

TERMS AND CONDITIONS FOR 1:1 COACHING CALLS:

This is an agreement for one 60 minute 1:1 coaching session with Glucoast Nutrition. These sessions will be virtual via google meet (video call). This allows me to share my screen during educations.

Client Responsibilities: The client is responsible for providing accurate information about their health, attending sessions punctually, and following the recommendations to see results.

Fees and Payment: The fee is a one time payment of \$300, and refunds are not available beyond 24 hours from purchase.

Confidentiality: All client information will be kept confidential. Video chat is not HIPPA safe so any medical information shared over the video call will be the responsibility of the client and not Glucoast Nutrition.

Medical Disclaimer: I am a Registered Dietitian and not a Medical Doctor. My services should not replace medical advice and I recommend that you consult with your doctor before making any supplement or medication changes.

Cancellation and Rescheduling: You may cancel within 24 hours of purchase to receive a full refund. You may schedule or reschedule your session up to 6 months from purchase date.

TERM AND CONDITIONS FOR BLOOD SUGAR BABES MEMBERSHIP:

By subscribing to Glucose Nutrition month-to-month service, you agree to abide by the terms and conditions outlined in this disclaimer.

Billing Cycle: Your subscription will renew automatically every month on the anniversary of your initial subscription date. You will be charged the monthly fee unless you cancel your subscription.

Cancellation: You may cancel your subscription at any time. To cancel, please follow the cancellation instructions provided inside of the membership.. Cancellations must be made before the renewal date to avoid being charged for the next billing cycle.

Refunds: We do not offer refunds for partial months. If you cancel your subscription, your access to the service will continue until the end of the current billing cycle, and your subscription will not renew thereafter.

Medical Disclaimer: I am a Registered Dietitian and not a Medical Doctor. My services should not replace medical advice and I recommend that you consult with your doctor before making any supplement or medication changes.

TERMS AND CONDITIONS FOR BLOOD SUGAR MONITOR:

CGM Blood Sugar Monitor:

During services you will be provided with a Continuous Glucose Monitor as well as 3 months of sensors for blood sugar monitoring. Client will also have access to detailed app showing real time feedback of blood sugar control. The client confirms that he/she doesn't have any of the exclusion criteria for the CGM including:

- Diabetes (Type 1)
- Current eating disorder (anorexia or bulimia)
- Pregnant or breastfeeding
- Under 18 years old
- Medical conditions requiring a specific diet
- Inborn errors of metabolism such as PKU, glycogen storage disease, fructose intolerance, MSUD
- History of gastric bypass or bariatric surgery
- History of 10 or more soft tissue skin infections; intolerable skin reaction from adhesive
- Chronic or severe disease (CVD, COPD, CAD, or cardiac arrhythmia)

*No refunds will be available for the continuous glucose monitor.

