# 4A-5A State Championships Friday, May 17th- Saturday, May 18th

10 am Friday and 9 am Saturday at Mountain View High School 2000 S Millennium Way, Meridian, ID 83642







## BUS LEAVING - 9:00 AM Thursday

Field events start at 10 AM Friday, and 9 AM Saturday

Running events start at 4 PM Friday (Except 3200 at 9:30 AM) and 1 PM Saturday

#### Medals

Medals will be awarded to the top 6 finishers.

### <u>Admission</u>

Digital tickets will be available through GoFan at <a href="https://gofan.co/app/school/IDHSAA">https://gofan.co/app/school/IDHSAA</a> and on the IHSAA website at <a href="https://idhsaa.org/">https://idhsaa.org/</a> Download the GoGan app and open and load tickets prior to arrival at the gate. The link will be activated the week of the meet.

General Admission \$9.00 per day

\*Discount Admission \$8.00 per day

\*Seniors 55 and older, students in grades 7-12 with an activity card, and students in grades 1-6 may purchase the discount tickets and passes. Children 5 & under are free Note: If you are unable to purchase tickets through the online platform, on-site cash ticket prices will be: \$9.00 General Admission and \$8.00 Discount Admission.

# APPROXIMATE SCHEDULE FRIDAY APPROXIMATE SCHEDULE SATURDAY STARTING HEIGHTS MEET PROGRAM

#### 4A / 5A 2024 STATE TRACK SCHEDULE OF EVENTS

8:45 am	Coaches Meeting										
	Shot Put	Discus		High Jump	Pole Vault	Long Jump	Triple Jump				
10:00 am	4AG	5AG	5AB	4AB	4AG	5 <i>AG</i>					
12:00 pm	4AB	5AB	5AG	4AG	4AB	5AB					
2:30 pm	Line up Parade of Athletes										

FRIDAY

Friday Run	ning Events									
3200 Mete	rs		4A G	4A Girls/Boys; 5A Girls/Boys						
100 / 110 N	Neter Hurdles	4A/5	4A/5A Girls; 4A/5A Boys							
400 Meter	Prelims	4A G	4A Girls/Boys; 5A Girls/Boys							
100 Meter	Prelims	4A G	4A Girls/Boys; 5A Girls/Boys							
		20	Minute Break	k						
300 Meter	Hurdles Prel	4 <i>A</i> /5	4A/5A Girls; 4A/5A Boys							
200 Meter	Prelims	4A G	4A Girls/Boys; 5A Girls/Boys							
4×800/Med	dley Relay FI	5 <i>A G</i>	5A Girls/Boys; 4A Girls/Boys							
SATURDAY										
Shot Put	Discus	High Jump	Pole Vault	Long Jump	Triple Jump					
5AB	4AB	4AB	5AB	5 <i>AG</i>	4AG					
5 <i>AG</i>	4AG	4AG	5 <i>AG</i>	5AB	4AB					
Saturday F	Finals									
4 X 200 Me	eter Relay	4A G	4A Girls/Boys; 5A Girls/Boys							
1600 Meter	rs	4A G	4A Girls/Boys; 5A Girls/Boys							
100 / 110 M	Neter Hurdles	4 <i>A</i> /5	4A/5A Girls; 4A/5A Boys							
400 Meters	S	4A G	4A Girls/Boys; 5A Girls/Boys							
10 Minute Break										
100 Meters	3	4A G	4A Girls/Boys; 5A Girls/Boys							
800 Meters	S	4A G	4A Girls/Boys; 5A Girls/Boys							
4 X 100 Me	eter Relay	4A G	4A Girls/Boys; 5A Girls/Boys							
300 Meter	Hurdles	4A/5	4A/5A Girls; 4A/5A Boys							
200 Meters	S	4A G	4A Girls/Boys; 5A Girls/Boys							
		10	Minute Break	k						
4 > / 400 +	D . l	14.0	4A Girls/Boys; 5A Girls/Boys							
	3200 Meter 100 / 110 M 400 Meter 100 Meter 200 Meter 4x800/Meter 4x800/Meter 5AB 5AG  Saturday F 4 X 200 Meter 100 / 110 M 400 Meters 100 / 110 M 400 Meters 100 Meters 200 Meters 200 Meters	400 Meter Prelims  100 Meter Prelims  300 Meter Hurdles Prel 200 Meter Prelims  4×800/Medley Relay FI  Shot Put Discus  5AB 4AB  5AG 4AG  Saturday Finals  4 X 200 Meter Relay  1600 Meters	3200 Meters 100 / 110 Meter Hurdles Prelims 400 Meter Prelims 100 Meter Prelims 200 300 Meter Hurdles Prelims 200 Meter Prelims 4x800/Medley Relay FINALS  Shot Put Discus High Jump 5AB 4AB 4AB 5AG 4AG 4AG  Saturday Finals 4 X 200 Meter Relay 1600 Meters 100 / 110 Meter Hurdles 400 Meters 100 / 110 Meter Hurdles 400 Meters 4 X 100 Meter Relay 300 Meter Relay 300 Meter Hurdles 200 Meters 200 Meters	3200 Meters 100 / 110 Meter Hurdles Prelims 400 Meter Prelims 100 Meter Prelims 100 Meter Prelims 20 Minute Break 300 Meter Hurdles Prelims 200 Meter Prelims 4x800/Medley Relay FINALS  Shot Put Discus High Jump Pole Vault 5AB 4AB 5AB 5AG 4AG 5AG  Saturday Finals 4 X 200 Meter Relay 1600 Meters 100 / 110 Meter Hurdles 400 Meters 800 Meters 4 X 100 Meters 800 Meters 4 X 100 Meter Relay 300 Meter Hurdles 200 Meters 100 Meters	3200 Meters	3200 Meters				

Parade of Athletes/State Academic Champions

3:00 pm