

Local Town Resources

Milton Town

<https://www.miltonvt.gov/>

Milton Public Library

<https://miltonlibraryvt.org/>

Milton Youth Coalition (MCYC) – A group of people, organizations and businesses who care about young people in **Milton**. We are parents, teachers, students, neighbors, legislators, business owners and organization leaders working together to engage **youth** in making positive, healthy and substance free choices through education, programs and community events.

<http://miltonyouth.org/>

Milton Food Shelf – Milton Family Community Center (MFCC) – The Food Shelf provides basic assistance for families in need. It is available to families in need year-round with supplies being dependent on community donations and local food banks. The MFCC Emergency Food Shelf is accessible weekdays from 9 a.m. – 4 p.m. The MFCC food shelf is closed on weekends and holidays.

<https://miltonfamilycenter.org/emergency-food-shelf/>

Milton Parks & Recreation

<http://www.miltonvt.gov/165/Recreation>

Youth & Family Services

Green Mountain Consortium – Offers a great selection of eBooks for your Kindle device or reading app. If you have a Milton Public library card, you can create an account in Green Mountain Consortium (previously ListenupVermont!).

<https://gmlc.overdrive.com/>

Hunger Free Vermont – Open or drop-in summer meal sites fill a critical role in addressing food insecurity for children across the state of Vermont.

<https://www.hungerfreevt.org/summer-meals-site-lists/>

Spectrum Youth & Family Services – Our mission is to empower teenagers, young adults, and their families to make and sustain positive changes through prevention, intervention, and life skills services.

<http://www.spectrumvt.org/>

Department for Children & Families – Some 200,000 Vermonters rely on the Vermont Department for Children and Families (DCF) for programs and services. DCF brings together a wide array of programs and services that affect the well-being of individuals, children, and families in Vermont.

<https://dcf.vermont.gov/>

Vermont Family Network – Vermont Family Network (VFN) promotes better health, education, and well-being for all children and families, with a focus on children and young adults with special needs. They provide services and supports in advocacy and leadership, disabilities or special health needs, early childhood development, general and special education, health care access, mental health, and transition to adulthood.

<http://www.vermontfamilynetwork.org/>

Health & Wellness

802 Quits – Resources to help quit smoking.

<http://802quits.org/>

Chittenden Prevention Network – Support healthy communities and prevent substance misuse.

<https://www.chittendenpreventionnetwork.com/>

Howard Center - The Howard Center offers life-saving professional crisis and counseling services to children and adults; supportive services to individuals with autism and developmental disabilities who need help with education, employment, and life maintenance skills; counseling and medical services for those struggling with substance abuse; and intensive interventions for adults with serious and persistent mental health challenges. Howard Center was founded in 1865 and helps more than 15,000 individuals and families every year.

<http://howardcenter.org/>

Parent Up – Substance abuse prevention resource for parents of teens.

<https://parentupvt.org/>

Help Me Grow Vermont – Statewide system for improving access to existing resources and services for prenatal parent and families with young children through age 8

<http://www.helpmegrowvt.org/index.html>

WIC – Federal Special Supplemental Nutrition Program for Women, Infants and Children. The Burlington WIC Program provides a wide variety of services and supports to pregnant women, postpartum women, infants, and children under age five. These services include healthy food, nutrition education, breastfeeding support, and referrals to community partners and programs. Over half the new babies and 40% of pregnant women in Vermont benefit from WIC.

<http://www.healthvermont.gov/local-health-offices/burlington/wic-services>

Community Health Centers of Burlington - The Community Health Centers of Burlington (CHCB) is dedicated to providing exceptional care with respect and compassion and with a commitment to serving people regardless of financial status or life circumstance. They offer an array of services including medical care, dental care, and counseling. They have a variety of locations in Burlington that have day, evening and Saturday hours of operation.

<https://www.chcb.org/>

Housing

Chittenden County Homeless Alliance – The Chittenden County Homeless Alliance is a partnership of dozens of different people, organizations, and government entities working together to make homelessness rare and brief. We serve the 17 communities in Chittenden County, Vermont, USA.

We engage in strategic planning, funding distribution, and coordinated entry. We work to ensure that people experiencing homelessness in our community have access to all of the programs and services that they are eligible for.

<http://www.cchavt.org/>

The Committee on Temporary Shelter (COTS) - provides emergency shelter, services, and housing for people who are homeless or marginally housed in Vermont.

<http://cotsonline.org/>

Vermont State Housing Authority – The Vermont State Housing Authority provides statewide housing subsidies which make housing more accessible and affordable. Their affordable housing initiatives reach many Vermonters, from senior citizens, young families, those who are homeless and those with special needs to residents of mobile home parks.

<https://www.vsha.org/>

Champlain Housing Trust – CHT manages 2,200 apartments, stewards 565 owner-occupied homes in its signature shared-equity program, offers homebuyer education and financial fitness counseling, provides services to five housing cooperatives, and offers affordable energy efficiency and rehab loans.

<http://www.getahome.org/>

Adult Learning

Vermont Adult Learning – Offers GED and Basic Skills Education.

<http://www.vtadultlearning.org/chittenden-county/>

Other Resources

United Way Familywise – United Way offers a prescription card that is free to everyone whether you are insured or uninsured

<https://familywise.org/>

Questions? Call Vermont 2-1-1

Provides free access to community resources through information and referral. Find out about hundreds of important community resources, like emergency food and shelter, disability services, counseling, senior services, health care, child care, drug and alcohol programs, legal assistance, transportation agencies, educational and volunteer opportunities, and much more. Vermont 2-1-1 is your first step toward solving everyday problems or when you are facing difficult times. It's a free service. It's confidential. It's 24/7.

<http://www.vermont211.org/>