



# THEY REPRESENT US

## 2025



“They Represent Us” is available online at  
[lwvstamford.org](http://lwvstamford.org)  
any changes will be updated online

**Revised May 2025**

**LEAGUE OF WOMEN VOTERS OF STAMFORD**

The League of Women Voters (LWV) is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy.

Membership in the League is open to men and women of all ages. The LWV is one of America's most trusted organizations with 105 years of experience, 26 local Leagues throughout Connecticut, and 850 local and state affiliates nationwide. The Stamford LWV was established in June 1921. The original grassroots citizen network, local Leagues are directed by the consensus of its members. The LWV neither supports nor opposes candidates for office at any level of government; instead, it works to influence policy through advocacy, remaining true to its basic purpose: to make democracy work for all citizens.

Find more information about us at [www.lwvstamford.org](http://www.lwvstamford.org)  
Facebook.com/lwvstamford/ X and Instagram: @lwvstamford

### **Find Voter Guides and election info at**

**[www.stamfordelections.com](http://www.stamfordelections.com).** Register online to vote:  
<https://voterregistration.ct.gov/OLVR/welcome.do>

## **2025 STAMFORD ELECTIONS**

**Primary Date:** September 9, 2025      **General Election:** November 4, 2025

### **Municipal Elective Positions on Ballot:**

#### **Town Clerk**

3 Board of Education seats  
40 Seats on the Board of Representatives  
3 Seats on the Board of Finance  
6 Constables

Ballot Question: TBA

**Early Voting: October 20, 2025, through November 2, 2025**

**General Election: Tuesday, November 4, 2025**

## **VOTER REGISTRATION DEADLINES**

**"No Excuse" Absentee Ballots:** Call the Town Clerk 203 977 580.  
Available Tuesday, September 19, 2025 for the Primary at 888 Washington Blvd.

**PRIMARY:** Must be received 5<sup>th</sup> day before the primary if registering online or by mail by 12 p.m. on the last business day before the primary if registering in person.

### **GENERAL ELECTION:**

- 14<sup>th</sup> day before the election if registering online or by mail.  
Or by the 7<sup>th</sup> day before the election if registering in person.
- If a Voter is registered with a party and, they want to change parties, they must do so 3 months prior to an election. If they are unaffiliated, they can change to a party affiliation 7 days prior to

election day in person at the registrar's office.

- Connecticut now offers Election Day Registration. If you miss the registration deadline, you can register and vote in person on each day of Early Voting or Election Day at the Government Center, 888 Washington Blvd, Stamford, CT

**CITY GOVERNMENT****Elective Positions**

|                                 |   |
|---------------------------------|---|
| Office of the Mayor             | 2 |
| Town and City Clerk             | 3 |
| City Constables                 | 3 |
| Stamford Probate District Court | 3 |
| Registrar of Voters             | 3 |

**Elective Boards**

|                          |       |
|--------------------------|-------|
| Board of Representatives | 4 - 7 |
| Board of Finance         | 8     |
| Board of Education       | 9     |

**Appointive Boards & Commissions**

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**OTHER CITY CIVIC ENGAGEMENT**

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City Political Party Committees  
Neighborhood Associations

**STATE OF CONNECTICUT GOVERNMENT****11-15****State Constitutional Officials**

11-13

**STATE OF CONNECTICUT****State Senators**

Senate Districts: 27, 36 and 26

12

**State House of Representatives**

House Districts: 144, 145, 146, 147, 148, 149

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**2022 Redistricting for Senate (26<sup>th</sup>) and House  
14-15****Representatives (125<sup>th</sup>) &**

14

**Stamford Board of Representatives**

15

**FEDERAL GOVERNMENT****16-17**

US Senators

**Stamford City Charter**  
<https://library.municode.com/index.aspx?clientId=13324>  
**Stamford Master Plan**  
<http://www.stamfordct.gov/planning-board-0>

**CITY OF STAMFORD**  
Stamford Government Center  
888 Washington Boulevard, Stamford, CT 06901  
Ph: (203) 977- 4140  
Web: [www.stamfordct.gov](http://www.stamfordct.gov)  
Hours: M-F, 8am-5pm, Lobby opens at 7:30am

