



DISTRICT WELLNESS COMMITTEE MINUTES

Madera Unified School District Wellness Committee Meeting Minutes

October 29, 2025 / 4:00 pm – 5:30 pm

Madera South High School, Room 710, 705 W Pecan Ave, Madera, CA 93637

AGENDA

Purpose

Our District Wellness Committee meets at least four times per school year to **review** district wellness policy, **identify** action items specific to the Whole School Whole Community Whole Child (WSCC) Model, **support** implementation of tasks reinforcing WSCC Model action items, and to **assess** the strength of district wide WSCC Model implementation. Sub-committees that discuss WSCC Model categories include but are not limited to school health councils, school site councils, PBIS teams, and SAP teams.



Time	Subject	Presenter
GENERAL SESSION INCLUDING WSCC MODEL UPDATES AND FRAMEWORK ACTION ITEM		
4:02 PM	1. Call Meeting to Order	Karen DeOrian, Director - School Culture & Climate, MUSD
4:03 PM	2. Welcome and Introductions Name, Title, & Organization <i>Cindy Bitter, Marty Bitter, Jaime Brown, Sean Carlson, Brian Chiarito, Karen DeOrian, Cristina Khan, Prince Marshall, Elia Medina, Karina Macias, Kristin McKenna, Elia Medina, Bryan Miller, Miravel Navarro, Josceline Virrey, and MSHS agriculture students (Jose and Jacob)</i>	All Stakeholders
4:08 PM	3. Review and Approval of Minutes: Pre-planning District Wellness Committee Agenda 2025.02.12 MINUTES.docx - Approval of Minutes - Initiated by Brian Chiarito, second from Miravel Navarro, and accepted by all committee members via consensus.	Karen DeOrian, Director - School Culture & Climate, MUSD
4:10PM	4. Stakeholder Updates and Highlights Includes MUSD Departments & Community Organizations that support the 10 components of the WSCC Model. Alliance for a Healthier Generation & America's Healthiest Schools Awards We are proud to announce that all MUSD schools have been recognized as America's Healthiest Schools, earning awards in three or more categories—a testament to our district-wide commitment to student health and well-being.	Karen DeOrian, Director - School Culture & Climate, MUSD Jaime Brown, Coordinator of PE & Athletics, MUSD

	A special congratulations goes to Torres High School, which made history by receiving the prestigious All-Star Award, meeting the rigorous criteria in all nine categories—a first in MUSD history! This outstanding achievement reflects the hard work of our educators, staff, students, and community in creating healthy, supportive learning environments. LINK TO SPREADSHEET - Strengths and gaps in awards discussed - <i>WSSC Model Components: Physical Education and Physical Activity, Nutrition Environment and Services, Health Education, Social and Emotional School Climate, Physical Environment, Health Services, Counseling, Psychological, and Social Services, Employee Wellness, Community Involvement, and Family Engagement</i> Leaders in Activity Eating & Activity Practices (LEAP) Awards - We are proud to announce that the following schools have been recognized with the Leaders in Eating and Activity Practices (LEAP) Awards, presented by the Nutrition Policy Institute in collaboration with the California Department of Public Health and the Madera Local Health Department, with funding from the CalFresh Healthy Living Program. These awards celebrate schools that demonstrate excellence in promoting healthy eating, physical activity, family engagement, and health education, with a special emphasis on school gardens—both outdoor and hydroponic. In 2024, Monroe Elementary received the LEAP Award. For 2024 and 2025, the honored schools include Berenda, Chavez, Millview, Nishimoto, Parkwood, Pershing, Sierra Vista, and Washington. Each of these schools has shown exemplary dedication to creating healthier school environments and supporting student wellness through innovative programs and practices. Congratulations to all of the award recipients for their leadership in building healthier communities! - <i>WSSC Model Components: Physical Education and Physical Activity, Health Education, Social and Emotional School Climate, Community Involvement, and Family Engagement</i> Anti-Vaping/Tobacco Education Collaborative Update - Anti-Vaping and Tobacco Prevention presentations have been provided to eighth grade students attending Desmond, Jefferson, and King Middle schools at the beginning of this school year. Presentations include several stations led by multiple MUSD departments and community partners regarding the following topics: (1) Marketing strategies directed towards teens and youth, (2) effects on the brain, lungs, and heart (3) Environmental damage, (4) Refusal techniques, (5) Health coping options, and (6) more. Currently, 10/27-11/3, presentations are being provided to eighth grade students attending K-8 schools. - <i>WSSC Model Components: Health Education, Social and Emotional School Climate, Physical Environment, Health Services, Community Involvement, and Family Engagement</i> Other - UCCE Cal-Fresh from Karina Macias: Carry over SNAP ED funds are allowed to be used to support staffing through the end of this calendar year. The focus is to help create frameworks to support sustainability of action items already implemented across the school district. - <i>WSSC Model Components: Physical Education and Physical Activity, Nutrition Environment and</i>	
		Karina Macias, UCCE Cal-Fresh Healthy Living

