



## IN TED'S HONOR VOLUME 105:

BASKETBALL NEXUS  
FALL SALE ENDS ON  
11/11/25!



1. **ADORATION FOR COACH TED ANDERSON:**
  - a. **HONORING COACH TED ANDERSON**
2. **RECOMMENDED NEWSLETTERS & PODCASTS**
3. **ARTICLE & VIDEO OF-THE-WEEK:**
  - a. **Michigan State Basketball vs. Bowling Green Recap - CBB Exh...**
  - b. [Inside Liam McChesney's Battle Back from Open Heart Surgery - Hoops HQ](#)
4. **BASKETBALL NEWS:**
  - a. **Coaches Helping Coaches:**
    - i. **Coaches Helping Coaches Info**
  - b. **High School Basketball - Boys:**
    - i. [Columbus teen is national Youth Athlete of the Year finalist despite 3 brain surgeries](#)
    - ii. [Arizona School Reverses Decision, Allows 8th Grader to Join Boys' Basketball Team After Gender Dispute](#)
  - c. **Girls:**
    - i. [The Original Streaks: When Galesburg Girls Basketball Never Lost | WGIL 93.7 FM - 1400 AM](#)
  - d. **College Basketball News:**
    - i. **Men's Basketball News:**
      1. [Wisconsin Men's Basketball Announces Roster Change](#)
      2. [Michigan State basketball moves up in final preseason bracketology from ESPN](#)
      3. [4 Takeaways From UConn's Exhibition Win Over Michigan State | FOX Sports](#)

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4. [Indiana men's basketball roundtable: IDS reporters predict Hoosiers' upcoming season](#)
5. [2027 Four-Star Point Guard Chase Richardson Takes In Weekend Visit With Iowa Basketball](#)
6. [College basketball coach rankings: UConn's Dan Hurley holds off Houston's Kelvin Sampson for No. 1 - CBS Sports](#)
- ii. **Women's Basketball News:**
  1. [Iowa women's basketball 2027 target cuts Hawkeyes from list of schools](#)
  2. [Teams that won the women's basketball transfer portal | NCAA.com](#)
  3. [Top 25 women's NCAA basketball players ranked going into 2025-26 - ESPN](#)
5. **COLLEGE ATHLETICS:**
  - a. [NCAA delays rule change allowing athletes to bet on pro sports - ESPN](#)
  - b. [College Athletes & Betting on Pro Sports Article](#)
6. **EDUCATION:**
  - a. [Local superintendent named 2026 Ohio Superintendent of the Year](#)
7. **EVENTS:**
  - a. **EVENTS & CLINICS**
8. **HEALTH FOR PLAYERS & COACHES:**
  - a. [Importance of a Healthy Player Coach Relationship in Basketball - Europrobasket](#)
  - b. [The cognitive benefits of basketball training compared to a combined endurance and resistance training regimen: a four-month intervention study | Scientific Reports](#)

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## 9. HIGH SCHOOL ATHLETICS:

- a. [All-District volleyball honors announced for local standouts](#)

## 10. LEADERSHIP:

- a. [In a turbulent world, self-awareness and stability are leadership must-haves](#)
- b. [Now Is the Time for Courage](#)
- c. [Proactive teams still need leadership and focus, VCU study finds](#)

## 11. PRAYER LIST:

- a. [PRAYER LIST](#)

## 12. PSYCHOLOGY:

- a. [A systematic review of psychological difficulties among elite sports coaches](#)
- b. [The effects of listening to music in sports activities on psychological resilience, physical strength performance and motivation in terms of mental health](#)

## 13. SPONSORS OF IN TED'S HONOR:

- a. [SPONSORS INFORMATION \(UPDATED\)](#)
- b. PLEASE VISIT OUR SPONSORS' WEBSITES:
  - i. [Danny's Cafe Rossford](#)
  - ii. [Game One](#)
  - iii. [Grip Spritz](#) - **CHECK OUT THE NEW GRIP SPRITZ PRODUCT: [Grip Spritz GlidePro Basketball Court Cleaning Mop](#)**
  - iv. [My Rustbelt Basketball](#) - Back-to-School Sale!!!
  - v. [Practice Planner Live](#)
    - 1. **Practice Planner Live Intro 7-29-25.mp4**

