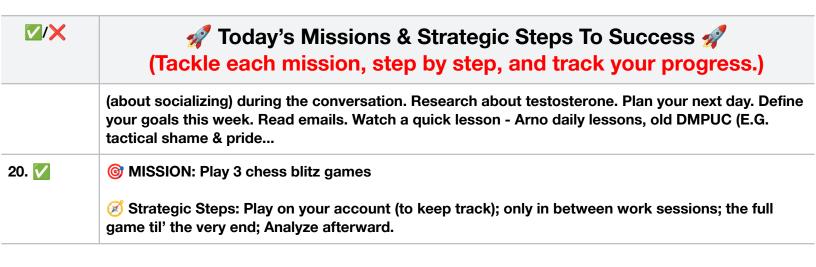
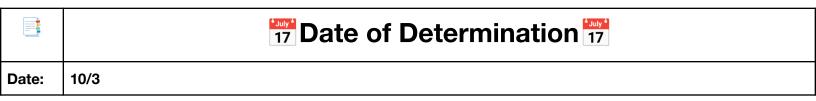
ODYSSEY OF ONSLAUGHT

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
1. X	⊚ MISSION: DMPUC
	⊗ Strategic Steps: Full focus & attention on the video, then take notes. 2X speed.
2. 🗙	⊚ MISSION: "How to Steal Ideas For Businesses"
	Strategic Steps: Watch the video, then take notes. Go back to review it & add on as necessary.
3. 🗙	⊚ MISSION: 10 min help student
	Strategic Steps: Stretch brain & double down when I feel ambiguity/confusion to bring the best feedback possible.
4. X	⊚ MISSION: 10 min break down swipefile
	Strategic Steps: Read 4 mins. Analyze 6 mins. List both a shallow & deeper reason as to why they did what they did. Could I come up with a better one? If not, why? Why is this better?
5. 🔽	⊚ MISSION: Work out
	Strategic Steps: Train HARD. Think you should do 55 cause you doubt you can do 65? You gotta do 65 now Slow & controlled. Record the lifts (go up by either 2 reps or 2.5 lbs). Chest day.
6. 🗸	⊚ MISSION: Send Daniel proposal (1st client).
	⊗ Strategic Steps:
7. 🗸	⊚ MISSION: OODA Loop
	Strategic Steps: What went well? What didn't? How can I use both to make more money? What are some ideas that popped up that I could use? When will I use it? What did I test? Did it work? What can I test differently?
8. 🗸	⊚ MISSION: Send Artin outreach.
	Strategic Steps: First figure out what you're offering to bizs (come up with ideas, iterate, refine). Then make the message.
9. X	⊚ MISSION: Eat 5 meals (And track them) and drink 4L of water.

☑/ ×	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
	Strategic Steps: While eating just pull up the app & find the food. 4 glasses in the morning.
10. 🔽	⊚ MISSION: Make a plan for tomorrow
	Strategic Steps: Fast. Efficient. Shouldn't take long since I'ma 'Groundhog Day' everything
11. X	⊚ MISSION: Homework
	Strategic Steps: Law, World History, gay fuckin' English presentation, Physics.
12. 🗙	⊚ MISSION: Fix electric piano to sell
	Strategic Steps: Buy new key & crackling in the speakers (I.E. fix CPU)
13. 🔽	⊚ MISSION: 101 pushups
14. 🗙	⊚ MISSION: Make my plan better (DMPUC #367-371)
	Strategic Steps: Go through point by point & apply it to revise my plan & make changes.
15. 🔽	⊚ MISSION: Get up right away
	Strategic Steps: Birthdays are for women & children. Every day you're reborn. Let's get it. New day, new opportunities to conquer.
16. 🔽	⊚ MISSION: Help at least 3 students inside chats.
17. 🗙	⊚ MISSION: Spend time to review knowledge previously learned
	Strategic Steps: To start - Arno's SSSS 'Overview'
18. 🔽	⊚ MISSION: Implement 1 good habit, every day, from the habit list
	Strategic Steps: New environment = best time to set new habits. To start - a set of pushups every time I enter my room.
19. 🗙	⊚ MISSION: Spare time? An extra 5 minutes in class?
	Strategic Steps: Talk to people (not just about BS. Improve social skills). Something learned







Yesterday's Overall Benchmark Score to Surpass Today = 11/17

	🜄 3 Blessings I Cherish This Morning 🙌
1.	
2.	
3.	

	🎩 Magic Trio: 3 Priority Missions 🎩
	(These are non-negotiable tasks and must be conquered today!)
1.	DMPUC
2.	SEND OUTREACHES (Specifically to Daniel)
3.	Actually, check in 5 minutes before every hour & reflect.



