

Women's Wrap-up!

Hello everyone! 😊

Long time no speak! Things have been a little quiet on our end but we finally have some new updates for you all so buckle in....

Your Thoughts

Thank you to those who have shared your thoughts, here's what you had to say about your favourite book that you recommend to everyone:

📖 I've just started reading "Glittering a Turd" by CoppaFeel founder Kris Hallenga

📖 The 5 people you meet in Heaven by Mitch Albom

Now we want to ask you...

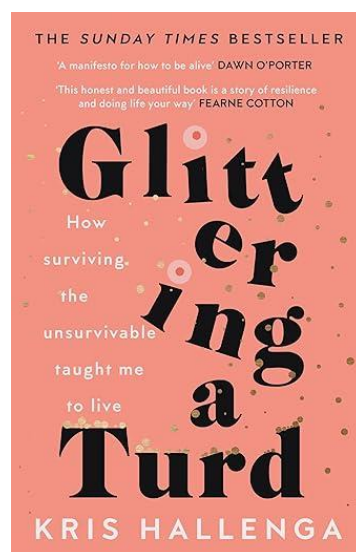
"What is something you are super duper excited to do this Summer?"

[Click here to share your thoughts](#)

Book Club

We are really excited to announce the next Women's Collective Book Club pick is...

Glittering a Turd by Kris Hallenga



Kris was living a totally normal life as a twenty-three-year-old: travelling the world, falling in love, making plans.

However, when she found a lump in her boob and was told that it was not only cancer, but also incurable, life took on a completely new meaning. She was diagnosed at an age when life wasn't something to be grateful for, but a goddamn right.

Little did Kris know it was cancer that would lead her to a life she had never considered: a happy one. From founding a charity to visiting Downing Street, campaigning at festivals to appearing on TV, and being present at the birth of her nephew. Glittering a Turd is more than just another cancer memoir; it's a handbook for living life to the fullest.

We will be meeting in **Late August** to discuss this one and will announce a date closer to the time! If anyone does have a preference on days/ times to meet please do let us know!

Network Social- Yoga!

Based on your feedback we are really keen to attend a yoga session as a network group! Every Monday 18:15-19:15 the lovely Sinead runs a session at Rainbow Junction and we're asking you to fill in [this poll](#) for which Monday in July would be best for you to attend.



We will go for a brew first before heading down to Rainbow junction as a group, you can either borrow a mat or bring your own and tickets are £7. All abilities are welcome!

Pass a Compliment for International Day of Friendship

On Tuesday 30 July, it is International Day of Friendship. So we thought what better way to celebrate this than by running a Pass a Compliment! Similar to Secret Besties, you will be given a person to anonymously pass a compliment to to **show your appreciation!** It can be anything from complimenting them on an outfit that serves or a kind word they said, to something great they have done at work recently or why they're so amazing.

If you'd like to get involved [it's super easy to just sign up here](#) by **Monday 15 July**.



As part of Pass a Compliment, we are joining the amazing **LUU Staff Craft Lunch** to run a crafting session to decorate cards. We have tonnes of the same thank you cards that have been used time and time again, and although they are lovely we thought it would be nice to give them a spruce and decorate them to put our compliments in! The Craft Lunch will be on **Tuesday 30 July from 12pm-1pm in Room 5** so come along and decorate a card.

Walk and Talk



The next Walk & Talk is in the calendar! We will be meeting on **Thursday 18 July at 12:30pm** to go for a gander in the glorious weather (👉) and have a good old catch-up.

Katie will be sending an invite out shortly 😊

We NEED YOU to help us update our Clipboards

The clipboards in the Staff Room are in much need of a refresh and we need your help to decide what we should have on them!

We have 5 clipboards to fill with Women's Collective related things and we want to know what you think we should put them. In the past there have been book recommendations, printouts of the newsletter, and updates on what the Network has done.

[Let us know your thoughts here.](#) We will look to update the clipboards in August 😊

Network Resources/ Reminders

- *The Book Club is back up and running! We will be looking at Glittering a Turd by Kris Hallenga.*
- *If there is an art and craft you would like to see the Network do in an Art and Craft session, please get in touch!*
- *Head to our Intranet page to keep up to date on all things Women's Collective!*

That's all from us this week!

Emily and Katie