

STUDENT ACTIVITIES GUIDELINES



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This document is designed to help answer common questions that students and parents have regarding Lafayette activities. Following a brief statement of philosophy, questions are used to divide the document into five main sections, and subtitles are used within those sections to help the search for topics easier. If you cannot find the topic or an answer to your question, feel free to contact the Activities Office at (636) 733-4137.

Student Activities Philosophy

The opportunity for participation in a wide variety of student-selected activities is a vital part of the student's educational experience. These experiences contribute to the development of learning skills and emotional patterns that enable students to make maximum use of their education. Participation in activities is a privilege that carries with it responsibility to the school, activity/organization, student body, community, and the individual student. Lafayette's student activities are considered an integral part of the school's program of education that provides experiences that will help to develop students physically, mentally, socially, and emotionally.

Did you know: over 80 percent of the students at Lafayette participate in some type of school activity?

We believe that the opportunity for participation in a wide variety of student-selected activities is a vital part of the student's educational experience. Such participation is a privilege that carries with it responsibilities to the school, to the activity, to the student body, to the community, and to the student. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of his or her education.

Lafayette's student activities are considered an integral part of the school's program of education which provides experiences that will help to develop young men and young women physically, mentally, socially, and emotionally. For information regarding Lafayette High School's activities and athletics website.

WHAT ACTIVITIES ARE OFFERED AT LAFAYETTE?

The best way to find information about activities at Lafayette is to utilize the [Lafayette Website](#).

- **List of All Lafayette Activities, Clubs & Athletics:** [Lafayette Activities, Clubs, Athletics](#)
- **Link for athletics:**
- **Link for activities:**

Fine Arts Performing Groups

- Lancer Regiment Marching Band – Brad Balog at balogbrad@rsdmo.org
- Concert Band – Brad Balog at balogbrad@rsdmo.org
- Color Guard and Winter Guard – Evan Coonrod at coonrodevan@rsdmo.org
- Choir – Christy Shaffer at shafferchristy@rsdmo.org
- Orchestra – Chris Livesay at livesaychris@rsdmo.org
- Drama – Michael Swindle at swindlemichael@rsdmo.org
- Speech & Debate – Paul Jaycox at jaycoxpaul@rsdmo.org

Spirit Groups

- Cheerleaders – Brooke Angelbeck at angelbeckbrooke@rsdmo.org
- Escadrille (Dance) – Montana Krieger at kriegermontana@rsdmo.org

Sports: Lafayette offers 24 sports of various levels over three seasons listed below:

- **FALL** – football, boys soccer, boys swimming & diving, boys cross country, girls cross country, field hockey, girls golf, softball, girls tennis, & girls volleyball
- **WINTER** – boys basketball, girls basketball, girls swimming, boys wrestling & girls wrestling
- **SPRING** – baseball, boys golf, boys tennis, boys track, boys volleyball, water polo, girls lacrosse, girls soccer, & girls track

Link to Schedules: <https://www.arbiterlive.com/Teams?entityId=12092>

WHAT IS NEEDED FOR A STUDENT TO PARTICIPATE IN ACTIVITIES?

Clubs

There are no academic requirements for membership in student organizations except for honorary societies such as National Honor Society, Mu Alpha Theta, etc. Athletic team members have certain academic eligibility requirements. Some organizations have academic requirements for officers. For specific information, check with the club sponsor or the Activities Director. There are no specific requirements for most clubs, while there are some which do have requirements. Students need to contact the sponsor of that club and find out meeting dates and any possible requirements that might exist. Much of that information can be found on daily announcements and televisions around school.

Fine Arts Performing Groups

The requirements for these vary from activity to activity. While most music groups are co-curricular and are directly related to a course on a student's schedule, other groups such as drama and speech & debate do not require enrollment in a particular course. Check with the appropriate teacher/sponsor (listed in the above section) to learn more.

Spirit Groups

Tryouts for cheerleaders and Escadrille (Dance) take place in February or March for the following school year. Information is available on their websites or they can be contacted via email. *(Also, see below for information about physical exams and insurance.)*

Sports

More information is given later in this document about MSHSAA, the governing body for activities in Missouri, but certain requirements from the MSHSAA By-Laws require the following for students to participate in sports:

Catastrophic Medical Plan

Lafayette participates in a catastrophic medical plan that provides extensive coverage for athletes who participate in athletics under the jurisdiction of the MSHSAA. This plan is for catastrophic injuries only. There is no cost for this program for the students participating in athletics. Any questions concerning the nature of this policy should be directed to the school Activities Director.

