

DALGETY BAY SAILING CLUB

2025 SAILING INSTRUCTIONS

The organising authority is Dalgety Bay Sailing Club Limited (DBSC).

1 RULES

The Dalgety Bay Sailing Club races will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2025-2028. All boats must comply with the Queen's Harbour Master's Regulations and Forth Port Authority bylaws. Failure to do so will result in disqualification without a hearing. This alters rule 63.1. Where there is conflict between the sailing instructions listed on the web site and any other publication the web version at <https://dalgetybaysc.org/> shall take preference.

2 NOTICES TO COMPETITORS

Notices to competitors shall be posted on the notice board situated in the Race Officers hut.

3 CHANGES TO SAILING INSTRUCTIONS

Any change(s) to the sailing instructions shall be posted not less than 15 minutes before the first start on the day it shall take effect. It is the responsibility of the helm to acquaint themselves with the change.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed at the Race Officers hut.

5 CLASS SIGNALS AND SCHEDULED START TIMES

<i>Dates of Racing</i>	<i>Handicap</i>	<i>1st Warning Signal Not Before</i>	<i>No of Races</i>
2025 – Sundays (see calendar)	PY	See calendar – usually 14:00	See calendar – usually 2
<i>Dates of Racing</i>	<i>Handicap</i>	<i>1st Warning Signal Not Before</i>	<i>No of Races</i>
2025 – Wednesday (see calendar)	PY	See calendar – usually 19:00	See calendar – usually 2

For races such as the Round Inchcolm and the Three Bridges, there may be a Class Short and a Class Long. The Class Short will race around DBSC marks whereas Class Long will do the advertised event.

- 5.1 The Organisers may combine, divide or add classes depending on the number of entries, please check the classes prior to taking part in the event.
- 5.2 For all series the current RYA Portsmouth Yardstick numbers will be used.
- 5.3 For shore starts, coloured lights will be used in place of class flags. The first start in any sequence will use a red light as the Warning signal, any second start will use an  a third start will use a . The preparatory signal will be a white light.
- 5.4 For committee boat starts, the warning signal flags for the start(s) in any sequence will be specified by the race officer on the day.

6 RACING AREAS

The racing area is in the Forth Estuary to the south of the club generally bounded by a line joining Downing Point, Admiralty Mooring Buoy 1A, the West Cardinal Mark south west of Haystack, Haystack, and the pier on Braefoot Point. Some specific races, such as the Round Inchcolm race and the Three Bridges race, will involve sailing outside this area.

7 THE COURSES

- 7.1 The Race Officer will set the course for the first race on the day. The course will be displayed at the Race Officers hut 15 minutes before the warning signal.
- 7.2 All races are designated as 'Average Lap Time': There will be no set number of laps, but the Race Officer will indicate the expected length of race for the leading boat (e.g. 45 minutes) except for some specific races such as the Round Inchcolm race.
- 7.3 If the course is changed between races, the race officer shall display code flag C from the race box, which may also be

displayed from a safety boat which will then lead the competitors around for the first lap. Competitors should check the new course with the safety boat(s). This modifies RRS 27.1

8 MARKS

The club racing marks will normally be used. If the Race Officer considers that it is necessary to use alternative marks, they may do so but they should make all reasonable attempts to ensure that all competitors are aware of the marks to be used. For races such as the Round Inchcolm Race and the Three Bridges Race, the marks to be used will be identified at the Race Officer's hut at least 15 minutes before the warning signal.

9 THE START

9.1 Boats whose warning signal has not been made shall avoid the starting area.

9.2 Starting signals for dinghies are:

9.3

Time	First Sequence
-5	Warning
-4	Preparatory
-1	One Minute
0	Start

Or

Time	First Sequence	Time	Second Sequence
-5	Warning	-10	
-4	Preparatory	-9	
-1	One Minute	-6	
0	Start	-5	Warning
		-4	Preparatory
		-1	One Minute
		0	Start

Or

Time	First Sequence	Time	Second Sequence	Time	Third Sequence
-5	Warning	-10		-15	
-4	Preparatory	-9		-14	
-1	One Minute	-6		-11	
0	Start	-5	Warning	-10	
		-4	Preparatory	-9	
		-1	One Minute	-6	
		0	Start	-5	Warning
				-4	Preparatory
				-1	One Minute
				0	Start

9.4 The Race Officer will decide on the day if there is 1, 2 or 3 class starts

9.5 INDIVIDUAL RECALL: A strobe light shown until all premature starters have returned or for 4 minutes. One additional sound signal shall be made. For Committee boat starts, individual recall will be flag X.

9.6 GENERAL RECALL: The appropriate class light and the strobe light shall show until all competitors have returned or for 4 minutes. Two additional sound signals shall be made. For committee boat starts, general recall will be 1st Substitute.

