

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ☒	1 ▾	Wake up on the first alarm, this isn't that important, but it's important that you can do something hard.
2. ☒	1 ▾	Finish all schoolwork
3. ☒	1 ▾	Actually write an email for a prospect
4. ☒	1 ▾	meditation
5. ☒	1 ▾	Breakdown copy
6. ☒	1 ▾	Review student copy
7. ☒	1 ▾	Write free value
8. ☒	1 ▾	Powerup call
9. ☒	2 ▾	Read 20 pages
10. ☒	1 ▾	Ab workout while wrist heals 100 situps
11. ☒ /✗	2 ▾	
12. ☒ /✗	2 ▾	
13. ☒ /✗	2 ▾	
14. ☒ /✗	3 ▾	
15. ☒ /✗	3 ▾	
16. ☒ /✗	3 ▾	
17. ☒ /✗	3 ▾	
18. ☒ /✗	3 ▾	
19. ☒ /✗	3 ▾	

Day Number: 2

Date: 15/03/23

Start Of The Day - Time: 6:00

	 3 Things That I Am Excited To Have In The Future? 
1.	Retiring my parents
2.	Having a family
3.	Having a car

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Wake up
🔔 Intention 🔔	Wake up feeling energized, powerful and ready for the day
✍️ Reflection ✍️	woke up at 5:30 as planned, not energized tho

\$ 7 am: Task \$	Breakfast, watch to not overeat, you're getting fat
🔔 Intention 🔔	Stop getting fat
✍️ Reflection ✍️	Good controlled portion

\$ 8 am: Task \$	Head out for school
🔔 Intention 🔔	Don't miss the bus
✍️ Reflection ✍️	Did not miss the bus

\$ 9 am - 3 pm: Task \$	School
🔔 Intention 🔔	When at school, focus on school when at home focus on TRW, separate things separate
✍ Reflection ✍	Was very focused at shcool

\$ 3 pm: Task \$	School work
🔔 Intention 🔔	Finish up so you have time to do more important things
✍ Reflection ✍	Went into hour 4, took too long

\$ 4 pm: Task \$	Meditate 30 min, workout 30 min
🔔 Intention 🔔	Fix your mind,
✍ Reflection ✍	Late by an hour, speed run next task

\$ 5 pm: Task \$	5 prospects
🔔 Intention 🔔	Keep in mind for untapped areas and better niches
✍ Reflection ✍	Meditated and workout, watch power up call

\$ 6 pm: Task \$	Write a rough email to be reviewed
🔔 Intention 🔔	Produce something at least, get good feedback on it

 Reflection 	Pushed back, got done
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\$ 7 pm: Task \$	Analyze and break down copy from swipe file
 Intention 	Find out what makes a good form of copy, (email, landing page, free value stuff)
 Reflection 	Pushed Back, got done in the end

\$ 8 pm: Task \$	Write free value for a prospect
 Intention 	Get feedback on this one as well
 Reflection 	Finished a draft for a landing page and sent to TRW for review

\$ 9 pm: Task \$	Apply newly learned things
 Intention 	Fix up/ complete copy
 Reflection 	Spent breaking down a copy from swipe file.

\$ 10 pm: Task \$	The day ends,
 Intention 	The day ends, reflect and plan the next day
 Reflection 	The day ended at 10, got some reading done as well, refection is oging great



End-Of-The-Day Report:



 **What Did I Learn Today?** 

FEAR is the enemy, it keeps you from where you want to be because it hinders you as a person

 **What Do I Plan To Do Differently Tomorrow?** 

Do schoolwork faster, you still get behind schedule from simply being too slow

 **What Do I Plan To Do The Same Tomorrow?** 

Follow the plan as you should

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

Update email outreach as well as the landing page created today

 **What Tasks Were Left Undone?** 

NONE

Brain Dump:

**To transcend, you must enlighten, to
enlighten you must be void of distraction,**

**to be void of distraction also means to be
void of distraction within yourself.**