

## NORTON BOYS BASKETBALL GUIDELINES

## **Norton Boys Basketball Coaching Staff**

- 1. Marc Liberatore Varsity Basketball Coach (24th season)
  Contact mliberatore@norton.k12.ma.us
- 2. Travis Jolly Assistant Varsity Coach/JV Head Coach (16th season)
  Contact coachiolly@norton.k12.ma.us
- 3. Boys Freshman Coach Aaron Roy (4th season) aroy@norton.k12.ma.us

## Twitter @nortonboyshoops

## Website www.leaguelineup.com/nortonlancerbasketball

- DO come to practice and game contests with a great positive attitude and work ethic aimed at improving and competing to get better with every opportunity whether at practice or games. Lack of such attitude and work ethic may result in loss or jeopardization of playing time in both practice or games.
- 2. DO abide by all Student Handbook Rules and Athletic Handbook rules that cover your participation in Boys Basketball, maintain a commitment to achieving academic success to ensure your eligibility and participation on the court. Be mindful that Student Handbook and Athletic Handbook rules govern your behavior during the participation of basketball at home and in the locker room, on away buses, and away game contests as well. Don't jeopardize participation and playing time with decisions that might violate Student Handbook rules during the school day or at home/away contests.
- 3. DO take pride in our athletic facilities including our playing courts, locker room, weight room, we are extremely lucky to have renovated facilities since the High School renovation project, treat our facilities with the respect and pride they deserve. Any lack of respect or detrimental behavior to the town's investment of upgraded facilities will not be tolerated and will be consequential to playing time and participation.
- **4. DO** be mindful and aware of decisions that violate the MIAA and Norton Athletic Handbook policies regarding appropriate language/behavior, chemical health, hazing and sportsmanship. Any violations of such behavior will obviously result in consequences in accordance with MIAA policies and Norton Athletic Handbook policies. Those policies have serious consequences to participation including suspension of play for percentages of game contests.

- 5. Do participate and compete in game contests with a competitive attitude but one that is reinforced with sportsmanship and respect for our opponents and game officials at all times. Lack of respect that results in unsportsmanlike behavior game technical fouls will result in loss of playing time for the remainder of that specific contest and may impact playing time in future contests. Simply put, compete hard at all times, but remember to represent the school on the front of the jersey with sportsmanship and respect for officials and opponents during game contests at all times.
- **6. DO** stay informed with practice, game changes, cancellations, postponements, etc., through social media updates on twitter and on the league lineup website. Also be aware of TVL news, team announcements, team and player accomplishments from the same social media and website informational sources.
- 7. DO attend all practices and games with a commitment to working hard and improving with each opportunity. Inform coaches via direct conversation in advance of any potential excused absences from practice. If you are out of school sick, inform coaches via email of your excused absence from practice. Missing practice as a result of unexcused absences will result in the following "three strikes" consequences to playing time, first missed practice due to unexcused absence reduction in playing time in the next athletic game contest, second missed practice due to unexcused absence no playing time in next athletic game contest, and third missed practice due to unexcused absence possible removal from team. Simply put, attendance and participation at practice enhances preparation for game contests and opportunities to garner playing time for future game contests.
- 8. DO discuss with coaches before or after practices not before or after games at a mutually agreed upon time on areas to improve upon in practice to garner additional playing time. Playing time is at the discretion of the coaches based upon performance, skill, work ethic and attitude demonstrated daily at practice sessions and carried over to game contests, however coaches will certainly offer suggestions of areas of improvement for players in before mentioned scheduled conversations before/after practice.
- **9. DO** receive assistance and advice from the Trainer before or after practice sessions to maintain health and wellness over the course of the season. Schedule treatment sessions in accordance with the Trainer's schedule and the team's practice schedule.
- 10. Do enjoy the experience of playing high school basketball, revel in the grind of the day to day practices, the competition of the game contests, the atmosphere of support from classmates and family members, the camaraderie of being on a team seeking common goals. The experience will be fleeting in turns of time, enjoy it while it lasts and maximize the opportunities it provides.

Student Athlete Name PRINT	
Student Athlete Signature	
Parental Signature	