

Benson Tech's Career Opportunities

For questions or help, please see Jzalana Bethune-Summers, the Career Coordinator in the College and Career Center next to the commons, or email jbethunesummers@pps.net.

Last Updated: 03/09/2026

Attend a career event and complete your CRLE reflection (2 required for graduation) here: <https://forms.gle/Xtv4Q5eZcHnZ8Aor9>

✨ Opportunity Spotlight ✨

Summer Opportunities 2026 (Check it out!)

The Benson College and Career Center staff has a slideshow showcasing all of the known summer opportunities for students of all grades. Some opportunities are paid and some are unpaid. We will continue to update this as we get new information. Check out all of the cool summer opportunities [here](#).

Lents Youth Initiative Leadership Program + Paid Summer Internships

Youth Ages 14-19 receive training around environmental justice, social justice, leadership skills, and community building through a leadership group then apply for a paid summer internship after training. For more information and to sign up visit their [website](#).

Portland Parks and Recreation Summer Job Opportunities (15+)

March 16: Most summer jobs will open and be [viewable on the jobs page](#) (a few are open now; Environment Education opens/closes early)

March 24: PP&R Summer Job Fair @ [East Portland Community Center](#), 4:30pm-7pm

March 28: PP&R Summer Job Fair @ [Matt Dishman Community Center](#), 10am-12:30pm

April 12: Most summer jobs will close, with the 12th being the last date to apply

Providence Portland Medical Center Career Exploration Event 3/13/26

What: Providence Portland Medical Center Career Exploration Event

When: Friday, March 13th, from 9:00 am-12:00 pm

Where: Providence Portland Medical Center, Rooms HCC 1/2/3 (basement level) – 4805 NE Glisan St., Portland, OR 97213

How: Register on the Providence Ready Website

<https://www.providenceready.org/our-programs/career-exploration/events/event-details/?Event=49863>

PWA NW Youth Careers Expo Breakfast (3/17)- Sign Up

PWA Expo Breakfast: PPS students are invited to attend the [PWA Expo Breakfast](#) at the Oregon Convention Center at 7:30 AM on Tuesday, March 17, 2026, on the morning of the NW Youth Careers Expo. Come hear inspiring career speakers, connect with interesting employers, then head downstairs to the Careers Expo to explore! Sign up [here](#) and see the [printable student flyer](#) for more information. Whenever possible, students are seated with adults who share their career interests (i.e. construction, business, healthcare, etc). Tickets are free for students.

Summer Healthcare Camp Opportunities

[OHSU Healthcare Career Camp-](#) One day camps in August. Who can apply? Current Freshmen, Sophomores, and Juniors.

[Synapse Camp-](#) Pacific University (Hillsboro). June 22nd-26th 9:00-4:00. Students get hands-on workshops, tours, job shadows, panels, labs, and much more. Sign up starts March 16th. Who can apply? Current Sophomores and Juniors.

The Rosebuds Leadership Program (paid)- Waitlist Open

The Rosebuds Leadership Program (Ages 14–18) is a paid youth leadership opportunity (\$20/hr) for Oregon high school students committed to improving community wellness, safety, and advocacy. Students also earn leadership certificates, letters of recommendation, networking experience, and contribute to impactful community-based projects. Learn more and apply [here](#).

Youthline Peer Crisis Intervention Specialist- PAID & Unpaid

The Peer Crisis Intervention Specialist position requires students aged 15-24 who can commit to one 3.5-hour shift per week (3:45-7:15PM or 6:45-10:15PM). Volunteers in this position answer calls, texts, and chats from folks reaching out. There's also a work-study program designed for young people who are marginalized by limited social and economic resources. Eligible youth may apply for a \$250 monthly stipend. Youthline asks for a minimum of a one-year commitment from volunteers. If students are interested, they can text "ORVOL" to 85511, email YLVolunteering@linesforlife.org or check out the [website](#) to learn more!

Braking Cycles Youth Internships- Ages 14-17

Braking cycles Coffee & Bikes offers internships (ages 14-17) and apprenticeships (ages 18-21) for students to gain experience and skills and support students heading into the workforce. Internships are 6 hours per week for 12 weeks. Incentives include gift card and bikes. Application process: Email kathryn@transitionalyouth.org for an application and to schedule an interview.

Portland Workforce Alliance Upcoming Career Days

Registration PWA Career Days is OPEN! Here is the current list:

Providence Park- Hiring Students this Fall! *PAID*

Providence Park is hiring high school students to work events such as Timbers games, Thorns games, and concerts. The pay is \$18 an hour. Must be age 16+. Check out the [job description](#). If you're interested, fill out this [interest form](#) to be notified when the application opens in November.

