Our Shared Journey: The LJHS NICA Team Partnership

This isn't just a form; it's a shared belief in what we can achieve together. Being part of this team is a partnership built on support, responsibility, and character.

The Rider Journey: My Contribution to the Team I am proud to be a member of the LJHS NICA team. I believe that showing up for my teammates is just as important as showing up for myself.

- **Consistency Builds Confidence:** I'll aim to be at 2 practices a week and our team events. If I can't make it, I'll give my coaches a heads-up on the Band app.
- **Stewardship:** I'll contribute 15 hours of "trail magic" to keep our riding areas beautiful.
- **Safety First:** I'll always wear my helmet and make sure my bike is ready for the dirt.
- **Pride in the Jersey:** I'll wear my team colors with pride on Wednesdays and at races.
- **The Best Version of Me:** I'll respect my coaches, my teammates, and the trails, always striving to become the best person I can be, on and off the bike.

The Parent Journey: I believe in the values of this community and want to help my athlete thrive.

- **Staying Informed:** I'll attend our parent huddles and use the Band app to stay connected and keep my athlete's attendance updated.
- **Earning the Jersey:** I understand that service is our team's currency. I'll ensure my athlete finishes their 15 hours of trail work before July 17th, 2026. These hours are how our riders earn their team jerseys. If we are not able to, we will communicate with HC and TD on our written plan to achieve the hours.
- **Contributing My Talents:** I am aware that the team relies on us. I'll jump in to help—whether it's a specific role, helping at the race tent, or supporting the league.
- **Modeling the Way:** I'll be the loudest, most positive cheerleader at every event, modeling great sportsmanship for all.

We've read the NICA Code of Conduct, and we're excited to uphold these values together.

Acknowledgment & Signatures

By signing below, we agree to uphold the expectations and values outlined above.

Rider Name: _____
Rider Signature: _____ **Date:** _____

Parent / Guardian Name: _____
Parent / Guardian Signature: _____ **Date:** _____