



























ODYSSEY OF ONSLAUGHT


	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. 	 MISSION: Wake up 10 AM  Strategic Steps:
2. 	 MISSION: Sleep 23:40 AM  Strategic Steps:
3. 	 MISSION: Eat daily 3280 cals  Strategic Steps: Do 2 big meals, one lunch and one dinner
4. 	 MISSION: Drink 3L of water  Strategic Steps:
5. 	 MISSION: Copy work  Strategic Steps: 1. 10 min helping students 2. 15 min copy review 3. Research for prospect 4. Search prospects 5. Write outreach 6. Write FV  7. Watch daily power-up call 8. Check announcements channel
6. 	 MISSION: Watch lessons on social media fame

	<div>  Today's Missions & Strategic Steps To Success  </div> <div> (Tackle each mission, step by step, and track your progress.) </div>
	 Strategic Steps:
7. 	<div>  MISSION: Do 175 push ups </div> <div>  Strategic Steps: Do 2 sets of 40 and 1 of 20 </div>
8. 	<div>  MISSION: </div> <div>  Strategic Steps: </div>
9. 	<div>  MISSION: Practice German for 15 min </div> <div>  Strategic Steps: </div>
10. 	<div>  MISSION: Review the work did in a day and come up with new ideas </div> <div>  Strategic Steps: </div>
11. 	<div>  MISSION: Plan the next day </div> <div>  Strategic Steps: </div>
12. 	<div>  MISSION: </div> <div>  Strategic Steps: </div>
13. 	<div>  MISSION: Watch daily power up call </div> <div>  Strategic Steps: </div>

<div> <div>✓/✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
<div>14. ✓</div>	<div> <div>🎯</div> <div>MISSION: 15 min stretching</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>15. ✓</div>	<div> <div>🎯</div> <div>MISSION: Run 7 Km</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>16. ✓</div>	<div> <div>🎯</div> <div>MISSION: Send three outreaches</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>17. ✓</div>	<div> <div>🎯</div> <div>MISSION: Review outreach and FV and find ways to improve it</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>18. ✓/✗</div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>19. ✓/✗</div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>
<div>20. ✓/✗</div>	<div> <div>🎯</div> <div>MISSION:</div> </div> <div> <div>🧭</div> <div>Strategic Steps:</div> </div>

✓/✗	Extra tasks - rewards for conquering the day ✂ (do only after a G work sessions or if you have spare time)
1. ✗	Playing 3 chess games
2. ✗	Reading 10 pages
3. ✓/✗	
4. ✓/✗	
5. ✓/✗	
6. ✓/✗	
7. ✓/✗	

🏆	Rewards for conquering the work of the day
1	

	<div> <div>July</div> <div>17</div> </div> Date of Determination <div> <div>July</div> <div>17</div> </div>
Date:	07/01

<div> <div>🔥</div> <div>Igniting Your Flame - Outshine Yesterday's Blaze</div> <div>🔥</div> </div>
Yesterday's Overall Benchmark Score to Surpass Today = 12/14

<div> <div>🙌</div> <div> <div>🌅</div> <div>3 Blessings I Cherish This Morning</div> <div>🙌</div> </div> </div>	
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

<div> <div>🎩</div> <div> <div>🎩</div> <div>Magic Trio: 3 Priority Missions</div> <div>🎩</div> </div> </div> <div>(These are non-negotiable tasks and must be conquered today!)</div>	
1.	Outreach
2.	Research for prospect
3.	Training

🕒

Hourly Commitments & Reflections

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(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection 🖋️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good

5 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

6 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

7 AM: Mission 🏆	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

8 AM: Mission 🏅	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

9 AM: Mission 🏅	
Strategy 🔍	
Reflection 🖋️	
Score 🏆	

10 AM: Mission 🏅	Wake up and go running
Strategy 🔍	
Reflection 🖋️	accomplished
Score 🏆	9/10

11 AM: Mission 🏅	Get home and shower
Strategy 🔍	
Reflection 🖋️	accomplished

Score 🏆	8/10
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12 PM: Mission 🏆	Review copy and help students
Strategy 🔍	
Reflection ✍️	no, grooming took longer
Score 🏆	6/10

1 PM: Mission 🏆	Homework and stretch
Strategy 🔍	Do homework till 1:40 PM and stretch till 2 PM
Reflection ✍️	accomplished
Score 🏆	9/10

2 PM: Mission 🏆	Eat and practice German
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

3 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, I didn't write outreach because I started eating later as I started stretching later

Score 🏆	6/10
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4 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, I had to do homework
Score 🏆	9/10

5 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

6 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

7 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished

Score 🏆	9/10
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8 PM: Mission 🌟	Eat
Strategy 🔍	
Reflection ✍️	no, I didn't eat because I preferred writing outreach
Score 🏆	9/10

9 PM: Mission 🌟	Review the work did in a day, plan the next day and get ready to go to sleep
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10



Twilight's Review






Today's Learnings: Wisdom or lessons learned from the day


If you fail at accomplishing a goal, OODA loop and find what caused you to not accomplish it and find ways to improve to crush it





Victories Celebrated: Accomplishments and successes of the day


Sent 11 outreaches

 Stumbles Along the Way: Points of difficulty or mistakes made.

 Tomorrow's Illuminations: Plan how to improve and progress the next day.

 Consistencies to Keep: Recognize what worked well and should be repeated.
Copy work and training

 Communications: Identifying individuals to connect with.

 Pending Missions: Tasks that remain uncompleted
Going to sleep on time, writing FV, reading and playing chess games



Day's Overall Score: A final assessment of the day's productivity

12/14

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)