

Resources For Transgender and Gender Diverse People

Allegheny County Gender Affirming Healthcare Resources:

1. Adolescent and Young Adult Medicine (UPMC)

Gender and Sexual Development Program

- i. Serves children and youth up to age 26 with questions around gender and sexual identity development and Transgender Care.
 - ii. Provides clinical assessments, shared decision-making around treatment options following the informed consent model.
 - iii. Provides a welcoming and affirming environment.
 - iv. Connects patients and families to community support.
 - v. Advocates for safe, inclusive policies in school systems, healthcare settings and the workplace.
- b. To make an appt, call (412) 692-6677 and select option 4 during business hours. Ask for “Gender Care.”
 - c. <https://www.chp.edu/our-services/aya-medicine/gender-development>

2. Central Outreach Wellness Center

Comprehensive gay healthcare, culturally competent care, comprehensive transgender healthcare, HIV primary care, Hep C primary care, PrEP and nPEP HIV prophylaxis, suboxone and needle exchange.

- a. Resources
 - i. Drug and Alcohol Rehab and Harm Reduction
 - ii. STI Testing/Education
 - iii. Transgender Hormone Therapy
 - iv. HIV/AIDS resources and referrals
 - v. Hepatitis C testing and resources
 - vi. Personalized pharmacy services and discounts
 - vii. Housing resources and referrals
 - viii. Mobile clinic
- b. To make an appt, call (412) 322-4151. They also take walk-ins
- c. <https://www.centraloutreach.com/>

3. Metro Community Health Center

Medical providers that specialize in a wide array of skill sets, including family medicine, pediatrics, geriatrics and the medicine of the aging, LGBTQ+ health, women's and reproductive health, sexual health, acupuncture and many others.

- a. Services:
 - i. Primary care and checkups
 - ii. Same day appts
 - iii. Testing and treatment
 - iv. Hep C treatment
 - v. Prescriptions
 - vi. Vaccinations
 - vii. Chronic disease management
 - viii. Hormone Replacement Therapy
 - ix. Telemedicine
- b. To make an appt, call (412) 247-2310. They do same day appts.
- c. https://metrocommunityhealthcenter.org/?gclid=CjwKCAjwov6hBhBsEiwAvrvN6IcutwlyT6gNFkjvgwN6JcD1yuPoaVZNW0_eG8oSyhrbDPuY8mz4yBoCulAQAvD_BwE

4. Allies for Health + Wellbeing

Integrated medical care, supportive human services, community-based education for individuals living with, or at risk of HIV, viral hepatitis, and sexually transmitted infections.

- a. Services:
 - i. PrEP, PEP, HIV treatment
 - ii. HIV support
 - iii. Medical clinic
 - iv. Behavioral clinic
 - v. Hep C treatment, testing and education,
 - vi. Hormone Replacement Therapy
- b. To make an appt, call (412) 345-7456
- c. <https://www.alliespgh.org/>

5. Allegheny Reproductive Health

Delivers judgment-free healthcare, specialized in obstetric and gynecological care, abortion care, in-office and in-hospital surgical procedures, options counseling, services specialized to the LGBTQIA+ community, and the option for sedation for any services you need. Approach to healthcare centers patient choice and autonomy.

- a. Services:
 - i. Hormone Therapy

- ii. Gynecological services
 - iii. Surgery services
 - iv. Fertility services
 - v. Options for joint surgery
- b. To make an appt, call (412) 516-3791
- c. <https://alleghenyreproductive.com/>

6. Planned Parenthood of Western Pennsylvania

Provides high-quality reproductive healthcare services, comprehensive sexuality education and strategic advocacy.

- a. Services:
 - i. Hormone Therapy (both testosterone and estrogen/antiandrogen therapies)
 - ii. Sexual/ reproductive health care, resources and education.
- b. To make an appt, call (412) 562-1900
- c. <https://www.plannedparenthood.org/planned-parenthood-western-pennsylvania>

7. Forbes Family Practice- Adagio Health

Not LGBTQ+ specific but comes recommended by several community members for HRT resources.

- a. To make an appt, call (412) 457-1077

8. UPMC Montefiore

Not LGBTQ+ specific but comes recommended by several community members for HRT resources.

- a. To make an appt, call (412) 647-2345