

Email 1 - **CONTROL**

FN1: bulging belly

FN2: jiggly love handles

SL1: mysterious medical breakthrough melts 34 pounds of nagging fat (works in 30 seconds)

SL2: 30-second mysterious medical breakthrough shocks fat-loss doctors (read here)

Body:

Leading doctors are surprised by THIS mysterious 30-second medical breakthrough that can burn up to 34 pounds of stubborn belly fat.

All you have to do is just put this under your tongue a few minutes before lunch...

And it'll start working instantly to make your bulging belly, bumpy cellulite and jiggly love handles disappear.

You know what's the best part?

You don't even have to step a foot in the gym, or count calories, or even give up your favorite foods.

Ronnie Green from Ohio used this mysterious medical breakthrough to lose 31lbs of nagging fat... and has to wear a belt now since none of her old pants and shorts fit her.

=> [mysterious medical breakthrough melts 34 pounds of nagging fat \(works in 30 seconds\)](#)

[SIGNOFF]

Email 2

FN1: clogged hormones

FN2: fat-burning lunch

SL1: Yummy snack burns 1 pound of stubborn fat every 48 hours

SL2: 30-second snack burns 1 pound of fat every 48 hours

Body:

To burn pounds of stubborn fat you need to give up your favorite snacks, right?

WRONG!

According to the leading health physician, Dr. Wood, all you have to do is eat THIS snack just 10 minutes before your lunch...

And it'll help you unclog your fat loss hormones so you can drop 1 pound of fat every 48 hours.



It seemed too good to be true... until I tried it and dropped 34 pounds of nagging fat from my belly, arms and thighs.

Now it's your turn:

→ [Yummy snack burns 1 pound of stubborn fat every 48 hours](#)

[SIGNOFF]

Email 3

FN1: low-carb diet

FN2: no cardio please

SL1: Leading Doctor: do THIS tonight to burn 1 pound of fat every 48 hours

SL2: please avoid going to the gym if you want to burn fat (here's why...)

Body:

If you're trying to lose weight by punishing yourself with low-carb diets or suffering through long hours of cardio at the gym...

Please STOP doing that.

According to the leading health physician, Dr. Wood, you can easily burn 1 pound of fat every 48 hours by making this ONE simple change in your lifestyle...

It doesn't involve slaving away at the gym or counting calories...

Yet it quickly unclogs your fat loss hormones, eliminates food cravings, and boosts your metabolism...

So you can not only lose the nagging fat from your butt, face, arms, and neck but also stop the weight from piling on in the future.

⇒ Leading Doctor: do THIS tonight to burn 1 pound of fat every 48 hours

[SIGNOFF]

Email 4

From name: hormonal weight gain

Subject line: force stubborn belly fat off with THIS 30 second fix

According to a Harvard-trained doctor, keto will NEVER help you shed stubborn belly flab... *IF* any of your 5 fat-loss hormones are out of balance. And it doesn't matter how few carbs you eat, how much you exercise, or how many supplements you take. That's the bad news...

The good news is... when you bring these 5 fat-loss hormones back into balance, it really doesn't matter what diet you try. Your body can't help but melt the fat off your tummy, butt, and upper arms.

Even better? There's a quick, at-home way to rebalance all 5 of these hormones. It takes just 30 seconds a day. And you could see the stubborn rolls start melting off before your eyes! Here's how:

==> [Force stubborn belly fat off with this 30-second, at-home hormone fix](#)

[SIGNOFF]

Email 5

From: hormonal weight

Subject: Body refusing to burn fat? Use THIS simple 30-second “fix”

You might have noticed that after you turn 35...

It feels harder to lose weight on your thighs, face, and arms.

The reason for this...

Is that you likely have 5 hormone blocks that are found in women over 35.

These 5 hormone blocks slow down your metabolism...

They bring on sudden waves of anxiety...

And they cause mood swings that hit you out of nowhere.

The frustrating part though...

Is the fluctuating weight gain... anywhere between 30-50lbs...

It crushes your confidence and makes you visibly tense.

If these 5 hormones are not unblocked...

Then it's likely your body will keep storing fat 24/7...

This means that as you age... new layers of fat will appear too...

Gravitating more to areas like your thighs, face, and arms...

Fortunately...

There's a simple way to switch on your metabolism.

It's a simple 30-second "fix" that unblocks all 5 hormones...

So you can melt fat from your thighs, face, and the rest of your body...

Just the way butter would melt in a frying pan...

Here's the fix: [Use THIS 30-sec "fix" to unblock hormones and melt pounds of stored fat...sometimes as early as the first week.](#)



- SIGNOFF

P.S. Using this fix, 43-year-old mom, Sam Brooks fixed her broken hormones...And dropped 34lbs in less than 60 days.

Too good to be true? Tap below to see how she did it without making any drastic changes to her diet...