Physical Exams

The MSHSAA requires each student participating in athletics, cheerleading, and dance to provide a certificate of an issued physical signed and authorized by a physician, an advanced nurse practitioner in written collaborative practice with a physician, or a certified physician's assistant in collaboration with a sponsoring physician stating that the individual is physically able to participate in athletic practices and contests of his/her school. The medical certificate is valid for the purpose of this rule if issued after July 1st of the previous school year and ***must be on file at the school on FinalForms before the student will be allowed to participate.***

Emergency Medical Form and Insurance Verification

This form, when completed, provides information regarding emergency contact information in the case of an injury. All students and parents should realize that sports and activities have an inherent risk of injury. All forms must be completed online through PRIVIT in order to participate in activities. All signatures on the above forms must be authentic.

PRIVIT Information

All Parents and participants turn in their medical/physical/emergency information through our ONLINE system PRIVIT. This information is required to be submitted and approved prior to participation in any activities at Lafayette High School. A student shall not be permitted to practice or compete until they are cleared on PRIVIT with the necessary paperwork completed.

- **PRIVIT Link:**
 - <https://lafayettelancers-mo.e-ppe.com/index.jspa>
 - It can also be accessed through the school website
 - <https://www.rsdmo.org/domain/1936>
- **PRIVIT Directions**
 - [Lafayette PRIVIT Directions](#)

Injuries

An unfortunate aspect of athletics is that injuries do happen and these injuries can sometimes be serious. The majority of students will suffer no injuries at all, a few will suffer on injuries and very few will suffer serious injury. Strict adherence to the rules of the sport and the utilization of proper techniques as taught by the coaches can often prevent injuries. Lafayette is very fortunate to have the services of a certified Athletic Trainer. All injuries must be reported to the trainer. It is very important to follow the trainer's instructions on the care and rehabilitation of injuries. The trainer should also be notified of pre-existing conditions that could influence treatment or rehabilitation. **If a trainer or coach requires a doctor's written permission to participate following an injury, a parent's written permission will be insufficient.**

Another potential injury that receives particular attention is the possibility of a concussion. Students and parents are required to read information regarding concussions, and there is a MSHSAA Concussion Information Packet available at [MSHSAA Concussion Information](#).

**WHAT RULES AND REQUIREMENTS EXIST INVOLVING LAFAYETTE
ACTIVITIES?**

Lafayette High School adheres to the regulations, by-laws, policies, and standards of both the Missouri State High School Activities Association and the Rockwood School District.

Missouri State High School Activities Association Expectations

2021-22 MSHSAA Official Handbook Official

Lafayette High School is a member of the Missouri State High School Activities Association (MSHSAA). MSHSAA establishes regulations governing participation in activities in the state. These regulations are adopted by a vote of all member schools. It is the philosophy of the MSHSAA to guarantee that the focus of activities programs are educational in nature. The MSHSAA, through its member schools, establishes eligibility rules, individual sports rules, non-school competition standards, and athletic transfer policies, as well as organizing State Championships.

The following is a partial list of MSHSAA eligibility requirements. It is not complete and a student should check with his/her coach or with the Activities Director if they have any questions. These requirements are for all students who represent Lafayette High School in competitions against other schools.

MSHSAA Academic Eligibility Requirements

- 2.3.2 Grades 9-12 Requirements:** A student in Grades 9-12 must meet the following requirements in order to be academically eligible to participate in interscholastic activities:
- Semester Prior to Participation:** The student shall have earned, the preceding semester of attendance, a minimum of 3.0 units of credit or have earned credit in 80% of the maximum allowable classes in which a student can be enrolled in the semester, **whichever is greater**, or a student must have made standard progress for his or her level the preceding semester in a special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolls pupils of equivalent age.
 - Semester of Participation:** The student shall currently be enrolled in and regularly attending courses that offer 3.0 units of credit or 80% of the maximum allowable credits which may be earned, **whichever is greater**; or a student must be enrolled in a full course at his or her level in a special education program for the handicapped approved by the Missouri State Department of Education which, though un-graded, enrolls pupils of equivalent age.
 - 80% Credit Requirement:** The calculation of the credit requirement described in a-1 and a-2 above for all enrolled students at the school shall be based on the maximum allowable classes in which a student can be enrolled at the member school during the normal school day due to the academic system that the member school has selected (7-hour

day, block schedule, etc.) Credits earned in school-sponsored "extra" classes taken beyond the normal school day may be used toward academic eligibility. Internet classes offered **by** and **at** the member school and which are completed no later than the close of the semester with credit placed on the student's transcript can be counted toward academic eligibility. (See also By-Law 2.3.4 regarding other courses that may be utilized.)

- d. Entry into 9th Grade: A beginning 9th grade student shall have been promoted from the 8th grade to the 9th grade for first semester eligibility.
- e. A student must be making satisfactory progress towards graduation as determined by local school policies.

