

Santa's having trouble with the chimneys.
They're not so easy squeezy these days.
To spread his Christmas joy,
he's chosen to employ
some changes to his lifestyle right away.

He's up to thirty minutes on the treadmill.
He put those Christmas cookies away.
He's gonna get in shape
no matter what it takes.
The Christmas Eve tradition is at stake!

Santa's getting fit for Christmas.
He's feeling better ev'ry day.
More Pilates. (shout: Ho Ho Ho!) C
hristmas calories. (shout: No No No!)
Santa's getting fit for Christmas.

He's taking out the reindeer for their daily walk,
to optimize his heart's aerobic rate.
He's made a list of nice and naughty calories,
and checks them twice before he fills his plate.

He's making major changes to the menu.
'Cause candy canes add too many pounds.
He's really keeping tabs.
And working on those abs.
He'll be in shape before he comes to town!

Santa's getting fit for Christmas.
He's feeling better ev'ry day.
More Pilates. (shout: Ho Ho Ho!)
Christmas calories. (shout: No No No!)
Santa's getting fit for Christmas.
Santa's getting fit for _____
(shout: Christmas!)