

2026 PRACTICE SCHEDULE

1st Week of practice beginning Monday, March 9

Level of Play	Days	Time	Place
All Levels	M - F	4:00 - 5:45 PM	OHS - Turf
All P's & C's	Wednesday	5:50 - 6:20 PM	Room 128. (Pitching Pres.)
RAIN, SNOW, OR BELOW 40 DEGREES			
Grade (Group 1)	M - F	5:30 - 7:00 PM	Aux Gym
Grade (Group 2)	M - F	6:30 - 8:00 PM	Aux Gym
Grade (Group 3)	M - F	7:30 - 9:00 PM	Aux Gym

2nd Week of practice beginning Monday, March 16.

Level of Play	Days	Time	Place
All Levels	M	4:30 - 5:00 PM	OHS - Foundations Room (Hitting Pres.)
All Levels	M, T, TH, and F	5:30 - 8:30 PM	OHS - Turf or Aux
All Levels	W	3:30 - 6:00 PM 5:30 - 8:30 PM	OHS - Turf or Fields OHS Aux (Weather)
Varsity Roster	T & TH	7:00 - 7:45 AM	OHS Aux (Hitting)

3rd Week of practice beginning Monday, March 23.

Level of Play	Days	Time	Place
Varsity	Photo Shoot Sunday	3:30 - 5:00 PM	OHS Gym
All Levels	M, T, & TH	5:30 - 8:30 PM	OHS - Turf & Aux OHS Aux (Weather)
All Levels	W	3:30 - 6:00 PM 5:30 - 8:30 PM	OHS - Turf or Fields OHS Aux (Weather)
Varsity Roster	T & TH	7:00 - 7:45 AM	OHS Aux (Hitting)
Varsity Roster	F	6:30 - 8:00 AM	OHS Aux (Hitting)

4th Week of Practice beginning Monday, March 30 (SPRING BREAK)

Level of Play	Days	Time	Place
All Levels (Optional)	M and T	6:00 - 8:00 PM	OHS: Aux or Turf (TBD)
All Levels	Thursday	6:00 - 8:30 PM	OHS: Turf or Aux
All Levels	Friday	11:00 - 2:30 PM	OHS: Turf or Fields
Varsity and JV	Sat (Poor Weather)	11:00 - 2:00 PM	OHS: Aux
	Sat vs. TBD	11:00 - 3:00 PM	OHS: Turf or Fields
Grade 9	Sat	12:30 - 2:30 PM	OHS: Aux or Turf

5th Week of Practice beginning Monday, April 6 through the end of the season.

Level of Play	Days	Time	Place
Varsity	M - F	3:20 - 5:45 PM	Dartts Park OHS: Fields
JV and Grade 9	M - F	3:20 - 5:30 PM	OHS: Fields
POOR WEATHER (SEE BELOW)			
All Levels	M - F	5:30 - 8:00 PM	OHS: Gyms or Turf

* Poor Weather: Facilities will impact our scheduled times. Please be flexible.

Owatonna Baseball Weight Room Schedule

Beginning Monday, March 9

Level of Play	Days	Time	Place
Grade 11 & 12	M, T, & W	3:05 PM	OHS Weight Room
Grade 9 & 10	T & TH	7:00 AM	OHS Weight Room

Beginning Monday, March 16

Level of Play	Days	Time	Place
Grade 11 & 12	M & W	7:00 AM or 3:05 PM	OHS Weight Room
Grade 9 & 10	T & TH	7:00 AM or 3:05 PM	OHS Weight Room

Beginning Monday, March 23

Level of Play	Days	Time	Place
Grade 11 & 12	M & W	7:00 AM or 3:05 PM	OHS Weight Room
Grade 9 & 10	T & TH	7:00 AM or 3:05 PM	OHS Weight Room

Beginning Monday, April 6 - End of Season

Level of Play	Days	Time	Place
Grade 11 & 12	M & W	7:00 AM	OHS Weight Room
Grade 9 & 10	M & W	3:05 PM	OHS Weight Room