

# Provo City Half Marathon – Volunteer Information Sheet

**Event Organizer:** Dave Johnson (801-717-5624) - [historycop8513@gmail.com](mailto:historycop8513@gmail.com)

**Date:** Saturday, May 2, 2026 **Event Time:** 07:00 AM - 12:00 PM

**Race Start Time:** 08:00 AM

**Course:** South Fork Provo Canyon → US-189 → Downtown Provo

**Expected End Time:** 12:00 PM

## Volunteer Role Overview

Volunteers will be assigned to various locations along the course to monitor race progress, report issues to Net Control (NCS), and ensure participant safety.

### Primary Responsibilities:

- ✓ Report race progress and any issues to Net Control (NCS)
  - ✓ Use designated repeaters for communication
  - ✓ Ensure personal and public safety
  - ✓ Wear an **ARES Vest** (lime green safety vest)
  - ✓ Use an **HT radio** (most locations) or **mobile radio with a mast antenna** (critical locations)
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## Radio Communication Details

- **HT radios** work for most locations.
- **Mobile radios with gain antennas** are required at Net Control, Vivian Park, and the race start.
- **Recommended Repeaters:**
  - **Downtown:** 145.47 (-0.6 MHz, tone 100 Hz)
  - **Provo Canyon 1:** 448.325 (-0.6 MHz, no tone)
  - **Backup:** 449.325 (-5.0 MHz, tone 100 Hz, Lake Mountain)

## Special Equipment:

- ◆ **Earpiece recommended** (especially for noisy areas like the finish line)
  - ◆ **Tall mast antenna required** at key locations
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## Volunteer Assignments & Locations

Location	Setup Time	Radio Requirement	Notes
<b>Start (South Fork Park)</b>	06:30 AM	Mobile radio + gain antenna	Use <b>145.250</b> repeater
<b>Vivian Park</b>	07:00 AM	Mobile radio + gain antenna	Use <b>145.250</b> or <b>448.325</b> repeater
<b>Bridal Veil Falls</b>	07:15 AM	Mobile radio recommended	Use <b>145.250</b> or <b>448.325</b> repeater
<b>Timpanogos Park</b>	07:15 AM	Mobile radio recommended	Use <b>145.250</b> or <b>448.325</b> repeater
<b>Downtown Provo (Finish Line)</b>	07:30 AM	HT radio works fine	Earpiece recommended
<b>Net Control</b>	06:30 AM	Mobile radio + tall mast	Critical communication hub


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## Special Notes:

- **SAG Riders (Bicycle Support):**
  - 🚲 Required for trailing racers
  - 🚲 Can use **X-band frequency** while in the canyon
- **Testing Reports:**
  - HTs with Signal Stick antennas work at most locations.
  - Mobile radios with car-mounted vertical antennas provide the best signal clarity.
  - Rubber duck antennas are **not recommended**.

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## Key Contacts:

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Thank you for volunteering! Your support is essential to a smooth and safe event.   

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