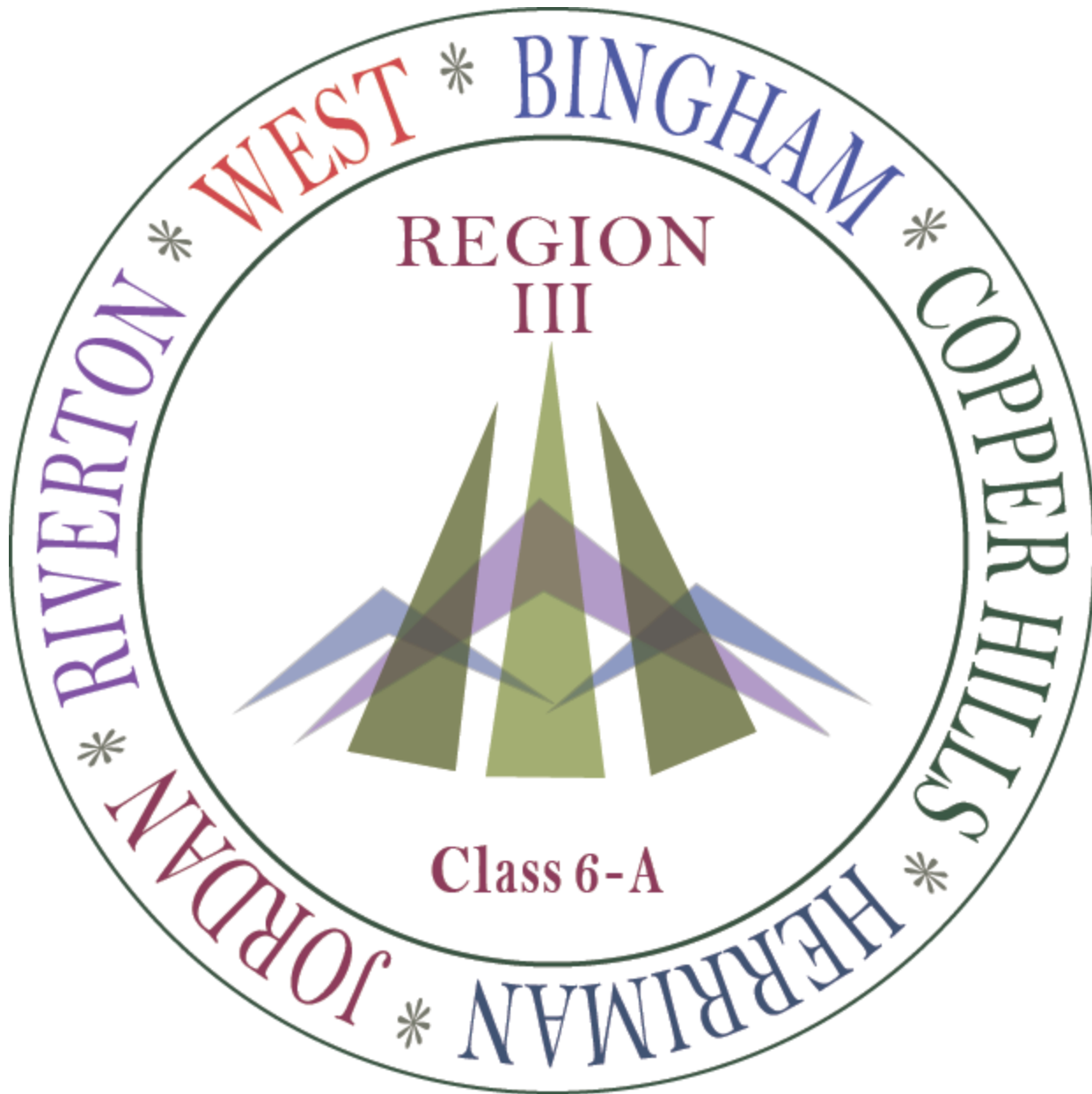


2019-2020 - This is the older manual from last year.

See 2020 - 2021 manual here:

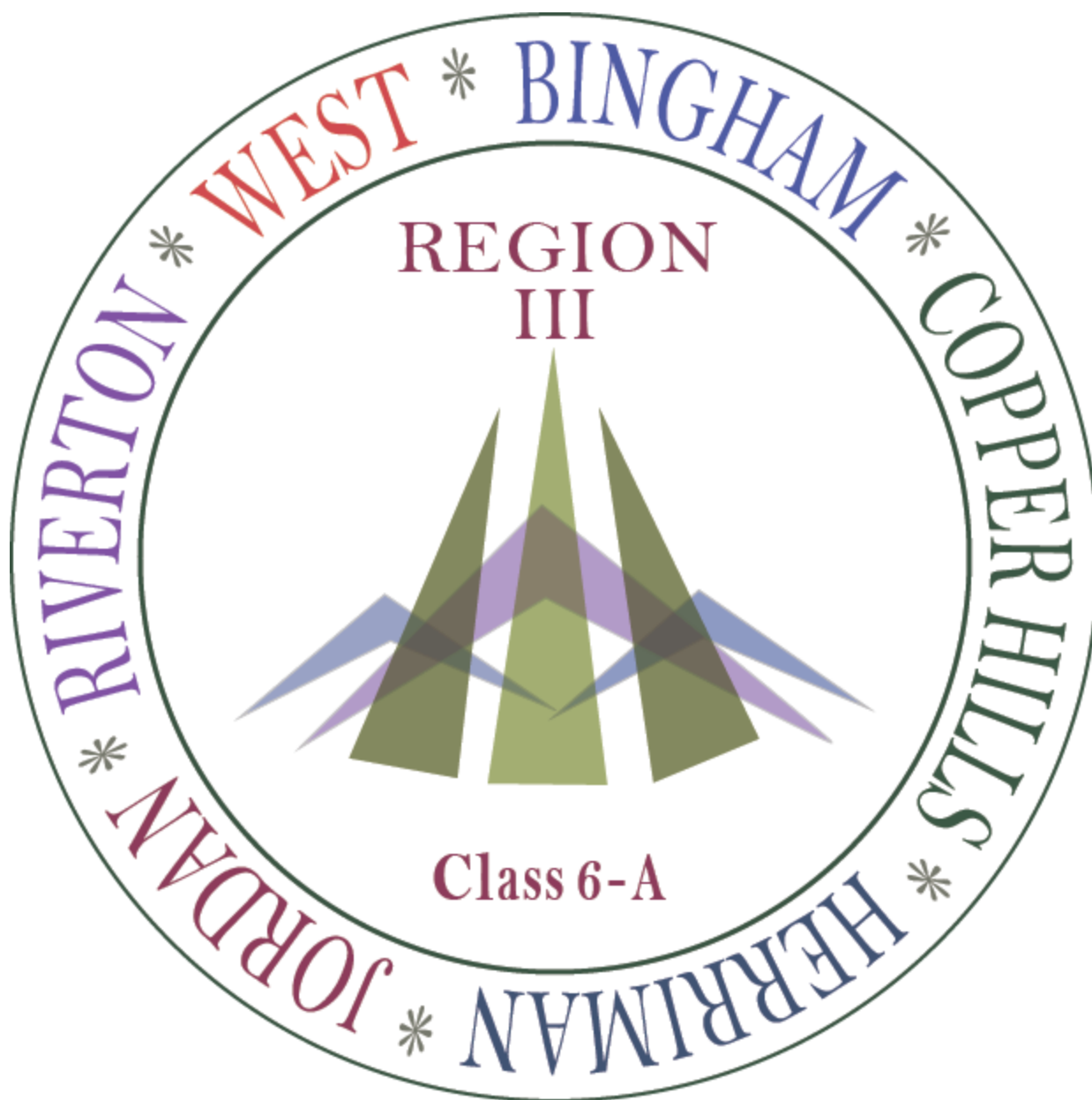
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See 2020 - 2021 manual here:

<https://docs.google.com/document/d/1fwEnKkVtZbzhEZPTqqG6pV4MQQOUJr10vWjGWWAX8-k/e>
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GENERAL GUIDELINES

Region policy supersedes individual sport/activity guidelines. UHSAA policy supersedes Region Policy. (find updated UHSAA Handbook at <http://uhsaa.org/Publications/Handbook/Handbook.pdf>)

It is the responsibility of all principals, coaches, moderators and participants to become thoroughly familiar with these regulations.

1. Admission Fees and Tickets- Tickets will be sold at Varsity Football and all levels of Basketball. Tickets will be sold at region tournaments in swimming, wrestling, track, and drill teams.

- A. \$5 visiting high school students with activity cards and other school age children.
- B. \$5 adults and high school students without activity card.
- C. \$20 family Pass (immediate family only) – limit six (2 adults, 4 children – ALL must be present to enter).
- D. Schools have the option of issuing season passes to home games only at a discounted price.
- E. Region III home games are free to home students with activity card (pre-season games are up to each school).
- F. Free to holder of Region III and UHSAA passes only.
- G. Free to senior citizens (62 or over).
- H. Free to cheerleaders
- I. Student body and class officers in sweaters with SBO pass
- J. Free to children under five years of age, accompanied by a parent.
- K. Tickets will be sold at varsity football games at 5:30 p.m. and boys & girls varsity basketball no earlier than 3:00 pm. Hand stamps should be used for those requiring reentry.
- L. Tickets will be sold throughout the 3rd quarter. No one will be admitted without a ticket or a pass.

2. Supervision of Region Activities, Tournaments and Meets

A. Any school hosting a Region III tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.

B. The host school must have two school administrators at home varsity football and boys' varsity basketball games. Visiting team must have one administrator at away varsity football, boys' and girls' varsity basketball games and one administrator at boys' and girls' varsity soccer games. Schools will provide a school resource officer at home and away football games, home boys' and girls' basketball, away boys' basketball, home boys' and girls' soccer, home boys' and girls' lacrosse. It is recommended that an administrator be present at all activities, where possible. Supervising administrators are to meet prior to the game and work out supervisory details. They are also to stay following the end of the event until the crowds have dispersed and the visiting team is on the bus.

C. It is the responsibility of the chairman of each individual activity to see that Region III tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host administrator regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.

D. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.

E. No sitting on the front row or standing on the floor in basketball.

F. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate pep clubs as well as the general student body.

G. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the Region III Board of Managers will take restrictive action against the offending school.

3. Accommodations for Visiting Teams

Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and chalkboards. Towels will not be furnished to visiting teams by the host school. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach will check facilities prior to departure. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designee. **LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.**

Visiting teams can communicate via home AD concerning availability of power sources, hook-ups and equipment options for visiting filming and media. No electronic speakers/sound/music broadcast to stands from visiting team.

4. Rules for Region III Tournaments

All Region III tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the Region III Board of Managers for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the Region III Board of Managers, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region III Activities

A. Bands & Drums:

(1) A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters, and half-times only. An advisor must always be present if a band is to perform

(2) Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after a basket.

B. Students Body Officers:

Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Student Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

(1) Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.

(2) All stunts and pyramids must be in accordance with risk management policies.

(3) Only high school students in uniform are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal.

(4) Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.

(5) Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.

(6) Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities."

(7) No electronic cheering methods will be allowed. No electronic speakers/sound/music from visiting team.

(8) A supervisor must be present when cheerleaders perform.

(9) The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.

(10) Only the home school will be allowed to stunt during high school activities.

D. Pre-game, Half-time, and Post-Game Activities:

(1) The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.

(2) All activities should come to a halt immediately when the flag ceremony begins. Head-gear should be removed. Activity should remain suspended until flag ceremony is over. Starting lineups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.

(3) a. The announcer should call everyone to attention as the flag enters.

b. The announcer should be objective and impartial announcing a game.

(4) Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.

(5) Basketball half-time: Maximum of seven minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.

(6) The host school pep club or drill team may use pom-poms if the floor is swept after each use, or at the earliest convenient time.

(7) A supervisor must be present when student groups perform.

(8) Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands.

A. Visiting teams will leave the field or floor immediately after the game ends.

B. Visiting teams (basketball) will leave the team locker room within 20 minutes after the game ends.

C. Visiting teams (football) will leave the team locker room at halftime with gear in preparation to leave the stadium immediately following the game. Administrators must escort team to the bus.

(9) No gum, sunflower seeds, portable heaters, or sugar drinks will be allowed on turf fields.

(10) Any senior recognition cannot delay start of game.

(11) There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

Sportsmanship Announcer Statement (To be read prior to every Region event) ***"Ladies and gentlemen, welcome to (home high school) for tonight's/today's athletic contest. We welcome our guests from (visiting high school) and wish all players good luck in tonight's/today's game. Both schools are members of the Utah High School Activities Association and support the statewide sportsmanship program Raise-the-Bar."***

Sportsmanship does matter and we ask for your support in demonstrating respect for the game and all participants by refraining from negative cheers, chants, or behavior. Do Rowdy Right."

- (1) Encourage student groups to initiate sportsmanlike activities during the season.
- (2) Other than authorized spirit groups (cheerleaders, pep club, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. (Until visiting team exits the floor/field).
- (3) The throwing of any objects, including confetti cannons, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- (4) Visiting schools are not to conduct any type of post-game activities.
- (5) The use of negative or insulting chants is not to be used.
- (6) For reasons of student safety and I.D. purposes, student will not be allowed to have any body paint on any area of the body except on the face. All other body painting is prohibited. The school administration is responsible to enforce this rule.
- (7) All laser pens are prohibited.
- (8) No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- (9) A sign of a positive nature on the football field at halftime for the home teams to run though will be allowed.
- (10) All banners will be used by the Cheerleaders only.
- (11) No spectator banners or signs, with the only exception being banners used to honor seniors on senior night to be put away when game begins. Visiting teams shall not hang banners at off-site venues.
- (12) Each school may have one School Banner at the Region III Championship Meet. The maximum size for this banner being 5'X 8'. No other signs or banners will be allowed at Region site.
- (13) "Region III Spectator Support Items" – Refer to the UHSAA Handbook pg 55 (under Information – Spectator Support Items).

In the chart below, ONLY those items marked "Y" will be allowed as support items at UHSAA state tournaments and meets. Region III schools follow these regulations during preseason, regular season, and in Region Tournaments. Sportsmanlike vocal cheering and support from all participants are always encouraged.

LEGEND:

BA- Baseball	BSK- Basketball	CC- Cross Country	DR- Drill Team
FB- Football	GO- Golf	SC- Soccer	SB- Softball
SW- Swimming	TE- Tennis	TR- Track & Field	VB- Volleyball
WR- Wrestling			

	BA	BSK	CC	DR	FB	GO	SC	SB	SW	TE	TR	VB	WR
Practice or competition at state site 2 weeks prior	N	N	N	N	N	Y	N	N	N	Y	N	N	Y
Balloons	Y	N	Y	N	Y	Y	Y	Y	N	Y	Y	N	N

Poms	Y	Y	Y	N	Y	Y	Y	Y	N	Y	Y	N	N
Artificial noisemakers (shakers,clickers, horns, bells, cow bells, buzzers, thundersticks)	N	N	Y	N	Y	N	Y	N	N	N	N	N	N
Megaphones (non-electronic)	Y	N	Y	N	Y	N	Y	Y	N	N	Y	N	N
School bands (including drums)	N	Y	N	N	Y	N	N	N	N	N	N	N	N
Shirts on fans; spectator faces must be identifiable	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Recorded music over PA system by approval only	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Rally towels	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Air horns/sirens/electronic bull horns	N	N	N	N	N	N	N	N	N	N	N	N	N
Banners on wall except welcome or corporate sponsor	N	N	N	N	N	N	N	N	N	N	N	N	N
Hand held signs of any kind	N	N	N	N	N	N	N	N	N	N	N	N	N
Cannons/muskets, whistles, vuvuzelas	N	N	N	N	N	N	N	N	N	N	N	N	N
Drones	N	N	N	N	N	N	N	N	N	N	N	N	N
Confetti/shredded paper	N	N	N	N	N	N	N	N	N	N	N	N	N
Banners for teams to run Through	N	N	N	N	N	N	N	N	N	N	N	N	N
Laser light/pointer	N	N	N	N	N	N	N	N	N	N	N	N	N
Miniature sports balls thrown into crowd	N	N	N	N	N	N	N	N	N	N	N	N	N

7. Events Schedules

- A. All Region III regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent and Board of Managers approval at all levels, including varsity, junior varsity, and sophomore, may result in a fine and forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools (recommend pre-season game agreement including the absence of teams.)
- B. Both principals are to agree to the change before a change will be sent to the Board of Managers for approval. If the Board of Managers agrees on a change of time and date of an activity, the host school must notify the arbiter of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.
- C. All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

8. Miscellaneous

- A. Awards are to be given according to the published Region III format. No additional awards will be allowed unless pre-approved by the Board of Managers.

- B. All personnel on the sidelines will be required to wear a Region III sideline pass at all games which will be monitored, distributed, and controlled by the host school administration or police officers. No one under the age of 14 will be allowed on the sideline of football games, as per state risk policy.

9. Game starting times and participant regulations

No sports activity may begin before 3:30 p.m., unless approved by the Board of Managers.

However, varsity football may not start before 4:00 p.m. until Daylight Savings ends. Thereafter, games may start at 3:30 p.m.

