



ADAPTIVE DANCE EDUCATION  
AND PERFORMANCE OF TEXAS

# 2025 *Spring* **RECITAL**

***INFO PACKET FOR ARGYLE***

PERSONAL GROWTH THROUGH QUALITY DANCE

## Dear Dance Family,

As we approach the grand finale of our season, we're enchanted with gratitude and excitement for our incredible students. From costume transformations to practicing your spellbinding moves at home, your unwavering support is the magic that brings our dance family together. Inside this packet, you'll find everything you need for a seamless and enchanting recital experience—because we're here to make sure your journey is filled with wonder every step of the way. So get ready to step into a world where dreams take center stage, imagination knows no bounds, and the joy of dance weaves its own kind of magic. Thank you for being the heartbeat of our fairytale—we can't wait to share the spotlight with you and create memories full of **Magic and Make Believe!**

Warmly,

Chelsea Rayna

Adaptive Dance Education and Performance of Texas

## Recital Date, Time, and Location

**Saturday, May 17**

**Arrival/Call time: 3:50pm** - We will update this as soon as IMD releases info.

**Show time: 4:00pm** -

#5 Pebbles Tumbling

#7 Pebbles Tap

#9 Agates Jazz

#11 Amethyst Ballet

**Location:** Argyle Middle School, 191 US-377, Argyle, TX 76226

## Dress Rehearsal

**Friday, May 16**

**Arrival/Call time: 4:45 PM** IMD runs rehearsal by age, youngest first.

**Location:** Argyle Middle School, 191 US-377, Argyle, TX 76226

## Ticket Information

Kids 2 and under are free. Child and adult tickets can be purchased.

**<https://www.etix.com/ticket/p/47367448/dance-to-the-beat>**

Feel free to share this link with friends and family so they can come see your dancer shine!

# Practice at Home

If you want your dancer to be extra prepared we suggest practicing at home with these videos! Keep an eye on this page, as we will update when videos are ready!

## **Amethyst - Ballet/Jazz - Thu 5:00pm**

[Dance with music](#)

[Walkthrough](#)

## **Pebbles - Creative Movement/Tumbling - Thu 5:30pm**

[Dance with music](#)

[Walkthrough](#)

## **Pebbles - Creative Movement/Tap - Thu 6:00pm**

[Dance with music](#)

[Walkthrough](#)

## **Agates - Creative Movement/Jazz - Thu 6:30pm**

[Dance with music](#)

[Walkthrough](#)

# Costume Details

## **Costume pickup: April & May.**

We will be sending home costumes after class. You can hang your costume up at home if desired. Please keep all accessories like bows, hairpieces, etc. with your costume. Make sure to look at the accessories you'll need to complete your recital costume below!

**Please arrive to the dress rehearsal and show in costume!** You can wear a cover up over your clothes (such as a sweater or large t-shirt) if desired. Avoid eating in costume to keep it free of stains.

**DO NOT WEAR YOUR COSTUME BEFORE DRESS REHEARSAL.** Please save it for the show so that it's in the best possible condition! You can wear it as much as you like after the recital. Use it for dress up, costumes, or wear it just because it's awesome!

For wrinkled costumes, some easy ways to fix a wrinkly costume are to hang it in the bathroom during a shower or steam it with a hand steamer. Don't wash or iron your costume as it's easy to damage them!

Some of the costumes come with accessories. If you can't figure out one of the accessories, don't worry! Just bring it with you to the recital and ask a teacher or assistant for help putting it on!

If desired dancers can wear makeup for the show! A foundation, blush, and pink lipstick are recommended, perhaps complemented with a modest amount of eyeshadow and mascara. Opt for shades that are somewhat richer than your regular makeup to ensure your features stand out.

# Costume and Accessories Guide:

**You can easy-buy all your accessories with us!  
Just text or email us and we will order for you!**

## **Amethyst- Ballet/Jazz (Thu 5:00pm)**

### **Girls**

- Costume Includes: one piece dress
- You will also need...
  - **Tights:** Ballet Pink or Skin-tone (dancer's preference)
  - **Ballet Shoes:** Pink or matching tights
  - **Easy-buy your accessories with us for only \$30!** Order through the [Online Store](#) in your Parent Portal!
- Hair in a low bun if possible or simply pulled out of the face.