**TERMS OF OFFICE OF ELECTIVE OFFICERS**  
Source: City Charter, Sec C1-70-3  
*The terms of office of elective officers hereunder shall commence on the first day of December succeeding the election.*

| <b><u>Office</u></b>     | <b><u>Term</u></b> | <b><u>Paid</u></b> |
|--------------------------|--------------------|--------------------|
| Mayor                    | 4 years            | Paid               |
| Town Clerk               | 4 years            | Paid               |
| City Constables          | 2 years            | Paid *             |
| Registrar of Voters      | 4 years            | Paid               |
| Probate District Judge   | 4 years            | Paid               |
| Board of Representatives | 4 years            | Unpaid             |
| Board of Finance         | 4 years            | Unpaid             |
| Board of Education       | 3 years            | Unpaid             |

**OFFICE OF THE MAYOR**  
Elected November 2021, Sworn in December 1, 2021  
Next election: November 2025

Hours: M-F, 8am-4:30pm

**The Honorable Caroline Simmons (D)**

Twitter: @mayorcarolinct facebook: mayorcarolinesimmons

Instagram: mayorcarolinesimmons Ph:

(203) 977-4150

Email: mayorsoffice@stamfordct.gov

**Valerie Pankosky, Sr Executive Assistant** Ph: (203)

977-5088

Email: vpankosky@stamfordct.gov

Fax: (203) 977-5845

**Bridget Fox, Chief of Staff** Ph: (203)

977-5654

Email: [bfox@stamfordct.gov](mailto:bfox@stamfordct.gov)

**(D) Democrat**

**(R) Republican**

**(U)**

**Unaffiliated**

\*Constables are paid by the individuals and firms that use their services

## **TOWN CLERK**

### **Lyda Rujter (D)**

Elected November 2021

Next election: November 2025

Ph: (203) 977-4054

Email: lrujter@stamfordct.gov

Hours: 8am-3:45pm

Town Clerk serves as Stamford's Keeper of the Records for all documents that pertain to the City and its residents. This includes, but is not limited to, Land Records (records relating to any kind of land transaction such as deeds) and City Maps, Birth Certificates, Marriage Licenses, Death certificates, Dog licenses, Trade Name Registrations.

## **CONSTABLES**

Elected November 2021

Next election: November 2025

### **Gloria DePina (D)**

### **Jon Carlo Gallup (D)**

### **Philip J. Giordano (D)**

### **Ralph F. Loglisci (R)**

### **Eva Maldonado (R)**

### **Joseph Tarzia (R)**

Constables serve legal summonses, subpoenas, divorce papers, eviction and restraining orders. They also apprehend parents who are not paying child support. The fees are paid by the individuals and firms that use their services.

## **REGISTRAR OF VOTERS**

Next election: November 2028

888 Washington Blvd., Stamford

Website

<https://www.stamfordct.gov/government>

/registrar-of-voters

*Emails: Complete form on website*

### **Monica DiConstanzo,**

### **Democratic Registrar**

Ph: (203) 977-4009

### **Lucy F. Corelli, Republican**

### **Registrar**

Ph: (203) 977-4010

### **Marggie Laurie, Deputy Registrar** **(D)**

Ph: (203) 977-4011

### **Barbara Brennan, Deputy Registrar** **(R)**

Ph: (203) 977-4012

Elected November 2024

The Registrars of Voters maintain an independent office under the City of Stamford's government. The purpose of the Office is to assist qualified residents to register to vote for Stamford elections and also provides information.

While elections and registration for elections are handled locally, the Office operates under laws of all levels of government.

**To request an Absentee  
Ballot call to Town Clerk 203  
977 5280**

## **PROBATE DISTRICT JUDGE**

Elected November 2023

Next election: November 2027

888 Washington Blvd, 8<sup>th</sup> Floor

**Hon. Gerald Fox III (D)**

Ph: (203) 323-2149 FAX: 203 964  
1830

Chief Clerk: Matthew D Haine

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## **BOARD OF REPRESENTATIVES**

The Board of Representatives consists of 40 unpaid elected volunteers. Each of the 20 municipal districts elects two representatives every four years, concurrent with the Mayor's term. This board meets at the Government Center on the 1<sup>st</sup> Monday of each month. The meetings are open to the public and include a brief period for public comment on any issue on the meeting agenda.

