

# **Living The Potential Network**

## **Facilitator Training Guide**

### **Introduction**

Welcome to Living The Potential Network's Facilitator Training, where you will learn the fundamentals of facilitating groups and projects.

Through this course, you will *apply* all of the knowledge, skills, and tools you have acquired through your experience as a participant with LTPN to the practice of powerful facilitation. It's time to deepen your understanding of and apply the principles of our organic learning model to your professional role as a facilitator.

Our goal is always to help you bring everything you are to everything you do and be the change; and our hope is that as you move through this curriculum and experience, you will find the cognitive reasons for your life-changing experiences with LTPN and get even more excited to co-generate those for others.

This is going to be an exciting journey of personal and professional growth, and the LTPN Team looks forward to working with you.

Gratitude and Blessings,

Renee Beth Poindexter

Founder, Living The Potential Network

## To Become a Facilitator

In order to become a powerful facilitator for Living The Potential Network (LTPN), you will need to demonstrate your knowledge and embodiment of the following:

- ❑ Trusting the Seeds of Change

- ❑ Cultivating Fertile Learning Environments
- ❑ Cross-Pollinating Domains
- ❑ Sustaining with Regenerative Resources and Systems
- ❑ Reaching Upward with the Soul of Technology

With mastery of these concepts and practices, you will be able to guide our community and partners effectively as they learn how to bring all of who they are to everything they do.

**In order to achieve and demonstrate mastery, you will be expected to:**

- 1) Complete all five courses.** At the end of this program, you will be asked to turn in your personal journal to demonstrate that you have fully engaged the experience from the learner's perspective.
- 2) Complete a practicum.** You will be asked to create and execute a Trusting the Seeds Course, or develop and launch your own prototype, which will include:

## LTPN Facilitator Practicum

**Objective:** To integrate an embodied understanding of the LTPN organic learning approach through an 8-month program with an emphasis to bring your intentional prototype into an offering that will be designed as an offer to the marketplace. LTPN provides a network platform for collaboration and also for member feedback.

### Choose Your Path

| Trusting the Seeds Course                        | Your Own Prototype                                       | LTPN Growth Project                       |
|--------------------------------------------------|----------------------------------------------------------|-------------------------------------------|
| Facilitate the course that is already developed. | Create an offering to offer through/integrate with LTPN. | Identify a need in LTPN and help us grow. |

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| <ul style="list-style-type: none"> <li>• Market and Sell 6 Spots</li> <li>• Facilitate Weekly Masterminds via Zoom (conversations after instructional videos)</li> <li>• Manage Course Pods, Practices, and Surveys in Mighty Networks</li> <li>• Write/Record Reflections on the Experience</li> </ul> | <ul style="list-style-type: none"> <li>• Design and Develop It</li> <li>• Enroll 6 People to Test and Give Feedback</li> <li>• Deliver and Manage All Elements of the Delivery and Feedback Process</li> <li>• Write/Record Reflections on the Experience</li> </ul> | <ul style="list-style-type: none"> <li>• Identify a Need in LTPN's System</li> <li>• Design a Way to Meet that Need</li> <li>• Work with LTPN Team to Develop It</li> <li>• Manage All Elements of the Delivery and Feedback Process</li> <li>• Write/Record Reflections on the Experience</li> </ul> |
|                                                                                                                                                                                                                                                                                                         | <i>Cook for Peace   Community Garden   Workshop: Design Your Life with Art   Documentary on Mental Health and Art, etc.</i>                                                                                                                                          | <i>Multimedia Marketing Project, Course Refinement, Documentary, Research and Content Curation for Next Book or Marketing/Messaging for a Specific Market</i>                                                                                                                                         |

**3) Find your place in the network.** By the end of this practicum, our hope is that you will have identified your place in the network. Do you want to facilitate courses, projects, sponsors, or \_\_\_\_\_? Do you prefer to work in marketing or sales? Will you recruit members and/or organizations? Will you do a combination of some or all of these? Our goal is to find the place where you can bring all of who you are to everything you do and make a wonderful living doing it.

**4) Maintain your personal self-care practice.** As a participant in all of these courses, you will be working to build habits (regenerative systems) of self-care that will continue and sustain you as you step into your role as a leader and facilitator in the community.