Here's how she did it ==> [43-yr-old busy mom melts 34 lbs thanks to THIS 30-second "fix"](#)

Email 6

Subject line: 34 Pounds lost in 90 days.

Alt Subject line: she lost 34 pounds in 90 days with the HB5 method

Scientists have discovered [5 hormonal “barriers” that make it practically impossible for women over 40 to lose weight.](#)

If you have even one of these hormonal blocks, it shuts down your naturally occurring fat loss hormones...

And causes inches to build up on your hips, thighs, butt and belly.

Even if you cut out carbs and run 3 miles every day.

On the other hand, when you get these 5 female hormones back to their normal levels...

It ignites your metabolism and increases fat-burning.

In fact, when you get these hormones working for you, instead of against you...

You can burn up to 1 pound every 72 hours.

For example, Sam fixed her 5 hormone blocks and lost 34 pounds in 90 days!

She lost so much weight, she had to buy a whole new wardrobe.

Here's how she did it:

[She Lost 34 Pounds in 90 days.](#)

[SIGNOFF]

Email 7

Subject: Her body refused to burn fat...until THIS happened...

At 43, Sam's metabolism had finally turned on her...

Every year that passed, more unwelcomed fat would show up on her body...

Most of which started appearing around her thighs, face, and arms...

The most frustrating part was that after everything she'd tried... Keto diets, doctor's visits, metabolic supplements...

Nothing worked...

It was like her body had given up and refused to burn fat...

With every look in the mirror, her confidence drained...

Sometimes, she lay awake at night nervous about the side-effects of her weight... and what it might develop into...

She was terrified of passing this on to her children...

And her husband wasn't looking at her the same way anymore...

At this point, all she wanted to do was be there for them... as the "real" Sam she used to be...

She knew she needed help... but she felt lost and didn't know where to turn...

Just when she thought about "letting go" and accepting she wouldn't feel normal again...

She got a call one Thursday night...

Her girlfriend, Jen, called to say hi after traveling with her husband...

After a few minutes of catching up, Sam remembered something...

Jen had struggled with estrogen problems in the past...

And after seeing a hormone expert, she healed and went on to lose a ton of weight...

Sam shared everything she was experiencing...

And Jen described how that day in his office... the hormone expert laid it out to her clear as day...

The weight loss resistance, the exhaustion, the brain fog, the anxiety...

And the 5 hormonal blocks that cause the majority of weight challenges in women 40+...

Then Jen went straight to the most important part...

She told Sam about [THIS 30-second "fix" the expert shared that unblocked her hormones...](#)

And how it was the moment that *everything* changed for her...



Well, as you can imagine, that was all Sam needed to hear...

Within 3 days, she was sitting across from him doing her best to sit still...

Because she was about to find the answer that helped her burn 34 lbs of trapped body fat in less than 60 days...

You might be thinking this sounds too good to be true...

But there's a reason why 11,783 women have used this simple method to destroy cravings and unblock their hormones...

I'll let Sam share the rest of her story...

[Tap here to see the 30-second "fix" that unblocked Sam's hormones and burned 34 lbs in less than 60 days...](#)

Email 8

Subject line: 5 signs your hormones are causing you to overeat

Alternative subject line: 30-second ritual helped her shed 34 pounds in 90 days

According to Harvard, there are [5 hormones that can literally block your ability to lose weight.](#)

These hormones usually stay balanced in our 20's.

But once you're over 35...

They become harder and harder for our bodies to regulate.

This is a big reason why so many men and women are unable to use diets like paleo or keto to lose weight.

If even 1 of these 5 hormones is out of balance, they'll literally block our body from metabolizing fat cells...

And instead holds on to the ugly fat around your hips, thighs, and belly.

Now normally you can balance out these hormones with specific changes to your diet (think eating kelp, ginger, mango, and cinnamon).

But a Florida doctor has uncovered a "switch" that turns on your body's natural ability to regulate these hormones.

That can be activated with a [30-second before breakfast ritual](#) you do in the morning before you eat.

This ritual has helped hundreds of women to shed pounds of stubborn body fat.

Including Jillian from Texas, who says, *“Down 19lbs so far. I’ve lost weight on fad diets before, but this is different. I’m losing fat from places where it’s always been stuck. And the energy, my gosh. It’s very subtle, not at all jittery. But it’s remarkable how much more I’m getting done each day.”*

And Sam from Arkansas who says, *“It’s been about 2 months and I’ve lost 34 pounds. Literally NONE of my clothes fit me anymore... My husband doesn’t know whether to be happy or upset that I’ve been on a nonstop shopping spree!”*

Get all the details on this simple, 30-second hormone reset on the next page:

[>> lose 34 pounds in 90 days \(even while eating normal foods\)](#)

[SIGNOFF]