

Tofu Tacos

Ingredients:

- 1 package tofu
- 1 T vegetable oil
- 1 package taco seasoning
- ½ onion
- 2 cloves minced garlic
- 2 limes
- Lettuce for topping
- Cheese for topping
- Salsa for topping

Directions:

1. Cut onion and mince garlic.
2. Place tofu, oil, onion, and garlic in a hot pan and saute, breaking apart the tofu with the spoon. Cook over medium-high heat until tofu is heated through and onions are translucent, 5-6 minutes.
3. Stir in taco seasoning and cook for an additional 2-3 minutes.
4. Warm tortillas and serve.