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2. Sign Up Page:

<https://www.practiceplannerlive.com/backoffice/register?referralCode=RBCNCoaches>

3. Landing Page:

<https://www.practiceplannerlive.com/backoffice?referralCode=RBCNCoaches>

4. Free Trial Page:

<https://www.practiceplannerlive.com/backoffice/auth/trial?referralCode=RBCNCoaches>

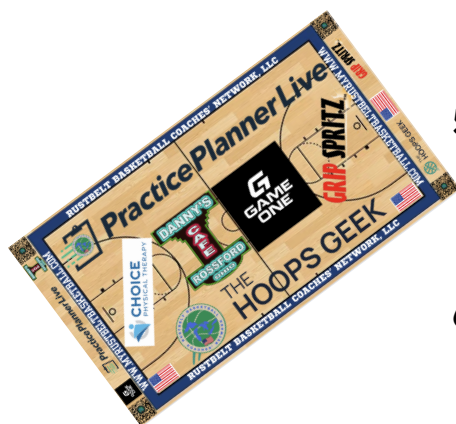
5. [The Hoops Geek Play Creator](#)

a. [CHECK OUT THE HOOPS GEEK PLAY CREATOR - CLICK HERE](#)

b. [PDF THE HOOPS GEEK PLAY DESIGNER INFO.pdf](#)

6. Contact Dr. Konner Platt, Choice Physical Therapy:

- North Manchester clinic – 212 E. Main St, North Manchester, IN 46962
- 260-306-5660
- <https://www.choice-physicaltherapy.com/>



**RBCN IS ENDORSED BY:**



[Hoosier Basketball Coaches Association](#)



[Indiana Basketball Coaches Association](#)

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## 14. STRATEGY:

### a. BLOB v. MAN-TO-MAN:

#### i. "Bengal" BLOB Play v. M2M D'

1. Bengal\_BLOB\_\_Play\_v.\_Man-to-Man\_Def...
2. \_Bengal\_ BLOB Play v. Man-to-Man Defen...
3. Idaho St. BD BLOB.MP4

### b. DRILL OF-THE-WEEK:

- i. SDS Competitive Drills.pdf

### c. ELIMINATING TURNOVERS:

- i. From Coach Kevin Broderick, Head Men's Basketball Coach, Nazareth U. (NY)

1. Nazareth U. Eliminating Turnovers Bullet ...
2. Check out Coach Broderick's RBCN Nexus Clinics - they are OUTSTANDING.
  - a. Coach Kevin Broderick, Nazareth U. ...
  - b. RBCN Summer Zoom Clinic Series #...

### d. FROM THE ARCHIVES VAULT:

- i. Clev Nike Clinic '02 Beilein.pdf
  1. Practice Drills
  2. Set Plays
  3. High Post Offense Notes & Diagrams
  4. WVU Practice Plan
  5. Zone Offense Notes & Diagrams

