

**Title Contains the Summary of the Findings, Written in English Maximum 18 Words. Title Written With the First Letter of Each Word Is Written in Capital Letters, Except for Conjunctions That Are Located in the Middle of the Title and Times News Roman
(Space 1, Font 14, Bold, Center)**

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Keywords: *(3-5 specific words or a
combination of words)*

Keyword 1

Keyword 2

Keyword 3

Etc

Abstract

The English abstract contains the introduction, objectives, methods, results, and conclusions, written in one paragraph of a maximum of 250 words. Written in Times New Roman font format, 9 pt, spaced 1, italic, and right and left aligned.

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INTRODUCTION (10pt)

Manuscripts are written in Times New Roman in either British or American English. Authors can use A4 paper for the layout, ensuring it has a top-bottom margin of 3.5 cm, a right-left margin of 2 cm, 10 pt, and a 1.5 space density. The author must submit the manuscript as a typed file in Microsoft Word, using the provided template. The OJS JITEK (Jurnal Ilmu dan Teknologi Kesehatan) receives typed manuscripts via the URL link : <https://ejurnal.poltekkesjakarta3.ac.id/index.php/jitek/>

Although there is no restriction on the number of paragraphs, the contents must contain the background information, the research's goal, its position concerning earlier research endeavors, and the novelty of the research activities conducted. Creating a distinct sub-chapter for a brief theoretical underpinning directly relevant to the article's content is not necessary. The sentence concludes with citations numbered sequentially in the text's order.

METHODS (10pt)

The approach includes the design, size, criteria, sample technique, tools used, and methods for data collection, processing, and analysis. When using a questionnaire as a tool, briefly describe its contents and the factors it aims to

measure. Instrument validity and reliability should also be described. Interventional procedures or treatments are administered in experimental or intervention investigations that require explanation. This section should detail the protection of respondents' rights and the acquisition of ethical approval for the study. It is not necessary to write down the specifics of the software if it is not original while analyzing data with computer programs. The location of the study is solely relevant to the study itself. If only as a study site, the specifics of the location are not important and are just given in general terms, such as "... at a hospital in Jakarta." For the qualitative research, please explain how the study maintains the validity (trustworthiness) of the data obtained.

RESULTS (10pt)

The results at least contain two things, namely: (1) description, (2) interpretation (explanation) of the results of research activities. The results section is a unit containing an explanation of the results of the analysis related to the objectives. Present findings in the same logical order as the objectives and methods. Report participant flow, denominators, missing data, descriptive findings, effect estimates, uncertainty intervals, and relevant statistical results. Avoid duplicating all data in both text and tables. Tables, pictures, or illustrations are written according to the serial number of appearance in the text and given a short title (the title of the table or picture is 10 pt), and maximum table is 7. The font size in the table can be reduced up to 10pt font and 1 space density.

Example:

Table 1. Respondent characteristic.....(10pt)

Variable	Frequency (n)	Percentage (%)
x	10	11.1
y	30	33.3
z	50	55.6

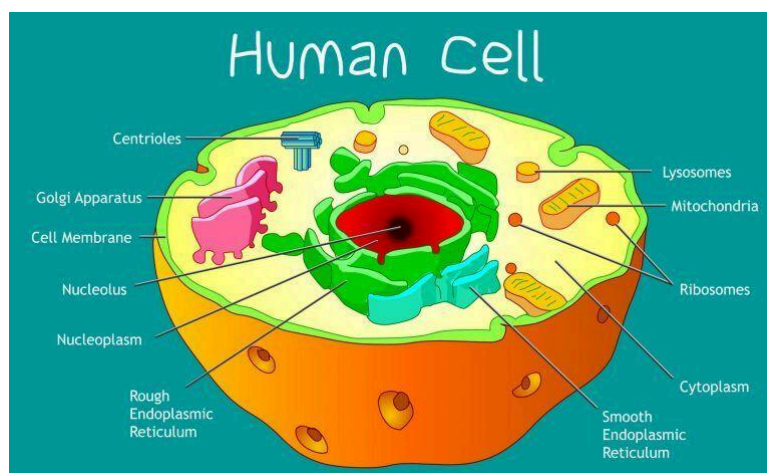


Figure 1. Cell

DISCUSSION (10pt)