DIAGRAM 2.3 (a): SAMPLE HIGH SCHOOL ACADEMIC SCHEDULES

Academic Schedules	Credits Earned must equal 3.0 or 80%, whichever is GREATER
Six-period day (.5 each)	Must pass 6 of 6 (3.0)
Seven-period day (.5 each)	Must pass 6 of 7 (3.0)
Eight-Block schedule (.5 each)	Must pass 7 of 8 (3.5)
Four-Block schedule (1.0 each)	Must pass 4 of 4 (4.0)
Ten-Block schedule (.5 each)	Must pass 8 of 10 (4.0)

DIAGRAM 2.3 (b): COLLEGE COURSE HOUR EQUIVALENCIES

College Course Hours	High School Units of Credit
Three Hour Course	.5 Unit of Credit
Five Hour Course	1.0 Unit of Credit

2.3.4 Grades 9-12 Enrollment Options for Academic Eligibility: The following options are available to students in order to meet the requirements of By-Law 2.3.2.a and b above.

- a. **Traditional Option:** A student may meet the requirements outlined in By-Law 2.3.2 through being enrolled and attending classes full-time at the high school.
- b. **Non-Traditional Option 1 – Transcribed Credits:** A student may meet the requirements outlined in By-Law 2.3.2 through meeting ALL of the following:
 - 1. The student is an enrolled student of the high school, but all or some of the courses/credits are not taken at the local high school (virtual, post-secondary, work study, etc.),
 - 2. All credits attempted/earned are placed on the high school transcript,
 - 3. All classes must be completed by the **high school's** close of the semester, as per By-Law 2.3.11, in order for those classes/credits to be considered toward activity eligibility.
- c. **Non-Traditional Option 2 (Public Schools Only) – Seat-Time + Non-Transcribed Credits:** A student may meet the requirements outlined in By-Law 2.3.2 through meeting ALL of the following:
 - 1. The student is an enrolled student of the public high school of residence, as defined in By-Law 3.10, and is taking a minimum of **two** credit-bearing, seat-time classes for a minimum of 1.0 units of credit at the high school, **and**
 - 2. The high school administration confirms after a full academic review that the student is further enrolled in courses taken outside of the school which bring the student up to the academic credit requirements outlined in By-Law 2.3.2 (80%). Each local school will determine its own oversight, standards, and criteria for approval of such outside courses/credits, as well as the procedures to determine success/credit confirmation for academic eligibility for the current and following semester. It is not necessary that such confirmed credits be placed on the high school transcript, but may be listed, at the school's discretion.
 - 3. All classes/assignments must be completed by the **high school's** close of the semester, as per By-Law 2.3.11, in order for those classes/credits to be considered toward activity eligibility.
- d. **Transfer of Enrollment based on Changes in Bona-fide Student and Academic Status:** Any student whose enrollment status changes from being a **non-bona fide** student (not meeting By-Law 2.1 **and** one of the 9-12 Enrollment Options) to **being** a bona fide student (meeting By-Law 2.1 **and** one of the 9-12 Enrollment Options) would be considered a transfer student (see By-Law 3.10.4), and ineligible to represent a member school until a transfer of eligibility form is filed and an eligibility ruling is rendered.

2.3.5 Grades 9-12 Summer School: Secondary school-sponsored summer courses may count toward maintaining senior high academic eligibility for the **FALL** semester provided the following requirements are met:

- a. The counting of secondary school-sponsored summer school credits must first be approved by the local school administration.
- b. Credit earned for the summer school course is placed on the student's school transcript and counts towards graduation.
- c. The course must be a class identified by the local school board/governing body as required for graduation/promotion requirements.
- d. Only electives that are taken in one of the four **core content areas** (language arts, mathematics, science, and social studies) may be counted toward this requirement of academic eligibility.
- e. Online courses may not count as summer school credit, unless they meet the requirements of By-Law 2.3.4.a (taken at the high school) or 2.3.4.b (placed on the transcript), and all online courses must be completed on or before July 31.
- f. No more than one credit earned in summer school shall count toward maintaining academic eligibility.

Age Requirement

To be eligible for interscholastic activities, a student shall not have reached the age of 19 prior to July 1st preceding the opening of school. If the student turns 19 on or after July 1st, they shall be eligible for the entire ensuing school year.

Removal or Ejection From a Contest

The removal or ejection of an athlete from a contest results in not only being removed for the remainder of that particular contest, but also from a minimum of the next contest on the schedule. The coach and Activities Director will meet to discuss and determine the length of the athlete's suspension from participating in competitions.

Graduated Students

You will be ineligible to participate in high school activities after graduation from high school.

Academic Eligibility For Interscholastic Sports

Citizenship: Students who represent Lafayette High School must be creditable citizens. The student's whose character or conduct is such as to reflect discredit upon themselves or their school, are not considered "creditable citizens." A student shall not be considered eligible while under suspension (either in school or out of school).

Academics: Students must be currently enrolled in courses offering 3.00 units of credit and have passed six classes (3.00 units) the preceding semester. It is strongly recommended that all athletes take 7 classes.

Summer School Credits: Credit earned during summer school may count towards determining eligibility. Up to one credit may be earned in summer school and be applied to the previous semester credits. However not all classes count. Check with the Activities Director for more information. A repeated class already passed or an audited class does not count towards the 3.0 units of credit.

