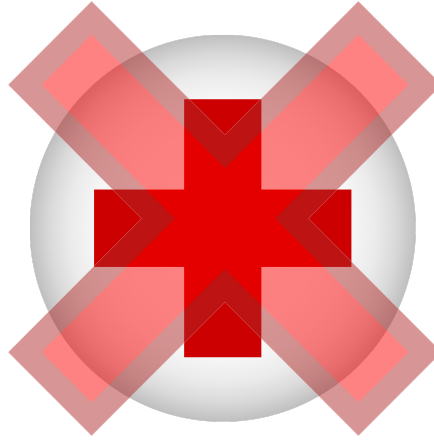


Health Office Uses: What we can and can't do

The Health Office is NOT a Clinic



Health Aides CAN:

- Administer daily meds with a health care provider's order.
 - The Health Office doesn't stock medicines for students, not even first aid creams or eye drops. All medications must be provided by the student's parents and have orders signed by their health care provider (even for over-the-counter medications like Tylenol & Ibuprofen)
- Unfortunately, we have no treatment for everyday headaches or stomach aches.
 - Remind students to drink water. Allow them to put their heads down on their desks for a few minutes.
 - Ask if they have eaten, suggest they bring snacks with them to school.
- Administer simple first aid
- Use state and district guidelines to determine if a student is too sick for school
- Call parents/ EMS in the case of injury
- Take temperatures, give ice packs for NEW injuries, or consult the guidelines/nurse and call parents if needed.

Health Aides CAN'T:

- Diagnose an illness or injury or provide more than ice and elevation.
- Help Minor Tooth aches, joint pains, papercuts, old injuries, growing pains, other aches and pains
 - Students with these do not need to miss class by visiting the Health Office
- If things look serious, they consult with the District Nurse and contact parents.

GOAL: Minimize amount of time students are out of class

REMEMBER:

- The Health Aide cannot give medication, unless we already have health care provider's orders and medication has been provided. There are NO school supplied medications.
- The Health Aide cannot provide any medical care beyond Basic First Aid. Cannot splint bones, remove splinters
- The Health Aide cannot do any kind of assessment
- Health Aides are not recommended to do class wide head checks for lice. If concerned, please discreetly send the student down to be checked. Please refer to school district policy on communicable disease for further clarification. If a student is found to have lice they can stay until the end of the school day and return once the first lice treatment has been completed.

When to send to Health Office: Remember the 8 B's

- Bleeding? (more than a Band-aid is needed)
- Burning up (fever >101)
- Blue? (difficulty breathing)
- Broken bones/fractures (new breaks)
- Barfing (vomiting) did anyone see it?
- Blood sugar problems? (Students with diabetes)
- Bump on the head (any head injury/bump)
- Bee/bug sting (An allergic reaction)

What can be treated in classroom:

- Upset stomach: do they need a snack? Do they need to use the restroom?
- Are they thirsty? Let them use the drinking fountain
- A small scratch: All classrooms have a basic first aid kit with bandaids. Let Health Aide know if you need more.
- Headaches: try water and/or snack
- Tired: encourage good sleeping practices and have student drink some water
- Ice is not encouraged for injuries that are not new
- Lice infestation is not a medical concern and students do not have to be excluded.

Miscellaneous:

- Field Trips: Please refer to the District Field Trip Guidelines
- Disciplinary/Behavior: Students should not be sent to the Health Office unless treatment for a newly sustained injury is necessary.
- Eating Lunch in Health Office: ONLY if student needs to be there for medical reasons
- Confidentiality: Information is sent out regarding students on a need to know basis only. (Staff members who have direct involvement with the student) Please be cautious with health information you share with others.