Find your district here:

<http://www.boardofreps.org/find-your-city-representative.aspx>

Mailing Address:

Stamford Government Ctr  
888 Washington Blvd, 4<sup>th</sup>

Fl

Stamford, CT 06901

Hours: M-F, 8am-5pm

Ph: (203) 977-4024 Fax: (203) 977-5503

Email: [bdofreps@stamfordct.gov](mailto:bdofreps@stamfordct.gov)

Web: [www.boardofreps.org](http://www.boardofreps.org)

Contact: Valerie Rosenson, Legislative

Officer (203) 977-5032

President & Deputy Mayor: Jeff Curtis

**Board of Representatives - Elected 2021  
Election 2025**

**Next**

### **DISTRICT 1**

**David Watkins (R-1)**

**Deputy Minority Leader**

Ph: (203) 917 - 626 - 3620

[dwatkins1@stamfordct.gov](mailto:dwatkins1@stamfordct.gov)

**Thomas Kuczynski (R-1)**

Ph: none listed

[tkuczynski@stamfordct.gov](mailto:tkuczynski@stamfordct.gov)

### **DISTRICT 2**

**Ines Saftic (D-2)**

**Virgil de la Cruz (D-2)**



Ph: (203) 357-5446  
[isaftic@stamfordct.gov](mailto:isaftic@stamfordct.gov)

**Deputy Majority Leader**  
Ph: (203) 977-8627  
[vdelacruz@stamfordct.gov](mailto:vdelacruz@stamfordct.gov)

### **DISTRICT 3**

**Terry B. Adams (D-3)**  
Ph: (203) 325-3786  
[tadams@stamfordct.gov](mailto:tadams@stamfordct.gov)

**Chanta Graham (D-3)**  
Ph: (203) 274-0940  
[cgraham2@stamfordct.gov](mailto:cgraham2@stamfordct.gov)

### **DISTRICT 4**

**Megan Cottrell (D-4)**  
**Clerk of the Board**  
Ph: (475) 489-5435  
[mcottrel@stamfordct.gov](mailto:mcottrel@stamfordct.gov)

**Robert Roqueta (D-4)**  
Ph: (203) 424-7205  
[rroqueta@stamfordct.gov](mailto:rroqueta@stamfordct.gov)

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## **BOARD OF REPRESENTATIVES (continued)**

### **DISTRICT 5**

**Vanessa Williams (D-5)**  
Ph: 203 677 0993  
[vwilliams@stamfordct.gov](mailto:vwilliams@stamfordct.gov)

**Bonnie Kim Campbell (D-5)**  
Ph: (203) 614 9436  
[bkcampbell@stamfordct.gov](mailto:bkcampbell@stamfordct.gov)

### **DISTRICT 6**

**Denis W. Patterson (D-6)**  
Ph: (203) 253-7370  
[dpatterson@stamfordct.gov](mailto:dpatterson@stamfordct.gov)

**Annie M. Summerville (D-6)**  
Ph: (203) 912 8261  
[asummerville@stamfordct.gov](mailto:asummerville@stamfordct.gov)

### **DISTRICT 7**

**Christina Strain (D-7)**  
**(D-7)**  
Ph: (203) 536-2961  
[CStrain@stamfordCT.gov](mailto:CStrain@stamfordCT.gov)

**Jessica Reeves Vandervoort**  
  
(203) 548 7223  
[jvandervoort@stamfordct.gov](mailto:jvandervoort@stamfordct.gov)

### **DISTRICT 8**

**Anabel D Figueroa (D-8)**  
**Leader**  
Ph: (203) 461 1522  
[afigueroa@stamfordct.gov](mailto:afigueroa@stamfordct.gov)

**Nina Sherwood (D-8) Majority**  
  
Ph: (203) 564-9850  
[nsherwood@stamfordct.gov](mailto:nsherwood@stamfordct.gov)

