



Alternative Series 2014

All you need to do to submit an entry to the alternative series is to fill races that you have run in 2014 into as many categories as you can. Each race can only be entered into one category. If in doubt on whether or not the race counts just put it down, the committee will decide whether they count or not.

Don't worry if you can't fill any category – last year's winner missed a few too!

Category	Points	What race did you run?
Run and other sport (duathlon/triathlon, etc.)	20	
Fancy dress (photos may be required!)	20	
Race with a water crossing	20	
Charity race	20	
Fell/trail race	20	
Marathon or ultra	20 (+10 if a marathon PB)	Was it a pb?
Non-Cheshire based race	20 (+10 if a PB)	Was it a pb?
Crazy race (e.g. Tough guy, wife carrying, backwards running)	20	

Bonus points for competing in Sandbach Striders club events

Predictathon	20 (+bonus for finishing in top 3)	Yes / No / Top 3
Handicap	20 (+bonus for finishing in top 3)	Yes / No / Top 3
Treasure Hunt	20 (+bonus for finishing in top team)	Yes / No / Top team

(The club members' Super Six isn't included here as it's part of the main championship series)

Name:

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