I got some of the information I used to make the schematic (if it is a schematic) from the table below (from https://learn.adafruit.com/introducing-adafruit-stemma-qt/stemma-qt-comparison#quick-comparison-3035247).

(About the table, the development board and the LED stick are Qwiic, and the 9-DOF breakout is STEMMA QT. Qwiic and STEMMA QT are near the top of the table.)

Controller/Device	Qwiic	STEMMA QT
Connector	JST SH 4 Pin (1.0mm pitch)	JST SH 4 Pin (1.0mm pitch)
Power Pin Voltage	3V DC	3-5V DC
Logic Pins Voltage	3V DC	3-5V DC
Data Protocol	I2C only	I2C only

Are both sides (of each of two of the cables) the same type because controller and device aren't in different cells (in the table)? Do you need information that isn't in the table?

Thank you.