### **DISTRICT 9**

**Jeffrey Stella (D-9)**  
Ph: (203) 978-3032  
[jstella@stamfordct.gov](mailto:jstella@stamfordct.gov)

**Kindrea Walston (D-9)**  
Ph: (203) 280 2199  
[kwalston@stamfordct.gov](mailto:kwalston@stamfordct.gov)

**DISTRICT 10****Brendetta Baines (D-10)**

Ph: Not Listed

Bbaines2@stamfordct.gov

**Mavina V. Moore Sr. (D-10)**

Ph: (203) 862-9823

mmoore@stamfordct.gov

**DISTRICT 11****Cara Gilbride (D-11)**

Ph: (475) 558 1350

cgilbride@stamfordct.gov

**Maureen Pollack (D-11)**

(203) 977-4024

mpollack@stamfordct.gov

**DISTRICT 12****David Blank (D-12)**

Ph: (203) 424 0641

dblank@stamfordct.gov

**Ramya Shaw (D-12)**

Ph: (203) 442 1608

rshaw@stamfordct.gov

**DISTRICT 13****Amiel Goldberg****Majority Leader****(843) 882 7244**

agoldberg@stamfordct.gov

**Eric Morson (D-13) Deputy**

Ph: (203) 703-9550

emorson@stamfordct.gov

**5****BOARD OF REPRESENTATIVES (continued)****DISTRICT 14****Daniel Sanford (D-14)****President**

Ph: (203) 312 3684

dsanford@stamfordct.gov

**Jeff Curtis (D-14) Board**

(203) 667 1228

jcurtis@stamfordct.gov

**DISTRICT 15****Sean Boeger (D-15)**

Ph: (203) 667 2988

sboeger@stamfordct.gov

**Carmine Tomas (D-15)**

Ph: (475) 222 5450

ctomas@stamfordct.gov

**DISTRICT 16****Phil Berns (D-16)**

Ph (203) 324 2133 (no texts)

pberns@stamfordct.gov

**Fred Pierre-Louis (D-16)**

Ph: (203) 219 9995

FPierreLouis@stamfordct.gov

**DISTRICT 17****Bobby Pavia (D-17)****Minority Leader**

Ph: (203) 253 1344

**Mary Lisa Fedeli (R-17)**

Ph: (203) 353-0405

bpavia@stamfordct.gov

mfedeli@stamfordct.gov

**DISTRICT 18**

**Karen Camporeale (D-18)**

Ph (203) 912 7684

Kcamporeale@stamfordCT.gov

**James Grunberger (D-18)**

Ph: (203) 554 1113

jgrunberger@stamfordct.gov

**DISTRICT 19**

**Jennifer Matheny (D-19)**

Ph (203) 252-0116

jmatheny@stamfordct.gov

**Don Mays (D-19)**

Ph: (203) 869 1231

dmays@stamfordct.gov

**DISTRICT 20**

**Ashley Ley (D-20)**

Ph: (203) 569 7041

aley@stamfordct.gov

**Carl Weinberg (D-20)**

Ph: (203) 548-0734

Cweinberg@stamfordct.gov

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**BOARD OF REPRESENTATIVES (continued)**

**Board of Representatives Steering Committee Leaders**

Jeff Curtis (D-14)

President & Deputy Mayor

Megan Cottrell (D-4)

Clerk of the Board

Nina Sherwood (D-8)

Majority Leader

Mary Fedeli (R-17)

Minority Leader

Eric Morson (D-13)

Deputy Majority Leader

Virgil de la Cruz (D-2)

Deputy Majority Leader

David Watkins (R-1)

Deputy Minority Leader

**Board of Representatives Committee Chairs and Co-Chairs\***

Appointments

Dennis W. Patternson (D-6)

Education

Megan Cottrell (D-4)



Stamford Government Center  
888 Washington Blvd, 4<sup>th</sup> Fl  
Stamford, CT 06901  
06904-2152  
Hours: M-F, 8am-5pm

Board of Finance  
PO Box 10152  
Stamford, CT

**Clerk of the Board:**

Tracy Donoghue

Ph: (203) 977-4699

Fax: (203) 977-5030

Web: [www.stamfordct.gov/board-of-finance](http://www.stamfordct.gov/board-of-finance)

Email Contact: [tdonoghue@stamfordct.gov](mailto:tdonoghue@stamfordct.gov)

For email contacts with Board of Finance Members go to complete contact form:

**Elected 2023**

Mary Lou T. Rinaldi (D)

Vice Chair

Geoffry Alswanger (D)

Member

Laura Burwick (D)

Member

**Elected 2021**

Richard Freedman (D)

Chairman

David Mahoney (R)

Member

J.R. McMullen (R)

Member

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**BOARD OF EDUCATION**

The Board is composed of nine members elected citywide.