	<i>Services, Health Education, Employee Wellness, Community Involvement, and Family Engagement</i> - Alpha and Madison, with the help of Madera South's soccer team and community based organizations, held their annual Walk to School Event on October 21, 2025. - <i>WSSC Model Components: Physical Education and Physical Activity, Health Education, Social and Emotional School Climate, Physical Environment, Employee Wellness, Community Involvement, and Family Engagement</i> - Mini-grants have been offered to support several schools with their Health Council action items due to America's Healthiest School Award Recognitions. Current grants being reviewed and/or renewed include an Action for Healthy Kids Impact Grant and a staff well-being grant. Schools include Alpha, La Vina, Madison, Rose, and Torres. - <i>WSSC Model Components: Physical Education and Physical Activity, Nutrition Environment and Services, Health Education, Social and Emotional School Climate, Employee Wellness, Community Involvement, and Family Engagement</i>	Jaime Brown, Coordinator of PE & Athletics, MUSD
4:38 PM	5. Presentations MUSD Department of School Culture and Climate Presentation Link - School Culture and Climate Initiatives & Data - California Community Schools Partnership Program - Positive Recess Engagement Program (PREP)	Karen DeOrian, Director - School Culture & Climate, MUSD
4:57 PM	6. Suggested Future Agenda Items - Framework Creation – A modified format will be created via Nutrition Services - Wellness Highlights & Tour Requests - Tours: Madera Food Bank and Nutrition Services Building/Trucks - Assistance requested for high schools because YONDER pouches are not available. Address the possibility for PREP program equipment and ASB activities to be offered during breaks/lunches to help with relationship building and positive student engagement opportunities.	Committee Collaboration
5:02 PM	7. Advanced Planning - Upcoming Meetings (tentative) - December 2025 or January 2026 - Department of Health & Wellness and Department of Health Services - February 2026 or March 2026 - Department of Nutrition Services and Department of Parent Resource Centers - April 2026 or May 2026 - Department of Athletics & Physical Education, Community Athletics & Recreation Department, and the Department of College and Career Readiness (STEM: Science, Technology, Engineering, & Math)	N/A
5:03 PM	8. Madera South High School Fall-Farm Tour - Kristin McKenna introduced the tour-agenda prior to visiting the MSHS Farm. Two MSHS students assisted with the tour and answered questions. Highlights included Farm-to-Table opportunities for MUSD schools and families focused	MSHS CTE Department

	on corn, pumpkins, watermelons, and mandarins. Additionally, a summary of educational opportunities offered to all MUSD elementary schools was shared: Instruction is provided by MSHS students utilizing MSHS-student-created booklets covering how food is grown and the benefits of healthy eating. - From Director McKenna: For those interested you can follow Madera South Crops on Facebook. Here, they post their sale dates and updates as students go through the year. https://www.facebook.com/MaderaFFA.Crops In addition, more information about egg sales can be found on the attached flyer. See last page of this document.	
5:30 PM	9. Adjournment	All Stakeholders

2025 FOCUS - SUSTAINABILITY OF SNAP ED RELATED PROJECTS

[Meeting Norms](#) (1) Prepared, (2) Professional Talk, (3) Active Listeners, (4) Application

INFORMATIONAL ITEMS

MUSD Vision/Mission

[Madera Unified Community Compact](#)
[Madera Unified Student Champion](#)
[WSCC Model Information](#)

MUSD District Wellness

[District Wellness Webpage](#)
[District Wellness Policy - BP 5030](#)
[District Wellness Policy - AR 5030](#)
[Triennial Assessment 2023 / 2020](#)
[MUSD America's Healthiest Schools Awards 2025](#)

TO-DO List - 2025

- Review/Update TSIA's
- Review/Update 3+ action items
- Award Applications - Celebrated
- District Wide Framework

School Health Council

[Alliance for a Healthier Generation Healthy Schools Login](#)
[The Purpose of a School Health Council Presentation](#)
 Wellness Pamphlet for Parents - [English](#) / [Spanish](#)
[Systems of Support](#) (update needed)

*Madera Unified will set the standard for hard work, creativity and resiliency
with a fearless drive to continuously improve.*

POSTED: October 30, 2025

American with Disabilities Act Assistance: Auxiliary aids and services include a wide range of services and devices that promote effective communication for individuals with disabilities. If you require such assistance, please notify the Office of the Superintendent at 675-4500 as soon as possible. Every effort will be made to give primary consideration to expressed preferences or provide equally effective means of communication to ensure equal access to Madera Unified School District programs and events.

EQUAL OPPORTUNITY EMPLOYER/AFFIRMATIVE ACTION EMPLOYER DRUG FREE WORKPLACE EMPLOYER



Weekly Egg Sales

Dozen - \$6

Flat (30 eggs) - \$12

Scan the code to place order!

**Mondays only available for MSHS Staff
Community pick up Wednesdays 3-5 PM
(room 706; Use "ag gate" off of Pecan ave.)**

