

Omelette Fuffins

inspired by Kalyn's Kitchen

Ingredients:

- 18 eggs
- small onion, diced
- 1 small package of sliced baby bella mushrooms
- 4 green onions, chopped
- 2 cups fat-free cheddar cheese
- Salt and Pepper

yields 24

Step 1: Saute onions in a pan that's been drizzled with a little olive oil. After 3 minutes, add mushrooms and saute until tender.

Step 2: Crack eggs in a large bowl and whisk until scrambled. Add green onions, cheese, mushrooms, and onions. Add desired amount of salt and pepper. Combine all ingredients.

Step 3: Use a 1/3 cup measuring cup to scoop out the egg mixture into a muffin tins that've been coated with canola-oil cooking spray.

Step 4: Bake at 375° for 28 minutes or until eggs are cooked.

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