Hi Everyone,

When you are buying clothes for your child, please think about independence. Try to buy clothing that your child can learn to pull up and do up by themselves. For example a hoodie with a zipper, is much easier for a child to learn to put on and take off by themselves than a pullover sweater or one with buttons. If the clothing is too difficult, your child will always be dependent on an adult to get dressed. You do not need to replace what you have. This is for when you are getting new clothes and you are able to make choices.





Velcro shoes are easier for your child to learn to take off and put on by themselves.



Shoes with laces, zippers or snaps are very hard for kids to put on and take off.



Pull on snow and rain pants are easier for your child to learn to take off and put on by themselves.



One piece suits are very hard for kids to put on and take off by themselves



Pull on pants or jogging pants with good



elastics are easier for your child to learn to take off and put on by themselves.



Very tight pants or leggings, pants with zippers, snaps or drawstrings are very hard for your child to take off and on by themselves.



Hoodies with zippers are much easier for your child to learn to take off and put on by themselves.



Pullover hoodies are very hard for kids to take off and put on by themselves.





Coats with buttons or snaps are very hard

Coats with zippers are much easier for your child to learn to take off and put on by themselves.

for kids to take off and put on by themselves.





Pull on mittens are easier for your child to learn to take off and put on by themselves.





Long mittens, gloves, mittens with zippers are very hard for children to take off and put on by themselves