Participation of Part Time Students in MSHSAA Governed Activities

[Rockwood School District Participation of Part-Time Students in MSHSAA Governed Activities Regulation 2930.1](#)

Attendance At School

According to the MSHSAA Handbook: If a student misses class(es) without being excused by an administrator, the student shall not be considered eligible on that date. Further, the student shall not be eligible to participate in any subsequent date until the student attends a full day of classes (or has an excused absence(s) from class) without an unexcused absence.

District Policy states that all students who represent the school in activities must attend school for the full day of classes in order to participate. They must be in regular full day attendance the day the activity is scheduled unless the activity is in another city and it is necessary that the student be absent or unless the activity is scheduled on a day when school is not in session. A full day of school is defined as being in school before the first period ends. If a student missed class(es) without being excused by an administrator, the student shall not be considered eligible on that date. An unexcused absence will prevent the student from competing that particular day, and it will prevent the student from competing until a full day of classes has been attended. Any question regarding missing any part of the school day and eligibility should be directed to the Activities Director prior to the absence. At the close of school on the day of an activity, the sponsor/coach shall certify to the Principal that all those who will represent the school have been in attendance all day. The policy also applies to practice sessions. Coaches and sponsors shall advise participants of this policy. The only exception to the above policy would be absences due to a doctor or dental appointment or administrative approval. A written excuse from the doctor on letterhead stationery or an appointment card will be expected upon the student's arrival to school.

Conditioning/Practice Standards

Each program must have 14 days of practice and each individual must have participated in 14 school practices on 14 different days subsequent to the first interscholastic contest in all sports. This requirement shall be waived if a student has been a member of another school sports squad immediately before the sport season and has had 14 days of conditioning and immediately transitions into the next season.

Transfer Students

All students who are new (except for the beginning of their freshmen year) or returning to LHS after attending another school that wish to participate in interscholastic athletics should inquire at the Activities Office to determine their athletic eligibility status.

Nonschool Competition

A student may not compete during the high school sports season on an outside team in the same sport with the exception of a few cases. A student may compete in a different sport with the approval of the coach and the Activities Director. Clinics or one-to-one instruction may be allowed. Check with the Activities Director if you have any questions.

Nutritional Supplements

The health & safety of our students is very important to LHS. Students who are considering the use of a nutritional supplement should only do so under the supervision of their family physician. MSHSAA Board Policy states that school coaches & other school personnel should never supply, recommend or permit the use of supplements for any performance enhancing purposes.

MSHSAA Sport Participation - Camps, Other Sports

3.13 SPORT PARTICIPATION AND CONTACT – WHILE PARTICIPATING IN AN INTERSCHOLASTIC SPORT SEASON DURING THE SCHOOL YEAR

3.13.1 Restrictions While Participating Interscholastically: During the sport season in which a student represents his/her school by competing in an interscholastic athletic contest, the following guidelines and restrictions shall apply. A student who joins a school sports team for the first time must have abided by these restrictions beginning with the first day of the current season of the sport concerned.

- a. **Definition of the School Year:** For the purposes of By-Laws 3.13, 3.14, and 3.15, the school year is defined as the period beginning with the first allowable practice date for the fall (Monday of Standardized Calendar Week Number Five)

and ending the last day of school or the Thursday preceding Memorial Day, whichever is earlier. However, if a school team is still competing in district or state tournament series contests, the "in season" restrictions would continue to apply to those varsity athletes.

- b. **Definition of School Sports Season:** A school sports season shall be defined as the period beginning with the date of the school's first practice with any part of a sports team held on or after the first allowable practice date for the MSHSAA sport season and ending with the school's last contest, including district and state tournament contests, in that sport.
- c. **Winter and Spring Sport No-Contact Period:** The **seven** days prior to the first allowable practice date for the season shall be a seasonal no-contact period in which no "contact" as defined in By-Law 3.15 takes place between school coaches/directors of MSHSAA sponsored winter or spring activities, respectively, and students enrolled in the member school, or who will be enrolled in the member school during the upcoming school year. (See By-Law 3.15 for Fall Sport No-Contact Period)

3.13.2 Organized Non-School Competition: Athletic competition shall be considered "**organized**" if any of the following conditions exist: Competition is scheduled and publicized in advance, official score is kept, individual or team standings are maintained, official timer or game officials are used, admission is charged, teams are regularly formed or team rosters are predetermined, team members are dressed in team uniforms or a team is privately or commercially-sponsored. Further, competition which is either directly or indirectly sponsored, promoted or administered by an individual, organization, or any other agency shall be considered organized.

- a. **Same Season/Same Sport:** A student shall neither practice nor compete as a member of a non-school team or as an individual participant in organized non-school competition in that same sport, except as provided for specifically below. In order to be eligible for the school team, the student must join the team at the start of the season and attend all scheduled school practices and contests. Participation in a non-school sport event that is specifically allowed in Section 3 must be approved in advance by a school administrator. Absences not related to non-school competition will be handled locally.

