Left Flat - Over Extension
8/16 - Friday: Review - Under Extension

8/8-8/9

8/8 - Thursday: Policies and Procedures
8/9 - Friday: Goal Sheets & Mission Statement