

Hey Darryl

In your video "20 MINUTE BICEP AND TRICEP WORKOUT(DUMBBELLS)" I enjoyed the bicep exercises you displayed because of the variety of the exercises that worked the biceps.

The reason I am emailing you is that on your website, I noticed good things, but some things that could immensely benefit from adjustments.

I know a method that is used to amplify the growth of a business by leveraging proven techniques and strategies, while also converting viewers into loyal customers.

I want to help you and your business, know you're probably thinking what's the catch? To be completely honest, the reason I want to help you is to gain a testimonial, the first time or even the first two times will be completely FREE. I am going to skyrocket your business to gain an honest testimonial.

I wrote a sample that you can check out that would be an email sent from a newsletter (which I noticed you didn't have, so I'd set that up). Newsletters are a great way to convert viewers to customers. If you have any questions or concerns, I'd be happy to answer them via this email.

Best Regards, John

 **Sample** 

(Sample Geared For Push Pull Legs Program)

SL: What To ACTUALLY Do To Gain Strength!

Are you struggling to gain strength with ineffective workout routines?

Do you get frustrated and mad because others can do it and you can't?

If you want to build strength then our Push Pull Legs Program is for you!

This program is an 8-16 week training program that is designed to build strength and fatigue muscles.

As a valued member of our newsletter, use the (insert code) at checkout for an exclusive discount

Don't wait any longer!

Click the link and start getting stronger today!