10. PROCEDURE for BREAKING TIES for STANDING

- A. The **Region Activity Chairperson** will facilitate the Tie-Break procedure with administrative representation from the involved schools at the earliest convenience once the tie has been confirmed by game results. Games to break ties will be played at home sites coordinated by the Region Activity Chairperson. The location of the game will be determined by head-to-head records. In the case of a tie, steps 9B-9E will occur until the tie is broken and the home site is awarded.
- B. **Head to Head Region records** (with tied teams) - In the event of a tie between teams qualified for state tournament positions, the seed will be determined by the win/loss records in region play of the teams involved in the tie.
- C. **Compare against highest Region finish** - If the tie still exists, the seed will be determined by comparing each team's record against the team with the highest region finish or next highest, etc. until the tie is resolved.
- D. **Compare head to head records** - Once a team has been awarded a seed they are no longer part of the tie-breaking scenario. After this process, if only two teams remain the remaining two teams will be seeded based on head to head competition records.
- E. **Coin Flip** - If a tie still exists after exhausting the above procedure, a coin flip will be conducted under the direction of the Region Activity Chairperson. Each school's representative will toss a coin. The coins tossed should land onto a floor surface (Refer to the individual sport's guidelines for the play-in competition format).
1. For a **2-way tie for two seeds**, toss until only one "heads" coin occurs and that team will receive the higher seed.
 2. In the event of **more than two teams tying for available seeds**, all teams will flip coins with the team flipping the "odd coin" (different from the other coins) receiving the higher seed. The coin flip procedure will continue until all teams are seeded.
 3. In the event of multiple teams tied for **fewer playoff berths than teams tied**, teams will not be eliminated from state seeding without an opportunity to play for the final state berths. Tiebreaker Scenarios where fewer seeds are available than tied teams will use the guidelines below to determine seeding:
Tiebreaker Scenarios for 1 spot (4th seed)
 - 2-way tie - playoff game to determine the 4th seed.
 - 3-way tie - odd team (coin flip) waits to play the winner of the game between the same coin teams. Winner of second competition takes the 4th seed.
 - 4-way tie - coin toss to determine pairings (toss until two head and two tails), coin toss to determine the order of the games, 4-team tournament with winner taking 4th seed.**Tiebreaker Scenarios for 2 spots (3rd and 4th seeds)**
 - 3-way tie - odd team (coin flip) takes the 3rd seed, same coins teams play for 4th seed.
 - 4-way tie - coin toss to determine game pairings (toss until two head and two tails), the two game winners toss a coin to determine 3rd and 4th seeds.

Tiebreaker Scenarios for 3 spots (2nd, 3rd, and 4th seeds)

- 4-way tie - odd team (toss until one coin different than other three) takes 2nd, odd team (next coin flip) takes 3rd while remaining same coin teams play for 4th seed.

11. Moratorium

A fine to be determined by the Board of Managers, which is paid by the coach, may be assessed to the coach of any team that is in violation of the designated days for moratorium of practice and play. This is in addition to the UHSAA sanctions. All sports will observe the following moratoriums: June 30th -July 6th, November 28th- December 1st, and December 22nd-26th. Additional sport specific moratoriums are listed under Guidelines and Schedule for those sports.

12. Fine for Violations

A fine may be assessed for a violation of region rules as determined by the Region III Board of Managers.

13. Seeding meetings or other meetings

Any expenses that are expected to be paid by Region III should be pre-approved by the Board of Managers.

14. Eligibility

Eligibility rules for Region III will be determined by the Utah High School Activities Association By-Laws:

To participate in any UHSAA Region III or state interscholastic competition, an individual must be a full-time student in the school he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region III activities in the succeeding grading period. Incompletes and/or no grades are computed as F's for eligibility.

A. No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with varsity, junior varsity, sophomore, or freshman teams.

1. The word represent shall be defined below. Any violator of the Scholastic

Eligibility By-laws shall not:

- a. be in uniform on competition night;
- b. warm-up with the team;
- c. be introduced as a member of the team.

The above student/participant may, however, continue to practice with his/her team upon approval of the school administration.

B. The date report card documents are posted officially by the school becomes the date which the scholastic rule is applied.

C. An incomplete and/or no grade is considered a failure until it is made up.

D. A student enters upon high school work when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.

E. For the purpose of fall sports eligibility, classes taken during the summer do not constitute the previous term.

16. Coaches

A. Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the principal to direct the coaching staff to be examples of good sportsmanship at all times.

B. Coaches are not to exert undue influence on officials before, during or after any contest. Any complaints or protests are to be made through the principal of the school.

17. Number of Games

Teams which exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from record and one loss may be added. Other sanctions may be taken by the Region III Board of Managers.

18. Duties of Region Chairpersons

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all Region III competitions and tournaments of respective activity.
- C. Select and honor respective All-Region III teams where applicable and input names into google sheet for Board of Managers to access.
- D. Be direct liaison to Region III Board of Managers.
- E. Be responsible for all awards, trophies, medals, etc., pertinent to respective activity.
- F. The all Region III teams should be selected by the coaches within two weeks of the conclusion of the activity where applicable.
- G. Activity chairpersons organize a time and location that coaches meet to select their all Region III teams.

19. Undue influence rule, violation

A. If there is clear evidence that a coach has violated Article 1, Section 9 of the UHSAA bylaws or interpretations he/she will appear before the Region III Board of Managers and may be under the direction of the UHSAA to receive any or all of the following for the first violation:

- (1) A letter of reprimand.
- (2) Suspension
- (3) Fine

B. If it is determined a coach has violated the undue influence rule a second time, the coach may be suspended a minimum of three contests or one-half of the remaining Region III schedule (whichever is greater).

C. A third violation may mean suspension for the remainder of the current season.

20. Penalties

Upon having knowledge of an infraction of a rule or policy Region III may initiate action in accordance with UHSAA policies.

21. Region Finances

Expenses for Region activities and competitions can be reimbursed from Region funds by submitting a copy of the Region III Expense Reimbursement Form.. Receipts for expenditures should be included with the form. Forms should be signed by the School Principal as well as the Region III Chairman and submitted no later than 30 days from the end of the event to:

Jayne Aquillar
Bingham High School
2160 West 10400 South
South Jordan, Utah 84095

UHSAA 2019–20 TENTATIVE STATE EVENTS CALENDAR

The UHSAA tentative calendar of state events can be located at the following link:
<https://www.uhsaa.org/calendar1920/>

Trophies and Awards

Academic All Region	Any SENIOR/ VARSITY participant with cumulative GPA 3.75 or higher. Lower levels will be recognized at local school discretion.
Baseball	One region trophy
Basketball, Boys & Girls	One region trophy each
Cross Country	One region-meet trophy each, medals for places 1-7 Varsity, ribbons for places 8-14
Drama	Seven 4x6 Plaques-Outstanding Performance in Region One-Act Plays, 165 Individual Superior Ranking Medals, 3 Play Plaques for Play, 3 "Sweepstakes" Trophies
Drill Team	One region trophy, plaques-1 st and 2 nd place in each category: dance, military, and character, Five drill down medals for top five finishers
Football	One region trophy
Forensics/Debate	
Golf, Boys & Girls	One region trophy each, 10 Medals for 10 low medalists
Lacrosse, Boys & Girls	One region trophy each
Music	Certificates for Superior (I) Ratings in Orchestral, Large Choir, Madrigals, Solo & Ensemble, and Jazz Band Festivals. Certificates for all participating bands according to rating in Region Marching Band competition.
Soccer, Boys & Girls	One region trophy each
Softball	One region trophy
Swimming, Boys & Girls	One Region Trophy each, Medals for places 1 st - 6 th individual (8 events) and top 3 relays teams (3 events)
Tennis, Boys & Girls	One region trophy each, 24 medals: 1st-4th places in 5 categories: 1 st , 2 nd , and 3 rd singles and 1st and 2nd doubles
Track, Boys & Girls	One region trophy each, medals for places 1 st -6 th individual (13½ events) and top 3 relay teams (3 events)
Volleyball	One region trophy
Wrestling	One region trophy

Region III Chairman	Name	Email	Phone Number
Region Chair	Carolyn Gough	carolyn.gough@jordandistrict.org	801-256-5800
ADEC	Andee Bouwhuis	andrea.bouwhuis@jordandistrict.org	801-256-5100
Baseball	John Vincent	john.vincent@jordandistrict.org	801-256-5100
Boys' Basketball	Lynn Allred	lynn.allred@jordandistrict.org	801-699-2135
Girls' Basketball	Jim Groethe	james.groethe@jordandistrict.org	801-256-5316
Cross Country	Mark Halliday	mark.halliday@jordandistrict.org	801-209-8590
Drill Team	Mike Farnsworth	michael.farnsworth@jordandistrict.org	801-256-5100
Drama	Stewart Hudnall	stewart.hudnall@jordandistrict.org	801-368-1145
Football	Art Erickson	arthur.erickson@jordandistrict.org	801-256-5149
Forensics	Michelle Putnam	michelle.putnam@jordandistrict.org	801-256-5100
Golf-Boys	Ryan Durant	ryan.durant@canyonsdistrict.org	801-362-5975
Golf-Girls	Dina Kohler	dina.kohler@canyonsdistrict.org	801-809-4555
Music, Instrumental	Janilee Taylor	janilee.taylor@jordandistrict.org	801-201-8914
Music, Vocal	Janilee Taylor	janilee.taylor@jordandistrict.org	801-201-8914
Boys Soccer	Roberto Jimenez	roberto.jimenez@canyonsdistrict.org	801-706-0036
Girls Soccer	Jana Crist	jana.crist@canyonsdistrict.org	801-652-0409
Softball	Rachel Townsend	rachel.townsend@slcschools.org	501-533-0200
Swimming	Kenneth Damron	kenneth.damron@jordandistrict.org	801-232-0290
Boys Tennis	Dave Tilby	david.tilby@jordandistrict.org	801-244-1719
Girls Tennis	Dave Tilby	david.tilby@jordandistrict.org	801-244-1719
Track	Matt Tranter	matthew.tranter@jordandistrict.org	801-512-6275
Volleyball	Ellery Jones	ellery.jones@slcschools.org	404-502-3736
Wrestling	Glen Varga	glen.varga@jordandistrict.org	801-870-8474
Boys Lacrosse	Rich Price	richard.price@jordandistrict.org	801-580-9820
Girls Lacrosse	Glen Richins	glen.richins@jordandistrict.org	801-256-5816

Bingham High	Name	Email	Office Phone	Cell Phone
Principal	Rodney Shaw	rodney.shaw@jordandistrict.org	801-256-5100	
Asst. Principal	Mike Farnsworth	michael.farnsworth@jordandistrict.org	801-256-5118	801-831-4808
Asst. Principal	Art Erickson	arthur.erickson@jordandistrict.org	801-256-5149	801-815-6435
Asst. Principal	John Vincent	john.vincent@jordandistrict.org	801-256-5115	801-550-9104
Asst Principal	Kenneth Damron	kenneth.damron@jordandistrict.org	801-256-5117	801-232-0290
Asst. Principal	Michelle Putnam	michelle.putnam@jordandistrict.org	801-256-5116	
Secretary	Kerri Clark	kerri.clark@jordandistrict.org	801-256-5104	
Athletic Director	Andee Bouwhuis	andrea.bouwhuis@jordandistrict.org	801-256-4198	801-414-6465
Athletic Director	Joel Sato	joe.sato@jordandistrict.org	801-256-4166	801-842-6150
Baseball	Joel Sato	joe.sato@jordandistrict.org	801-256-4166	801-842-6150
Boys' Basketball	Jake Schroeder	jacob.schroeder@jordandistrict.org	801-256-4167	801-455-5921
Girls' Basketball	Charron Mason	charron.mason@jordandistrict.org	801-256-4149	801-450-6203
Cheerleading	Amber Thomas	amber.thomas@jordandistrict.org	801-256-4176	801-597-2138
Cross Country	Alisha Paxton	alisha.paxton@jordandistrict.org	801-256-4158	801-870-8830
Drill Team	Erika Cox	ecox_dancer@comcast.net	NA	801-971-7646
Drama	Michelle Robbins	michelle.robbins@jordandistrict.org	801-256-4164	
Football	John Lambourne	john.lambourne@jordandistrict.org	801-256-4138	801-898-2293
Forensics	Nick Lassen	nicholas.lassen@jordandistrict.org	801-256-4213	
Golf-Boys	James Applegate	james.applegate@jordandistrict.org	801-256-4112	801-694-1529
Golf-Girls	Brett Boberg	brett.boberg@jordandistrict.org	801-256-4105	801-696-5889
Music, Instrumental	Darin Graber	darin.graber@jordandistrict.org	801-256-5176	801-455-4982
Music, Vocal	Ryan North	ryan.north@jordandistrict.org	801-256-5175	
Boys Soccer	Leo Gonzalez	leo.gonzalez00@gmail.com	NA	801-637-0081
Girls Soccer	Tennille Vance	tennillevance@gmail.com	NA	801-694-3981
Softball	Mikki Jackson	mikki.jackson@jordandistrict.org	801-256-4175	801-205-6362
Swimming	Andee Bouwhuis	andrea.bouwhuis@jordandistrict.org	801-256-4198	801-414-6465
Boys Tennis	Steve Peterson	PetersonSN@ldschurch.org	NA	801-718-4592
Girls Tennis	Steve Peterson	PetersonSN@ldschurch.org	NA	801-718-4592
Track	Crystal Mueller	cbmoeller@yahoo.com	NA	801-718-4397
Volleyball	Melissa Glasker	melissa.glasker@jordandistrict.org	NA	801-231-3250
Wrestling	Matt Walker	matthew.walker@jordandistrict.org	801-256-4181	801-884-8973
Boys Lacrosse	JD Barnes			801-915-3520
Girls Lacrosse	Angie Maughan			801-318-8207

Copper Hills	Name	Email	Phone Number	Cell Phone
Principal	Bryan Veazie	bryan.veazie@jordandistrict.org	801-256-5301	801-643-1186
Asst. Principal	Jim Groethe	james.groethe@jordandistrict.org	801-256-5316	801-755-1032
Asst. Principal	Glen Varga	glen.varga@jordandistrict.org	801-256-5389	801-870-8474
Asst Principal	Rufine Einzinger	rufine.einzinger@jordandistrict.org	801-256-5315	801-230-5960
Asst. Principal	Mark Halliday	mark.halliday@jordandistrict.org	801-256-5328	801-209-8590
Asst. Principal	Rich Price	richard.price@jordandistrict.org	801-256-5313	801-580-9820
Secretary	Nancy Bolduc	nancy.bolduc@jordandistrict.org	801-256-5304	801-201-0414
Athletic Director	Andrew Blanchard	andrew.blanchard@jordandistrict.org	801-256-5332	801-815-0102
Athletic Secretary	Krista Yates	krista.yates@jordandistrict.org	801-256-5335	801-628-7673
Baseball	Joel Sundquist	joel.sundquist@jordandistrict.org	801-256-5300	801-712-1733
Boys' Basketball	John Watkins	john.watkins@jordandistrict.org	801-256-5300	801-836-4121
Girls' Basketball	Ben Morley	benjamin.morley@jordandistrict.org	801-256-5300	801-300-6206
Cheerleading	Malory Smith	maloryb.smith@gmail.com	N/A	801-971-1260
Cross Country	Garth Rushforth	garth.rushforth@jordandistrict.org	801-253-5300	801-803-3602
Drill Team	Kylie Erickson	kylie3erickson@gmail.com	N/A	801-803-0051
Drama	Jordan Morrell	jordan.morrell@jordandistrict.org	801-256-5300	801-597-5971
Football	Corey Dodds	corey.dodds@jordandistrict.org	801-256-5300	801-882-4061
Forensics	Mac Walker	mathew.walker@jordandistrict.org	801-256-5300	385-231-6399
Golf-Boys	John Watkins	john.watkins@jordandistrict.org	801-256-5300	801-836-4121
Golf-Girls	Jake Timpson	jacob.timpson@jordandistrict.org	801-256-5300	801-718-5415
Music, Instrumental	John Matthews	john.matthews@jordandistrict.org	801-256-5300	915-474-2011
Music, Vocal	Marc Taylor	marc.taylor@jordandistrict.org	801-256-5300	801-651-3639
Boys Soccer	Eddie Moura	eddie.moura@jordandistrict.org	801-256-5300	954-857-6623
Girls Soccer	Ryan Rumfallo	coachrumfallo@yahoo.com	N/A	801-755-6725
Softball	John Flores	jdflores@usbr.gov	N/A	801-755-2140
Swimming	Chaise Warr	warr.chaise@gmail.com	N/A	435-237-7678
Boys Tennis	Darby Freeland	darby.freeland@jordandistrict.org	N/A	801-244-1946
Girls Tennis	Darby Freeland	darby.freeland@jordandistrict.org	N/A	801-244-1946
Track	Garth Rushforth	garth.rushforth@jordandistrict.org	801-256-5300	801-803-3602
Volleyball	Silver Fonua	silverfonua@gmail.com	N/A	801-244-8983
Wrestling	Jeff Humpherys	humpherys1987@outlook.com	N/A	801-870-3418
Boys Lacrosse	Shawn Lovell	shawn.lovell@jordandistrict.org	N/A	801-514-7369
Girls Lacrosse	Katie Colton	katie.colton@jordandistrict.org	N/A	385-221-2428

East High	Name	Email	Phone Number
Principal			
Asst. Principal			
Asst. Principal			
Asst Principal			
Asst. Principal			
Asst. Principal			
Secretary			
Athletic Director			
Football			