## Pebbles- Creative Movement/Tumbling (Thu 5:30pm)

**Crown-ups assisting their dancer on stage: All black or your ADEPT T-shirts**

### Girls

- Costume Includes: dress, headband, and boot covers.
- You will also need...
  - **Tights:** Skin-tone or tan (dancer's preference)
  - **Ballet or jazz Shoes:** matching tights
  - **Easy-buy your accessories with us for only \$40!** Order through the [Online Store](#) in your Parent Portal!
- Hair down but pulled out of the face



### Boys

- Costume Includes: One piece shirt and overalls, Bandana.
- You will also need...
  - **Ballet or Jazz Shoes:** Tan or skin tone (dancer's preference)
  - **Easy-buy your accessories with us for only \$35!** Order through the [Online Store](#) in your Parent Portal!
- Hair pinned/slicked out of the face
- Bandana tied around neck as shown



## **Pebbles- Creative Movement/Tap (Thu 6:00pm)**

**Grown-ups assisting their dancer on stage: All black or your ADEPT T-shirts**

### **Girls**

- Costume Includes: shortall, headband
- You will also need...
  - **Tights:** Skin-tone or tan (dancer's preference)
  - **Tap Shoes:** Black or matching tights
  - **Easy-buy your accessories with us for only \$35!** Order through the [Online Store](#) in your Parent Portal!
- Hair in a high ponytail if possible or simply pulled out of the face



### **Boys**

- Costume Includes: Top, Headband
- You will also need...
  - **Pants:** White, moveable jazz/workout pants
  - **Tap Shoes:** Black or Tan
  - **Easy-buy your accessories with us for only \$45!** Order through the [Online Store](#) in your Parent Portal!
- Hair pinned/slicked out of the face





## Agates- Creative Movement/Jazz (Thu 6:30pm)

### Girls

- Costume Includes: One-piece costume, tiara, choker.
- You will also need...
  - **Tights:** Skin-tone or tan (dancer's preference)
  - **Jazz Shoes:** Skin-tone or tan (dancer's preference)
  - **Easy-buy your accessories with us for only \$40!** Order through the [Online Store](#) in your Parent Portal!
- Hair in a high ponytail if possible or simply pulled out of the face



### Boys

- Costume Includes: Pants and undershirt (one piece), Vest, and Hat.
- You will also need...
  - **Jazz Shoes:** Skin Tone or Tan
  - **Easy-buy your accessories with us for only \$35!** Order through the [Online Store](#) in your Parent Portal!
- Hair pinned/slicked out of the face



# Recital Day Checklist

## For Dancers:

- ☐ Costumes: Ensure all costumes are neatly packed and organized, including any accessories such as hats, gloves, or props.
- ☐ Dance Shoes: Pack all necessary dance shoes for each routine, including ballet slippers, tap shoes, jazz shoes, etc.
- ☐ Hair Accessories: Bring hair ties, bobby pins, hairnets, and any other accessories needed to style hair according to the recital guidelines.
- ☐ Makeup Kit: Include basic makeup essentials such as foundation, blush, eyeshadow, mascara, and lipstick or lip gloss for touch-ups.
- ☐ Hair Products: Bring hairspray, hair gel, and hairbrushes or combs to keep hair in place throughout the performance.
- ☐ Water Bottle: Stay hydrated by bringing a reusable water bottle to sip on backstage.
- ☐ Snacks: Pack low-mess snacks such to keep energy levels up during rehearsals and downtime.
- ☐ Costume Cover Ups: It can be nice to bring some clothes for over your costume and a change of clothes for after the show. This way your dancer can stay comfortable before and after performances.
- ☐ Dance Bag: Use a spacious bag to keep all items organized and easily accessible backstage.
- ☐ Personal Items: Don't forget essentials like extra tights, safety pins, band-aids, and any medications needed during the event.
- ☐ Activities: The nature of a recital is that dancers will have waiting time and downtime. Keep your dancer busy backstage with their favorite activities. Some great ideas are coloring (pencils and crayons only, NO MARKERS), screens, quiet games and puzzles, or a favorite book. You know your dancer best! Bring what works for them!

