ODYSSEY OF ONSLAUGHT

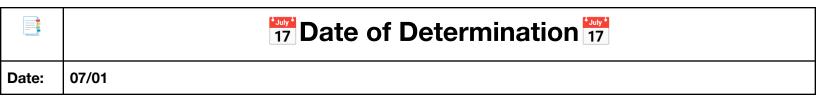
V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
1. 🗸	
2.🗶	
	⊗ Strategic Steps:
3. 🔽	MISSION: Eat daily 3280 cals
	Strategic Steps: Do 2 big meals, one lunch and one dinner
4. 🔽	
	⊗ Strategic Steps:
5. 🗙	
	⊗ Strategic Steps:
	1.10 min helping students
	2.15 min copy review 3.Research for prospect
	4.Search prospects
	5. Write outreach
	6.Write FVX 7.Watch daily power-up call
	8.Check announcements channel
6. 🗸	

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
	⊗ Strategic Steps:
7. 🗸	
8. 🚺/💢	
9. 🗸	
10. 🔽	MISSION: Review the work did in a day and come up with new ideas Strategic Steps:
11. 🔽	
12. 🚺/💢	
13. 🔽	MISSION: Watch daily power up call Strategic Steps:

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
14. 🔽	MISSION: 15 min stretching
	⊗ Strategic Steps:
15. 🔽	⊚ MISSION: Run 7 Km
	⊗ Strategic Steps:
16. 🔽	MISSION: Send three outreaches
	⊗ Strategic Steps:
17. 🔽	
	⊗ Strategic Steps:
18. 🔽/🗙	◎ MISSION:
	⊗ Strategic Steps:
19. 🔽/🗶	⊚ MISSION:
	⊗ Strategic Steps:
20. 🔽/🗙	◎ MISSION:

V / X	Extra tasks - rewards for conquering the day X (do only after a G work sessions or if you have spare time)
1. 🗙	Playing 3 chess games
2. 🗙	Reading 10 pages
3. V / X	
4. V / X	
5. V / X	
6. V / X	
7. V / X	

	Rewards for conquering the work of the day
1	





🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥



Yesterday's Overall Benchmark Score to Surpass Today = 12/14

	3 Blessings I Cherish This Morning 🙌
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

•	Magic Trio: 3 Priority Missions	
	(These are non-negotiable tasks and must be conquered today!)	
1.	Outreach	
2.	Research for prospect	
3.	Training	



(Design each hour with intention and reflect upon its journey)

Mission 🖁	Mission: What will I do?
Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good
5 AM: Mission 💃	
Strategy 🔍	
Reflection /	
Score 🏆	
6 AM: Mission 🐰	
Strategy Q	
Reflection /	
Score 🏆	
7 AM: Mission 🖐	
Strategy Q	
Reflection /	
Score 🏆	

8 AM: Mission 💃	
Strategy Q	
Reflection /	
Score 🏆	
9 AM: Mission 💃	
Strategy <	
Reflection /	
Score 🏆	
10 AM: Mission	Wake up and go running
Strategy <	
Reflection /	accomplished
Score 🏆	9/10
_	
11 AM: Mission	Get home and shower

Strategy Q

Reflection /

accomplished

Score 🏆	8/10
12 PM: Mission 💃	Review copy and help students
Strategy 🔍	
Reflection /	no, grooming took longer
Score 🏆	6/10
1 PM: Mission 🖔	Homework and stretch
Strategy 🔍	Do homework till 1:40 PM and stretch till 2 PM
Reflection /	accomplished
Score 🏆	9/10
2 PM: Mission 🖔	Eat and practice German
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10
3 PM: Mission 💃	Write outreach
Strategy Q	
Reflection /	no, I didn't write outreach because I started eating later as I started stretching later

Score 🏆	6/10
4 PM: Mission 🐇	Write outreach
Strategy 🔍	
Reflection /	no, I had to do homework
Score 🏆	9/10
5 PM: Mission 辈	Write outreach
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10
6 PM: Mission 💃	Write outreach
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10
7 PM: Mission 💃	Write outreach
Strategy 🔍	
Reflection /	accomplished

Score 🏆	9/10
8 PM: Mission 🖔	Eat
Strategy 🔍	
Reflection /	no, I didn't eat because I preferred writing outreach
Score 🏆	9/10
9 PM: Mission 辈	Review the work did in a day, plan the next day and get ready to go to sleep
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10



🌇 Twilight's Review 🌆



Today's Learnings: Wisdom or lessons learned from the day

If you fail at accomplishing a goal, OODA loop and find what caused you to not accomplish it and find ways to improve to crush it

* Victories Celebrated: Accomplishments and successes of the day

Sent 11 outreaches
Stumbles Along the Way: Points of difficulty or mistakes made.
▼ Tomorrow's Illuminations: Plan how to improve and progress the next day.
Consistencies to Keep: Recognize what worked well and should be repeated.
Copy work and training
▼ Communications: Identifying individuals to connect with.
Pending Missions: Tasks that remain uncompleted
Going to sleep on time, writing FV, reading and playing chess games



Day's Overall Score: A final assessment of the day's productivity

12/14

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)