### e. MAN-TO-MAN DEFENSE:

- i. Defending Mid PNR SA Spurs.pdf

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- f. **MAN-TO-MAN OFFENSE:**
    - i. U. of Redlands O' System Smith.pdf
  - g. **PRACTICE PLANNING:**
    - i. IU Prac Notes '96.pdf
  - h. **SETS OF-THE-WEEK:**
    - i. [U. of Illinois Hi/Lo Quick Hitter v. M2M D'](#)
      - 1. Lo\_Set\_v.\_Man-to-Man\_Defense.mp4
      - 2. 'BRAD\_ Hi\_Lo Set v. Man-to-Man Defense....
      - 3. U of I Hi:Lo Set.mp4
    - ii. [Northwest Backdoor Quick Hitter v. M2M D'](#)
      - 1. Northwest\_Backdoor\_Set\_Play\_v.\_Man-t...
      - 2. \_Northwest\_ Backdoor Set Play v. Man-to-...
      - 3. Northwest U. BD Set.MP4
  - i. **SPECIAL SITUATIONS:**
    - i. ["GRZESK" END OF QUARTER/HALF SET v. M2M D'](#)
      - 1. Half\_Special\_Situation\_Set\_Play\_v.\_Man...
      - 2. \_Grzesk\_ End of Quarter\_Half Special Situ...
  - j. **ZONE DEFENSE:**
    - i. Triangle:2 Zone D' Coach Majerus.pdf
  - k. **ZONE OFFENSE:**
    - i. FILL & FOLLOW VID FULL.mp4
15. **SUPPLEMENTAL RESOURCES:**
- a. MENTORSHIP PROGRAM
  - b. NEWSLETTER ARCHIVE

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- c. **NEWSLETTER CONTRIBUTORS**
- d. [TRIBUTE TO SMALL COLLEGE BASKETBALL](#)
- e. [RBCN FREE CONTENT](#)
- f. **RBCN ATTIRE AVAILABLE LINK!.pdf**

### **UPCOMING RBCN PRODUCTIONS:**

1. **COACH KEVEN BRADLEY, HILLSDALE COLLEGE (MI)**
  - a. **“Early Practice Skill Development Drills & Concepts”**
  - b. **Monday, November 3, 2025 @ 7:30 PM EST via Zoom**
2. **COACH SETH MARTIN, Washington County Community College**
  - a. **4-Quarter Coaches Zoom Clinic E46**
  - b. **Wednesday, November 5, 2025 @ 7:00 PM EST via Zoom**
3. **Coach Mike Floyd, Central Catholic HS, OH**
4. **Nick Bennett, Motion Offense, Stevens Point U.**

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## RBCN PRODUCTIONS THAT ARE AVAILABLE NOW:

### 1. STATE OF THE GAME PODCAST E2:



a. S.O.G. #2 Oct. 22, 2025 Info

b. FREE VIA THE RBCN YOUTUBE CHANNEL:

i. RUSTBELT BASKETBALL COACHES NETWORK'S STATE O...

### 2. RBCN INTERVIEW WITH COACH JAMIE KACHMARIK



3. RBCN Interview with Coach Jamie Kachmarik, Toledo St. Francis de ...

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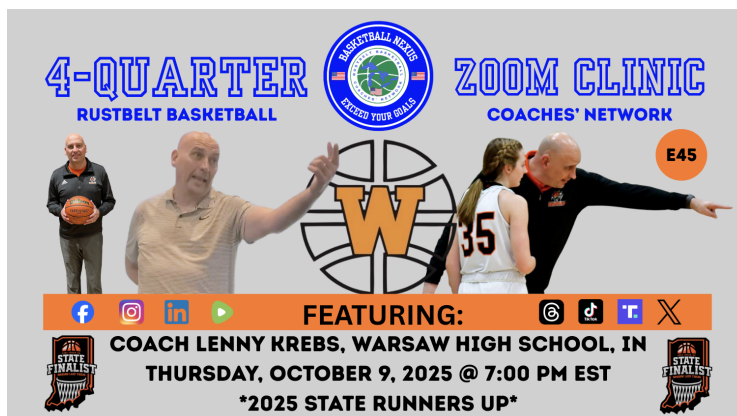
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#### 4. Lenny Krebs, Warsaw HS (IN):



- a. 4-Quarter Coaches Zoom Clinic E45
- b. Lenny Krebs Clinic Info
- c. Learn How Coach Lenny Krebs Led his Warsaw Tigers...