1. **Fall Non-School Competition Exception:** For fall sports, non-school competition may continue until the Tuesday following Labor Day, with prior approval by a school administrator.
2. **Swimming/Diving:** During the school sport season of swimming and diving, a student may, after fulfilling all requirements, practices and competitions of the school swimming and diving team, practice and/or compete as a member of a non-school team or as an individual participant in an organized non-school swimming and diving practice or competition under the conditions listed below.
 - (a) Priority shall be given to all school team practices and competition. Should a non-school practice/competition be in direct conflict with the school scheduled practice/competition the school practice/competition shall take priority. Prior approval by the school administrator may grant an exception to a student to participate in a non-school swimming or diving competition if in direct conflict with the school program.
 - (b) No school time shall be missed to compete, practice or travel to the site of such non-school swimming and diving competition unless the absence is approved in advance by the school administrator.
 - (c) A school shall not replace its swimming or diving program with any non-school swimming or diving program.
 - (d) In order to remain eligible under this exception to the non-school competition rule, the student must join the team at the start of the season and attend all scheduled school practices and contests, unless attending a non-school competition with prior approval by a school administrator. Absences not related to non-school competition will be handled locally.
 - (e) After Labor Day, no school swimming coach may provide any coaching or instruction to any student **while** that student is participating in a non-school competition during the school sport season. **Editor's Note:** *Outside of the school sport season, coaching contact restrictions apply - 3.13.2.b.3 and 3.14.2.e.*
3. **Cross-Country, Golf, Tennis, Track and Field, and Wrestling:** During the school sport season, a student may, after fulfilling all requirements, practices and competitions of the school team, compete as an individual participant in two (2) organized non-school competitions under the conditions listed below..
 - (a) Priority shall be given to all school team practices and competition. Should a non-school competition be in direct conflict with the school scheduled practice/competition the school practice/competition shall take priority. Prior approval by the school administrator may grant an exception to a student to participate in the non-school competition if in direct conflict with the school program.
 - (b) No school time shall be missed to compete, practice or travel to the site of such non-school competition unless the absence is approved in advance by the school administrator.
 - (c) The student shall not miss any MSHSAA sponsored postseason event that involves either the student or his/her school team to participate in such non-school competition.
 - (d) In order to remain eligible under this exception to the non-school competition rule, the student must join the team at the start of the season and attend all scheduled school practices and contests, unless attending a non-school competition with prior approval by a school administrator. Absences not related to non-school competition will be handled locally.
 - (e) After Labor Day, no school coach of the applicable sport in season may provide any coaching or instruction to any student **while** that student is participating in a non-school competition during the school sport season.

- b. **Same Season/Different Sport:** A student may practice or compete as a member of a non-school team or as an individual participant in organized non-school competition in a **different** sport than the school sport in season under the following specific conditions. In order to be eligible for the school team, the student must join the team at the start of the season and attend all scheduled school practices and contests. Participation in a non-school sport event that is specifically allowed in Section 3 must be approved in advance by a school administrator. Absences not related to non-school competition will be handled locally.
1. **No school time is missed** to compete, practice for, or travel to the site of such non-school competition unless the absence is approved in advance by the school administrator.
 2. **The student shall not practice for or compete** in the non-school competition on the same date the school team practices or competes, without approval of the school administrator.
 3. School Coaches: If held during the school year but outside the designated school season for the sport:
 - (a) A high school coach of any sport may not provide any coaching or instruction to any student who currently attends or will attend the member high school (grades 9-12) the following year.
 - (b) A junior high school coach of any sport may not provide any coaching or instruction to any student who currently attends or will attend the member junior high school (grades 7-8; and grade 9 when included in a separate junior high school membership) the following year.
 - (c) No coach may play on a non-school team on which members of his/her school team will be participating nor may he/she be directly involved in the actual administration of such games, including officiating.

3.16.9 All-Star Contests: An "all-star" contest is defined as any contest involving players from two or more junior highs or high schools who are selected on the basis of their individual athletic accomplishments or reputations gained while competing in interscholastic competition. Such competitive events are defined as "non-school competition" and participation is restricted as outlined in By-Laws 3.13.2, 3.14.2, and 3.15.5.

Editor's Note: No MSHSAA catastrophic insurance coverage is in place for such contests.

Transferring Schools

1. If you transfer schools and your parents do not move into the district of your new school, you will be ineligible for 365 days- unless you meet one of the exceptions listed in the MSHSAA Residence and Transfer Rules.
2. If you move with your parents to your new school district, you will be eligible at the new school provided you were eligible in all other respects at your former school.
3. You and your parents must move to the new residence at the same time.
4. Always check with the Athletic Director before you transfer to determine whether it will affect your eligibility.
5. **Transfer for Athletic Reasons:** You shall become ineligible for 365 days if you transfer to another school for athletic reasons.

