

1).

SL: Hidden (but common) middle-aged dieting trap

Can middle aged women *really* overcome anxiety from fluctuating hormones AND get in fantastic shape?

Imagine for a second ditching those hot flushes...

Casting a *soothing spell* on your menopause anxiety...

And getting in the shape of your life without following a restrictive diet.

If that sounds good...and you're serious about making it REAL...

Keep your eyes *glued* to the rest of this email.

Not being able to see yourself in that size 12 dress despite sticking to a diet sucks.

Despite following ALL the expert advice, nothing ever changes.

Why?

Most middle-aged women fall for the same *trap*...

The advice you see from 97% of dieting experts isn't tailored for you.

And unless you plan on changing your biological age...this advice will barely ever work for you.

Seeing results this way will take *ages*...

[Click here now for the **easier** way allowing middle aged women to drop to a size 12 within weeks](#)

2).

SL: The 5-0 method for dropping to a size 12

There's now a proven straightforward way middle-aged women can drop to a size 12 within *weeks*...

Without having to starve themselves or do intense exercise...

All while getting rid of hot flushes and other nasty menopause effects.

But before you discover what exactly this new proven system is...

It's important to recognise a recent *discovery*...

The reason middle-aged women like yourself have been unable to see exactly how stunning you would look after dropping to that size 12 is simple.

It's because 97% of dieting advice available isn't for *you*.

That's right...following this advice ten years ago would've seen you transformed...

But as a middle aged woman your biological system is now *entirely different*.

But that transformation is now possible thanks to a brand new system...

Designed *specifically* for middle-aged women going through the menopause.

So if you're ready to ditch the effects of menopause and feel like you're 30 again,

[Then click here to discover the 5-0 System to see *instant* results](#)