9.7 If there is more than one class racing the normal starting sequence shall not be interrupted by a general recall. The warning signal for the class which has had a general recall shall be five minutes before its starting signal and shall normally be displayed at the starting signal of the last class to start correctly in the schedule. If more than one class is subject to a general recall, the second of these classes shall start five minutes after the first and so on. If a class subject to general recall is the last or only class to start, the next signal shall be the new warning signal which shall normally be displayed five minutes after the original starting time.

9.8 The starting line will be between the mast on the Race Officers hut and the starting mark, as specified by the Race Officer.

- 9.9 For committee boat starts, starting line will be between a mast/pole on the committee boat at the starboard end and a buoy at the port end.

10 SHORTENED COURSE

- 10.1 Shortly before the finish, flag S will be displayed from the DBSC flagpole, the **class lights(s)** will be illuminated along with two sound signals. Boats shall finish the race when they pass through the finish line at the end of their current lap. If conditions dictate the race committee may, at their discretion, take the results of a race from the times recorded for a previous round.

11 FINISHING LINE

For all races involving a shore finish, the finishing line will be between the flag pole in front of the Race Officers hut and the outer distance mark as specified by the race officer. For any races involving a committee boat finish, the finishing line will be between a mast/pole displaying on the committee boat at the starboard end and a buoy at the port end.

12 TIME LIMIT

- 12.1 The time limit shall be 75 minutes after the start of each race. Boats that do not finish before the time limit shall be scored DNF. This changes RRS Rule 35.
- 12.2 If no boat within a Class finishes within the time limit, the times of the previous round completed by the leading boat may be used to calculate results at the discretion of the race committee. Subsequent retirements or rule infringements shall be disregarded.

13 RETIRALS

Any boat leaving the course area shall notify the Race Committee when ashore.

14 PROTESTS.

- 14.1 The Exoneration Penalty [and the Advisory Hearing and RYA Arbitration] of the RYA Rules Disputes Procedures will be available.
- 14.2 Competitors should inform the Race Officer of any protests immediately after finishing.
- 14.3 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 14.4 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 14.5 Notices shall be posted within one week of the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 14.6 Notices of protests by the race committee shall be posted to inform boats under rule 61.1(b).
- 14.7 Protests shall be heard as soon as possible, in approximately the order of receipt. It is the responsibility of the Protestor, Protestee and Witnesses to make themselves available for the hearing.
- 14.8 A request for reopening a hearing shall be delivered:
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.

15 SCORING

- 15.1 Scoring will be based on World Sailing Racing Rules of Sailing (RRS) Appendix A. Two races are required to be completed to constitute a series.
- (a) When up to 3 races have been completed, a helm's series score will be the total of their race scores.
 - (b) When from 4 to 6 races have been completed, a helm's series score will be the total of her race scores excluding their worst score.
 - (c) When from 7 to 8 races have been completed, a helm's series score will be the total of their race scores excluding their 2 worst scores.
 - (d) When from 9 to 10 races have been completed, a helm's series score will be the total of their race scores excluding their 3 worst scores.
 - (e) When from 11 to 13 races have been completed, a helm's series score will be the total of their race scores excluding their 4 worst scores.
 - (f) When 14 or more races have been completed, a helm's score will be the total of their race scores excluding their 6 worst scores.
- 15.2 Results shall be calculated using average lap times and the Portsmouth Yardstick system.
- 15.3 RRS Appendix A5.3 will apply. i.e. RET/DNF/DNS/DSQ/RAF = boats that came to start area+1.
- 15.4 Series scoring shall be accumulated by each helm, who may do so sailing any design of boat (or sail configuration) with an RYA or DBSC PY number. This modifies RRS Appendix A.
- (a) A helm may only score points for a series with one design of boat (or sail configuration) on a single day.
 - (b) The PY handicap used on each day of the series will be for the design of boat (or sail configuration) of the boat sailed on that day.
 - (c) For example, a helm may sail an ILCA 6 one day of a series, an ILCA 7 sail on another day and an RS200 on a third day. All of their results will contribute to their series score.
- 15.5 Competitors that undertake a "Duty" on a race day either as RIB helm/crew or Race Officer (RO) shall be awarded points for completed races that day equal to their average points for all other races they sail in that series.
- (a) if there are no finishers in a race, no average points shall be awarded.
 - (b) No helm will be allowed to count more than two races with average points for duties in a series.

16 PRIZES

The details of the annual club prizegiving will be notified through club communication channels.

17 SAFETY REGULATIONS.

- 17.1 Dinghies may be asked to sign a tally sheet before the race indicating their intention to go afloat, and after racing that they are safely ashore. The tally sheet shall be located within the Race Officer hut.
- 17.2 Competitors that fail to tally correctly when requested by the race officer may be subject to protest by the Race Committee only, the Protest Committee may impose a penalty that is less than DSQ for boats that have been found to infringe. Any points penalty shall be applied to the first race competed on the day the infringement took place. This changes RRS Rule 63.1

18 RISK STATEMENT

- 18.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 18.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

19 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3 000 000 per event or the equivalent.

