

VR Dance Course Information

Course: Principles of Dance I-IV, Studio Dance

Teachers: Mrs. Lopez and Ms. Way

Year: 2026-2027

Room: B204

Conference Time: 2:05pm-3:35pm

Course Description: To develop and expand your knowledge of dance as an art form as well as a physical activity. Students will be exposed to different forms and styles such as jazz, lyrical, ballet, hip-hop, and various others. Students will develop a personal, physical, kinesthetic, social and historical understanding about dance. The following are expectations/grading policy, and requirements for the dance class.

Objectives

Dance I

- To introduce beginning level dance skills and terminology and gain experience with choreography
- To learn self-discipline, self-confidence, and dedication through dancing using the body as an expressive instrument
- To gain a basic understanding of dance terminology
- To gain and display proper dance etiquette both in a classroom and performance
- To increase flexibility, strength, balance and coordination
- To experience choreography and a dance performance through several performance opportunities
- To have fun and an enjoyable dance experience

Studio Dance I, Dance II, III, and IV

- To enhance dance skills at an advanced level
- To continue to develop dance skills and terminology
- To continue to learn self-discipline, self-confidence, and dedication through dancing using the body as an expressive instrument
- To display proper dance etiquette both in a classroom and performance
- To increase flexibility, strength, balance and coordination
- To experience choreography and a dance performance through several performance opportunities
- To have fun and an enjoyable dance experience

Requirements

- Dance clothes are required (ex. tank top/t-shirt, black leggings, and tan jazz shoes/tennis shoes)
- Dress out and participate each day
- Hair needs to be put up and out of your face
- When ill, you should dress out and present a parent or doctor's note
- Wear cover-ups when outside the dance studio
- No jewelry
- Paper/Dance Journal and pen upon request

Attire for Performances:

- Will be determined by the teacher based on performance.

Grading Policies and Information

Overall Grading Policy

<i>Classwork (Daily/participation grade)</i>	<i>80%</i>
<i>Test (Written Assignments, evaluations, performances, test)</i>	<i>20%</i>

Daily Grading Policy

<i>Participation (Actively dancing/physical participation/effort)</i>	<i>80%</i>
<i>Dressed out in proper attire</i>	<i>20%</i>

Note: Failure to dress out and participate in class will result in a daily grade deduction.

Deductions for daily grades are as follows:

- Not dressed out and not participating: -100 pts.
- Dressed out and not participating: -80 pts. (Up to 30 pts. will be given for the written assignment)
- Not dressed out but participating: -20 pts.
- Talking excessively: -10 pts.
- Jewelry/Chewing gum/eating during class: -5 pts.

Late, Missing or Redoing Work

- If absent due to being sick, it is the expectation that you reach out to your teacher via email or in person the day you return about what you missed. You will have one class day equal to the class missed to make up the work for possible full credit.
- If you are present the day it is due and choose not to turn in the assignment, you will have one class day (until the next time the class meets) to turn in the late assignment.
- If you would like to redo or make up a grade, you will have one week from the date the grade is posted in ESchool to make up the content of the assignment for up to the highest grade of 80.

Tutorial Opportunities

- When needing to attend tutorials, please schedule a day and time with Mrs. Lopez or Ms. Way in advance. Tutorials are scheduled on a need-to-do basis. Tutorials can be scheduled via in-person conversation, e-mail, or by directly calling the dance office phone.

Classroom Procedures and Expectations

- Come to class prepared and ready to dance each day.
- Be in your roll call lines when the tardy bell rings.
- You will have 10 minutes to dress out after attendance and return to your roll call line (please use this time to use the restroom prior to class beginning).
- DO NOT dress, sit or hang out in the locker room doorways. This area is off limits.
- Each student will be responsible for her own personal belongings. Do not bring valuables to class, as we are not responsible for lost or stolen items.
- You will NOT be assigned a dance room locker. Please bring your belongings with you each day in a bag.
- Please write your name on all pieces of clothing so it does not get mixed up with others.
- Each student is responsible for knowing and following all rules and regulations noted in the student handbook.
- Each student is responsible for keeping up with class assignments, routines and making up any work missed.

Classroom Procedures and Expectations Cont.

- Be respectful to everyone at all times.
- You will be dismissed 10-15 minutes prior to the bell to dress and will be expected to stay in the dressing room or studio until the bell rings.
- CELL PHONES ARE NOT PERMITTED DURING SCHOOL HOURS.
- [VRHS Honor Code](#)

Important Dates

Wednesday, October 21st (6pm) – 2027-28 Star Steppers/Ruby Parent Informational Audition Meeting

Monday, November 16-Wednesday, November 18– 2027-28 Star Steppers/Rubies Auditions

Thursday, November 18 - VR Day of Dance (B-Day)

Holiday Dance Spectacular- December 5th: Performance Opportunity (11am or 3pm)

Thursday, April 22 – Saturday, April 24 – The Star Stepper Spring Show Performance Opportunity

Additional information about all the performances will be given to you at a later date.

Dance Clinic Dates: (All are optional)

Saturday, September 26 - "Red, White and Silver" Dance Clinic

Saturday, November 14 - Fall Dance Clinic & Star Stepper/Ruby Prep Clinic

Saturday, March 6 – Spring Clinic - Dancers who participate in this clinic will be invited to perform at the spring show

Register online at [HERE](#)

We are so excited about the prospects of this new school year and consider it a privilege to be working with you. Please share this information with your parents and have them call the dance office at 512-570-1870 or email your teacher if they have any questions.

Thank you,

Mrs. Lopez and Ms. Way

araceli.lopez@leanderisd.org

julianne.way@leanderisd.org

VR Dance Office: 512-570-1870

Please contact Mrs. Lopez and Ms. Way through either email or phone call