Aftercare instructions for Breathing Canvas for Body Piercings:

- 1. Prepare a solution using one shot glass filled with distilled water mixed with a quarter to a third spoonful of sea salt. Ensure thorough mixing.
- 2. Wash your hands thoroughly with soap to ensure they are clean before touching your piercing.
- 3. Dip a clean Q-tip into the sea salt and distilled water solution.
- 4. Use the soaked Q-tip to gently scrub away any crusty or sticky residue from your piercing and the jewelry. Be gentle to avoid irritation.
- 5. Rinse the piercing and jewelry with distilled water to remove any remaining salt residue.
- 6. Use a fresh Q-tip to clean around the base or at the hole of the piercing and also on the jewelry. Ensure thorough cleaning.
- 7. Gently rotate the jewelry to access all angles of the piercing.
- 8. Repeat the cleaning process with the sea salt and distilled water mixture.
- 9. After cleaning, apply a few drops of tea tree oil to a fresh Q-tip and use it to gently cleanse the piercing and jewelry. Tea tree oil can help with disinfection.
- 10. Perform this cleaning routine as recommended by your piercer or until the piercing has fully healed.

Remember to follow these instructions carefully to promote proper healing and minimize the risk of infection. If you experience any unusual or severe symptoms, consult your piercer or a medical professional for guidance.