Youth Mentoring Job Opportunity for High School Students *PAID*

[Active Children Portland](#) is looking to hire part time coach-mentors to work in our youth after-school programs at elementary and middle school sites across Portland-Metro.

Basic Info:

- Seeking High School Juniors and Seniors
- Schedule: Mon-Thurs (2-4 days a week depending on site), between 2:30 - 6:00 (also depending on site)
- Pay: \$20 per hour + paid training
- 10 week seasons during Fall (Sept. - Nov.), Winter (Jan.-Mar.), Spring (Mar. - June), and Summer (Various)

Interested students can email: chris@acportland.org or sarai@acportland.org

Outdoor School- Volunteer as a Student Leader

The outdoor School Student Leader program is a way for students in grades 10-12 to become role models and teachers for the middle school students that attend, while also learning leadership skills. For more information and to sign up visit <https://ods.apps.mesd.k12.or.us/>.

Rhizome Fellowship- Community ServiceHours

Check out this opportunity for high schoolers to receive service hours for working to make a positive difference in their communities based on their passions, as we're still open for fellow applications through [Rhizome](#)! See the [flier](#) for more information.

Bodecker Foundation Workshops- Sign Up Now!

Check out the Bodecker Foundations [current workshops](#)! Spots are limited so sign up asap.

SummerWorks Summer Internship (PAID)

The SummerWorks program this summer is paying \$17/hr and the standard work experience lasts 160 hours or 12 weeks, whichever happens first. If enrolled you'll be connected to a coaching agency that can provide transportation support, cover any required clothing for the job and connect on future opportunities. Complete [PDXYouth@Work Interest Form](#) ASAP to get access to summer work experience opportunities.

Portland Parks & Recreation Summer Jobs- Apply now!

Portland Parks & Recreation has summer jobs for students working in parks and summer camps across Portland. They have jobs for ages 15+. Search their summer jobs and apply [here](#). (not open yet but stay tuned!)

Sensory Technician at the Food Innovation Center (OSU)- PAID

The Student Worker will be assisting the Sensory Program staff with the scheduling of participants, preparation of food and serving of samples for consumer taste tests. Duties will include: Scheduling participants, Sending confirmation emails, Making copies, Coding serving materials, Food sample preparation/serving, and Clean up. [Find more information and apply here.](#)

The Parallel Project- PAID Tutoring job for 12th grade

Lara Raban is looking for Benson 12th graders to serve as tutors. This is a paid opportunity. To apply, [fill out this form](#).

Internships & Leadership Opportunities

The Zoo Apprenticeship Program (ZAP)

The Zoo Apprenticeship Program, or ZAP, is a multi-year paid apprenticeship program for a diverse cohort of high school-aged youth 15 and older. It includes educational programming, career exploration and connections to nature and wildlife. The application deadline is December 23rd. Find more information and [apply here](#).

PORTLAND POLICE BUREAU CADET PROGRAM

Are you 16-20 years-old, want to assist officers and get actual police training?

The Police Cadet Program is designed to offer young men and women firsthand experience and training in the field of law enforcement while working individually or as a team to develop confidence and leadership skills that benefit any career choice. The Cadet program looks to achieve these goals through mentorship, classroom instruction, hands-on training, and experiences. [BECOME A CADET!](#)

Volunteer Opportunities

Volunteer with YouthLine

Youthline is a free teen-to-teen help, support and crisis line that operates every day from 4-10 PM PST. Teens can call, text or chat us with anything that may be bothering them; including family and relationship problems, substance abuse, eating disorders, depression, suicidal thoughts, and a wide array of other life challenges. Students must be 15-24 years old for the Peer Crisis Intervention Specialist position and can commit to one 3.5-hour weekly shift (3:45-7:15 pm or 6:45-10:15 pm). Volunteers in this position answer calls, texts, and chats from

folks reaching out.

We ask for a minimum of a one-year commitment from volunteers. Interested students can text "ORVOL" to 85511, email YouthL@linesforlife.org or check out [our website](#) to learn more!