Rockwood School District Expectations

Lafayette High School follows all Rockwood policies and regulations that further explain those of MSHSAA by-laws, or are in addition to those by-laws.

Tobacco, Alcohol, and Other Drugs

The possession or use of alcohol, tobacco or other drugs is known to be detrimental to the individual as well as the activity he/she represents. Therefore, the Code-of-Conduct has been established which sets expectations for activity participants. Each individual should make it a goal to abstain from using substances which are harmful.

Rockwood School District grounds are, by Board policy, a tobacco-free environment. There is to be no use of tobacco products inside the buildings or outside on any school or athletic ground.

Hazing/Bullying

It is not unusual for young people to believe that one method of achieving team cohesion is the use of some ritual indoctrination of other athletes. This initiation can be as simple as forcing athletes to dress in outlandish clothes or as complex as forcing an athlete to perform some dangerous stunt. **Any form of hazing or bullying at Lafayette is Not Allowed.** The potential for injury, both physical and psychological, outweighs any possible benefit. Any form of bullying from any location (including social media sources) that negatively impacts the educational environment for any other student may be dealt with under Rockwood policies/consequences.

Out of Town/Overnight Travel

[Rockwood School District Field Trips Involving Out of Town or Overnight Travel Policy 5662](#)

Rockwood/MSHSAA Creditable Citizenship Standards

The Missouri State High School Activities Association (MSHSAA) Handbook contains by-laws which govern creditable citizenship for student participation. In addition, the Rockwood School District Creditable Citizenship Standards works in conjunction with the MSHSAA by-laws and more specifically outlines consequences for inappropriate behavior. Student activity discipline-related decisions will be enforced by the school building Activities Director utilizing the MSHSAA by-laws and the Rockwood policy.

Definition of Creditable Citizenship: As stated in the MSHSAA Official Handbook, students who represent a school in interscholastic activities must be a credible citizen both in and out of school, and judged so by the proper school authority certifying a list of students for competition.

- 2.1.2 Participation:** Eligibility to represent a school in interscholastic activities is a **privilege** to be attained by meeting the standards of eligibility cooperatively set by the member schools through this Association and any additional standards set by a member school for its own students.

2.2 CITIZENSHIP REQUIREMENTS

- 2.2.1 Citizenship:** Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "credible citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

2.2.2 Law Enforcement:

- a. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies.
- b. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.
- c. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. *(Editor's Note: If a traffic offense is accompanied by an act covered in letter a above, such as property damage, bench warrant, etc., eligibility will be delayed per letter a.)*

2.2.3 Local School:

- a. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
- b. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
- c. A student shall not be considered eligible while serving an out-of-school suspension.
- d. If a student misses class(es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.
- e. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
- f. Each school shall diligently and completely investigate any issue that could affect student eligibility.

2.2.4 Expulsion: A student who is expelled from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion. An expulsion is prompt removal of a student from school following the conduct for which the student is under discipline, whereby the student is not allowed to return to school until either an appeals process reinstates the student or the duration is fulfilled. However, this period of ineligibility shall not apply to any student expulsion for conduct otherwise protected by law which does not materially and substantially interfere with the requirements of appropriate discipline in the operation of a school.

2.2.5 Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

Editor's Note: See also By-Law 3.10.5, *Eligible at Time of Transfer*.

Penalties for Offenses: It is important to note that poor citizenship behavior will result in the same penalties regardless of the behavior occurring in school or out of school. The penalty for those students involved or having been involved with the aforementioned types of acts will be:

The student may be removed from the team or activity group for the remainder of the sport or activity season/semester. Immediately after the season, the Activities Director and head coach or sponsor involved with the particular student will review the student's discipline as to whether his/her eligibility will be reinstated into the activities program.

NOTES:

- The penalty for those students involved with these types of acts will be a possible loss of eligibility for 365 days regardless of when it occurs.
- According to MSHSAA By-Law 2.2.4, "Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from the school's discovery, pending review by the Board of Directors."
- If the offense is drug-related or alcohol-related, the student will be able to return to participate if they have been withheld from participation for at least 50% of the contests, games, or in performances of their current season/semester or the next season/semester in which they participate. This option is only available for a first offense.

Consequences of In-School Discipline – Standards of Conduct

Rockwood School District Participation In School Activities Regulation 2930

If a student receives school-related discipline, the consequence as it relates to the Rockwood Creditable Citizenship Standards will be as follows:

1. 1st Detention-The student may miss the next contest, game, or performance.
2. 2nd (and subsequent) Detentions, any number of days of In-School Suspension (ISS), or 1-2 days Out-of-School Suspension (OSS). The student could be ineligible to participate in 20% of the contests, games, or performances during that sport or activity season.
3. 3-5 Days Out-of-School Suspensions (OSS).
 - a. 1st offense – The student could be ineligible to participate in 30% of the contests, games, or performances during that sport or activity season.
 - b. 2nd offense – The student may be removed from the activity for the remainder of the sport or activity season/semester.
4. Major School Discipline (single offense, 6 or more days OSS).
5. 1st offense – The student may be removed from the activity for the remainder of the sport or activity season/semester.
6. 2nd offense – The student may be removed from the activity for up to 365 days.

