

PACKING LIST

Please limit yourself to one overnight bag + sleeping supplies :)

- ☐ 3 changes of clothes
- ☐ Pajamas
- ☐ Swimsuit
- ☐ Rain jacket
- ☐ Tennis shoes
- ☐ Rain boots or other waterproof shoes
- ☐ Sweatshirt
- ☐ Sleeping bag
- ☐ Pillow
- ☐ 2 towel (showering and pool)
- ☐ Shampoo + conditioner
- ☐ Soap
- ☐ Toothbrush + toothpaste
- ☐ Deodorant (!!!)
- ☐ Face wash + lotion
- ☐ Bible + pen
- ☐ Water bottle
- ☐ Watch

PLEASE DO NOT BRING

- ☐ Electronics
- ☐ Pocket knives
- ☐ Lighters / fireworks / crazy things
- *Impact retreats are a cell phone free zone to allow us to be present with our community. We will collect phones at the beginning of the retreat and hand them out again on the car ride home :)*