Herriman High	Name	Email	Phone Number
Principal	Todd Quarnberg	todd.quarnberg@jordandistrict.org	801-567-8570
Asst. Principal	Lynn Allred	lynn.allred@jordandistrict.org	801-567-8533
Asst. Principal	Stewart Hudnall	stewart.hudnall@jordandistrict.org	801-567-8534
Asst Principal	Rich Price	richard.price@jordandistrict.org	801-567-8531
Asst. Principal	Julie Scherzinger	julie.scherzinger@jordandistrict.org	801-567-8574
Asst. Principal	Dave Tilby	david.tilby@jordandistrict.org	801-567-8532
Secretary	LouAnn Burnett	louann.burnett@jordandistrict.org	801-567-8571
Athletic Director	Brad Tingey	brad.tingey@jordandistrict.org	801-567-8581
Baseball	Jason Deherrera	jason.deherrera@jordandistrict.org	801-567-7271
Boys' Basketball	TBD		
Girls' Basketball	Kent Smith	kent.smith@jordandistrict.org	801-567-7241
Cheerleading	Sarah Oborn	sarah.oborn@jordandistrict.org	801-694-3899
Cross Country	Jonathan Haag	jonathan.haag@jordandistrict.org	801-567-7214
Drill Team	Arial Larsen	arial.larsen@jordandistrict.org	
Drama	KayCee DeYoung	kaycee.deyoung@jordandistrict.org	801-567-7257
Football	Dustin Pearce	dustin.pearce@jordandistrict.org	801-567-7218
Forensics	Michael Stone	michael.stone2@jordandistrict.org	801-567-7205
Golf-Boys	Jeff Price	jeffrey.price@jordandistrict.org	801-567-7296
Golf-Girls	Jeff Price	jeffrey.price@jordandistrict.org	801-567-7296
Music, Instrumental	Brandon Larsen	brandon.larsen@jordandistrict.org	801-567-7201
Music, Vocal	Andrew Howden	andrew.howden@jordandistrict.org	801-567-7200
Boys Soccer	Ryan Mitchell	ryan.mitchell@jordandistrict.org	801-567-7215
Girls Soccer			
Softball	Heidi McKissick	heidi.mckissick@jordandistrict.org	801-567-7204
Swimming	Mike Goldhardt	goldhardtmh@ldschurch.org	
Boys Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-567-7242
Girls Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-567-7242
Track	Jonathan Haag	jonathan.haag@jordandistrict.org	801-567-7214
Volleyball	Kevin		
Wrestling	Rulon Gardner		
Lacrosse			
Lacrosse			

JORDAN HIGH SCHOOL

Sport or Activity	Head Coach	Phone Number
Principal	Wendy Dau Wendy.Dau@canyonsdistrict.org	801-698-9604
Athletic Admin	Ryan Durant Ryan.Durant@canyonsdistrict.org	801-362-5975
Athletic Director	Jason Long jason.long@canyonsdistrict.org	801-856-2434
Baseball	Chad Fife chad.fife@canyonsdistrict.org	801-419-2251
Basketball (G)	Tallon Robertson tallonj24@hotmail.com	801-836-8326
Basketball (B)	Trace Bevell trace.bevell@canyonsdistrict.org	801-380-9348
Cross Country	Greg Shaw gregory.shaw@canyonsdistrict.org	801-870-1022
Drill Team	Lacey Wing jordandrillteam@gmail.com	801-505-2445
Football	Kaleokalani Teriipaia Kaleokalani.Teriipaia@canyonsdistrict.org	435-229-0298
Golf (G)	Kyle Stailey kyle.stailey@canyonsdistrict.org	801-633-0769
Golf (B)	Dave Mecham david.mecham@canyonsdistrict.org	801-824-1349
Lacrosse (G)	Taylor Stone Taylor.stone@canyonsdistrict.org	716-984-1427

Lacrosse (B)	Ian Spendlove ivspendlove@gmail.com	385-215-0889
Soccer (G)	Marli Martin beetdiggersoccer5@gmail.com	801-759-5503
Soccer (B)	Nelson Glassett jordanboyssoccer@gmail.com	801-209-5335
Softball	John Lundstrom john.lundstrom@canyonsdistrict.org	801-694-4008
Swimming & Diving	Richard Barnes richardbarnes28@gmail.com	801-554-7724
Tennis (G)	Matt Bell matthew.bell@canyonsdistrict.org	801-706-6859
Tennis (B)	Matt Bell matthew.bell@canyonsdistrict.org	801-706-6859
Track & Field	Alyssa Dalton alyssa.dalton@canyonsdistrict.org	559-696-0428
Volleyball	Warren Van Schalkwyk warrenv40@gmail.com	801-824-7513
Wrestling	Chris Babinski christian.babinski@canyonsdistrict.org	801-598-5572
Drama	Suze DuVall Suzanne.Duval@canyonsdistrict.org	208-310-2829
Forensics	Brenna Davis Brenna.Davis@canyonsdistrict.org	801-919-7988
Music Instrumental	Brandon Cressall BRANDON.CRESSALL@canyonsdistrict.org	801-455-2289
Music Vocal	JP Kentros Joseph.Kentros@canyonsdistrict.org	702-630-6503
Cheer	Nicole Buker nkb0915@westminstercollege.edu	801-828-5933

Riverton High	Name	Email	Phone Number
Principal	Carolyn Gough	carolyn.gough@jordandistrict.org	801-256-5800
Asst. Principal	Matt Tranter	matthew.tranter@jordandistrict.org	801-256-5819
Asst. Principal	Dave Tilby	david.tilby@jordandistrict.org	801-256-5815
Asst Principal	Janilee Taylor	janilee.taylor@jordandistrict.org	801-256-5817
Asst. Principal	Glen Richins	glen.richins@jordandistrict.org	801-256-5816
Secretary	Brenda Groo	brenda.groo@jordandistrict.org	801-256-5802
Athletic Director	Dan Henderson	daniel.henderson@jordandistrict.org	801-256-5839
Baseball	Jay Applegate	jay.applegate@jordandistrict.org	801-256-4801
Boys' Basketball	Skyler Wilson	skyler.wilson@jordandistrict.org	801-256-4807
Girls' Basketball	Jodi Lee	mike.jodi.lee@gmail.com	801-360-3508
Cheerleading	Kristin Hayward	riverton.cheerleading@gmail.com	801-280-3279
Cross Country	Chase Englestead	chase.entlestead@jordandistrict.org	801-256-5841
Drill Team	Lexi Yraguen	yraguenlexi@gmail.com	801-256-7891
Drama	Clin Eaton	clin.eaton@jordandistrict.org	801-256-4819
Football	Jody Morgan	jody.morgan@jordandistrict.org	801-256-4828
Forensics	Jordan Vance	jordan.vance@jordandistrict.org	801-256-4855
Golf-Boys	Skyler Wilson	skyler.wilson@jordandistrict.org	801-256-4807
Golf-Girls	Steve Nyhus	steven.nyhus@jordandistrsric.org	801-256-5856
Music, Instrumental	Jason Weimer	jason.weimer@jordandistrict.org	801-256-5864
Music, Vocal	Mathew Ulmer	mathew.ulmer@jordandistrict.org	801-256-5875
Boys Soccer	Paul Mozier	paul.mozier@jordandistrict.org	801-256-4851
Girls Soccer	Paul Moizer	paul.moizer@jordandistrict.org	801-256-4851
Softball	Katelyn Elliott	katelyn.elliott@jordandistrict.org	801-256-4811
Swimming	Andrew Powers	apowers5390@gmail.com	801-256-4825
Boys Tennis	Karl McKenzie	karl.mckenzie@jordandistrict.org	801-567-8254
Girls Tennis	Ron Ence	ron.ence@jordandistrict.org	801-256-5829
Track	Chase Englestead	chase.engagestead@jordandistrict.org	801-256-5841
Volleyball	Deb Rowan	rivertonhighvball@gmail.com	801-865-9281
Wrestling	Russ Crump (Changing)	joseph.crump@jordandistrict.org	801-256-4818
Boys Lacrosse	Alex Dooley	laxd95@gmail.com	801-641-6989
Girls Lacrosse	Lindsay Gomm		801-717-7332

West High	Name	Email	Phone Number
Principal	Ford White	Ford.white@slcschools.org	385-625-7343
Asst. Principal	Ben Jones	Ben.Jones@slcschools.org	801-578-2450
Asst. Principal	Ellery Jones	Ellery.Jones@slcschools.org	801-578-2210
Asst Principal			
Asst. Principal	Mele Taukeiaho	Mele.taukeiaho@slcschools.org	801-578-2570
Asst. Principal	Rachel Townsend	Rachel.townsend@slcschools.org	801-578-2990
Athletic Secretary	Leah Toloa	Leah.Toloe@slcschools.org	801-578-2270
Athletic Director	Rachel Townsend	Rachel.townsend@slcschools.org	501-533-0200
Baseball	Jayson Kisselburg	Jayson.kisselberg@slcschools.org	801-554-0747
Boys' Basketball	Dan Del Porto	Dan.delparto@slcschools.org	801-556-3341
Girls' Basketball	John Satini	John.satini@slcschools.org	801-300-3862
Cheerleading	Tashiauna Parker	Tashiauna.parker@slcschools.org	801-884-3807
Cross Country	Jonathan Kehr	Jonathan.kehr@slcschools.org	385-444-0128
Drill Team	Alains Rupe	Alaina.rupe@slcschools.org	801-577-2095
Drama	Stacey Hutchings	Stacey.hutchings@slcschools.org	801-897-2871
Football	Olosaa Solovi	Olosaa.solovi2@slcschools.org	
Forensics	TBD		801-578-2520
Golf-Boys	Cory Norton	Cory.norton@slcschools.org	801-808-9275
Golf-Girls	Mike Matheson	Mike.matheson@slcschools.org	801-578-4440
Music, Instrumental	Brain Blodgett	Brian.blodgett@slcschools.org	801-671-3039
Music, Vocal	Melinda Benson	Melinda.benson@slcschools.org	352-552-8592
Boys Soccer	Kris Hamlet	Kris.hamlet@slcschools.org	801-243-0147
Girls Soccer	Christopher Sipes		267-638-8738
Softball	Keith Lopati	Keith.lopati@slcschools.org	801-842-4531
Swimming	Casey Jackson	Casey.jackson@slcschool.org	801-502-5278
Boys Tennis	Casey Jackson	Casey.jackson@slcschool.org	801-502-5278
Girls Tennis	Casey Jackson	Casey.jackson@slcschool.org	801-502-5278
Track			
Volleyball	Kim Norman	Kim.norman@slcschools.org	801-518-2600
Wrestling	Dustin Howa	Dustin.howa@slcschools.org	435-630-0231
Lacrosse Boys	Sean Zuckerman		
Lacrosse Girls	TBD		

Directions to Bingham High School

Bingham High –2160 West 10400 South, South Jordan, Ut. 84095

Directions: Take the I-15 Exit 293 (10600 South) and head West for approximately 2.5 miles until you reach 2100 West. The school is on the North side of the street.

Baseball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.

Stadium: Take the first entrance to the school closest to the seminary building and the football field will be directly in front of you

Gymnasium: Take the first entrance to the school closest to the seminary building and the gymnasium will be directly in front of you. Please enter from the first portal. The field is on the east side of the school campus.

Pool: Marv Jensen Fitness Center is located at 10300 South Redwood Road. We are not allowed into the facility until 2:45 so please plan accordingly.

Soccer Field Girls: Travel west until 2700 West and turn right, go approximately ¼ mile and South Jordan Middle School will be on the right. The soccer field is right behind the school on the east side. (Boys Soccer plays in the football stadium)

Softball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.



Directions to Copper Hills High School

Copper Hills- 5445 New Bingham Highway West Jordan, UT 84081

Directions: Take the I-15 Exit (9000 South) and head west for approximately 5 miles until you reach Grizzly Way and turn north. The school is on Grizzly Way and New Bingham HWY.

Baseball Field: Turn west (left) when on Grizzly Way going North just before the stadium. The back road will take you up to the baseball field which is in the southwest corner of the school property. Buses please park on the side of the road to allow for more parking in the parking lot.

Stadium: Turn west (left) when driving on Grizzly Way going North just before the stadium. Buses should park on the south side of the stadium for easy access to come and go.

Gymnasium: Turn west (left) when driving on Grizzly Way going North just before the stadium.

Pool: Kearns Oquirrh Park Fitness Center is located at 5624 S. Cougar Ln. Kearns, Utah. We are not allowed into the facility until 2:45 pm, so please plan accordingly. 801-966-5555

Soccer Field Girls: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Soccer Field Boys: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Softball Field: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.



Directions to East High School

East High School- 840 South 1300 East Salt Lake City, UT 8401

Directions:

Football Field:



Directions to Herriman High School

Herriman High- 11917 S. Mustang Trail Way Herriman, UT 84096

Directions:

Baseball Field:

Stadium:

Gymnasium:

Pool:

Soccer Field Girls:

Soccer Field Boys:

Softball Field:



Directions to Jordan High School

Jordan High- 95 Beetdigger Blvd Sandy, UT 84070

Directions:

Take 1-15 exit at 10600 S. From freeway head east on 10600 S and turn north on State Street. Turn Right onto Beetdigger Blvd located at approximately 9800 S

Baseball Field:

Located behind school to north of campus. Enter the first entrance east of State Street on Beetdigger Blvd. Take the third entrance to the east from State Street on Beetdigger Blvd and head north to the parking lot. After parking, take the sidewalks between school and tennis courts that lead past stadium to baseball field.

Stadium:

Located behind school to north of campus. Enter the first entrance east of State Street on Beetdigger Blvd. Take the third entrance to the east from State Street on Beetdigger Blvd and head north to the parking lot. After parking, take the sidewalks between school and tennis courts that lead directly to stadium.

Gymnasium:
(Beetgarden)

Located at east end of building. Enter at East doors from parking lot nearest Tennis Courts. Take the third entrance to the east from State Street on Beetdigger Blvd and head north to the parking lot. The Gym will be to your left once you reach end of parking lot.

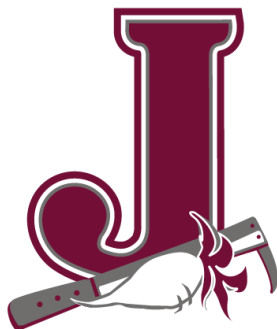
Pool:

Soccer Field:

Located behind school to north of campus. Enter the first entrance east of State Street on Beetdigger Blvd. Take the third entrance to the east from State Street on Beetdigger Blvd and head north to the parking lot. After parking, take the sidewalks between school and tennis courts that lead past stadium to soccer field.

Softball Field:

Located behind school to north of campus. Enter the first entrance east of State Street on Beetdigger Blvd. Take the third entrance to the east from State Street on Beetdigger Blvd and head north to the parking lot. After parking, take the sidewalks between school and tennis courts that lead past stadium to softball field.



Directions to Riverton High School

Riverton High- 12476 S. Silverwolf Way Riverton, UT 84065

Directions:

From the North:

RHS can be easily found by exiting I-15 at Draper / Riverton and head west on 12600 So. to 2700 West.

From the South:

Turn onto Bangerter Hwy. from I-15 and head west to 2700 West. Make a right turn and head north to 12600 So. School is on the left.

Baseball Field: Southwest of school

Stadium: West of school

Gymnasium: North end of school

Pool: JL Sorenson Rec Center. Located at 5350 W, Main St, Herriman, UT 84096

Soccer Field Girls: West of Football Stadium

Soccer Field Boys: West of Football Stadium

Softball Field: Southwest of School



Directions to West High School

West High- 241 North 300 West

Directions: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. School is located on right side.

Baseball Field: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left on 300 North, turn right on 200 west, turn right on 200 north and park. Walk to baseball field.

Gymnasium: Take the I-15 exit 600 North, take a right on 400 west, to 300 North. Turn left into parking lot and field house is located farthest building on south side of campus.

Pool: Northwest Rec Center [1255 Clark Ave, Salt Lake City, UT 84190](https://www.slc.gov/1255ClarkAve)

Soccer Field Girls: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left on 300 North, turn right on 200 west, turn right on 200 north and park. Walk to soccer field.

Soccer Field Boys: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left on 300 North, park and walk to soccer field.

Softball Field: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left on 300 North, turn right on 200 west, turn right on 200 north and park. Walk to softball field.

Football: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left into parking lot and turf field is located on left.

Track: Take the I-15 exit 600 North, take a right on 300 west, to 300 North. Turn left on 300 North, turn right on 200 west, turn right on 200 north and park. Walk to track.



BASEBALL GUIDELINES

Activity Chairman: John Vincent, Bingham High AP john.vincent@jordandistrict.org

Coaches Representative:

Rules Clinic Date:

Moratoriums: June 30-July 6, August 12-25, Nov 11-24, Nov. 27-Dec. 1, Dec. 23-27,
Jan. 1, Feb. 10-23 (2 weeks prior)

Starting Date: Feb. 24, 2020

First Contest: March 2, 2020

Eligibility List Due: March 13, 2020

Academic All-State Deadline: March 17-April 16, 2020

State Tournament Dates/Location: May 11th Home Sites, May 16-23 @ Kearns/UVU

Guidelines Agreed Upon:

1. Beginning team selection date February 24, 2020
2. First Contest Date March 2, 2020
3. Game Limit Varsity, JV, Sophomore > 25 Games each game counts as 1
4. Varsity Game Time > **3:30 pm** JV/So DH Game Time > **3:30 pm**
Soph DH Game Time > **3:30 pm** Saturday JV DH Game Time > **11:00 am**
5. Game times and playing dates may be changed only after agreement between two coaches and approved through the Region Baseball Chairperson.
6. Each team will be allowed to warm up and 10 minutes of pre game infield practice. All teams should stretch in area closest to their respective foul line. NO circling up in center field.
7. All Region games will be played on the date and time scheduled unless weather or field conditions cause a postponement. Each postponed game must be made up in the order of the postponement on the first available playing date (including Saturdays). Flip flopping the schedule and playing at the visiting team's field, if it is playable will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given, when making a decision to stick to the home fields as to the visiting teams predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than **1:00 pm** the day of the game.
8. When a game is "called" because of darkness or weather etc., the game will be resumed on the next available playing date and/or as the preliminary scheduled game of the two teams in the second or third game (including Saturday). JV or Sophomore games that have to be bumped will be resumed on the next available date. The home field coach will be responsible for notifying all those involved: principals, umpires, coaches.
9. All sub varsity games will be 7 innings or 2 hours.