Volunteer with the Oregon Humane Society - Apply now to volunteer! Get an opportunity to learn, socialize, and train with shelter dogs and cats. Must be 12-17 years old. More information can be found on their [website](http://bit.ly/40XzBG4): <http://bit.ly/40XzBG4>

Volunteer with Legacy Emanuel - If you are interested in pursuing a career in healthcare, actively assisting in a hospital setting will provide you with the opportunity to gain a helpful understanding of the hospital environment and the many medical roles filled by our excellent staff! Complete [this](#) (the link automatically downloads the application automatically, so check the downloads in your computer) application and submit to Sarah Mitchell, Volunteer Coordinator, Legacy Emanuel Medical Center, SCARMAN@lhs.org

Check out [Hands On Greater Portland](#) for volunteer opportunities! You can search their [calendar](#) for available volunteer slots with group projects and events or perform a search in their [volunteer database](#) of ongoing opportunities that match your interests.

Jobs

Food/Restaurant/Service Jobs

- **Holladay Park Plaza**- Food server position. [Apply here](#).
- **Fred Meyer** - No Experience necessary; On the job training, flexible scheduling, and store discounts provided. Apply online at jobs.fredmeyer.com and drop off your resume at the Customer Service Desk
- **Safeway/Albertsons hiring at All Store Locations**
 - They hire students aged 16+ for courtesy clerks and barista positions. For position details, go [HERE](#)
- [New Seasons Market \(Multiple locations and positions\)](#)
- [Safeway \(Multiple locations and positions\)](#)
- [Salt and Straw \(Multiple locations\)](#)
- [Dutch Bros Coffee](#)

Other Non-Food Service

- [Guest Experience Attendant at the Moda Center](#)- Starting rate is \$17.75 with \$100 referral bonus for every person you refer to work there. Must be 16 or older.
- [PedalHeads Bike Instructor](#) Must be 16 and older. Pay starts at \$16.70 an hour. (Usually Spring and Summer Hire)
- [Target- Retail and other store positions](#). Make sure you change the radius to '5 miles' and to your zip code.

- **Part-time [Aquatics](#) employment opportunities** for students Age 16+, and Southwest Community Center has the greatest need of all our Indoor Pools for **Lifeguards & Swim Instructors**.
 - Work schedules are completely flexible around a student’s availability at any given time.
 - Starting wages are \$18.50
 - We provide certification classes for free, via a refundable \$40 deposit (discounts to deposit available!).
 - [Upcoming certification classes](#) are at Southwest Community Center and are held outside of PPS school days/times.
- [Camp Counselor for OMSI](#)
- [Portland Parks Summer Recreation Employment](#)
- [Wunderland Arcade Attendant](#)- Maintains facilities including basic cleaning, sweeping.

Search “Teen Jobs Portland” in Google or [Indeed](#) to see what businesses are hiring, and then apply online *and* drop off your resume in person. It is important to get your name in front of the hiring manager more than once, which is why it is important to drop off your resume in addition to applying online!

Jobs & Training for Graduating Seniors

CTE Opportunities Book- [Link](#)

Learn about Plumbers, Installers, and Painter Apprenticeships

Plumbers Joint Apprenticeship & Training Committee (JATC) has a program that is now open. Please see all details [online](#) to get started.

NW College of Construction has Apprenticeships

See details [online](#) for information and apprenticeships

Portland YouthBuilders Bridge to Construction

Bridge is a construction pre-apprenticeship program designed to support high school graduates ages 18-26 living in Multnomah or Washington County with pursuing a living-wage career in the construction trades through hands-on training and individualized career coaching. Throughout the program, students earn industry-recognized certifications and get direct/preferred entry into apprenticeship/trades positions. Students received a stipend of up to \$15 per hour for full participation over the 9-week training program. [Learn more and apply!](#)

Impact NW Manufacturing Pre-Apprenticeship - Kickstart your career in manufacturing/trades by participating in this free, PAID, 7-week course (175 hours of training!) See all details [HERE](#)

Opportunities Unlimited - Community Support Company called [Opportunities Unlimited](#) is hiring full and part-time positions for age 18+. Together with the Portland metro counties and their respective agencies, we service the underserved adult community of the developmentally disabled. [FLYER](#)

POIC- Paid job training in construction, culinary, natural resources, and technology. Find more information [here](#).

Constructing Hope Pre Apprenticeship Youth Program- Professional instructors will lead classroom discussions and supervise new learning experiences in carpentry, environmental restoration, and even aerospace activities. Ages 16-19. 5 week training program. Find more information [here](#).

IBEW Electrician Pre Apprenticeship Program- Unpaid and cost-free electrical training to prepare for an electrical apprenticeship. Find more information [here](#).

PCC Electrician Apprenticeship Technology- Associate's degree, financial aid eligible, find more information [here](#).