

25 MOST COMMON SIGNS AND SYMPTOMS OF GI DISEASES

No	Medical Term	Lay Term	Description	Images
1	Ascites	abdominal swelling, fluid in the abdomen	Abnormal accumulation of fluid in the abdomen	
2	Abdominal pain	Stomach ache	Pain or discomfort felt in the belly	
3	Anorexia	Loss of appetite	Lack of desire to eat or loss of appetite	
4	Bloating	Feeling full	Feeling full, tight, or swollen in the abdomen after eating	
5	Change in bowel habits	Change in stool	Changes in the frequency, consistency, or appearance of stool	
6	Constipation	Difficulty passing stool	Difficulty passing stool, infrequent bowel movements	

7	Diarrhea	Loose stool	Frequent passage of loose, watery stools	
8	Dysphagia	Difficulty swallowing	Difficulty swallowing or a sensation of food getting stuck	
9	Flatus	Breaking wind	Gas expelled through the anus	
10	Gastrointestinal bleeding	Bleeding in the digestive tract.	Loss of blood from the digestive tract, leading to bloody stool	
11	Heartburn	Burning sensation	Burning sensation in the chest, often after eating	
12	Hematemesis	Vomiting blood	Vomiting of blood or coffee-ground-like material	
13	Hematochezia	Bright red blood in stool	Passage of fresh, bright red blood from the rectum	

14	Hepatomegaly	Enlarged liver	Enlargement of the liver	
15	Fecal/ bowel Incontinence	Loss of bowel control	Inability to control bowel movements	
16	Jaundice	Yellowing of skin	Yellowing of the skin and whites of the eyes	
17	Melena	Dark/black stool	Dark, tarry stool caused by the presence of digested blood	
18	Nausea	Feeling sick	Feeling sick or queasy	
19	Odynophagia	Painful swallowing	Painful swallowing or pain with swallowing	
20	Reflux	Acid regurgitation	Flow of stomach acid back into the esophagus	

21	Regurgitation	Food coming up	Backward flow of undigested food or liquid	
22	Steatorrhea Phân mỡ	Fatty stool	Passage of pale, bulky, and greasy stools	
23	Dyspepsia (Khó tiêu)	Indigestion	uncomfortable in your stomach	
24	Vomiting	Throwing up	Forceful expulsion of stomach contents through the mouth	
25	Abdominal distension (Chướng bụng)	Swollen belly	The abdomen is enlarged and protrudes outward, normally containing gas, fluid, other substances.	

For more materials, please go to <https://tienganhkyhoa.vn>