#### 5. RBCN BASKETBALL NEXUS "STATE OF THE GAME" PODCAST E1:



- a. S.O.G. Podcast #1 Oct. 15, 2025
- b. FREE VIA THE RBCN YOUTUBE CHANNEL:

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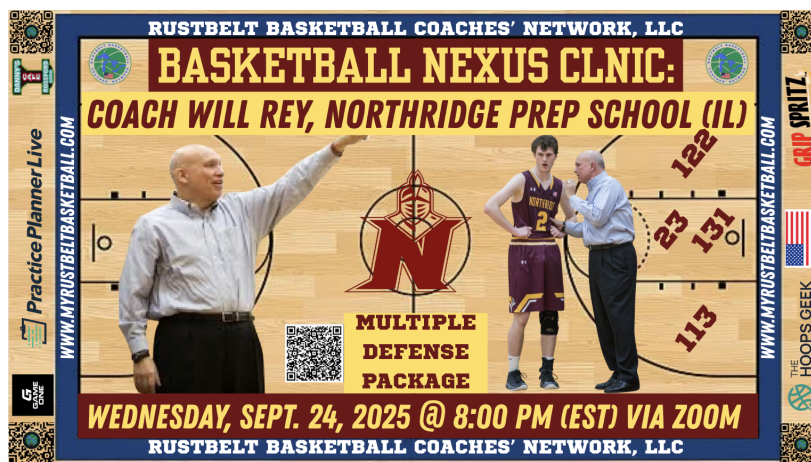


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i. [▶ RBCN Basketball Nexus State of the Game E1 P...](#)

## 6. Coach Will Rey: "Multiple Zone Defensive Attack System"



a. [▶ Learn How the Legendary Northridge Prep Coach, Wi...](#)

## 7. Coach Will Rey: "Zone Offensive System"



a. [▶ Add Coach Will Rey's "Zone Busters" to your Zone Off...](#)

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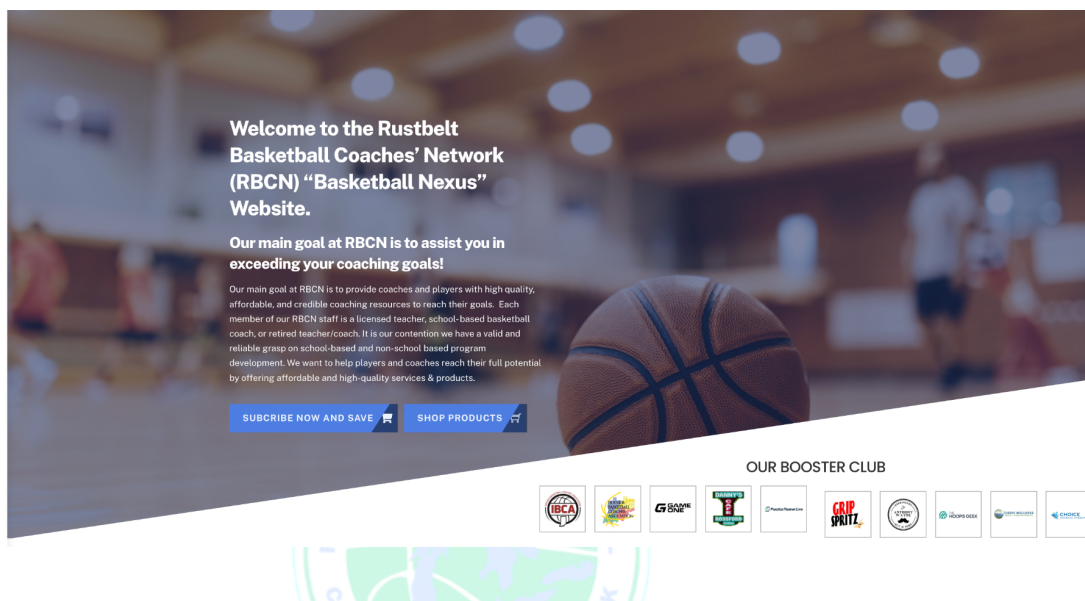
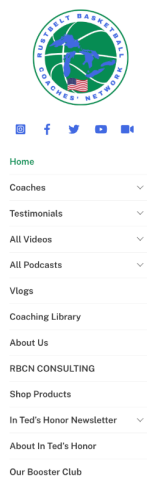
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## RBCN "BASKETBALL NEXUS" NEWS:



RBCN BASKETBALL COACHING NEXUS WEBSITE: <https://myrustbeltbasketball.com>  
"We Will Help You **Exceed** Your Coaching Goals!"