**3 Year Terms**

**Next Election: November 2025**

The Board holds meetings on the third Tuesday of each month at 7pm on the 5<sup>th</sup> floor of the Government Center. They are open to the public and include a brief period of time for public comment on issues pertinent to the Stamford Board of Education.

Superintendent of Schools: Dr. Tamu Lucero  
tlucero@stamfordct.gov

Address: 977-4105 Ph: (203)  
Stamford Government Center  
888 Washington Blvd, 5<sup>th</sup> Fl Fax: (203) 977-4314  
Sec’y Contact: Jennifer Gonzalez, Exec.  
Stamford, CT 06901 Ph: (203) 977-5318  
Hours: M-F, 8am-5pm

Web:  
[www.stamfordpublicschools.org/district/board-of-education](http://www.stamfordpublicschools.org/district/board-of-education)

**ELECTED 2022**  
Michael Larobina (R)  
Michael Hyman (D)– President  
Versha Munshi-South (D)

**ELECTED 2024**  
**Julienne Foy (D)**  
**Dr. Rebecca Hamman (R)**  
**Prasad Tunga (R)**

**NON-VOTING MEMBER**  
**Mayor Caroline Simmons (D)**

**ELECTED 2023**  
Antonia Better-Wirz  
(D)  
Andy George (D)  
**Gabriela Koc (D)**

**BOARDS & COMMISSIONS**  
For a complete list see  
[www.stamford.gov/board](http://www.stamford.gov/board) or  
call (203) 977 4024.  
To express interest or to apply for a  
Stamford Board or Commission,  
please fill out the online application

## **Stamford Population**

**136,226**

**REGISTERED VOTERS** in Stamford as of 10/26/2023 (CT Secretary of State)

### **Total Registered Voters**

**80,444**

Democrats

34,206

Unaffiliated

30,262

GOP

14,443

Independent, Libertarian and Green Parties  
1,533(combined total)

## **CITY POLITICAL PARTY COMMITTEES**

Two representatives from each of the 20 municipal districts are elected to form each party committee.

### **Stamford Democratic City Committee**

[www.stamforddems.com](http://www.stamforddems.com)

Chair: Robin Druckman

### **Stamford Republican Town Committee**

[www.stamfordgop.org](http://www.stamfordgop.org)

Chair: Joe Andreana

## **NEIGHBORHOOD ASSOCIATIONS**

While Stamford's Neighborhood Associations are not a part of Stamford's city government, they provide opportunity for local civic engagement.

### **Cove Neighborhood Association**

[www.cnastamford.com](http://www.cnastamford.com)

### **Glenbrook Association**

[www.glenbrookassn.com](http://www.glenbrookassn.com)

### **East Side Partnership**

[www.eastsidepartnership.org](http://www.eastsidepartnership.org)

### **Hubbard Heights Association**

[facebook.com/Hubbard Heights](https://facebook.com/HubbardHeights)

### **North Stamford Association**

[www.northstamfordassoc.org](http://www.northstamfordassoc.org)

### **Shippan Point Association**

[www.shippan.com](http://www.shippan.com)

### **Springdale Neighborhood Association**

[www.springdaleneighborhoodassociation.com/contact-us/](http://www.springdaleneighborhoodassociation.com/contact-us/)

**Strawberry Hill Neighborhood Association**

<https://shnact.wordpress.com/>

**Waterside Coalition**

[www.watersidecoalition.org](http://www.watersidecoalition.org)

**Westside Neighborhood Revitalization Zone**

[wsnrz.com](http://wsnrz.com)

**Vita Health & Wellness District**

[vitasstamford.com](http://vitasstamford.com)



