

SPEED UPDATING

Instruct people to answer the questions on the sheet by themselves.

Initial introduction:

- Today our aim is to learn from each other and practice disagreeing in a constructive way.
- There could be many different reasons for disagreement, for example
 - You have different information that you are working from
 - You have different ethical positions
 - Or maybe you have different interpretations of the question.
- So many disagreements in this world result from people just not understanding the other person's position. So the aim is to first understand the other person's position clearly by asking clarifying questions, or restating the other person's position, BEFORE explaining your alternative point of view.
- Then try to find out WHY you disagree.
- Maybe one or both of you will update your position. Or maybe not, but hopefully you at least understand a bit more about where they are coming from.
- Maintain an open mind - go into discussions with the assumption that you will learn something valuable from each person here.
- If you have changed your mind, or have learnt something from someone, say so.
- Be patient and kind. It sometimes takes a while to organise thoughts and responses. We may have different perspectives and beliefs but we all have shared goals to make the world a better place.
- You will have 10 minutes with your first pair, then we'll swap around.

So, find someone, and find a question where you disagree, and get updating!

Instructions for during the updating

Let people know when they have 1 minute remaining, and ask them to share what they've learnt from the conversation.

Repeat.

At the end of the event, call the whole group together, and people to share if they changed their mind on particular questions and why. Ask if they've learnt anything.