NOTES:

- Students may not participate in practices or events during an in-school or out-of-school suspension. They must be in attendance for a full day of school until they can participate.
- If an offense is drug-related or alcohol-related and the student is withheld from participation from part of their current season/semester or their next season/semester of participation, they may then return to participating in contests/events/games.
- If a student suspension carries over from one school year to the next, the student will not be allowed to practice or participate in any activity until the full suspension is fulfilled (see Rockwood Regulation 2662 on Out of School Suspension).
- Habitual offenders (3 or more suspensions regardless of offense) may lose the privilege of participating in all activities for the remainder of their high school career.

Activity Board of Review

The Activity Board of Review is established for the purpose of allowing a student hearing should he/she desire, due to his/her being removed from a team for what has been deemed by the coach or Activities Director to be improper conduct. If the coach, sponsor, or Activities Director removes the student from the team or group, and the student feels the punishment to be unfair or improper, then he/she may present a request in writing to the Activities Director asking for a hearing.

Within 48 hours of the receipt of the above request, the Activity Board of Review will meet to review all information pertaining to the case and render a judgment as to whether or not the action taken was appropriate. The Board will consist of five people: The Chairman/Activities Director or an assistant principal, and three coaches or sponsors (to be chosen by the chairman from three different activity groups or sports other than the sport in question). The coach or sponsor of the sport or activity group involved may attend as a non-voting member. In addition, the Activity Board of Review may be called upon by the Activities Director to review information pertaining to a case to determine if a student should be removed from a team/squad. Attorneys may not be present at any hearing conducted by the Activity Board of Review.

WHAT ARE THE EXPECTATIONS OF STUDENTS WHO PARTICIPATE IN ACTIVITIES?

These are all expectations for all student athletes. Student athletes that do not abide to these expectations will be communicated consequences that will result from their actions from the coaching staff within their program

High Expectations

Students who choose to participate in co-curricular activities are thought of as school leaders. These students represent the school in the eyes of the community and serve as role models for other students. As a result, these students are held to a high standard of conduct and have an obligation to create a favorable image and gain the respect of teammates, the LHS student body, and the community. Any behavior, whether it occurs at or away from school, that may reflect poorly on the school or its activities program may result in the student losing the privilege to participate in these activities either temporarily or permanently.

Attendance At Practice & Games

If it is necessary for a participant to be absent from any scheduled event (practice, game, etc.), the student is expected to notify the head coach/sponsor a minimum of 24 hours prior to the absence. Each absence will be reviewed and decisions will be communicated with the student athlete from each individual program's coaching staff based on the circumstances. Approval to participate in a competition on a day of absence can only be granted by the Activities Director for special circumstances. In the case of illness or emergency, the participant should notify the head coach/sponsor or the LHS activities office as soon as possible. To find schedules of teams to avoid potential conflicts, go to the Lafayette website and look for current schedules under the Athletics tab.

Sportsmanship

A major point of emphasis for the MSHSAA and area schools is the display of good sportsmanship by member schools. Lafayette is obligated to enforce sportsmanship rules for our coaches, athletes, and students, as well as our parents, fans, and other supporters at both home and away events. Violation of these rules, whether before, during, or after an event, can result in the following consequences: written reprimand, probation, suspension, ejection, or permanently not allowed to attend events. These consequences may be applied to players, coaches, students, and fans.

SPORTSMANSHIP GUIDELINES

1. Yelling, screaming, or cheering should be for your own team - not against the opposing team. Any signs used should be of a positive nature encouraging your team.
2. Only authorized school personnel should be on the playing surface or field at any time before, during, or after an event.
3. No amplified noisemakers (including air horns) are allowed at any time for indoor events. In addition, noisemakers are not allowed at outdoor events during play.
4. No throwing objects of any kind onto the playing surface or field.
5. No megaphones, except when used by official cheerleaders.
6. Vulgar or suggestive gestures or language are not allowed. Do not boo or insult officials or opposing teams.
7. No taunting of individual players or officials or derogatory chants or cheers of any kind. Profane or obscene language is NOT allowed.
8. Unsportsmanlike conduct on the part of others should not be an example for us.
9. We should set the example of good sportsmanship.

We urge everyone to go to games and cheer our teams to victory. However, we will expect our students, parents and spectators to abide by the sportsmanship rules just listed. Those students in violation of these rules will be advised to leave the sporting event. Continuous and/or serious violations will result in suspension from school and/or future events.

Please support our athletic/activities teams in a positive manner.