# **STATE OF CONNECTICUT**

State Capitol, 210 Capitol Ave., Hartford, CT 06106

## **GOVERNOR**

**Next Election**

**2026**

### **Ned Lamont (D)**

Ph: (860) 566-4840 Toll Free: (800) 406-1527

X: @GovNedLamont facebook.com/GovNedLamont

Website: Portal.ct.gov/Office-of-the-Governor

Email: Go to website and complete form

## **LIEUTENANT GOVERNOR**

**Next Election 2026**

### **Susan Bysiewicz (D)**

210 Capitol Ave. Hartford, CT 06106 Room 304

Ph: (860) 524-7384 Toll Free: (866) 712-6998

Website: ct.gov/Office-of-the-Lt-Governor

Email: [LtGovernorBysiewicz@ct.gov](mailto:LtGovernorBysiewicz@ct.gov) X: @LGSusanB

## **SECRETARY OF STATE**

**Next Election 2026**

### **Stephanie Thomas (D)**

165 Capitol Avenue, Suite 1000, Hartford, CT 06115-0470

Email: [stephanie.thomas@ct.gov](mailto:stephanie.thomas@ct.gov) Ph: (860) 509-6200

X: @CTSOTS Web: [ct.gov/sots](http://ct.gov/sots)

## **ATTORNEY GENERAL**

**Next Election 2026**

### **William Tong (D)**

55 Elm St., Hartford, CT 06106

Ph: (860) 808-5318

Email: [attorney.general@ct.gov](mailto:attorney.general@ct.gov)

X: @AGWilliamTong Website: [http://www.](http://www.portal.ct.gov/AG/Contact-Us)

[portal.ct.gov/AG/Contact-Us](http://portal.ct.gov/AG/Contact-Us)

## **TREASURER**

**Next Election 2026**

### **Erick Russell (D)**

165 Capitol Avenue, Hartford, CT 06106 Ph: (860) 702-3000

Toll Free: (800) 618-3404

Website: [ct.gov/ott](http://ct.gov/ott) Email: [state.treasurer@ct.gov](mailto:state.treasurer@ct.gov)

X: [@TreasRussell](https://twitter.com/TreasRussell)

**COMPTROLLER**  
**2026**

**Next Election**

**Sean Scanlon**

165 Capitol Avenue., Hartford, CT 06106

email: comptroller.scanlon@ct.gov Ph: (860) 702 3300

X:@CTComptroller Website: osc.ct.gov

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**CONNECTICUT STATE LEGISLATORS:**

**Address for Senators and House of Representatives:**  
**Legislative Office Building**

**300 Capitol Ave., Hartford, CT 06106**

**CONNECTICUT STATE SENATE**

**4 Year Terms – Next Election 2028**

**City of Stamford Served by Senate Districts 26,  
27 & 36**

**26<sup>th</sup> Senate DISTRICT**

**Senator Ceci Maher (D) (Darien, New Canaan, Redding,  
Ridgefield, Stamford, Weston, Westport, Wilton)**

Room 3300 Ph: (860) 240-8600 1 800 240 0589

Email: [www.senatedems.ct.gov/maher](http://www.senatedems.ct.gov/maher)

[Ceci.maher@cga.ct.gov](mailto:Ceci.maher@cga.ct.gov)

Legislative Aide: Alexander Romanowicz (860) 240 0068

**27<sup>th</sup> SENATE DISTRICT**

**Senator Patricia Billie Miller (D) (Darien, Stamford)**

Room 2300

Email: Go to website and submit contact form

<http://www.senatedems.ct.gov/miller-contact>

Ph: (860) 240-8600

Legislative Aide: Ariana Gonzalez (860) 240-0589

X: @CTSenateDems

**36<sup>th</sup> SENATE DISTRICT**

**Senator Ryan Fazio (R) (Greenwich, New Canaan,  
Stamford)**

Room 2803    Email: ryan.fazio@cga.ct.gov  
Ph: (860) 240-8800    Toll Free: 1 (800) 842-1421 (CT Only)  
Legislative Aide:Eddie Aledia    (860) 240-0567  
X:@ ryanfazio/    facebook: ryanfazio