ACCESS THIS LINK FOR OUR BTS SALE INFO LINK:  
<https://drive.google.com/file/d/1enw8jiDa94R7rFVY6us7elriwsRgel-y/view?usp=sharing>

-OR-

ACCESS THE QR CODE:



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## FEATURED COACHES:

Lenny Krebs, Warsaw HS (IN). Will Rey, Northridge Prep (IL), Jody May, Albion College (MI), Jason Jones, New Albany HS (IN), Matt Voll, Perry HS (OH), Justin Claus, College of the Redwoods, Matt Majkrzak, Northern Michigan U, Andy Weaver, Plainfield HS (IN), Jack Bennett, Stevens-Point, Kevin Broderick, Nazareth U., Dave Niland, Penn State Behrend, Tod Windlan, Nathan Wahle, Mike MacDonald, Daemen U., Aaron McClure, Adams Central HS (IN), Dakota Street, Freeburg HS (IL), Matt Croci, Wittenberg U. (OH); Corey Kreinbrink, Napoleon HS (OH); Mike Brey, Notre Dame; Harry Perretta, Villanova; Michael Huger, Bowling Green State U. (OH); Steve Gray, Norwalk HS (OH); Doug Krauss, Archbold HS (OH); Greg Kampe, Oakland U. (MI); Tod Kowalczyk, U. Toledo; Charlie Ernst, U. of Findlay (OH); Brad Brownell, Clemson U.; Jeremy McDonald, Northview HS (OH); Ross Kaufman, Miller City HS (OH); Tom Johnson, Wheeler HS (IN); Adam Patai, Greeneview HS (NV); (Brodie Gabor, Fairfield HS (IN); Paul Wayne, Holgate HS (OH); Dan Tharp, Minnesota West Tech College (MN); Eric Thompson, Huntington North HS (IN); Jerry Bomholt, Jay County. HS (IN); Ryan Pedon, U. of Southern Illinois, Tricia Cullop, U. of Miami (FL); Dick Crowell, Bowsher HS (OH); Kirk Lehman, Defiance HS (OH); Chris Jans, Bowling Green State U.; Dave Boyce, Perrysburg HS (OH); Derek Sheridan, Maumee HS (OH); Mark Anderson, Owensboro Thorobreds (KY); Matt Painter, Purdue U.; Dennis Hopson, Lourdes U. (OH), John Ellenwood, Ashland U. (OH), Tyson McGlaughlin, Ottawa Glandorf HS (OH), Phil Martelli, U. of Michigan; John Tharp, Hillsdale College (MI); Ken French, Oakland City U. (IN); Mike Schoen, St. John's HS (OH), Richie Beard, Dublin Jerome HS (OH), Pat Knight, Marian U (IN), Jim Rucki, Findlay HS (OH), Matt Moore, Warsaw HS (IN); Mike McBride, Nowell HS (IN); Chad Bailey, Holston HS (VA); Jerry Petitgoue, Cuba City HS, (WI); Rob Beucler, Eastern Brown HS (OH); Scott Sivills, McCracken Co. HS (KY), Chad Burt, Wauseon HS (OH); Gary Grzesk, St. Norbert College (WI), Marc & Mike Urban, Chesterton HS (IN); Joe Delgado, Lowell HS (IN); Rick Smith, Flat Rock HS (MI); Brooks Miller, Trine University (IN); Pat Rady, Jr., Cloverdale HS (IN); Joey Hart, Cloverdale HS (IN); Mike Dunlap, Mesa College (CO); Mike McBride, Holy Cross College (IN); TJ Schneider, Lakeland HS (IN); Sean Suchomel, Washington State U. (WA); Brent Shafer, Perrysburg HS (OH); Jack Gabor, Griffith HS (IN). MORE TO COME!!!!

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