10. The Pitch Count rule mandated by the UHSAA will be followed
11. The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible to report the results of the game to the newspapers.
12. A region trophy will be awarded to the 1st place team in region play.
13. In the case of a tie to determine a Region Champion, all ties will be based on region head to head record. (Winner of the 3 game series)
14. A coaches meeting will be held on the Saturday following the last regularly scheduled region games in order to select the all-region team. Individual schools are responsible to print certificates for those student/athletes selected to all region teams.

(All Region Team > 1st Place = MVP + 5 players

2nd Place = 4 players

3rd Place = 3 players

4th – 6th Place = up to 2 players

Second Team > Reduce by 1

Honorable Mention > 2 players per team

15. Academic All Region > Any senior with a cumulative GPA of 3.75

Region Schedule: See Below

Varsity Schedule

Tuesday	Wednesday	Friday
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March 31 Herriman @ Copper Hills West @ Jordan Riverton @ Bingham	April 1 Copper Hills @ Herriman Jordan @ West Bingham @ Riverton	April 3 Herriman @ Copper Hills West @ Jordan Riverton @ Bingham
April 14 Jordan @ Herriman Copper Hills @ Riverton Bingham @ West	April 15 Herriman @ Jordan Riverton @ Copper Hills West @ Bingham	April 17 Jordan @ Herriman Copper Hills @ Riverton Bingham @ West
April 21 Riverton @ Jordan Herriman @ West Copper Hills @ Bingham	April 22 Jordan @ Riverton West @ Herriman Bingham @ Copper Hills	April 24 Riverton @ Jordan Herriman @ West Copper Hills @ Bingham
April 28 West @ Riverton Jordan @ Copper Hills Herriman @ Bingham	April 29 Riverton @ West Copper Hills @ Jordan Bingham @ Herriman	May 1 West @ Riverton Jordan @ Copper Hills Herriman @ Bingham
May 4 Copper Hills @ West Riverton @ Herriman Bingham @ Jordan	May 5 West @ Copper Hills Herriman @ Riverton Jordan @ Bingham	May 6 Copper Hills @ West Riverton @ Herriman Bingham @ Jordan

Underclassman Baseball Games

Monday Sophomore DH 3:30 & 5:45	Thursday JV>3:30 Soph>5:45	Saturday JV DH > 11:00 am & 1:15 pm
March 23 *West @ Copper Hills Herriman @ Riverton Jordan @ Bingham	March 26 Copper Hills @ *West Riverton @ Herriman Bingham @ Jordan	March 28 *West @ Copper Hills Herriman @ Riverton Jordan @ Bingham
March 30 Copper Hills @ Herriman Jordan @ West Bingham @ Riverton	April 2 Herriman @ Copper Hills West @ Jordan Riverton @ Bingham	April 3 Copper Hills @ Herriman Jordan @ West Bingham @ Riverton
April 13 Herriman @ Jordan Riverton @ Copper Hills West @ Bingham	April 16 Jordan @ Herriman Copper Hills @ Riverton Bingham @ West	April 18 Herriman @ Jordan Riverton @ Copper Hills West @ Bingham
April 20 Jordan @ Riverton West @ Herriman Bingham @ Copper Hills	April 23 Riverton @ Jordan Herriman @ West Copper Hills @ Bingham	April 25 Jordan @ Riverton West @ Herriman Bingham @ Copper Hills
April 27 Riverton @ West Copper Hills @ Jordan Bingham @ Herriman	April 30 West @ Riverton Jordan @ Copper Hills Herriman @ Bingham	May 2 Riverton @ West Copper Hills @ Jordan Bingham @ Herriman

* West > Spring Break Week

BOYS BASKETBALL GUIDELINES

Boys Basketball Guidelines & Schedules

Region Activity Chairperson: Boys – Lynn Allred, Herriman High 801-567-8533

Coaches' Representative: Skyler Wilson

1. Beginning practice date for boys and girls basketball is November 11, 2019. The first game may be played no sooner than November 26, 2019. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).
 2. Clinics – Basketball Live Rules Clinic October 28th, 3pm -- TBA
 3. Moratoriums: (No practices, competitions, meetings or travel)
 - November 28th – December 1st
 - December 22- December 26
 - January 1st
 4. Eligibility List with numbers due on Register My Athlete by December 6th.
 5. Standard gameday schedule when boys and girls play is as follows:
 - Boys – Tuesday and Friday
 - Girls – Tuesday and Thursday
 6. Jan. 14th & 28th- Game times: 4:00 Sophomores, 5:45 Junior Varsity, and 7:30 Varsity.
Feb. 4th & Feb. 11th- Game Times: 3:15 Junior Varsity, Varsity 5:00, and Sophomores 6:45
- Friday games: 3:30 Sophomores, 5:15 Junior Varsity, 7:00 Varsity
7. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
 8. Preseason game times and dates are site-based decisions.
 9. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region III Board of Managers. (The home team will notify the arbiter of any changes.)
 10. The coaches have the option to agree on which ball to use for the State Tournament. If an agreement can't be reached, the UHSAA contracted ball will be used.

11. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.

12. Tournament entries are determined by win and loss records during Region III play. In the event of a tie, general policies are used to seed or qualify the eligible teams.

13. General courtesies recommended for boys' and girls' games:
- Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and table for taping. A room for private discussion during halftime should be provided.
 - If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Conduct halftime activities within scheduled time – not to exceed 7 minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - Copies of schedules and team rosters must be on Register My Athlete.

14. Guidelines for All-Region Voting:
- The Region MVP is chosen by the Region Champion coach.
 - In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP.
 - Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th).
 - Coaches may not nominate someone from their own team.
 - Points for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc.
 - The top 12 players are part of the All-Region 1st Team.
 - If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.

15. The home team will call in scores the night of the game.

16. State Tournament First Round @ Home Sites, February 19th

17. State Tournament, February 24th-29th-- 6A : T, TR, F, S (University of Utah)

**Region III Boys Basketball Schedule
2019-20**

Bingham, Copper Hills, Herriman, Jordan, Riverton, West

Friday January 10

Copper Hills @ Bingham
Herriman @ Jordan
Riverton @ West

Tuesday January 14

Bingham @ Herriman
Riverton @ Copper Hills
Jordan @ West

Friday, January 17

Jordan @ Bingham
Herriman @ Riverton
West @ Copper Hills

Tuesday, January 21

** All Region Bye**
(MLK Day 1/20)

Friday, January 24

Bingham @ Riverton
West @ Herriman
Copper Hills @ Jordan

Tuesday, January 28

Bingham @ West
Copper Hills @ Herriman
Riverton @ Jordan

February 19- First Round Playoffs @ Home Sites

February 24-29 State Tournament @ U of U

Friday, January 31

Bingham @ Copper Hills
Jordan @ Herriman
West @ Riverton

Tuesday, February 4

Herriman @ Bingham
Copper Hills @ Riverton
West @ Jordan

Friday, February 7

Bingham @ Jordan
Riverton @ Herriman
Copper Hills @ West

Tuesday, February 11

West @ Bingham
Herriman @ Copper Hills
Jordan @ Riverton

Friday, February 14

Riverton @ Bingham
Jordan @ Copper Hills
Herriman @ West

GIRLS BASKETBALL GUIDELINES

Activity Chairman: Jim Groethe, Copper Hills, james.groethe@jordandistrict.org

Coaches Representative: Ben Morley, Copper Hills, benjamin.morley@jordandistrict.org

1. All moratorium dates are in the UHSAA Policy Manual and listed below. Each coach is responsible for ensuring compliance with those dates. Coaches and school administrators are responsible for self-reporting moratorium and other UHSAA and Region III policy violations to the Region III Board of Managers.
 - o July 31 - August 13, 2019

- October 22 - November 4, 2019
 - November 22 - 25, 2019
 - December 22 - 26, 2019
 - January 1, 2020
 - March 4 - 17, 2020
 - June 30 - July 6, 2020
2. Additional important dates, also in the UHSAA Policy Manual, include:
 - October 27, 2019 at 3:00pm - Rules Clinic at Woods Cross HS
 - November 5, 2019 - First Day of Practice Allowed
 - November 20, 2019 - First Game Allowed
 - February 5, 2020 - Academic All-State Applications Due
 - February 18, 2020 - State Tournament Begins at SLCC
 3. No basketball player will play basketball during the athletic class period except after the official beginning practice date (per UHSAA policy).
 4. Standard game day schedule is as follows: 3:30pm - Sophomores; 5:15pm - Junior Varsity; 7:00pm – Varsity.
 - Games will start as scheduled or 20 minutes following the conclusion of the previous game.
 - Only by mutual consent of both schools involved can the starting times be changed. Any change of date must be approved by the Region III Board of Managers (the home team will notify the arbiter in case of any change).
 5. Preseason game times and dates are site-based decisions.
 6. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.
 7. General courtesies recommended for games:
 - Each school should provide the visiting team with a clean, secure locker room, a good blackboard or whiteboard, and a table for taping. A room for private discussion for halftime should be provided.
 - If pre-game activities are to be longer or different than usual (general announcements, directions, team introductions, and the national anthem), a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Halftime activities should be conducted within a schedule not to exceed seven (7) minutes. Minor variations can be made with mutual consent of the schools involved.
 8. It is recommended that each coach upload schedules and team rosters to MaxPreps no later than 3:00pm on Friday, December 1, 2019.

9. State Tournament entries and seeding will be determined by UHSAA. If for any reason, UHSAA fails to provide seeding, the following criteria will be used to determine seeding and break ties (listed in order of priority):
 - Region Record
 - Overall Record
 - Head-to-Head Record
 - Coin Toss
10. All Region selections will be as follows:
 - MVP
 - All-Region 1st Team consisting of 6 players
 - All-Region 2nd Team consisting of 6 players
 - All-Region Honorable Mention consisting of all other players that were nominated
 - Academic All-Region will include senior players with a minimum cumulative 3.75 GPA
11. All-Region nominations will be as follows:
 - The chairperson will send a survey on February 24, 2020 for coaches to submit All-Region nominations. Each coach will nominate 10 players, none of which can be their own, and rank them.
 - A subsequent meeting will be held on Monday, March 2, 2020 at 4:00pm at the Texas Roadhouse in Riverton (12556 S. Rhetski Ln., Riverton, UT 84065).

**Region III Girls' Basketball Schedule
2019-2020**

Week One	Thursday, January 9		
	Bingham	at	Copper Hills
	Jordan	at	Herriman
	West	at	Riverton
Week Two	Tuesday, January 14		Thursday, January 16
	Herriman	at	Bingham
	Copper Hills	at	Riverton
	West	at	Jordan
Week Three	Tuesday, January 21		Thursday, January 23
	REGION		Riverton at Bingham
	BYE		Herriman at West
			Jordan at Copper Hills
Week Four	Tuesday, January 28		Thursday, January 30
	West	at	Bingham
	Herriman	at	Copper Hills
	Jordan	at	Riverton
Week Five	Tuesday, February 4		Thursday, February 6
	Bingham	at	Herriman
	Riverton	at	Copper Hills
	Jordan	at	West
Week Six	Tuesday, February 11		Thursday, February 13
	Bingham	at	West
	Copper Hills	at	Herriman
	Riverton	at	Jordan
			West at Riverton

CHEERLEADING GUIDELINES

Activity Chairman: Kenneth Damron, Bingham AP kenneth.damron@jordandistrict.org

Coaches Representative: Amber Thomas - Bingham High School

Rules Clinic Date: Optional - Safety Clinic through Risk Management

Moratoriums: Does not apply to cheerleading

Starting Date: Following individual tryouts at schools.

First Contest: Does not apply to cheerleading

Eligibility List Due: Does not apply to cheerleading

Academic All-State Deadline: Does not apply to cheerleading

State Tournament Dates/Location: Does not apply to cheerleading

Guidelines Agreed Upon:

1. All stunts and pyramids must be in accordance with risk management policies. Visiting team cheerleaders will not conduct any stunting or tumbling at basketball games. All tumbling will stop at half court.
2. Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. Refer to the UHSAA handbook for permitted noisemakers.
3. The throwing of unapproved objects, including confetti, torn paper scraps, crepe paper, toilet tissue, candy, etc. is not allowed.
4. The coaches and cheerleading team must attend the Utah School Board Risk Management clinic in the spring.
5. A supervisor must be present when cheerleaders perform.

CROSS COUNTRY GUIDELINES

Activity Chairman: Mark Halliday, Copper Hills AP mark.halliday@jordandistrict.org

Rules Clinic Date: The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to Region Competition.

1. Cross Country meets will begin at 3:30 pm with the exception of the Region Meet that will begin at 2:00 pm.
2. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.
3. Qualification for State will be as per UHSAA rules in the current handbook.
4. The winner of the Region trophy will be determined by scores at the Region Championship Meet.
5. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys' and girls' varsity divisions. Certificates are awarded to the top 10 in Region Championships Junior Varsity Races.
6. Each individual may compete in a maximum of 10 meets plus Region and State.
7. Each school will enter competing athletes on runnercard.com or athletic.net as determined by the host school.
8. Region Meet host will be Copper Hills High school at Cottonwood Complex and they will provide the timing system and will be responsible for setting up the course.
9. Tie-breaker is determined by the highest 6th-place varsity finisher.
10. Region coaches will choose an All-Region Academic Team composed of seniors with a 3.75 or higher GPA for the cumulative 9-12 grades. Each school is responsible in awarding these awards.
11. Coaches may run no more than 9 runners in the 'Varsity' Region Championship race if desired but the scoring 7 must be clearly designated in the computer and on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.

12. Two races will be run in Pre-Region, with girls and boys running separately.
13. The Region Cross Country Meet will be held at the County Complex, 1300 E and 4350 S. Copper Hills will host. Region Meet course length will be 3 mile.
14. NFHS Rules govern competition.
15. Academic All-State is due (to UHSAA) between September 3 to October 2.

Cross Country Schedule 2019

Tuesday September 4, 2019

All schools @ County Complex (Pre-Region)

Girls @ 3:30

Boys @ 4:00

Tuesday, October 8 or 15, 2019

Region Championship Meet @ Cottonwood Complex

2:00 Region JV Girls

2:30 Region JV Boys

3:00 Varsity Girls

3:30 Varsity Boys

4:00 Awards

Wednesday, October 23, 2019

State 5A Championships @ Sugarhouse Park

Race Times: TBA

Cross Country Coaches Contact Information

Bingham:

Alisha Paxton alisha.paxton@jordandistrict.org 801-870-8830

Copper Hills High School:

Garth Rushforth (boys) garth.rushforth@jordandistrict.org 801-803-3602

Herriman High School:

Jonathan Haag Jonathan.haag@jordandistrict.org

Jordan High School:

Gregory Shaw Gregory.Shaw@canyonsdistrict.org (801) 870-1022
Bryan Summers

Riverton High School:

Chase Englestead

chase.englestead@jordandistrict.org

West High School:

Major Jonathan Kehr

Jonathan.Kehr@slcschools.org

(385) 444-0128

DRILL GUIDELINES

Last Updated: 5/7/2019

Tentative Guidelines

Region Drill Activity Chair: Mike Farnsworth, Assistant Principal - Bingham High School

- michael.farnsworth@jordandistrict.org
- 801-256-5118 or 801-831-4808

Region Drill Coach Representative: Erika Cox, Head Drill Coach - Bingham High School

- erika.cox@jordandistrict.org
- 801-971-7646

1. Region drill teams will follow the guidelines listed in the General Guidelines of the Region Handbook.
2. The Region Drill Team Competition will be conducted under the rules and guidelines of the UHSAA competition regulations.
 - a. Jordan High School will host the region competition for the 2019-2020 school year on Wednesday, January 22, 2020 at 6:00 p.m.
 - b. The Region Drill Competition Director will be JAN MONCUR.
3. All Drill Teams must follow the most current National Safety Guidelines in order to compete and to qualify for catastrophic insurance coverage.
4. The performance categories for the 2019-2020 Region Competition are: MILITARY, DANCE, and CHARACTER. A team may enter three categories at the region level.
5. The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to the Region Competition. UHSAA Rules Clinic is August 31st and a coaches clinic is September 7th.
6. A mandatory Region Drill Competition Coaches Meeting will be held prior to the Region Drill Team Competition at the host school, Jordan High School on Wednesday, December 4th, 2018 at 6:00 p.m.
 - a. Team(s) without representation at the meeting will be assigned to perform first in the first performance category and will be assigned the corresponding "drawing number."
 - b. The competition performance order will be determined by drawing number (1-6) and a pre-determined rotation for all three performance categories.
 - c. The competition performance order will be: 1) Military, 2) Dance, and 3) Character.
 - d. A facility orientation will be conducted during the mandatory coaches meeting.
 - e. Times for a one hour practice session prior to the day of the competition and a thirty minute floor time session on the day of the competition will be determined and calendared during the mandatory coaches meeting.
 - f. Spectator seating assignments will be determined by randomly dividing the venue into six sections (number of participating schools within the region). Each section will randomly be assigned a number (1-6). The number assigned to each school in 6-b will be the number used to determine spectator seating assignments as well.
7. All coaches must submit the following information for the Region Drill Team Competition Program by November 30, 2018 to michael.farnsworth@jordandistrict.org:
 - a. Official drill team name
 - b. A team picture (high quality with sharp contrast)
 - c. Names of all drill team members, officers, managers, and coaches.
 - d. Names of school administration and athletic director(s) (please check spelling)
 - e. All-Region Team Nominations (three per school with preference to seniors and/or multiple year members)
 - f. Academic All-Region Nominations (SENIORS with a 3.75 and above cumulative GPA)(please check spelling)