To find your legislators go to: <https://www.cga.ct.gov/>

# **CONNECTICUT STATE HOUSE OF REPRESENTATIVES**

**2 Year**

**Terms**

**Next Election November 2026**

**City of Stamford Includes Districts: 125, 144, 145, 146, 147  
& 148**

## **125<sup>th</sup> ASSEMBLY DISTRICT (Darien, New Canaan, Stamford)** **Representative Tom O'Dea (R)**

Ph: 860 240 8700 (800) 842 842-1423

Tom.Odea@housegop.ct.gov

facebook@staterepthomasodea

## **144th ASSEMBLY DISTRICT (Stamford)**

**Representative Hubert Delany (D)** Room 4010 Ph: (860)  
240 - 8585

(800) 842 1423 Email: Hubert.delany@cga.ct.gov

Facebook: Hubert.Delany.5 X:@ HueyD23

Website: www.housedems.ct.gov/delany

## **145th ASSEMBLY DISTRICT (Stamford)**

**Representative Corey Paris (D)**

Email: corey.paris@cga.ct.gov Ph: (860) 240-8585 (800) 842  
8267

Web: www.housedems.ct.gov/paris

## **146th ASSEMBLY DISTRICT (Stamford)**

**Representative Elish Collins Main (D)**

Ph: (860) 240 8585 (800) 842 8267

Email: elish.collinsmain@cga.ct.gov Website:

