



Play Personality Quiz

Discover How You and Your Children Naturally Play

(Based on Stuart Brown's research in Play: How It Shapes the Brain, Opens the Imagination, and Invigorates the Soul)

Instructions: Read each set of statements. Circle the ones that feel most like you (or your child). At the end, see which personality shows up the most. That's likely your dominant play personality!



1. The Joker

- I love to make people laugh.
- I often crack jokes or act silly.
- Play feels like fun, laughter, and goofiness.
- I use humor to lighten the mood.

2. The Kinesthete

- I feel happiest when I'm moving.
- I love to dance, climb, or exercise.
- I learn best when I can move around.
- Sitting still for long periods is hard.

3. The Explorer

- I get excited about trying new things.
- I love to travel, discover, or learn new ideas.
- I'm naturally curious and ask lots of questions.
- I feel energized by adventure—big or small.

4. The Competitor

- I enjoy games, contests, and keeping score.
- Winning—or at least trying to win—is fun!
- I get motivated when I know there's a challenge.
- I thrive on rules, points, and goals.

5. The Director

- I like organizing people and events.
- I enjoy planning activities or being in charge.
- I'm good at coordinating projects.
- I have fun when others follow my plan.

6. The Collector

- I love gathering things—rocks, books, cards, or memories.
- Organizing my collections makes me happy.
- I feel joy when I complete a set or group.
- I like showing my collections to others.

7. The Creator/Artist

- I feel most alive when I'm making something.
- I enjoy painting, building, crafting, or inventing.
- I often daydream about projects I want to create.
- I learn by doing and experimenting.

8. The Storyteller

- I love reading, writing, or telling stories.
- I can easily imagine characters and scenes.
- I enjoy role-playing, skits, or pretend play.
- I like turning everyday life into a story.



Scoring

- Count how many statements you circled in each category.
- The category with the highest number is likely your dominant play personality.
- If you have two categories tied, you might have *blended play styles*.

Reflection Questions (for Parents and Kids)

- Which play personality did you get? Does it sound like you?
- How can you bring more of this kind of play into your homeschool days?
- How do your kids' personalities differ from yours?
- What's one simple way to celebrate each person's unique play style this week?

Example Applications

- **Joker kids:** start the school day with a joke or riddle.
- **Kinesthete kids:** let them act out a story or bounce while learning math.
- **Collector moms:** keep a book list or scripture journal as part of homeschool.
- **Storyteller moms:** weave history lessons into family storytelling time.