- g. Arranged performing group(s) with contact name, number, and email address for entertainment during the Region Drill Team Competition (i.e., Cheerleading, Dance, etc.)
8. A UHSAA certificated judge will be contracted as the competition director for the Region Drill Team Competition. (Jan Moncur for 2019-2020)
9. As determined and scheduled in the mandatory coaches meeting, each drill team will be allowed a one hour practice session to be scheduled in advance and to take place on a day prior to the day of competition. In addition, each drill team will be allowed a thirty minute floor time session to be scheduled in advance and to take place on the day of the competition, prior to the commencement of the competition. Additional times will not be granted.
10. Each drill team coach and participant will model sportsmanship to team members, opposing teams, parents, and competition staff. The state sportsmanship rules will apply and be enforced during the Region Drill Team Competition.
11. Parents/Spectators who use profane language, are disrespectful towards others, or who otherwise fail to model decency and sportsmanship, as determined by the supervising administrators, will be asked to leave and will not be allowed to return to the competition at any time during the remainder of the competition.
12. The following awards will be presented at the Region Drill Team Competition
- a. A Region Championship trophy will be awarded to the Region Championship Team.
 - b. Certificates will be awarded to the 2nd, 3rd, and 4th place teams overall.
 - c. The top 4 finishers will be announced as qualifying for state.
 - d. Plaques will be awarded to the 1st, 2nd, and 3rd place winner in each of the three categories.
 - e. Certificates will be awarded to the 4th place winner in each of the three categories.
 - f. Medals will be awarded to the 1st, 2nd, 3rd, 4th, and 5th place winners in the Drill Down Competition.
 - g. Certificates will be awarded to participants eligible for Academic All-Region (SENIORS with a Cumulative GPA of 3.75 or above).
 - h. Certificates will be awarded for participants selected for All-Region (three from each school).
- NOTE - Region certificates are to be printed by the host school.
13. Dressing rooms are closed to parents, spectators, and supporters. Only coaches and participants will be allowed in the dressing area. Each team will be given three access passes that can be used by female runners for deliveries, make-up needs, costume issues, etc.. It is advised that gifts and well wishes be held until the conclusion of the competition. The decoration of team dressing rooms by parents should be conservative and must be approved by the head drill team coach in advance.
14. Moratorium/Dead time: UHSAA guidelines must be followed. Teams not abiding by the moratorium will face a fine on the first offense and a sportsmanship penalty on the second offense.
15. State 6A Drill Team Competition will be held on Tuesday, January 28 2020 and Saturday, February 1, 2020. Drill team qualification standards for State will be according to UHSAA guidelines. In the event of a tie, tie breaking procedures will be followed as outlined in the State Handbook.

Region Drill Schedule for 2019-2020

Region Drill Team Competition Program Information
Due to Mike Farnsworth, Assistant Principal - Bingham High School
No later than Friday, November 30, 2019

Region IV Drill Team Competition Planning Meeting (Mandatory for Coaches)
Wednesday, December 4, 2019 at 6:00 p.m.
Jordan High School

Region Drill Team Competition
Wednesday, January 22, 2020 at 6:00 p.m.
Jordan High School

Academic All-State Nominations
See UHSAA Calendar

6A State Drill Team Competition
Tuesday, January 28th and Saturday, February 1st, 2020
Utah Valley University

DRAMA GUIDELINES

Region III Drama Policies

Region Activity Person: Stewart Hudnall (Herriman High)

Coaches' Representative: Clin Eaton, Riverton

1. Teachers Meeting: All region drama teachers will meet at least one month prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments begin. This meeting will be held **Tuesday, Jan. 7th, 5:30pm at Riverton High School.**
2. Judges: Coaches, recent alumni (4 years), student teachers from any of the Region III schools as well as family members of any competing student will not be used as judges for any portion of the play festival or individual event festival. **All judges must complete examination before Region and bring their certificate to the region event. Go the UHSAA website and click under ACTIVITIES. Click on Theatre and the lesson plan and test will be there. We are Classification 6A, Region 3.**
3. Cost and Fees for Judges:
 - One (1) to six (6) schools participating- 24 individual Event Judges at \$50.00 per day.
 - Presentations (plays)- three (3) Judges at \$150.00 per day (mileage at UHSAA rate).
4. Qualifying for State: Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
 1. Individual entries must receive a rating (superior, excellent, good or fair).
 2. Rating System:
 - a. Any entry must receive at least two (2) superior ratings out of three to qualify for state.
 3. Any entry receiving a straight superior rating (SSS) at region will receive a medal.
 4. The top 5 pieces in each individual event will participate in a final medals round. Each students 3 ranking scores (1, 2, 3, etc.) will be added together. The lowest scores (not to exceed 5) will be in the

- medals round. All medal round performers will receive a medal and will automatically advance to state.
5. In each medals round, 3 judges will watch all pieces and rank. Ranking scores will be added and 1st, 2nd, 3rd place will be awarded based on lowest scores.
 6. Scores for IE's will be announced at the end of that days competition. Plays will also be ranked and rated for a 1st, 2nd, 3rd place. All 1st, 2nd, 3rd place will go to state. Any school's play receiving Straight Superiors will also progress to state.
 7. Region 3 will participate in Region Sweepstakes following guidelines of Section IV for the UHSAA handbook.
8. Double Entering: Each student may only qualify for State in one (1) Individual Event and in the Play Event.
9. Trophies and Awards:
- Six (6) 4x6 Plaques-Outstanding Performance in Region One-Act plays- decided by the three (3) Festival Play Judges
 - One hundred and twenty (120) Superior Individual Medals (awarded to Straight Superiors and medals round participants only).
 - 1st, 2nd, 3rd Place IE's divided in the following way:
 - (3 of each) 1st, 2nd, 3rd Place Classical Scenes (9 total)
 - (3 of each) 1st, 2nd, 3rd Place Contemporary Scenes (9 total)
 - (1 of each) 1st, 2nd, 3rd Place Humorous Monologue (3 total)
 - (1 of each) 1st, 2nd, 3rd Place Dramatic Monologue (3 total)
 - (2 of each) 1st, 2nd, 3rd Place Pantomime (6 total)
 - (4 of each) 1st, 2nd, 3rd Place Musical Theatre (12 total)
 - 3 Plaques for Plays- 1st, 2nd, 3rd Place Region 4 Plays
 - 3 Trophies for Sweepstakes Awards (1st Place Region 3 Drama, 2nd Place Region 3 Drama, 3rd Place Region 3 Drama)

Drama Schedule

Region Drama Meeting
5:30 p.m.
Riverton High School – Drama Room
TUESDAY, JAN. 7th, 2020

Region Plays
8:00 a.m. – 4:00 p.m.
***Play Results (Acting Awards, State, 1st, 2nd, 3rd Places)**
Thursday, March 12th, 2020

Jordan High School

Region IE's

3:00 p.m. Round One

4:00 p.m. Round Two

5:00 p.m. Round Three

6:00 p.m. Medals Round

7:15p.m. Awards Ceremony

***IE State Qualifiers, Medals**

***IE 1st, 2nd, 3rd (each category)**

***Sweepstakes 1st, 2nd, 3rd**

Thursday, March 19th, 2020

Copper Hills High School

Thursday-Saturday, April 16, 17 and 18th 2020

6A State Drama

Riverton (plays), Bingham

FOOTBALL GUIDELINES 2020

Activity Chairman: Art Erickson, Bingham AP arthur.erickson@jordandistrict.org

Coaches Representative: Dustin Pearce - Herriman dustin.pearce@jordandistrict.org

Rules Clinic Date:

Aug. 1 - 8 AM... Live Rules Clinic @ TBA

Aug 3 - Sep 13... Rules Clinic (On-line: uhsaa.org/training)

Moratoriums:

July 4 - July 10 - Statewide moratorium - No practices, competitions, meetings or travel.

Nov 21 - Dec 5 MORATORIUM -- no practices, competitions, meetings or travel

Nov 26 - Nov 29 MORATORIUM -- no practices, competitions, meetings or travel

Dec 23 - Dec 27 MORATORIUM -- no practices, competitions, meetings or travel

January 1 MORATORIUM -- no practices, competitions, meetings or travel

Feb 22 - Mar 7 MORATORIUM -- no practices, competitions, meetings or travel

Jun 30 - Jul 6 - MORATORIUM -- no practices, competitions, meetings or travel

Starting Date:

July 27 - Begin Practice/Team Selection.

July 29 - First Day of Mandatory Practice / Team Selection.

First Contest:

Aug 14 - Aug 15 - 6A Endowment Games,

Aug 19 - 6A First Contest Allowed - Sub-Varsity

Aug 20 - 6A First Contest Allowed - Varsity

Eligibility List Due:

Aug 28 - 6A Roster with Numbers on RegisterMyAthlete.com

Aug 28 - 6A Upload Team Photo to MaxPreps.com(Details on UHSAA website)

Academic All-State Deadline:

Sep 1 - Sep 30 - 6A Academic All-State Applications Accepted

State Tournament Dates/Location:

October 16 Season End Date

October 17 State Tourney Bracket Reveal - 9:00AM

October 23/24 – State Tournament First Round @ Home Sites

October 30/31 – State Tournament Second Round @ Home Sites

November 6/7 – State Tournament Quarterfinals @ Home Sites

November 12 State Tournament Semi-Finals @ University of Utah

November 20 State Tournament Finals @ University of Utah

Guidelines Agreed Upon:

1. Beginning practice date will be July 27, 2020. (helmets only)

2. Endowment game will be August 14-15, 2020.

3. All varsity games will start at 7:00 pm.

4. Each region school will play a full schedule of Sophomore and JV games. (All games will start at 3:30 pm—no evening games.)

5. Lower Level games: Sophomore games will be played at the same location as the Varsity. JV plays opposite. Lower skill level Seniors are allowed to participate in JV games. Coaches communicate when Seniors “play-down.” A combo JV/Soph game will be played in the event a school does not have sufficient players to field both lower level games. Schools that can’t field both lower level teams will travel to the accommodating school.
6. Home team wears dark jerseys. Visiting team wears light or white jerseys.
7. All schools are required to use adults on chain and down markers (Varsity only).
8. In case of overtime, the state tie-breaker rule applies.
9. Sidelines: No one will be allowed on the field or sidelines (outside of teams and team personnel) during the game without a sideline pass. Each school will develop and distribute their own sideline passes. The Athletic Director who meets the bus will determine from the opposing coach how many sideline passes are needed. It is the responsibility of each school's administration to keep their sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game.
10. The home team is responsible for emergency medical care.
11. Head coaches (or assistant coaches) will email the two (2) most recent games via Hudl by 8:00 am each Saturday. A copy of the team roster will accompany all film exchanges. Region III games, whether practice, league, or post-league, may be filmed only by the two participating schools. The host school should extend the same courtesy to the visiting photographer as to its own photographer. Films that are exchanged in Region III will be filmed by a responsible adult. They should include a pre-snap set wide angle, scoreboard by quarter, and each scoring play. Film all plays.
12. Varsity host school will provide dressing facilities upon the request of the visiting school. A chalkboard/whiteboard will be available. Each school will provide their own towels. Host school will clear the visiting locker room 1½ hours before games and provide a guide for the visiting team to meet the bus, show locker room, etc. (JV and Sophomores dress at their own schools.) In the case of inclement weather, JV & Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning the locker room immediately following half-time.
13. **Post-Game Activities**: At the conclusion of the Varsity, J.V., or Sophomore games and after the traditional handshake, visiting teams will not participate in any post game activities. Teams are to gather their gear and load the bus immediately unless a pre-designated spot has been agreed upon and communicated to both teams coaching staff and school administration prior to the start of the game.
14. Visiting teams will be allowed a minimum of 2 spotters and a maximum of 4 (depending on facility). Last Updated: March 11, 2020
15. Region III will allow communication equipment including computers, film, television, and video tapes during the game and between periods as permitted by state guidelines.
16. Coaches will communicate with one another on at least two occasions: 1- Schedule and team rosters are to be e-mailed to Region Chair by Monday, August 10, 2020. The rosters shall contain at least the name, grade level, number, height, and weight of each

athlete and be in numerical order. (Register My Athlete) 2- The All Region selection date TBD.

17. New State RPI seeding will replace the need for tiebreaks and play-in games.

Refer to region policies for tiebreakers. In the event of a 3-way tie for the last playoff berth, see previously stated region rules first. If necessary, then follow the steps below.

a. The winner of the tie breaker or winner of the flip earns a bye; the other two teams play off in a 24-minute game, consisting of two (2) 12-minute quarters. b. Following a 15 minute halftime intermission, the winner of the first 24-minute game will then play the bye team. The game will consist of two (2) 12-minute quarters. The winner of that game will advance to the play-offs. c. All playoff games will be held at a neutral site.

18. Any current employee of a school may not officiate in any varsity game in which that school is participating.

19. The National Anthem will be played 5 minutes before the scheduled starting time. The visiting team should be informed if this is changed.

20. Region scheduling will flip home and away year to year. The order will remain the same for two years.

21. Change of Date, Time, or Place of a regularly scheduled region game must be approved by the Region III Board of Managers. Changes should be approved at least one week in advance. Host schools must notify the Football Chair and the other head coaches in the region of the change. Host schools must notify the arbiter of the change.

22. Any Media personnel from schools must remain on their school's sideline.

23. Home team responsible for filming sophomore and JV games and put on Huddle Thursday.

2020 Region Schedule:

September 18 – Week 6

Herriman @ Bingham

Copper Hills @ East

Riverton @ Jordan

September 25 – Week 7

Bingham @ East

Riverton @ Copper Hills

Herriman @ Jordan

October 2 – Week 8

Riverton @ Bingham

Copper Hills @ Jordan

East @ Herriman

October 9 – Week 9

Bingham @ Jordan

Herriman @ Copper Hills

East @ Riverton

October 15 (Thursday) – Week 10

Jordan @ East

Riverton @ Herriman

Copper Hills @ Bingham

FORENSICS GUIDELINES

Activity Chairman: Michelle Putnam, Bingham AP michelle.putnam@jordandistrict.org

Coaches Representative: Mathew Walker mathew.walker@jordandistrict.org

Rules Clinic Date:

Moratoriums: same as other UHSAA activities

Starting Date: October 1

First Contest: October 3

Eligibility List Due: October 25th

Academic All-State Deadline: March 10

State Tournament Dates/Location: March 13-14 at Lone Peak

Guidelines Agreed Upon:

1. FORENSICS GUIDELINES 2019-20 RESPONSIBLE SCHOOL - TBA
2. No forensics meet(s) may be held prior to the UHSAA Forensics season beginning date.
3. Region 3 Speech and Debate regions:
4. Saturday, February 29, 2020
5. Entry Deadline: Friday, February 25, 2020
6. State entries must be given to the Region Representative by Monday, March 9, 2020
7. Region Representative will submit all final entries to the UHSAA and State Forensics Representative.
8. 2019-20 Region Representative: TBA
9. Food will be arranged by the host school, Region representative and Tournament director.
10. Medals: 1st thru 3rd place medallions will be awarded participants, and the Utah High School Association will pay for those.
11. Region 3 Format
12. Participants: (All events will be single entry)
13. Lincoln Douglas Debate - Four (4) participants
14. Policy Debate - Four (4) teams
15. Public Forum - Four (4) teams
16. Impromptu - Three (3) participants
17. Oratory - Three (3) participants
18. National Extemp - Three (3) participants
19. Foreign Extemp - Three (3) participants
20. Student Congress - Four (4) participants
21. Judging Requirements:
22. One judge for every two Lincoln Douglas participants
23. One judge for every two Policy and Public Forum teams
24. One judge for every four Individual Event participants

25. One judge for Student Congress (if bringing participants in this event)
26. Full teams must have 12 judges, including 1 Congress judge
27. Reimbursement: The Utah High School Association will pay for Judges (\$10 per round or \$40 for the day) at the Region Tournament.
28. Rounds:
29. The Region Tournament will be at least 3 rounds depending on entry numbers
30. Individual Events Pairings: Participants will be randomly placed in panels for their events
31. Congress Pairings: All registered competitors will make up a single Congressional house.
32. Quartiling:
33. The 1st quartile of competitors will be awarded superior ratings (5 points).
34. The 2nd quartile will be awarded excellence ratings (3 points).
35. The 3rd quartile will be awarded good ratings (1 points).
36. The 4th quartile will be awarded fair ratings (0 point).
37. ALL events (including Policy and Public Forum) will be scored the same.
38. Topics:
39. All Debate (Lincoln Douglas, Policy and Public Forum) topics for Region will be the same as the State topics.
40. The Congress topics docket will be the same as the State docket if it has been released by the State tournament director two weeks prior to the Region tournament. If these topics have not been released the docket will be made up of 2 pieces of legislation chosen by each school from the state approved docket of legislation on or before Friday, February 11, 2020 to the Region Representative.
41. Oratories:
42. All Orations must be submitted to the Region representative by Friday, February 14, 2020.
43. Quoted material must be highlighted and numbered (Only 150 words may be quoted). These may be electronic copies and should be sent to the region rep. Printed copies must be brought and turned in at the check in table before the tournament starts.
44. Sweepstakes:
45. All sweepstake will be done using the State Quartiling method. (When Quartiling Sweepstakes points for Student Congress, high and low ballots will be dropped.)
46. Sweepstakes points will be determined using the following scale: 5 = Superior, 3 = Excellent, 1 = Good, 0 = Fair Ties will not be broken
47. Any participant who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points. (Chapter 3 Section 3 UHSAA Speech and Debate handbook)
48. Ratings are not calculated in the tournament; Ranks/Win-Loss records only.
49. Team events ARE NOT doubled for sweepstakes points.
50. Top 4 teams eligible for a full slate at state.