Interpret the findings without repeating the Results section. Explain the principal findings, compare them with relevant evidence, discuss plausible explanations, identify strengths and limitations, and describe implications for health research, policy, education, or practice. Recommended discussion include: Principal Findings, Comparison With Existing Evidence, Strengths and Limitations, Implications for Research, Policy, Education, or Practice

CONCLUSION (10pt)

Conclusions made in one paragraph without citation contain final conclusions and suggestions for further research activities.

DECLARATIONS (10pt)

Please also complete the **DECLARATIONS** section before the References, including:

Author Contributions: a brief description of each author's contribution to the study and manuscript

Conflicts of Interest: disclosure of any financial, personal, professional, or institutional conflicts, or a statement that none exist

Declaration of Generative AI and AI-Assisted Technologies: disclosure of any AI or AI-assisted tools used during manuscript preparation and their purpose
Source of Funding: details of the funding institution and grant number, if applicable, or a statement that no specific funding was received

Ethical Approval and Informed Consent: information on ethical approval and informed consent, where applicable

Acknowledgments: recognition of individuals or institutions that supported the study but do not meet authorship criteria.

Please ensure that all declaration statements accurately reflect the actual conditions of the study and manuscript preparation.

REFERENCES (10pt)

The references used as much as possible are the latest references published in the last **five** years (minimum **75%** of at least **15** references). The bibliography is written in chronological order with the serial number **Imperial College London-Vancouver (numerical system)** and is recommended to use reference management applications such as EndNote, Mendeley, Zotero, and other applications.

Example:

Journal article:

1. Asante K, Novák P. Predicting Nurses' Safety Compliance Behaviour in a Developing Economy, Using the Theory of Planned Behaviour: A Configurational Approach. *Journal of Advanced Nursing*. 2023;80(3): 1097–1110. <https://doi.org/10.1111/jan.15846>.
2. Bowo EA, Ardhi MN, Yudisianto I, Muhammad BA. The Analysis of Occupational Health and Safety at the Muhammadiyah Lamongan Hospital. *Journal of Multidisciplinary Science Mikailalsys*. 2025;3(3): 1163–1180. <https://doi.org/10.58578/mikailalsys.v3i3.7311>.

Organization website:

3. WHO. *WHO Corona Virus Data*. World Health Organization. <https://covid19.who.int/> [Accessed 29th September 2026].

Book:

4. Rahayu A, Noor MS, Yulidasari F, Rahman F, Putri AO. *Buku Ajar: Kesehatan Reproduksi Remaja dan Lansia*. Yogyakarta: CV. Mine; 2018.

Book section:

5. Nurdjanah S. Sirosis Hepatis. In: *Buku ajar Penyakit Dalam*. Jakarta: Departemen Ilmu Penyakit Dalam Fakultas Kedokteran Indonesia; 2019.

Official Document:

6. Kementerian Kesehatan Republik Indonesia. Situasi Kesehatan Gigi dan Mulut. 2020. https://www.repository.badankebijakan.kemkes.go.id/id/eprint/5534/1/04 factsheet Gilut_bahasa.pdf

Conference Proceeding:

7. Taqwa BB, Rosalina, Ramza H. Perancangan Alat Proses Distilasi Air Laut menggunakan Pemanas Elektrik. In: *Prosiding Seminar Nasional Teknoka*. 2020. p. 204–214. <https://doi.org/10.22236/teknoka.v5i.327>

Report:

8. WHO. *Global status report on noncommunicable diseases 2014*. 2014.

Thesis:

9. Rifa'i I, Irwansyah FS, Sholihah M, Yuliawati A. *Dampak dan pencegahan wabah Covid-19: Perspektif Sains dan Islam*. Thesis. UIN Sunan Gunung Djati; 2020.