

February Parent Resources- Promoting Positive Self-Esteem

Articles and Quick Reads

- [5 Ways to Improve Your Child's Self-Esteem](#)
- [11 Tips on Building Self-Esteem in Children](#)
- [9 Ways to Build More Self-Esteem in Your Child](#)
- [12 Tips for Raising Confident Kids](#)
- [How to Build Your Child's Confidence and Self-Esteem](#)

Posters with Ideas

- [10 ways to Build Self-Esteem Poster](#)
- [50 ways to Build Self-Esteem Poster](#)
- [Cultivating Family Togetherness](#)

Videos to watch with your child

- [Wellbeing for Children: Confidence and Self-Esteem](#)
- [Emotions, Self-Esteem, and Empathy for Kids](#)
- [Building Your Correct: Self-Esteem](#)
- [Self-Esteem How to Feel Awesome About Yourself](#)

Read Alouds

- [I Am Enough](#)
- [The Reflection in Me](#)
- [Howard B. Wigglebottom Listens to His Heart](#)
- [Emily's Quills](#)