1 thesis - Unfortunately, people judge others, and it makes people insecure or anxious, sometimes seriously impacting their mental health. In order to avoid being judged, people changee their opinions and their ideas to fit in with groups. People who stand out from a group are often not treated well and will do anything to avoid it. In fact, according to "Herd Behavior" and "The Party," people can impact others in a negative way.

2 To start of, The article "Herd Behavior", illustrates the idea that people can impact others in a negative way.

3 Introducing quote - The article explains the way that the way that animals and humans often follow others because they do not want to feel left out. The way the group acts creates pressure. It includes a explanation about the words "Herd Behavior"

4 evidence " The term [herd bevahior] also applies to human behavior and usually describes large numbers of people acting the same way at the same time. It often has a connotation of irrationality"(Common Lit).

5 Human behavior affects people by changing their perspectives when the larger group has the more popular opinions. People do what everyone else is doing, even if it's not logical.

5 Herd behavior affects people and animals by influencing them to choose the more popular option. When people follow the group, it shows that people can impact others in a negative way because it can convince them to believe something that is not true.

- **2 In addition,** The article "The party", illustrates the idea that people can impact others in a negative way.
- **3** Introducing quote The story explains the way that people often feel mentally challenged because when they are left out they start downing themselves as there is a

certain amount of people that can be invited to this party. The way people act when they are invited creates happiness. It includes a explanation about the words "The party"

4 evidence "Maybe she didn't invite me because of my hair. It's so long and stringy. Maybe it's my coat. It is pretty ugly compared to some of the other girls' coats... But what does it really matter? None of my clothes match. I'm way too tall but there isn't anything I can do about that..." (Munoz Ryan 3).

5 The narrator thnks that she most likely didn't invite me because of her hair. It's so overgrown.

5 She thinks that she is so tall and she doesn't have a good choice of popularity. She thinks that due to her lack of fashion she didn't get invited. She feels like a outsider due to her height. She thinks that nothing matters but she doesn't think she can do anything about that.

Conclusion: Consequently, people should not let other people dictate how they feel or what they do. People's actions can impact people's mental health and opinions about themself. Imagine if no one judged each other. People can impact others in a negative way and change the way they think.