

# Terms of Use – App Blocker for Dopamine Detox

Effective Date: August 28, 2025

Welcome to App Blocker for Dopamine Detox. By downloading or using this application (“App”), you agree to these Terms of Use (“Terms”). Please read them carefully before using the App. If you do not agree, please delete the App immediately.

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## 1. Eligibility

You must be at least 13 years old to use the App. If you are under 18, you confirm that you have parental or guardian consent.

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## 2. License and Restrictions

- The App is licensed to you, not sold.
- You may use the App only for personal, non-commercial purposes.
- You may not:
  - Copy, modify, or distribute the App or its content.
  - Reverse-engineer, decompile, or extract the source code.
  - Use the App for unlawful purposes.

The App is covered by Apple’s Standard End User License Agreement (EULA): <https://www.apple.com/legal/internet-services/itunes/dev/stdeula/>

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## 3. Features and Functionality

The App provides digital detox tools, including but not limited to:

- App and website blocking
- Screen time control and limits
- Focus timers and schedules
- Notifications management
- Progress tracking

We may update or change features at any time without notice.

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## 4. Subscriptions and Payments

- Some features require a paid subscription.
  - Subscriptions are billed through your Apple ID account.
  - Payment is charged at confirmation of purchase.
  - Subscriptions renew automatically unless canceled at least 24 hours before renewal.
  - You can manage or cancel your subscription in **Settings → Apple ID → Subscriptions**.
  - We do not provide refunds for unused time.
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## 5. Privacy

Your use of the App is also governed by our Privacy Policy, available inside the App and at:  
[link-to-your-privacy-policy.com]

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## 6. Disclaimers

- The App is provided “as is” without warranties of any kind.

- We do not guarantee that using the App will fully block all distractions or improve productivity.
  - You are solely responsible for how you use the App.
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## 7. Limitation of Liability

To the maximum extent permitted by law:

- We are not liable for any damages, loss of data, productivity, or profits arising from your use of the App.
  - Our total liability shall not exceed the amount paid by you for the subscription in the last 12 months.
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## 8. Termination

We may suspend or terminate your access to the App if you violate these Terms. You may stop using the App at any time by uninstalling it.

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## 9. Changes to Terms

We may update these Terms from time to time. Continued use of the App after changes means you accept the updated Terms.

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## 10. Contact

If you have any questions about these Terms, please contact us:  
[slotartemboy@gmail.com](mailto:slotartemboy@gmail.com)