- 51. Individuals that place in the top 10 of an event will qualify for the state tournament
- 52. Additional information:
- 53. 2019-20 region rules were based on region 1 rules as to attempt to unify the rules and regulations across the state.
- 54. In the event that a dispute arises which is not covered by Region guidelines, State rules will be deferred to. In the event that disputes are not covered by Region or State guidelines, Coaches will determine, by a majority vote how to resolve the dispute.

Region Schedule:

BOYS GOLF GUIDELINES

Activity Chairman: Ryan Durant, Jordan AP ryan.durant@canyonsdistrict.org

Coaches Representative: Jeff Price, Herriman

Rules Clinic Date: September 20

Moratoriums: Nov 21 – Jan 1, Jun 30 – July 6

Starting Date: July 23

First Contest: July 30

Eligibility List Due: August 25 – Roster on RegisterMyAthlete.com

Academic All-State Deadline: Sep 4 - Oct 2

State Tournament Dates/Location: September 30 and October 1 @ Meadow Brook (Taylorsville)

Guidelines Agreed Upon:

1. There will be a maximum of 14 Varsity and 14 JV region tournaments, consisting of 18 holes each. Eight players representing each region school will participate with the low 5 scores added together for the school's tournaments score. The point system will be used to determine the overall region champion. The first-place team will receive 6 points, second will receive 5, third 4, fourth 3, fifth 2 and sixth 1 point. In the case of a tie for 1st place, both teams will be presented a trophy.
2. All schools will be responsible for their own green fees.
3. Region Tournaments will start as late as possible (shotgun starts will be requested).
4. The Region III Tie Breaker Rule will be followed to decide final region standings, if needed. If there is a tie for the final state tournament spot, the coaches of the included schools will choose 4 golfers who will then playoff until the final spot is decided.
5. If a region tournament is postponed due to inclement weather every attempt will be made to reschedule as soon as possible. If all golfers finish at least 9 holes before inclement weather stops play, that will be considered a region tournament and the 9-hole scores will be considered a complete tournament. In the event that the final 18-hole region tournament is affected by weather, there may not be a makeup due to time constraints.
6. USGA rules apply to all events, local rules will supersede in case of conflicts.

7. No caddies may be used by the participants in region tournaments. No riding golf carts unless approved by a majority vote of region coaches prior to play.
8. Spectators/Parents may attend but are not allowed to give advice to participants. Coaching is only allowed by the designated school coaches (per UHSAA guidelines coaches must have completed required coaches' trainings and be an official member of the school coaching staff.) Advice or coaching from spectators will result in a 2-stroke penalty. They will receive the penalty after one warning from a coach or Marshall. Spectators must remain 50 feet away during the competition.
9. All players are to be dressed in appropriate golf attire. The following guidelines come from the UHSAA Handbook: Appropriate attire is required for all golfers and coaches. Participants may not wear denims of any kind of color. A participant must wear long pants, knee length skirts or shorts (no denim, basketball, or cargo style shorts are allowed) and collared shirts or mock turtlenecks. Penalty for breach of rule: two strokes and attire must be legal before player can continue.
10. All golfers will play from the designated tee markers. Only rangefinders without slope capabilities will be allowed. The following electronic devices are not allowed: (including, but is not limited to) cell phones, music devices, smart phones, etc. Region III tournaments will follow UHSAA rules and regulations.
11. Players must attend school all periods of the day of a region event up until they are excused for the event by the coach. District policy supersedes any discrepancy.
12. Prior to the first match, each school will hold a region rules meeting. All golfers must attend or will not be eligible for region play. Exceptions rarely may occur but must be approved by the region board (principals, not coaches).
13. First team all-region players will be awarded medals for players 1- 10 with the lowest scores after Region Tournaments.

Boys Golf Coaches Information

School	Name	Email
Region Chair – Jordan	Ryan Durant	Ryan.durant@canyonsdistrict.org
Bingham	James Applegate	james.applegate@jordandistrict.org
Copper Hills	John Watkins	john.watkins@jordandistrict.org
Herriman	Jeff Price	jeffrey.price@jordandistrict.org
Jordan	Dave Mecham	David.mecham@canyonsdistrict.org
Riverton	Skyler Wilson	skyler.wilson@jordandistrict.org
West	Cory Norton	cory.norton@slcschools.org

Region Schedule: TBD

GIRLS GOLF GUIDELINES

Activity Chairman: Dina Kohler, Jordan AP dina.kohler@canyonsdistrict.org

Coaches Representative: Jodi Sadler

Rules Clinic Date:

Moratoriums: no practices, competitions, meetings or travel

- Jun 30-Jul 6
- Nov 24 - Jan 1
- Nov 28 - Dec 1
- Dec 22 - Dec 26
- Jun 28 - Jul 4

Starting Date: Feb 24th

First Contest: Mar 2nd

Eligibility List Due: Mar 13th

Academic All-State Deadline: April 16th

State Tournament Dates/Location: May 11 - 12 @TBA

Guidelines Agreed Upon:

REGION 3 GIRLS GOLF GUIDELINES 2019-20

- There will be 12 players maximum per team consisting
- of 6 Varsity and 6 JV. Four of the Varsity scores will be counted for tournament scoring and scoring is based on stroke play. A point system will be used to determine team standings within the region. Points will be doubled for the Region tournament.
 - 1st place =
 - **5** points for 9 holes/**10** points for 18 holes
 - 2nd place =
 - **4** points for 9 holes/**8** points for 18 holes
 - 3rd place =
 - **3** points for 9 holes/**6** points for 18 holes
 - 4th place =
 - **2** points for 9 holes/**4** points for 18 holes
 - 5th place =
 - **1** point for 9 holes/**2** points for 18 holes

- Coaches will determine which tournaments count toward
- All Region at the beginning of the season with the agreement that one score will be dropped. The top 12 girls in the region will medal.
- Eight to ten tournaments will be scheduled, preferably
- Shot-gun starts. Starting time will usually be in the afternoon, but there may be a few morning tournaments. Some tournaments will be Varsity only.

Region Schedule:

Girls Golf Coaches information

School	Name	Email
Region Chair – Jordan	Dina Kohler	dina.kohler@canyonsdistrict.org
Bingham	Jodi Sadler	jodi.sadler@jordandistrict.org
Copper Hills	Jake Timpson	jacob.timpson@jordandistrict.org
Herriman	Jeff Price	jeffrey.price@jordandistrict.org
Jordan	Kyle Stailey	kyle.stailey@canyonsdistrict.org
Riverton	Steve Nyhus	steven.nyhus@jordandistrict.org
West	Derek Schmehl	derek.schmehl@slcgov.com

MUSIC, INSTRUMENTAL GUIDELINES

Activity Chairman: Janilee Taylor, Riverton AP janilee.taylor@jordandistrict.org

Coaches Representative: Jim Thompson, Bingham High

Rules Clinic Date:

Moratoriums:

Starting Date:

First Contest:

Eligibility List Due:

Academic All-State Deadline:

State Tournament Dates/Location:

Nov. 7-9: Marching Band State Championships

March 5: Region Jazz

March 12: Region Solo and Ensemble

March 27-28: State Jazz

April 2: Region Band

April 23: Region Orchestra

April 25: State Solo and Ensemble

May 1-2: State Band

May 15-16: State Orchestra

Guidelines Agreed Upon:

I. Festival Management A. Leadership and Responsibilities 1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level. 2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band (Drumline included), Orchestra, Concert Band and Large Group Choral. 3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined. Scheduling requests and any protests or grievances regarding any results MUST come from the school's music director. Scheduling requests and grievances from students or parents will NOT be considered. 4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band

program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching band. 5. Under the existing partnership, UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president. 6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference. 7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines. 8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators. 9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities. 10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair, the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music. The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee.

B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals

1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble. 2. To participate in a region or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (UHSAA Handbook, Article 1 Section 8; Handbook Music Section I-C). Students must be currently enrolled in a high school music class taught at their

participating high school. Students who are in a 7-12 grade school must be in 9th-12th grade to participate in the solo portion of the Solo & Ensemble Festival, but may perform with a choir (vocal or instrumental). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at www.uhsaa.org to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the Calendar tab at www.uhsaa.org.

3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility.

C. Eligibility Requirements for Music Festival Participation

1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked.
2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals.
3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant. However, all participants in ensembles must be students.

D. Eligibility Requirements for Adjudicating Festivals

1. In order to qualify as an adjudicator one must successfully complete the online application and training found at <http://umea.us/adjudication.php> through the Utah Music Educators Association and receive certification in one or more areas of specialization.
2. To remain eligible, all adjudicators must recertify once every four years by completing the online application and training found at <http://umea.us/adjudication.php>.
3. If an adjudicator receives three negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completing the UMEA on-line training.
4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room.

E. Ratings

1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I).
2. Guidelines for ratings follow:

RATING I: SUPERIOR—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory.

RATING II: EXCELLENT—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used.

RATING III: GOOD—an average performance lacking in several characteristics of a superior rating. Music may be used.

RATING IV: FAIR—a below average performance requiring many specific improvements. RATING

V: POOR—a performance lacking sufficient preparation and exhibiting major deficiencies.

II. General Requirements

A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the Utah High School Activities Association website: www.uhsaa.org (Click on Sports&Activities>Activities>Music). The forms must be filled out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival.

B. Scores or individual parts of a score, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered.

C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a “no rating.”

D. Music is an interactive art form and as such live accompaniment is required.

E. Uninvited communication with the adjudicator may result in the disqualification of the entry.

F. Region and state festival adjudicator fees are \$25 an hour (1-2 hrs adjudicating), \$90 half day (approximately 3-5 hrs at site), and \$140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .46 cents per mile and \$.11 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at uhsaa.org) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested.

G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the Statement of Principles for Music Festivals, as prepared by UMEA.

H. Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional.

III. Region Festivals

A. Region Music Festivals

1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals.
2. Recommended Region Festivals (UMEA or UHSAA sponsors the state culminating festival):

(March)	Vocal Solo & Ensemble Festival
(April)	Orchestra Festival
(March)	Instrumental Solo & Ensemble Festival
(April)	Large Group Choral Festival
(March)	Jazz Ensemble Festival
(April)	Concert Band Festival
3. Directors are discouraged from requesting to participate in another region festival; however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A, 5A or 6A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request. Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility.

B.

Region Large Group Festivals 1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating. 2. Rules and regulations: a. Large group festivals should be held on a region basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled. b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years. c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage. d. Ratings: (See ratings under IE, #1-2) e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of the Utah High School Activities Association. f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools. g. It is recommended that there be three adjudicators for each large group festival.

C. Region Jazz Ensemble Festival 1. Each jazz ensemble is required to perform at least one swing and one ballad or combination thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed. 2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator. 3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight-reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time. 4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts.

D. Region Solo & Ensemble Festivals 1. Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility. 2. Entrants shall use high quality, published music of recital nature grade III level or above. 3. The current New York State Music Association Manual and/or the NAFME Selected Music Lists are recommended (could also search acceptable state repertoire lists on jwpepper.com). 4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events. 5. To be considered a separate ensemble, at least 50 percent of the group shall be new members. 6. A soloist shall not perform a selection he or she has used at any

evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles.

7. Performing Groups: a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts. b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32. c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part. d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles.

8. Only instrumental and chamber choirs may be conducted.

9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score.

10. Soloists and small ensembles may perform only one selection or portion thereof not to exceed the "performance" times listed below. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR.

Soloists & Small Ensembles	Playing Time	Group Size	Solos	Piano
String	7 minutes	2-7 members	6 minutes	6 minutes
Woodwind/Brass	7 minutes	2-7 members	6 minutes	6 minutes
Vocal	5 minutes	See #6 above	5 minutes	6 minutes
Percussion	10 minutes	6 minutes		

11. Large ensembles and choirs may perform more than one selection but must stay within the following "time limits" which shall include: setup, tuning, performance time and exiting the performance area. When the time limit has expired, the monitor or adjudicator may signal the group to stop their performance.

Large Ensembles & Choirs	*Total Time Limit	Group Size
String Choirs	12 minutes	8-25 members
Woodwind Choirs	12 minutes	8-25 members
Brass Choirs	12 minutes	8-25 members
Large Percussion Ensembles	12 minutes	
Chamber Choirs	15 minutes	16-32 members

IV. State Solo & Ensemble Festivals

A. Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival.

B. Regions/Schools are assigned to the following festival locations:

Region	Festival Location
NORTH	Solo & Ensemble Festival at Northridge High School
SOUTH	Solo & Ensemble Festival at Provo High School

C. Qualifying for the State Solo & Ensemble Festival

- Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a region festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable.
- Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating.
- The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition:
 - An adjudicator's nomination

must be included on the piano adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating. b. Music performed must be high quality, published music of recital nature, grade III or above. 4. Soloists or groups qualifying for state may change their selections between region and state festivals. 5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed. 2019-20 UHSAA HANDBOOK. 6. An ensemble qualifying for state may change no more than one half of its personnel. D. State Solo & Ensemble Festival Instructions and General Information 1. Go to the UHSAA Music page at www.uhsa.org for festival info and instructions on submitting entries. 2. Prior to the Region S & E Festival(s), the high school music teacher shall complete and email the UHSAA "Region Solo & Ensemble Entry Form" to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at uhsaa.org). 3. Following the Region Festival(s) the Region Music Chair shall complete the following: a. The Region Chair photocopies the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival. b. The Region Chair contacts the music directors at each of their region schools and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers. c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival. d. State Solo & Ensemble Festival information will be posted on the Music page at www.uhsaa.org. e. The Region Music Chair shall electronically submit the region's state qualifying entries to the Festival Scheduler/Director (listed below) on the "UHSAA State Solo & Ensemble Entry Form". The entry form is available on the UHSAA Music page at www.uhsaa.org click on the link for the "State Solo & Ensemble Form;" save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined \$200.00 for the first week late. Entries received more than one week late will not be scheduled. f. Prior to the state festival, the school music directors shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form. g. Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled. Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler. h. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email in behalf of a request from

one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts. i. NO SHOW FEES CHARGED TO SCHOOLS: Schools are fined \$25 for each “no show” entry. The “no show” fee is charge if a scheduled performance posted on UHSAA website is canceled later than the Monday prior to the State Festival. 3. The preliminary schedule will be posted on the Music Page at www.uhsaa.org about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior. 4. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist. 5. State Solo & Ensemble Awards: a. Soloists receiving a superior (I) rating will be awarded medals and certificates. b. In rare instances, an adjudicator may award a superior rating “With Distinction.” c. Soloists receiving superior minus (I-) ratings will be awarded certificates. d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate.

Region Schedule:

MUSIC, VOCAL GUIDELINES

Activity Chairman: Janilee Taylor, Riverton AP janilee.taylor@jordandistrict.org

Coaches Representative: Jim Thompson, Bingham High

Rules Clinic Date:

Moratoriums: June 28-July 6

November 28-December 1

December 22-December 26

January 1

Guidelines Agreed Upon: See Instrumental/Vocal Guidelines listed above

Region Schedule:

March 3, 2020- Solo & Ensemble @ Riverton High

March 17, 2020- Region Training Choir @ West High

March 23, 2020- Region Chamber Choir @ Copper Hills High

April, 14, 2020- Region Womens & Large Choir @ Herriman High

Apr 4... State Entry Deadline

Apr 25... State Festival @ *North: South:*

BOYS SOCCER GUIDELINES 2019-2020

Activity Chairman: Roberto Jimenez, Jordan AP roberto.jimenez@canyonsdistrict.org
Office 801-826-6214.

Coaches Representative: Nelson Glassett jordanboyssoccer@gmail.com
801-209-5335

Rules Clinic Date: Jan 2- Mar 2 Boys Soccer Rules Clinic (on-line: uhsaa.org)

Moratoriums: Feb 10 -Feb 23. No practices, competitions, meeting, or travel.

Starting Date: Feb 24 begin practice / team selection

First Contest: Mar 2

Eligibility List Due: Mar 13. Roster with numbers on RegisterMyAthlete.com

Academic All-State Deadline: Mar 17 - Apr 16, Applications accepted.

