



HINSDALE TOWNSHIP HIGH SCHOOL DISTRICT 86

PHYSICAL EDUCATION SUBSTITUTION INFORMATION

Overview: A Physical Education Substitution allows students in grades 9-12 who meet specific criteria (*outlined below*) to apply to substitute their Physical Education class for a study hall during their participation season.

Important Information to Know:

- There is **NO** guarantee students will be granted the substitution as they are reviewed on an individual basis. The determination for each substitution is up to the discretion of the Physical Education, Health, Driver's Ed, and Athletics Departments.
- If the substitution is granted, a study hall will be placed in the student's schedule.
 - Students who are granted a PE substitution for a participation season may **NOT** enroll in an additional course.
 - Students' attendance in study hall is mandatory and will follow normal classroom procedures.
- Students who do not have five credits are not eligible for a substitution. Students who already have a study hall, early dismissal, late start, or student aide (counseling, dean's teacher, activities/athletic aides) will not be granted a substitution.
- A PE substitution is not a credit-bearing course and, therefore, cannot be used towards IHSA athletic and activity eligibility requirements.
- A PE substitution also does not receive credit toward graduation.
- Students who are in multiple sports must apply for each season.
- A PE athletic substitution is only for the duration of the season. After the Hinsdale Central season ends, the student will immediately return to PE class. Students who fail to return to PE after their end date will be marked as "TRU/Truant" without the possibility of making up the respective PE points.
- A student who enrolls in Early Bird PE and already has a study hall or early dismissal is not eligible for a PE substitution.
- Students must be passing their PE class at the time of substitution.
- A student may not combine multiple activities such as multiple sports or multiple types of dance to meet the requirements of a PE substitution.
- Students who earn the substitution can only substitute during their performance/competition period/season. Students are not eligible for substitution during practice seasons.
- Students who do not qualify for IHSA can not substitute via the extracurricular substitution.

Eligibility: Students who fall outside of the following criteria are **NOT** eligible for a PE substitution.

- Students in grades 9 or 10 with ongoing participation in a Hinsdale Central interscholastic (IHSA) athletics program and who are rostered at the varsity level.
- Students in grades 11 and 12 with ongoing participation in a Hinsdale Central interscholastic (IHSA) athletics program.
- Enrollment in academic classes that are required for admission to an institution of higher learning, provided that failure to take such classes will result in the pupil being denied admission to the institution of his or her choice.
- Students in grades 9 through 12 with ongoing participation in an extracurricular athletic program, when said participation is or is reasonably comparable to participation in a varsity-level District athletic program, as determined by the District.
- Students in grades 9 through 12 have ongoing participation in a marching band program for credit.

Timeline:

- Any student requesting a PE Substitution needs to complete this form within 2 weeks of the start of the Hinsdale Central/South athletic season. No substitutions will be accepted after the two-week window closes. See the season dates below.
- Students must apply online via the specific Google form for each **IHSA Interscholastic Program**. All applications for **Extracurricular PE Substitutions** will be a hard copy and must be turned into the Athletic Office; no requests will be accepted via email. The form can be found on the [HCHS/HSHS](#) website.
- The appropriate staff member will follow up with the student to inform the student of the decision and the next steps. It can take up to 10 business days for a staff member to review, verify, and determine the student's eligibility.
- Students who “try-out” are not automatically given a substitution. Students must wait until after they have earned an official spot on the team to begin their substitution.
- Students are not to assume a PE Substitution is granted and should continue to attend PE until the substitution is confirmed.
- Once confirmed, students will receive a confirmation email to their District 86 address, and their schedule in Infinite Campus will be changed. Students are only allowed to stop attending PE and start attending their study hall after the schedule has been updated with the correct room information. Any student who stops attending PE early will be marked as “TRU/Truant” and may lose their substitution for the season.

Approved Substitution Guidelines: Once approved, students must know:

- Students who do not join a team, quit the team, and/or are removed from an athletic team for any reason at any point during the current season will result in the loss of substitution privileges and will require the student to return to Physical Education class immediately.
- Students who have been granted a PE substitution are still required to attend/complete all PE Red Devil Reflection lessons and any other stand-alone lessons (i.e. Career Surfing, Counseling meetings, etc.) during the time of their substitution.
- Once an official decision has been made, there are no appeals. Students can re-apply again in a future season or academic year.

[This aligns with D86 School Board Policy 6:310.](#)