WHAT INFORMATION AND TOPICS DO PARENTS NEED TO KNOW?

Fundraising

The Rockwood School District provides sufficient funding for its interscholastic sports programs. At times, however, coaches may wish to purchase awards or items to supplement their programs. If fundraising is done, all proceeds must be deposited in the club-activity account. Purchases are then made using a district purchase order. Coaches and students who become involved in fundraising must be familiar with Rockwood District policies. If parents are involved in the fundraising activity they should also be familiar with these policies, which include gaining permission for a fundraiser. Any questions should be directed to the Activities Office.

Transportation

No athletic team, activities group, or special group will be transported in private automobiles, to or from activities without prior approval of the Activities Director. The following form must be filled out and returned for any private transportation for activities.

- [Rockwood private Transportation Consent Form](#)

Students who are members of athletic teams, cheerleading squads, band members or other performing groups traveling to a contest, games, etc. will return on the bus provided by the school district.

- The coach or sponsor may grant permission for a student to ride home with his/her **Guardians ONLY** unless there is **WRITTEN PARENT PERMISSION** in advance.

NCAA Clearinghouse

The NCAA Clearinghouse evaluates academic records to determine whether a student is eligible to participate in NCAA Division I or II colleges and universities as a college freshman student athlete. Students wishing to participate in sports at these schools should register with the Clearinghouse at the end of their junior year. Requirements for eligibility can be found at www.ncaaclearinghouse.net or by asking your guidance counselor

Parent/Coach Communications

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our student athletes. When your child becomes involved in our program, you, as a parent, have a right to understand what expectations are placed on your child. This begins with clear communications from the coach of your child's program.

Communication you should expect from your child's coach:

1. Philosophy of the coach.
2. Expectations the coach has for your child as well as the players on the squad.
3. Locations and times of all practices and contests.
4. Team requirements, i.e. practices, special equipment, off season conditioning.
5. Procedure followed should your child be injured during participation.
6. Discipline that may result in the denial of your child's participation.

Communication coaches expect from parents:

1. Social Emotional Concerns regarding your child expressed directly to the coach.
2. Notification of schedule conflicts well in advance.
3. Specific concerns in regards to the coach's philosophy and/or expectations.

As your children become involved in the programs at Lafayette High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

1. The treatment of your child, emotionally and physically
2. Ways to help your child improve.
3. Concerns about your child's behavior.

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern.

Issues not appropriate to discuss with coaches:

1. Playing Time
2. Team Strategy
3. Play Calling
4. Other Student Athletes

It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

If you have a concern to discuss with a coach, please follow the procedure below:

1. Call or Email the coach/sponsor set up an appointment. The Lafayette telephone number is 636 733-4100. If a coach can't be reached, call the Activities Director & a meeting will be set up for you.
2. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution. If the meeting with the coach does not provide a satisfactory resolution, call and set up an appointment with the Activities Director to discuss the situation.

ROCKWOOD SCHOOL DISTRICT CODE OF ETHICS

Rockwood School District Student Activities & Athletics Regulation 2900

Athlete Code of Ethics

It is the responsibility of the athlete to...

- ◆ Always represent your school with pride, handling adversity and success with dignity and grace.
- ◆ Honor commitments to the sport, coaches, and teammates and give an all-out effort in practice and competition.
- ◆ Practice good citizenship, pursue academic achievement, and live a healthy lifestyle.
- ◆ Be a role model, committed to the highest standards of sportsmanship, leadership, and personal conduct.
- ◆ Demonstrate respect for all sports, coaches, officials, teammates, and opponents.

Coaches' Code of Ethics

It is the responsibility of the coach to...

- ◆ Care for and act in the best interest of all student-athletes, promoting development as a whole person.
- ◆ Be a positive role model—set high standards; demonstrate fair play and sportsmanship to all; never place winning above the value of instilling the highest, desirable ideals of character.
- ◆ Promote good citizenship, academic achievement, and a healthy lifestyle.
- ◆ Create an atmosphere of pride and respect for the sport, players, officials, opponents, and coaches.
- ◆ Be committed, be knowledgeable, and prepare student-athletes to compete to the best of their ability.

Spectators' Code of Ethics

It is the responsibility of the spectator to...

- ◆ Always represent your school with pride, handling adversity and success with dignity and grace.
- ◆ Recognize that school athletics are a learning experience for students and mistakes are sometimes made. Praise them in their attempt to improve themselves as students, athletes, and people.
- ◆ Create an atmosphere of respect for the sport, players, officials, coaches, and fellow spectators.
- ◆ Demonstrate sportsmanship through positive support and encouragement of all players, coaches, and officials.

Lafayette Lancers School Fight Song

On Lancer, On Lancers

Fight with all your might

Take control and don't let go

For victory tonight!

On Lancers, on Lancers

Fight on for your name

Fight Lancers, fight, fight, fight

And win this game

Hey!