State Tournament Dates/Location: May 8 First Round; May 12 Second Round; May 15 Quarterfinals; May 19 Semifinals; May 21 Finals @ Rio Tinto Stadium

Guidelines Agreed Upon:

1. Region games will start at 3:30 PM for Varsity; 5:15 for JV; on Wednesday and Friday
2. Region trophy will go to first place in regular region play
3. Please refer to "General Policies" in the Region III Handbook for all other Region III rules, and the UHSAA Handbook for all UHSAA rules
4. Game field locations for each school are located on campus.
5. All-Region team players are decided by the coaches according to how the teams finish in region play. For the region's first team: 1st– 6, 2nd– 5, 3rd– 3, 4th– 3, 5th– 2, 6th– 2
6. The All-Region second team players will be determined with 4 selections from the region teams that place 1st-4th. Teams who place 5th or 6th will select 2 players each.
7. All Teams will receive 2 selections for Honorable Mention.
8. Region Honors: MVP for the following area:
 - a. All-Around
 - b. Forward
 - c. Mid-field
 - d. Defender
 - e. Goal-Keeper

Coaches Contact Information:

Copper Hills HS - Eddie Moura - 954-857-6623 / coachmoura@gmail.com

Bingham HS - Leo Gonzalez - 801-637-0081 / Leo.gonzalez00@gmail.com

Herriman HS - Ryan Mitchell - 801-529-7911 / Ryan.Mitchell@jordandistrict.org

West HS - Kris Hamlet - 801-243-0147 / krishamlet@gmail.com

Jordan HS - Nelson Glassett - 801-209-5335 / jordanboyssoccer@gmail.com
 Riverton HS - Paul Moizer - 801-598-4449 / paul.moizer@jordandistrict.org

Region Schedule:

Friday, Mar 20 Bingham @ West Herriman @ Copper Hills Jordan @ Riverton	Wednesday, Apr 22 Jordan @ West Riverton @ Herriman Copper Hills @ Bingham
Wednesday, Apr 1 West @ Jordan Herriman @ Riverton Bingham @ Copper Hills	Friday, Apr 24 West @ Riverton Jordan @ Copper Hills Herriman @ Bingham
Friday, Apr 3 West @ Copper Hills Riverton @ Bingham Jordan @ Herriman	Wednesday, Apr 29 Copper Hills @ West Bingham @ Riverton Herriman @ Jordan
Wednesday, Apr 15 Riverton @ West Copper Hills @ Jordan Bingham @ Herriman	Friday, May 1 Copper Hills @ Herriman Riverton @ Jordan West @ Bingham
Friday, Apr 17 West @ Herriman Bingham @ Jordan Copper Hills @ Riverton	Wednesday, May 6 Herriman @ west Jordan @ Bingham Riverton @ Copper Hills

GIRLS SOCCER GUIDELINES

Activity Chairman: Jana Crist, Jordan AP jana.crist@canyonsdistrict.org

Contact Number – 801-826-6215 (office) 801-652-0409 (cell)

Coaches Representative: Marli Martin

Rules Clinic Date: Live clinic @ UHSAA, July 29, 6:00 PM

Varsity Games : 3 :30 PM ; JV Games: 5:15 PM

Summer Moratorium: June 30 – July 6

Two-weeks prior restrictions: July 15-July 28

Begin Practice and Team Selection: July 29

First Contest: Monday, August 5

Academic All-State Applications Accepted: Sept 3 – Oct. 2

Roster with Numbers to RegisterMyAthlete.com: Aug. 30

State Tournament: Oct 10-25

Guidelines

1. Region games will start at 3:30 PM – Varsity; 5:15 – JV
2. Region trophy will go to first place in regular region play
3. Please refer to “General Policies” in the Region III Handbook for all other Region III rules, and the UHSAA Handbook for all UHSAA rules
4. Game field locations for each school are located on campus except for Bingham which is at South Jordan Middle School
5. All-Region team players are decided by the coaches according to how the teams finish in region play. For the region’s first team: 1st– 6, 2nd – 5, 3rd– 3, 4th– 3, 5th– 2, 6th– 2.
6. The All-Region second team players will be determined with 4 selections from the region teams that place 1st-4th. Teams who place 5th or 6th will select 2 players each.
7. All Teams will receive 2 selections for Honorable Mention.
8. Region Honors: MVP for the following area:
 - a. All-Around
 - b. Forward
 - c. Mid-field
 - d. Defender
 - e. Goal Keeper

Schedule

Tuesday, August 27

Bingham @ West
Herriman @ Copper Hills
Jordan @ Riverton

Thursday, August 29

West @ Jordan
Herriman @ Riverton
Bingham @ Copper Hills

Thursday, September 5

West @ Copper Hills
Riverton @ Bingham
Jordan @ Herriman

Tuesday, September 10

Riverton @ West
Copper Hills @ Jordan
Bingham @ Herriman

Thursday, September 12

West @ Herriman
Bingham @ Jordan
Copper Hills @ Riverton

Tuesday, September 17

Jordan @ West
Riverton @ Herriman
Copper Hills @ Bingham

Thursday, September 19

West @ Riverton
Jordan @ Copper Hills
Herriman @ Bingham

Tuesday, September 24

Copper Hills @ West
Bingham @ Riverton
Herriman @ Jordan

Thursday, September 26

West @ Bingham
Copper Hills @ Herriman
Riverton @ Jordan

Tuesday, Oct 1

Herriman @ West
Jordan @ Bingham
Riverton @ Copper Hills

SOFTBALL GUIDELINES

Activity Chairman: Rachel Townsend, West AP rachel.townsend@slcschools.org

Coaches Representative: Keith Lopati West High School

Telephone: 801-578-8500

Rules Clinic: February 4th @ UHSAA

Moratoriums: June 30- July 6, November 24-January 1, December 22-26, January 1, 2020

Starting Date: February 24, 2020

First Contest: March 2, 2020

Eligibility List Due: March 13, 2020

Academic All-State Deadline: March 17 – April 16, 2020

1st Round State Tournament: May 8, home schools, Single elimination

2nd Round State Tournament: May 9 – 11, home schools, best of 3

3rd Round State Tournament: May 14-15, @ home sites, best of 3

State Tournament: May 18 - 22, 2020 @ Cottonwood Complex

1. No team may play more than twenty-two (22) games during the entire season.
 - a. A single day tournament will count as one game with a maximum of four (4) games.
 - b. A multiple day tournament (2-3 days) will count as two (2) games towards contest limitations.
 - c. A maximum of eight (8) games may be played in a multiple day tournament.
2. All region varsity games shall begin at 3:30 p.m.
 - a. Games will be a full seven (7) innings.
 - b. If the score is tied at the end of seven (7) innings, the international tie-breaker rule will be in effect.
 - c. The 10-run rule will be in effect after the fifth inning.
 - d. The 15-run rule will be in effect after the third inning.
3. All JV games will immediately follow varsity games (same day, same site).
 - a. A team may only score six (6) runs an inning in a JV game.
 - b. Rules for JV play will be agreed upon by the region in order to provide developmental atmosphere and to accommodate facility conflicts.
4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15 pm.
5. The home team will be responsible for:
 - Providing an official scorekeeper (a responsible adult)
 - Providing two (2) new game balls (same ball as used in State)
 - Paying the officials
 - Field management

- Calling the media with games results
6. Postponed games will follow the UHSAA suspended game procedures.
 - a. The **home** team will call their opponent and the officials by 12:00 noon.
 - b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved
by the involved principals.
 - c. Priority should be given to region games.
 - d. In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second-round field will be reversed.
 7. Teams agree to accept all National Federation Rules.
 8. In the event of a tie in the standings, the region tie breaker rule will be in effect.
 9. Videotaping of games is by **playing** teams only.
 10. One region trophy will be awarded to the first-place team.
 11. All seniors nominated for Academic All-State will receive Academic All-Region.
 12. Coaches meeting to select All-Region teams will be held (TBA)
 13. Pitching distance will be 43 feet.
 14. Senior recognition day will be kept to a ten (10) minute maximum according to general policy at
1st base.
 15. All-Region schools will be required to have a safety base. (orange)
 16. Region Administration representative will be responsible for producing and awarding All-Region awards.
 17. Tie –Breaker 1-Head to Head
 2. Runs for
 3. Runs against
 4. Coin Flip
 18. All Region team: 1st place gets 5
 - 2nd place gets 4
 - 3rd place gets 3
 - 4th place gets 2
 - 5th place gets 1MVP voted from region stats

Region Schedule:

Region III Softball Schedule 2019-2020

Tuesday, March 17th

West @ Bingham
Herriman @ Riverton
Copper Hills @ Jordan

Thursday, March 19th

Bingham @ Riverton
Jordan @ West
Copper Hills @ Herriman

Tuesday, March 31st

Riverton @ Copper Hills
Jordan @ Bingham
West @ Herriman

Thursday, April 2nd

Bingham @ Copper Hills
Herriman @ Jordan
Riverton @ West

Tuesday, April 14th

Herriman @ Bingham
Copper Hills @ West
Jordan @ Riverton

Thursday, April 16th

Bingham @ West
Riverton @ Herriman
Jordan @ Copper Hills

Thursday, April 23rd

Copper Hills @ Riverton
Bingham @ Jordan
Herriman @ West

Tuesday, April 28th

Copper Hills @ Bingham
Jordan @ Herriman
West @ Riverton

Thursday, April 30th

Bingham @ Herriman
West @ Copper Hills
Riverton @ Jordan

SWIMMING GUIDELINES

Activity Chairman: Kenneth Damron , Bingham AP

andrea.bouwhuis@jordandistrict.org

Coaches Representative: Andrew Powers, Riverton High

Rules Clinic Date: Oct. 1-29th, 2019

Moratoriums: Nov. 28- Dec. 1, Dec. 22-26, Jan. 1, April 17-April 30, Jun. 28-July 4

Starting Date: Sept. 30, 2019

First Contest: Nov. 4, 2019

Eligibility List Due: Nov. 22, 2019

Academic All-State Deadline: Jan. 7- Feb. 4, 2020

State Tournament Dates/Location: Feb. 14-15, 2020 BYU

Guidelines Agreed Upon:

1. Monday September 30, 2019 is the first day of practice/team selection.
November 4th is the first date a swim meet may be held
2. A maximum of 14 meets will be held including region and state meets. All region meets with the exception of West will have warm ups at 3:00 pm and meet start time of 3:30 pm. West High meets will have warm ups at 2:30 pm and meet start at 3:00 pm.
3. The region championship meet will be held at South Davis Rec Center
4. The state championship meet will be held at Brigham Young University on February 14-15, 2020
5. Each schools entries for the region championship meet will be unlimited except for the 200 free, 200 IM, and 500 free where teams are limited to 4 individual entries. Relays will be limited to 3 entries per school with only the designated "A" relay team scoring points. All entry times must be current season best times as verified in the top 50 report. NT's are not accepted as entry times.
 - a. All swimmers must meet eligibility requirements as per National Federation Rules
 - b. No more than four swimmers from each school may receive a medal and score points towards the region championship.
 - c. Each school must submit their region entries as well as their Academic All-Region names (3.75 or high senior athletes) at the region seeding meeting to be held on Monday Jan. 27th at Bingham High.
 - d. The scoring format will be 16 places; 1 region trophy, 6 individual event medals, and 3 relay team medals
6. All hosting schools of dual meets will have the following:

	Dual Meets	Region Championship
Starter	\$40.00	\$60.00

Referee	\$40.00	\$60.00
Stroke and Turn	\$40.00 (2)	\$30.00 (5)
Head Timer/Runner	\$40.00	\$40.00
Hospitality Coordinator	N/A	\$30.00
Meet Director	N/A	\$150.00

Region Meet Assignments: To be rotated annually

Meet Director: Andee Bouwhuis

Timers: Herriman High

Officials: Copper Hills High

Meet Marshalls: West High

Programs: Riverton High

Hospitality: Bingham High

Runner/Awards: Jordan High

Region Schedule:

December 5, 2019	Bingham @ Herriman Copper Hills @ West	Riverton @ Jordan (Dec. 3)
December 12, 2019	Copper Hills @ Riverton West @ Bingham	Herriman @ Jordan
January 9, 2020	Jordan @ Copper Hills Bingham @ Riverton	Herriman @ West
January 14, 2020	Copper Hills @ Herriman Riverton @ West	Jordan @ Bingham
January 23, 2020	West @ Jordan Herriman @ Riverton	Bingham @ Copper Hills

BOYS TENNIS GUIDELINES

Activity Chairman: David Tilby, Riverton High AP david.tilby@jordandistrict.org

Coaches Representative: Linda Richmond linda.richmond@jordandistrict.org

Boys Tennis Policies

Region Activity Chairperson: David Tilby, Herriman High,

Coaches' Representative:

1. Region III will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play sixteen matches plus the Region and State Tournaments. A one-day tournament will count as one match and two-day tournament counts as two matches.
3. Tennis players must compete in a minimum of five Region III matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student athlete participating in the region meet. The region tournament will determine state qualifiers and their positions.
4. Starting time for tennis matches will be 3:30 pm unless otherwise agreed upon by coaches and principals. Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00pm.
5. Each team is expected to participate in a JV schedule. Where possible the matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No ad scoring will be used
6. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
7. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles player and so on. The same policy must be used for doubles; i.e., the best team must play first doubles.
8. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region III Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory
9. Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, and will use a (12) point tie break at 8-8. No ad scoring will be used for junior varsity matches only.
10. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
11. Dual match and region tournament coaching rules are as follows:
 - a. A coach is designated as on with appropriate credentials as identified by each school's administration. The coaches must be identifiable. There should be only two designated coaches from each team working with players during matches.

b. A coach may coach his/her players during the 90 second changeover at the end of the odd games, 2 minutes between sets and during the 10 minute rest period in event of a third set. One coach is to be coaching/on the court at a times.

c. Coaching must be in a manner that does not interfere with the play on adjoining courts.

12. The Region III Tournament will be a six-team modified double-elimination tournament. The modifications are as follows:

a. Players who reach the finals are guaranteed first or second place (no true second)

b. When playing for state seeding, 3 and 4 and 5 and 6th places will playoff unless they have previously played in the tournament.

13. The region home team will furnish high altitude tennis balls for Region III dual meets, region chair will provide the balls for the region tournament.

14. The Region IV Championship will be determined by a combination of the dual matches and the Region III Tournament. A team could receive 0,1,2,3,4 or 5 points per dual match. Scoring for the Region Tournament will be: first place in each category will receive 4, second place three (3) points, third place two (2) points and fourth place one (1) point. In the event of a tie, co-championships will be awarded.

15. Seeding is by position: a tiebreaker is determined by 1) head to head, 2) number of sets lost, 3) number of games lost, 4) coin toss. In exceptional circumstances the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.

16. Disqualification or defaults impacting region and state tournaments.

a. The region administrator in charge will be contacted immediately.

b. The region chair will contact all coaches in the region and discuss the default.

c. The defaulting team will move players up according to player ranking in their respective singles or doubles

d. Should the disqualification happen after the region meeting, the region administrator will be contacted and the State Qualification Rules as written in the USHAA handbook will be followed

17. In the event tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.

18. Stacking concerns will be reported to region chair, and may be addressed at midway point or end of 1 st round region play.

19. Trophies & Awards; one region trophy, 24 medals for girls and 24 medals for boys, medals: 1st-4th laces in 6 categories 1st singles; 2 nd singles; 3rd singles; 1 st doubles; 2nd doubles; 3rd doubles.

20. Region tournament will be on a rotation schedule for each calendar year.

2020 Copper Hills 2021 Riverton

Boys Tennis Schedule 2020

First practices: February 24

First matches: March 2

March 17

Herriman @ West

Copper Hills @ Bingham

Jordan @ Riverton

March 31

Jordan @ Herriman

Copper Hills @ Riverton

West @ Bingham

April 14

Bingham @ Riverton

West @ Jordan

Copper Hills @ Herriman

April 21

Copper Hills @ West

Herriman @ Riverton

Jordan @ Bingham

April 28

Copper Hills @ Jordan

Bingham @ Herriman

West @ Riverton

March 19

West @ Copper Hills

Riverton @ Herriman

Bingham @ Jordan

April 2

Jordan @ Copper Hills

Herriman @ Bingham

Riverton @ West

April 16

West @ Herriman

Bingham @ Copper Hills

Riverton @ Jordan

April 23

Herriman @ Jordan

Riverton @ Copper Hills

Bingham @ West

April 30

Riverton @ Bingham

Jordan @ West

Herriman @ Copper Hills

NO MATCHES:

March 23-27 Salt Lake District Spring break and end of the quarter day for Jordan and Canyons

April 6-10 Jordan and Canyons Spring break

Seeding Meeting: Monday, May 4

Region Tournament: Tuesday, Wednesday: May 5 & 6

State Tournament: May 14 & 16

GIRLS TENNIS GUIDELINES

Activity Chairman: David Tilby, Riverton High AP david.tilby@jordandistrict.org

Coaches Representative: Linda Richmond linda.richmond@jordandistrict.org

1. Region III will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play sixteen matches plus the Region and State Tournaments. A one-day tournament will count as one match and two-day tournament counts as two matches.
3. Tennis players must compete in a minimum of five Region III matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student athlete participating in the region meet. The region tournament will determine state qualifiers and their positions.
4. Starting time for tennis matches will be 3:30 pm unless otherwise agreed upon by coaches and principals. Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00pm.
5. Each team is expected to participate in a JV schedule. Where possible the matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No ad scoring will be used
6. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
7. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles player and so on. The same policy must be used for doubles; i.e., the best team must play first doubles.
8. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region III Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory
9. Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, and will use a (12) point tie break at 8-8. No ad scoring will be used for junior varsity matches only.
10. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
11. Dual match and region tournament coaching rules are as follows:
 - a. A coach is designated as on with appropriate credentials as identified by each school's administration. The coaches must be identifiable. There should be only

two designated coaches from each team working with players during matches.