## For Families:

- ☐ Camera/Smartphone: Capture memories by bringing a camera or smartphone to take photos or videos before and after performances. Don't forget to tag us!
- ☐ Encouragement: Bring positive energy and encouragement to support the dancers backstage and cheer them on during their performances.
- ☐ Patience: Be prepared for potential delays or last-minute changes and approach the event with patience and flexibility.

# Backstage Etiquette for Dancers:

We know our dancers have unique needs and may not be able to follow every etiquette rule, however we ask that every family do their best to follow and help their dancer follow this etiquette. This will make the recital a wonderful experience for everyone!

**Respectful Behavior:** Maintain respectful behavior towards fellow dancers, instructors, and volunteers backstage.

**Quiet Atmosphere:** Keep noise levels to a minimum backstage to avoid distracting performers and disrupting rehearsals or performances.

**Stay in Designated Areas:** Remain in designated backstage areas and avoid wandering into restricted or off-limits areas without permission.

**Support Each Other:** Offer words of encouragement and support to fellow dancers before and after their performances.

**Respect Costumes and Props:** Handle costumes and props with care to prevent damage or misplacement. Avoid playing with or touching items that do not belong to you.

**Follow Instructions:** Listen carefully to instructions from instructors or backstage organizers and follow any guidelines or protocols they provide.

**Timeliness:** Arrive on time for dress rehearsals and performances to ensure smooth transitions and avoid delaying the schedule.

**Be Prepared:** Bring all necessary items such as costumes, dance shoes, makeup, and hair accessories to avoid last-minute rushes or forgotten items.

**Clean Up After Yourself:** Dispose of trash properly and clean up any messes or debris backstage to maintain a tidy environment for everyone.

# Audience Etiquette for Spectators:

**Arrive on Time:** Arrive early or on time for the recital to avoid disrupting the performance or distracting performers and fellow audience members.

**Silence Electronic Devices:** Turn off or silence cell phones, pagers, and other electronic devices to prevent interruptions during the recital.

**Remain Seated:** Stay seated during performances and avoid getting up or moving around unless absolutely necessary.

**Avoid Talking:** Refrain from talking or whispering during performances to allow everyone to focus on the dancers and enjoy the show without distractions.

**No Flash Photography:** Turn off your flash to ensure you do not distract the dancers while they perform. Don't forget to tag us on social media @adeptdance!

**Applause at Appropriate Times:** Applaud and show appreciation for performers at the end of each routine or act, but avoid clapping or cheering during the actual performances.

**Keep Children Engaged:** Help children understand the importance of quiet and respectful behavior during the recital, and encourage them to watch and enjoy the performances.

**Respect Seating Arrangements:** Follow designated seating arrangements and avoid saving seats or blocking the view of others.

**Exit Quietly:** If you need to leave the auditorium during the recital, do so quietly and discreetly to minimize disruptions for performers and audience members.

**Express Appreciation:** Show appreciation for the hard work and dedication of the performers by offering applause and positive feedback at the end of the recital.

## Photos and Videos

We are delighted to welcome photography and videography during our performance! **However please be courteous of Imagery in Motion Dance and do not take photos or videos of other, non-ADEPT, dances.** As families gather to celebrate the hard work and dedication of our talented dancers, we encourage you to capture these special moments and share them with friends and family. Feel free to take photos and record videos of *your* dancer's performances, showcasing their skills and achievements onstage. We invite you to share these videos on social media platforms such as Instagram, Facebook, and Twitter, and **tag us @ADEPTdance**. Your support and enthusiasm help us to showcase the joy and artistry of dance, and we look forward to seeing your wonderful memories shared with the world. Thank you for being a part of our dance community!

# Thank you!

As we wrap up, a huge thank you is in order to all the amazing parents and families for bringing the cheer, support, and laughter to this recital journey. Your enthusiasm and dedication have truly made this experience shine brighter. Let's get ready to rock the stage and create some fantastic memories together at the recital!

Can't wait to see each of you shine!

**Mrs. Chelsea Rayna**

**Owner and Director of ADEPT**

**940-373-6766**

**[adept.director@gmail.com](mailto:adept.director@gmail.com)**

*Personal Growth through Quality Dance*