(Design each hour with intention and reflect upon its journey)

Mission 🖔	Mission: What will I do?
Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad

7 AM: Mission	GET UP
Strategy Q	Light flame inside. Think about other people doing cool things & you aren't. Imagine conquering the day, blowing through tasks. DECIDE to act like a professional today. 4 cups of water.
Reflection /	Slept in. Wanted to be complacent, but I said "Wait, shit! The world is moving. There's a ton of shit to conquer." Tomorrow I'll have to wake up exactly when phone rings. Doesn't matter if I slept late. Took notes on the new pitchcraft lesson.
Score **	5/10

8 AM: Mission	Go to school on time
Strategy <	Put on clothes, clean teeth, eat breakfast (And track). Get there feeling like the man.
Reflection /	Didn't go to school on time, but there were some unexpected changes (my fault though. Have to think about anything I missed before bed). Could've completed & took notes on DMPUC in the car.
Score **	5/10

9 AM: Mission	General & DMPUC
Strategy Q	Get caught up on everything, DMPUC in Pd. 1. Do world history HW in Pd 2.
Reflection /	I start one thing, then switch to another, then get back to what I was doing initially because I realize I didn't finish yet. Have to DECIDE to finish a task & give it my unwavering focus until I do; latch onto it like a pit bull latching onto a toddler.
Score **	4/10

10 AM: Mission [™] / ₊	Plan for tomorrow & Math. Hw
Strategy Q	In Pd. 3, plan for tomorrow. In Pd. 4, do HW.
Reflection /	Had to take a test in 3rd pd. So I made the plan during 4th. Took way longer than expected so I didn't do the HW. Expect to dedicate more time to planning next time.
Score **	5/10

11 AM: Mission	Socialize, eat, DMPUC.
Strategy 🔍	Be excited, dialed in, sharp as a tack, expert in field. Most lead boring lives Be sociable, interested & interesting. "I can encapsulate any table I'm in/any room I walk into. I am the man" Eat 2 lunches. Watch the DMPUC. Track food.
Reflection /	I made the plan, but it took way longer than expected. Allocate more time to it next time. I didn't take. Didn't eat 2 lunches & didn't watch the DMPUC.
Score 🏆	2/10

12 PM: Mission 💃	English HW
Strategy Q	Do English presentation during 5th period.
Reflection /	Talked during class instead of doing the presentation
Score 🏆	0/10

1 PM: Mission 辈	Law HW
Strategy 🔍	Do law packets during 6th.
Reflection /	Played chess instead of doing the packet.
Score 🏆	2/10

2 PM: Mission 🐰	Analyze swipefile 10 min.
Strategy Q	Apart from the physics HW, analyze 'Mr.X' swipe during 7th pd.
Reflection /	Again played chess when I could've been taking notes. Singular focus. Decide to do a task then relentlessly go until complete (10X effort).
Score 🏆	

3 PM: Mission 辈	Come home. Send proposal.
Strategy Q	Check emails, chats, etc. Immediately work on proposal. Set of pushups every time I walk into my room.
Reflection /	
Score 🏆	

4 PM: Mission 💃	Eat. Go gym.
Strategy 🔍	Eat after I'm done with proposal & track it. Chest day baby 💪
Reflection /	
Score 🏆	

5 PM: Mission 🖔	Gym
Strategy Q	Chest day. Think about ideas for outreach or tactics to use tomorrow. Also FIND REPLACEMENT PART FOR PIANO!
Reflection /	
Score 🏆	

6 PM: Mission 💃	Gym, come home & shower. Eat
Strategy Q	Come home, put phone away in a drawer & immediately shower. Think about ideas for Artin's message while in there (Maybe shower thoughts actually work). Eat after. Set of pushups every time I walk into my room.

Reflection /	
Score 🏆	
7 PM: Mission 💃	Outreach message
Strategy 🔍	First figure out what you're offering to bizs (come up with ideas, iterate, refine). Then make the message. Set of pushups every time I walk into my room.
Reflection /	
Score 🏆	
8 PM: Mission 💃	Review student copy 10 min. "How to steal idaas from businesses"
Strategy 🔍	Watch the video, then take notes. Go back to review it & add on as necessary.
Reflection /	
Score 🏆	
9 PM: Mission 辈	Finish up English presentation, OODA Loop, improve plan.
Strategy 🔍	Do the minimum required for HW. Go point by point & improve plan.
Reflection /	
Score 🏆	
10 PM: Mission 辈	Finish up schedule for tomorrow. Reward
Strategy 🔍	Fast. Shouldn't take long. Reward with a Tate interview if I completed all my tasks.

Reflection /	
Score 🏆	
11 PM: Mission 💃	Sleep
Strategy Q	Pray & think about goals, dreams, & conquering the next day.
Reflection /	
Score 🏆	
12 AM: Mission 🖔	
Strategy Q	
Reflection /	
Score 🏆	



🌇 Twilight's Review 🌇



Today's Learnings: Wisdom or lessons learned from the day

* Victories Celebrated: Accomplishments and successes of the day

Stumbles Along the Way: Points of difficulty or mistakes made.
Tomorrow's Illuminations: Plan how to improve and progress the next day.
Consistencies to Keep: Recognize what worked well and should be repeated.
▼ Communications: Identifying individuals to connect with.
Pending Missions: Tasks that remain uncompleted

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)

2 hours wasted on YT. Didn't do tasks during class-played chess & talked. 1 hour on random chats & chess. HAVE TO BAN CHESS AT THIS POINT.

Create images of what I want [idea].

Have to decide to do a task, do it til' the end & latch onto it like a pitbull until I'm finished.

Yeow. 'I know Ving Giang' nice to meet you. Saw his video, you deflect huh? Decided to pitch in for a project...

Bring up right emotion.

Whenever I feel like the needle isn't moving much or a task is moving slow, just take a step back, bring up the right emotion (for the insight), decide to do it & figure it out right then & there.