www.housedems.ct.gov

## **147th ASSEMBLY DISTRICT (Stamford and Darien)**

**Representative Matthew Blumenthal (D)** Room 2504

Ph: (860) 240-8585 (800) 842 8267

**Email: Matt.Blumenthal@cga.ct.gov**

Website: www.housedems.ct.gov/blumenthal

facebook: @MattBlumenthalCT X: @matt\_blumenthal

## **148th ASSEMBLY DISTRICT (Stamford)**

**Representative Jonathan Jacobson (D)**

Ph: (860) 240 8585 (800) 842 8267

Email:Jonathan.jacobson@cga.ct.gov

**149th ASSEMBLY DISTRICT (Stamford, Greenwich)**  
**Representative Tina Courpas (R)**

Ph: (860) 240-8700 Email:tina.courpas@housegop.ct.gov

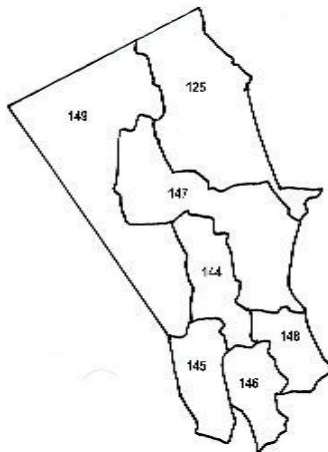
facebook: @statereptinacourpas

Web:cthousegop.com/courpas/

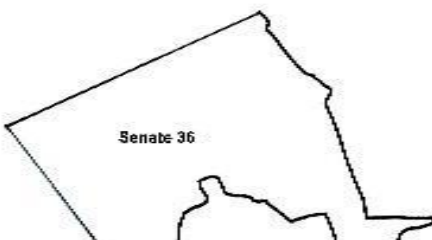
**13**

**CONNECTICUT STATE SENATE AND  
CONNECTICUT STATE HOUSE OF  
REPRESENTATIVES**

**HOUSE DISTRICTS**

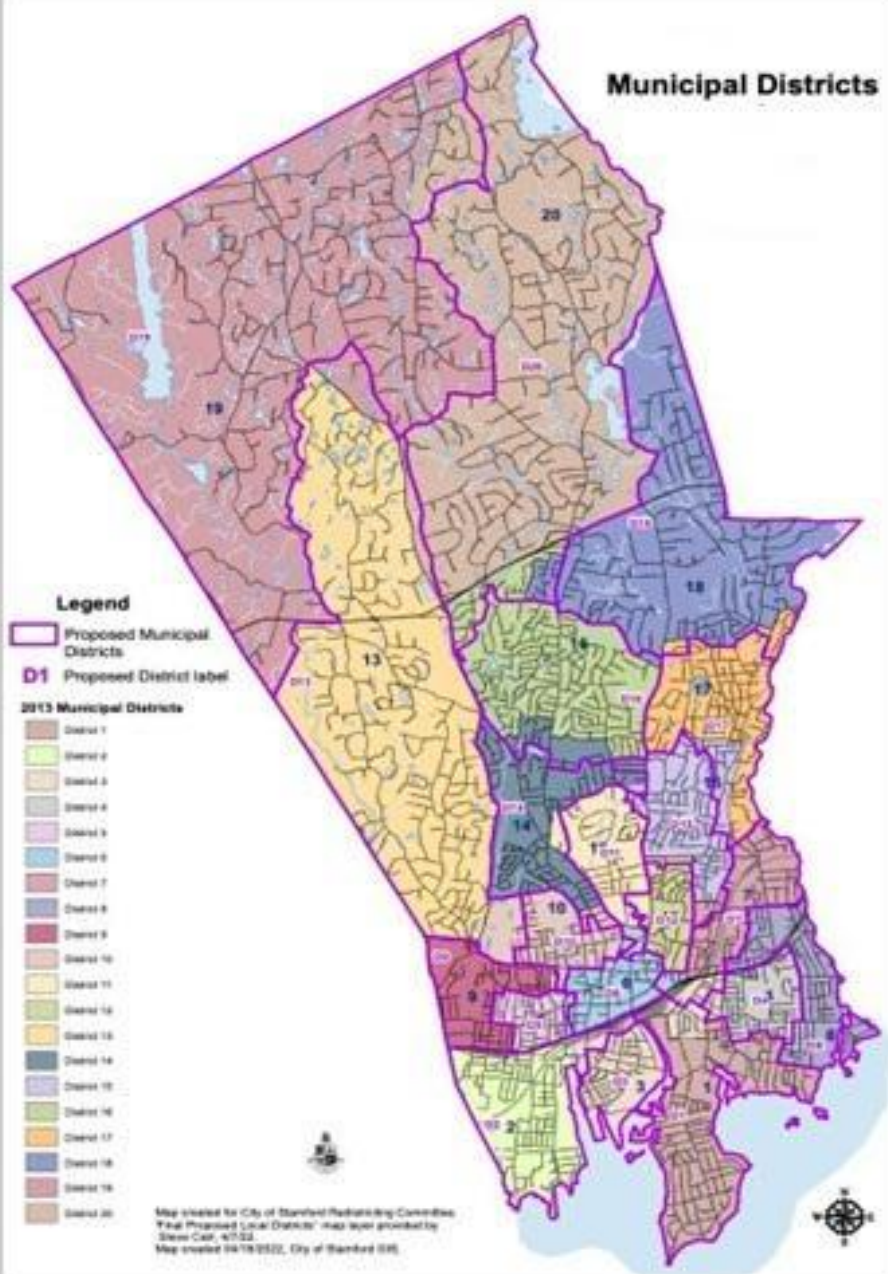


**SENATE DISTRICTS**





## Municipal Districts



# **FEDERAL REPRESENTATIVES**

## **U.S. SENATE**

**Representing the State of Connecticut – 6 year terms**

**Senator Richard Blumenthal (D)**

**Next Election**

**2028**

### **Hartford Office:**

90 State House Square, 10<sup>th</sup> Floor Hartford, Connecticut 06103

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Bridgeport, CT 06604 Ph: (203) 330-0598 Fax (203)

330-0608

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120 Constitution Avenue, NE

Hart Senate Office Building – Room 503 Washington, DC 20510

Ph: (202) 224-2823 Fax (202) 224-9673

X: @SenBlumenthal facebook.com/SenBlumenthal

Web: <http://www.blumenthal.senate.gov/>

Email: Go to website and complete contact form

<https://www.blumenthal.senate.gov/contact/write-to-senator-blumenthal>

**Senator Christopher Murphy (D)**

**Next Election**

**2026**

### **Hartford Office:**

120 Huyshope Avenue

Colt Gateway Suite 401. Hartford, Connecticut 06106

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### **Mobile Office:**

Visits Locations Across the State of Connecticut

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Ph: (202) 224-4041

[facebook.com/senchristmurphy](https://www.facebook.com/senchristmurphy)

Web: <http://www.murphy.senate.gov/contact>

Email: Go to website and complete contact form



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**U.S. HOUSE OF REPRESENTATIVES**

**Congressional District 4 (Representing the City of  
Stamford)**

**2**

**Year Terms**

**Representative James A. Himes (D)**

**Next Election: November 2026**

Office Hours All Locations: M-F, 9am to 5pm

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