

Bowling Meeting Agenda

*****VERY IMPORTANT*****

2 THINGS YOU MUST DO TO BE ABLE TO BOWL:

1-MEDICAL PAPERWORK-

RIH.ORG, then INDIAN HILLS, then ATHLETICS/CLUBS and complete the Pre-Participation Physical Evaluation or Health History update

2- Athletic Registration -FAMILY ID!!!

Must do both!!!

ALL FORMS GO DIRECTLY TO THE NURSE!!!

ALL FORMS ARE DUE BEFORE **10/25**, NO LATER OR YOU WON'T BE ALLOWED TO PRACTICE!

IF YOU PLAYED a FALL SPORT (this year) or a SPRING SPORT (last year), YOU STILL NEED TO HAND ALL OF THIS IN AGAIN!

*Practice Schedule- All at Holiday Bowl in Oakland and are free. (to be announced)

*Captain's Practices (before November 8th)- Haley will organize voluntary practices by getting all bowlers phone numbers. You have to pay on your own if you choose to attend. (3 games for \$6??? With IHHS ID).

Captain: Haley Lenzetti

*Match schedules- Will be online at rih.org (athletics page), highschoolsports.net (not posted yet) AND bravesbowling.blogspot.com!!!

*Boys/Girls- SATURDAY OBLIGATIONS (tournaments...varsity only – will be announced)

- **IHHS PAC – Tell your parents to Join PAC and Parent Rep's for meetings – <https://ihhspac.org/>**

We need 100% of our team to join!!!

* Fundraiser's – Shoprite?

*"THE NO LIST" – Detentions, Suspensions, etc...

* Equipment/Clothing

* WHAT TO EXPECT FOR THE SEASON...

* Questions- email me: mmichels@rih.org or stop in – my door is always open!

*Head Coach- Coach Michels; Assistant Coaches- Coach Bru and Coach Duncan

Open House 10/14/21 @ 7PM: Be there at 6:30pm to setup our table IF IT IS IN PERSON (Haley will organize this)

COMMUNICATION

*** Main forms of communication with coaches***

REMIND MESSAGES

BOYS: Text @bravesbowl to the number 81010

GIRLS: Text @girlsbowli to the number 81010

WEBSITE

bravesbowling.blogspot.com

EMAIL

mmichels@rih.org

X- SCHOLOGY -X

Schoolology Access code: 3H2PJ-BXV8H