- b. A coach may coach his/her players during the 90 second changeover at the end of the odd games, 2 minutes between sets and during the 10 minute rest period in event of a third set. One coach is to be coaching/on the court at a times.
- c. Coaching must be in a manner that does not interfere with the play on adjoining courts.

12. The Region III Tournament will be a six-team modified double-elimination tournament.

The modifications are as follows:

- a. Players who reach the finals are guaranteed first or second place (no true second)
- b. When playing for state seeding, 3 and 4 and 5 and 6 th places will playoff unless they have previously played in the tournament.

13. The region home team will furnish high altitude tennis balls for Region III dual meets,

region chair will provide the balls for the region tournament.

14. The Region IV Championship will be determined by a combination of the dual matches

and the Region III Tournament. A team could receive 0,1,2,3,4 or 5 points per dual match. Scoring for the Region Tournament will be: first place in each category will receive 4, second place three (3) points, third place two (2) points and fourth place one (1) point. In the event of a tie, co-championships will be awarded.

15. Seeding is by position: a tiebreaker is determined by 1) head to head, 2) number of sets

lost, 3) number of games lost, 4) coin toss. In exceptional circumstances the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.

16. Disqualification or defaults impacting region and state tournaments.

- a. The region administrator in charge will be contacted immediately.
- b. The region chair will contact all coaches in the region and discuss the default.
- c. The defaulting team will move players up according to player ranking in their respective singles or doubles
- d. Should the disqualification happen after the region meeting, the region administrator will be contacted and the State Qualification Rules as written in the USHAA handbook will be followed

17. In the event tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.

18. Stacking concerns will be reported to region chair, and may be addressed at midway point or end of 1 st round region play.

19. Trophies & Awards; one region trophy, 24 medals for girls and 24 medals for boys,

medals: 1st-4th places in 6 categories 1st singles; 2nd singles; 3rd singles; 1st doubles; 2nd doubles; 3rd doubles.

20. Region tournament will be on a rotation schedule for each calendar year.

2019 Herriman 2020 Bingham

Girls Tennis Schedule 2019

First practices: August 5
First matches: August 12

20-August
Herriman @ West
Copper Hills @ Bingham
Jordan @ Riverton

22-August
West @ Copper Hills
Riverton @ Herriman
Bingham @ Jordan

27-August
Jordan @ Herriman
Copper Hills @ Riverton
West @ Bingham

29-August
Jordan @ Copper Hills
Herriman @ Bingham
Riverton @ West

3 – September
Bingham @ Riverton
West @ Jordan
Copper Hills @ Herriman

5- September
West @ Herriman
Bingham @ Copper Hills
Riverton @ Jordan

10 – September
Copper Hills @ West
Herriman @ Riverton
Jordan @ Bingham

12 – September
Herriman @ Jordan
Riverton @ Copper Hills
Bingham @ West

17 – September
Copper Hills @ Jordan
Bingham @ Herriman
West @ Riverton

19 – September
Riverton @ Bingham
Jordan @ West
Herriman @ Copper Hills

Seeding Meeting: Friday, September 20, 2019
Region Tournament: Tuesday, Wednesday: September 24, 25, 2019
State Tournament: October 3, 5, 2019

TRACK GUIDELINES

Activity Chairman: Matt Tranter, Riverton High School
matthew.tranter@jordandistrict.org

Coaches Representative: Garth Rushforth

Rules Clinic Date: Feb 24 - Mar 16

Moratoriums: Jun 30-Jul 6, Sep 1 - Sep 28, Nov 28 - Dec 1, Dec 22 - Dec 26,
Jan 1, Jun 28 - Jul 4

First Contest: Mar 2

Eligibility List Due: Mar 13

Academic All-State Deadline: Mar 17 - Apr 16

State Tournament Dates/Location: May 14 - May 16 @ BYU

Guidelines Agreed Upon:

1. Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. eight of those meets may be State Qualifiers. There is NO starting date for practice.
2. Track meets for boys and girls are to be conducted concurrently.
3. The first meet may be held no earlier than March 2, 2020.
4. Track meets will start at 3:30 pm with the exception of the Region Meet, which may begin at 3:30pm for field events and 4:00 pm for running events. The Region JV Meet will start at 3:00 pm
5. The Region Requirements and Awards:
 1. Region JV Meet ribbons for the first six places in individual events and first place in relays.
 2. Region Championship Meets: Trophy for first place boys' team and first place girls' team; Medals for first six places in individual events and first three places in relays.
 3. The top 8 places will be scored in the Region Meet for individuals and top 6 for relay events. Individual scoring is 10, 8, 6, 5, 4, 3, 2, 1. Scoring for relays is 10, 8, 6, 5, 4, 3
 4. Each school is allowed 5 competitors per event in the Region Championship Meet and one relay team. Only entry times or distances from the current outdoor track season can be used. If no time or distance is available then they must be entered as a no time (NT) or no distance (ND).
6. Responsibility of deciding whether a meet should be cancelled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school's principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.
7. The Region JV meet is only for those athletes not participating in the Region Meet.
8. It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
9. The host school will determine how they would like to run the region meets they host and are responsible to contact the teams coming to the home team as to what needs to be done for that region meet.
10. Visiting schools should provide one responsible helper at the finish line for away meets. And help with at least one field event.
11. In the Region Meet all athletes must be in uniform according to NFHS rules. Any exceptions to this rule due to extraordinary circumstances must be approved in advance by the Region Chair.

12. A maximum budget of \$300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2020 JV Meet will be held on May 12. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.
13. Contest Limitations: Track: 12 meets per individual for 3A, 4A, 5A & 6A. An individual may participate in no more than eight qualifying meets in addition to the region meet so as to not exceed 12 meets.
14. Academic All-State is due (to UHSAA) between March 17 to April 16.
15. Any ties for a state qualifying place will be broken in accordance with NFHS rules.

Track and Field Schedule 2020

Wednesday, March 11

West @ Jordan
Riverton @ Bingham
Copper Hills @ Herriman

Wednesday, March 18

Wednesday, March 25

Bingham @ Copper Hills
Herriman @ Jordan
Riverton @ West

Wednesday, April 1

West @ Copper Hills
Bingham @ Herriman
Jordan @ Riverton

Wednesday, April 15

Copper Hills @ Riverton
Herriman @ West
Bingham @ Jordan

Wednesday, April 22

Riverton @ Herriman
Jordan @ Copper Hills
West @ Bingham

Wednesday, May 6

Region III Championship @ Copper Hills

Thursday, May 7

Region III Championship @ Copper Hills

Tuesday, May 12

JV Region Championships @ Herriman

Thursday, May 14

State Championship @ BYU

Saturday, May 16

State Championship @ BYU

Field Event Assignments:

Pole Vault Coaches – Pole Vault
Jordan – Long Jump
Herriman – High Jump
Bingham – Discus
West – Javelin
Riverton - Shot Put
All Schools – Exchanges and Hurdles

VOLLEYBALL GUIDELINES

Activity Chairman: Rachel Townsend (Assist. Principal), West High School Telephone: 501-533-0200
Region Coaches Chair: Kim Norman, West, Kimberly.Norman@slcschools.org Telephone: 801-518-2600
Moratoriums: June 30 – July 6, July 29 – August 11, 2019
Rules Clinic: August 6, 2019, 6:00 PM UHSAA Office
Starting Date: August 12, 2019
First Contest: August 20, 2019
Rosters w/# RegisterMyAthlete.com: August 30, 2019
Academic All-State Deadline: September 3- Oct. 2, 2019
State Tournament: November 5th first round, November 7-9th Championship @ Utah Valley University

- 1) Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
- 2) Region Championship trophy will be awarded to the winning team.
- 3) The All-Region III teams will be selected by the coaches at the end of the season by using MaxPreps statistics. The Region III stat committee will be Bingham, Copper Hills & West. This committee will review stats for the first three weeks of the season to determine if they are being done correct.
- 4) Official scorekeeper needs to be an adult for varsity competition.
- 5) Court needs to be set up one hour prior to the start time of first game. A practice court should be set up if possible.
- 6) Please refer to "General Policies" in the **Region III** Handbook for all other **Region III** rules, and the UHSAA Handbook for all UHSAA rules.
- 7) Winning Teams will call into newspapers.
- 8) All teams need to report scores and statistics at MaxPreps with 48 hours of the match.

- 9) Sophomore and JV will use a 5 game set up (25,25,15,15,15)
- 10) Varsity will use a 5 game set up (25,25,25,25,15)
- 11) No sophomore or JV Region Tournament 2019 season, a tournament will be added 2020 season.
- 12) Home team provides water for visiting team, visiting team may bring food.
- 13) All Region Teams will be selected by Max Prep Stats Program and coaches votes at region meeting. All region ballots are due the day after regular season game by 5:00pm to region chair, Kim Norman.
 - 1st Team = 6 players
 - 2nd Team = 6 players
 - 1 MVP
 - Honorable mention as needed
- 14) Region III All Coaches Meeting: Monday, October 29, 2019 Gecko's 781 W 10600 S, S. Jordan, UT 84095
Meeting will begin promptly at 6:00 pm

Game Times:

Jr. Varsity 3:30 PM
 Sophomore 4:45 PM
 Varsity 6:00 PM

VOLLEYBALL SCHEDULE 2019-2020

Tuesday, Sept. 10

West @ Jordan
 Herriman @ Riverton
 Bingham @ Copper Hills

Thursday, Sept. 12

Jordan @ Riverton
 West @ Bingham
 Copper Hills @ Herriman

Tuesday, Sept. 17

Tuesday, Sept. 24

Herriman @ Jordan
 Copper Hills @ West
 Riverton @ Bingham

Tuesday, Oct. 1

Jordan @ West
 Riverton @ Herriman
 Copper Hills @ Bingham

Tuesday, Oct. 8

Thursday, Oct. 10

Jordan @ Bingham
 Copper Hills @ Riverton
 West @ Herriman

Tuesday, Oct. 15

Copper Hills @ Jordan
 Herriman @ Bingham
 Riverton @ West

Tuesday, Oct. 29

Bingham @ Jordan
Riverton @ Copper
Hills
Herriman @ West

Riverton @ Jordan
Bingham @ West
Herriman @ Copper
Hills

Jordan @ Herriman
West @ Copper Hills
Bingham @ Riverton

Thursday, Sept. 19

Jordan @ Copper Hills
Bingham @ Herriman
West @ Riverton

6A State Tournament November 5, 7, 8 & 9, 2019 @ Utah Valley University

WRESTLING GUIDELINES

Activity Chairman: Glen Varga, Copper Hills AP glen.varga@jordandistrict.org

Coaches Representative:

Rules Clinic Date: Nov. 5, 2019

Moratoriums:

Jun. 30 - Jul 6, 2019

Aug. 1 - Aug 28

Nov. 28 - Dec. 1

Dec. 22 - 26

Jan. 1

Jun. 28 - Jul 4, 2020

Starting Date: Nov. 11, 2019

First Contest: Nov. 26, 2019

Eligibility List Due: Dec. 6, 2019

Academic All-State Deadline: Jan. 7 - Feb. 4, 2020

Divisional Tournament: Jan. 31 - Feb. 1, 2020

State Tournament Dates/Location: Feb. 12 - 13, 2020 @ UVU

Guidelines Agreed Upon:

1. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
2. The State arbiter for Varsity/JV will assign the officials for all Region and non-region matches.
3. UHSAA policies and procedures regarding encounters must be followed.
4. Academic All-Region will be recognized as any senior wrestler who wrestles Varsity or JV and achieves at least a 3.75 cumulative GPA. Certificates will be prepared and presented by the home school at each last home meet.
5. One Region Trophy will be awarded to the school with the best overall region matchup record.

Tie Break Rule: Where seeding for state is done through the divisional process and not region W-L records, the following Tie Break Rule only applies in determining who receives the Region Championship trophy:

1. **Head to Head Region records** (between tied teams) - In the event of a W-L tie between teams, the championship will be determined by the win-loss records in region matches between the teams involved in the tie (e.g., Team 1 and Team 2 have the same W-L record, but Team 1 defeats Team 2 during the season, Team 1 wins the championship).
2. **3+ Way Tie:** Where multiple teams are tied (Team 1 defeats Team 2 defeats Team 3 defeats Team 1 and all have the same W-L record in region competition) the highest total team point differentials scored in Head to Head match-ups between tied teams will determine the winner (e.g., Team 1 loses to Team 2 with a score of 24-38: -14 Points; but defeats Team 3 with a score of 52-18: 34 Points, Total score for Team 1 is 20 points for the sake of comparing with the other tied teams. Highest total differential will be the champion.)

Region Schedule:

	<u>Thursday, Dec. 5th</u> Bingham @ West Jordan @ Herriman	<u>Tuesday, Dec. 10th</u> Riverton @ Copper Hills
<u>Wed. Dec. 18th</u> Riverton @ Jordan	<u>Thursday, Dec. 19th</u> Copper Hills @ Bingham West @ Herriman	<u>Wednesday Jan. 8th</u> Herriman @ Riverton Copper Hills @ West
<u>Thursday Jan. 9th</u> Jordan @ Bingham	<u>Wednesday Jan. 15th</u> West @ Jordan	<u>Thursday Jan. 16th</u> Bingham @ Riverton Herriman @ Copper Hills
<u>Wednesday Jan. 22nd</u> Jordan @ Copper Hills	<u>Thursday Jan. 23rd</u> West @ Riverton Bingham @ Herriman	<u>Fri.-Sat. Jan. 31st - Feb. 1st</u> Divisionals

BOYS LACROSSE GUIDELINES

Activity Chairman: Rich Price, Herriman AP richard.price@jordandistrict.org

Coaches Representative:

Rules Clinic Date:

Moratoriums:

Starting Date:

First Contest:

Eligibility List Due:

Academic All-State Deadline:

State Tournament Dates/Location:

Guidelines Agreed Upon:

- 1.
- 2.
- 3.

Region Schedule:

GIRLS LACROSSE GUIDELINES

Activity Chairman: Glen Richins, Riverton AP glen.richins@jordandistrict.org

Coaches Representative:

Calendar:

Jun 30-Jul 6... MORATORIUM -- no practices, competitions, meetings or travel
Nov 24 - Jan 1... MORATORIUM -- no practices, competitions, meetings or travel
Nov 28 - Dec 1... MORATORIUM -- no practices, competitions, meetings or travel
Dec 22 - Dec 26... MORATORIUM -- no practices, competitions, meetings or travel
Jan 1... MORATORIUM -- no practices, competitions, meetings or travel
Feb 4... Live Rules Clinic 6PM - Girls Lacrosse @ UHSAA
Feb 10 - Feb 23... Two-Weeks Prior Restrictions
Feb 24... Begin Practice/Team Selection
Mar 2... First Contest Allowed
Mar 13... Roster with Numbers on RegisterMyAthlete.com
Mar 13... Upload Team Photo to MaxPreps.com
Mar 17 - Apr 16... Academic All-State Applications Due
May 11... State Tourney Bracket Reveal 9:00 am
May 13... State Tournament First Round @ Home Sites
May 15... State Tournament Quarterfinals @ Home Sites
May 20... State Tournament Semifinals @ TBA
May 22... State Tournament Finals @ Zions Bank Stadium
Jun 28 - Jul 4... MORATORIUM -- no practices, competitions, meetings or travel

Guidelines Agreed Upon:

- 1.
- 2.
- 3.

2019-20 6A Region II Girls Lacrosse Schedules (version 01.30.2020)

Tuesday March 17 Bingham @ Jordan Copper Hills @ Riverton West @ West Jordan BYE: Herriman	Thursday April 16 Riverton @ Copper Hills West Jordan @ West BYE: Herriman Friday April 17 Jordan @ Bingham
Thursday March 19 Jordan @ Herriman West @ Copper Hills BYE: Riverton Friday March 20 West Jordan @ Bingham	Tuesday April 21 Bingham @ West Jordan Herriman @ Jordan Copper Hills @ West BYE: Riverton
Tuesday March 24 Bingham @ West Copper Hills @ Herriman West Jordan @ Riverton BYE: Jordan	Thursday April 23 West @ Bingham Herriman @ Copper Hills Riverton @ West Jordan BYE: Jordan
Thursday March 26 West Jordan @ Copper Hills Riverton @ Jordan BYE: West Friday March 27 Herriman @ Bingham	Tuesday April 28 Bingham @ Herriman Jordan @ Riverton BYE: West Monday April 27 Copper Hills @ West Jordan
Tuesday March 31 Bingham @ Copper Hills Jordan @ West Herriman @ Riverton BYE: West Jordan	Thursday April 30 West Jordan @ Herriman West @ Riverton Jordan @ Copper Hills BYE: Bingham
Thursday April 2 Riverton @ Bingham Jordan @ West Jordan West @ Herriman BYE: Copper Hills	Tuesday May 5 Copper Hills @ Bingham West @ Jordan Riverton @ Herriman BYE: West Jordan
Tuesday April 14 Riverton @ West Copper Hills @ Jordan BYE: Bingham Monday April 13 Herriman @ West Jordan	Thursday May 7 Bingham @ Riverton Herriman @ West BYE: Copper Hills Friday May 8 West Jordan @ Jordan

Varsity Plays at 5:30pm

JV Plays at 7:30pm

Bingham Home games will be played at Elk Ridge Middle School with 3:30PM Varsity and 5:30PM JV start times.