**5) You are encouraged to participate in LTPN's events.** The more you experience masterful facilitation as a participant in our Podlucks and Garden Experiments (and other

classes), the easier it will be for you to embody it in your role in the network. Plus, you will stay connected to the vision and all of the community members.

## Living The Potential Facilitator Pledge

### **#1: I trust that there are seeds of change within us and in our children.**

- I will learn to trust and bring forward, from the inside, the “WHO I am as the learner” and “the WHAT that is being revealed.” I will affirm a growth mindset and be patient with the process of emergence.
- I will be open to learning my own inner truth and engaging others’ seeds of potential.
- I will acknowledge my natural talent and core wiring, becoming more and more aware of how to integrate my authenticity in pursuit of my contributions and help others do the same.
- I realize how the desire to create fuels passion; and how it all may begin with curiosity and courage.
- I will be curious about my innate core nature, and help myself and others unfold our brilliance.

## **#2: I will cultivate fertile learning environments where learning for the real world happens easily and effortlessly.**

- I will create safe places for myself and others to reveal our truth and vulnerability.
- I am willing to de-school myself and unlearn what is no longer true or relevant.
- I will fail forward, appreciating the fact that making mistakes is part of the process of learning.
- I will embrace the context of a whole life and understand that learning is lifelong.
- I will create and participate in environments where collaboration is exalted above competition, meaning is held as more important than obligation, facilitation is known to be more effective than teaching, and learning is owned and embraced instead of forced and fitted.

## **#3: I will cross-pollinate domains to maximize potential and to work together to create solutions for the problems our world faces.**

- I will practice being with the questions before focusing on the answers, remembering the power of curiosity and that a stance of “let’s find out” inspires enthusiasm.
- I will practice “active listening” and allow myself and others to be fully self-expressed.
- I will take the more integrative perspective, asking how multiple domains must work together to solve problems.
- I will leverage resources and feedback from multiple domains.
- I will recruit leaders from multiple domains and connect them with the right networks.

## **#4: I will create sustainability with regenerative resources, new pathways of thinking, and deeper commitments to my health and well-being as part of a living system.**

- I will develop a consistent self-care regimen because “putting my own oxygen mask on first” and “learning to breathe” leads to self-respect and supports relationships because we share “who we are” with others.
- I will connect to Nature and become more and more aware of our interdependent and

synergistic relationship.

- I will appreciate the aspect of BE-ING that is our true nature, embodying this first as I become more aware of how this impacts the DO-ING that results in what we are HAVING in our lives.
- I will practice letting go of unconscious or “already thinking,” and witness new awareness as it emerges -- letting go of the “should’s” or the judgments coming from my mind and/or other people’s programmed voices.
- I will continually upgrade my thinking and support systems in all areas of my life -- health, relationships, wealth, business, etc. -- so that I can become a long-term, sustainable contribution to the world.

**#5: I will access the soul of technology to reach upward and beyond and deepen relationships with people consciously, evolve our species, and leave the world much better than we found it.**

- I choose to believe and act as if technology is a tool for deepening relationships and expanding possibilities.
- I will practice mindfulness to manage my time and energy with technology, taking regular breaks from it to reset and restore in nature or with my loved ones.
- I will support others in using technology as a tool for acquiring knowledge and connecting us to solve real-world problems.
- I understand that “not knowing” how it will happen is okay, and therefore not a detriment.
- I will discern and release technological possibilities and solutions that have meaning to our intention.

**Thank you for taking the pledge for being a facilitator!**

Thank you for accepting the invitation for us to learn TOGETHER to co-create an inspired future with and for our youth. It’s time for each of us to make a choice -- how to best connect with others and build a bridge for the social change we need today.

By joining our change-making movement, you are embracing our intergenerational, inter-domain community.

**Join with us!**

- ☐ I consciously choose both who I want to learn from and with whom.
- ☐ I own the qualities I bring to my learning relationships.
- ☐ I am confident in what I best bring (that is, what my innate core nature is) and how that nature affects what I am looking to create.
- ☐ I am clear about the expectations and how I will participate in our projects and engagements.
- ☐ I embrace reciprocity and how “the give and take” plays out for all individuals.
- ☐ I absolutely embrace and share the message: “Wisdom knows no age.”

This invitation begins with YOU!

Learning to trust the unfolding process for you, first, creates synergy for others to trust at a deeper level and for you to become an agent for positive change within our community, the Living the Potential Network.

Let’s do it for the kids, and the kid in all of us.



